

Event 101 Women 4x800 Meter Relay

School	Finals
Finals	
1 Dordt 'A'	9:33.10
1) Kelsey Lewis JR	2) Kayla Byl SR
3) Justine Van Zee JR	4) Nicole Slater SO
2 Northwestern (Iowa) 'A'	9:45.65
1) Rebekah Muilenburg FR	2) Katie Bosch SO
3) Kassidy De Jong FR	4) Katie Landhuis SO
3 Martin Luther 'A'	12:32.22
1) Janet Putz FR	2) Abby Lash FR
3) Elizabeth Schwartz SO	4) Sarah Quinn FR

Event 102 Men 4x800 Meter Relay

School	Finals
Finals	
1 Northwestern (Iowa) 'A'	8:11.35
1) Peter Hollinger FR	2) Ryan Weitgenant SR
3) Elliott Johnson SR	4) Tim Rose SO
2 Briar Cliff 'A'	8:35.69
1) Zach Kollasch FR	2) Matt Mayer SR
3) Tyler Smith JR	4) Casey McEvoy SO
3 Martin Luther 'A'	8:50.37
1) Joshua Brands FR	2) Jesse Rider FR
3) Collin Wenzel SO	4) Jacob Melso FR

Event 79 Women 100 Meter Hurdles

Name	Year School	Finals	Wind H#
Section 1 Wind: NWI			
1 Brittany Broersma	SO Dordt	16.79	
2 Jessica Fossum	SR Dakota Wesleyan	16.94	
3 Molly Lewison	SO Buena Vista	17.03	
4 Courtney Scheffler	FR Morningside	17.61	
5 Stephanie Rockhoff	JR Martin Luther	18.11	
6 Charlotte Huebner	JR Martin Luther	18.45	
7 Allyson Ervin	FR Buena Vista	18.48	
8 Brooke Rhoden	FR Martin Luther	21.91	
Section 2 Wind: NWI			
1 Katie Atkins	JR Morningside	16.06	
2 Madison Spear	JR Buena Vista	16.12	
3 Sybbie Sears	SO Buena Vista	16.29	
4 Abigail Stevens	SO Northwestern (Iowa)	16.55	
5 Joscelyn Wind	FR Dordt	16.98	
6 Ali Achterhof	SO Northwestern (Iowa)	17.18	
Finals			
1 Katie Atkins	JR Morningside	16.06	NWI 2
2 Madison Spear	JR Buena Vista	16.12	NWI 2
3 Sybbie Sears	SO Buena Vista	16.29	NWI 2

4	Abigail Stevens	SO Northwestern (Iowa)	16.55	NWI	2
5	Brittany Broersma	SO Dordt	16.79	NWI	1
6	Jessica Fossum	SR Dakota Wesleyan	16.94	NWI	1
7	Joscelyn Wind	FR Dordt	16.98	NWI	2
8	Molly Lewison	SO Buena Vista	17.03	NWI	1
9	Ali Achterhof	SO Northwestern (Iowa)	17.18	NWI	2
10	Courtney Scheffler	FR Morningside	17.61	NWI	1
11	Stephanie Rockhoff	JR Martin Luther	18.11	NWI	1
12	Charlotte Huebner	JR Martin Luther	18.45	NWI	1
13	Allyson Ervin	FR Buena Vista	18.48	NWI	1
14	Brooke Rhoden	FR Martin Luther	21.91	NWI	1

Event 80 Men 110 Meter Hurdles

Name	Year	School	Finals		
Section 1 Wind: NWI					
1	Michael McCauley	FR Northwestern (Iowa)	16.70		
2	Gabe Dirksen	JR Dakota Wesleyan	17.24		
3	Matthew Johnson	FR Northwestern (Iowa)	17.33		
4	Jared Samms	FR Briar Cliff	17.64		
5	John Brouwer	SO Dordt	17.80		
6	Elijah Schaefer	SO Northwestern (Iowa)	18.05		
Section 2 Wind: NWI					
1	Austin Groth	SR Buena Vista	14.89		
2	Keith Heidema	SO Dordt	15.27		
3	Reece Jackson	FR Morningside	15.57		
4	Zack Rice	SO Northwestern (Iowa)	15.96		
5	Justin Sacker	JR Buena Vista	16.51		
6	Josh Doering	FR Morningside	16.68		
7	Jordan Strand	JR Northwestern (Iowa)	16.70		

Name	Year	School	Finals	Wind	H#
Finals					
1	Austin Groth	SR Buena Vista	14.89	NWI	2
2	Keith Heidema	SO Dordt	15.27	NWI	2
3	Reece Jackson	FR Morningside	15.57	NWI	2
4	Zack Rice	SO Northwestern (Iowa)	15.96	NWI	2
5	Justin Sacker	JR Buena Vista	16.51	NWI	2
6	Josh Doering	FR Morningside	16.68	NWI	2
7	Jordan Strand	JR Northwestern (Iowa)	16.70	NWI	2
7	Michael McCauley	FR Northwestern (Iowa)	16.70	NWI	1
9	Gabe Dirksen	JR Dakota Wesleyan	17.24	NWI	1
10	Matthew Johnson	FR Northwestern (Iowa)	17.33	NWI	1
11	Jared Samms	FR Briar Cliff	17.64	NWI	1
12	John Brouwer	SO Dordt	17.80	NWI	1
13	Elijah Schaefer	SO Northwestern (Iowa)	18.05	NWI	1

Event 77 Women 100 Meter Dash

Name	Year	School	Finals		
Section 1 Wind: NWI					
1	Natalie Van Essen	JR Dordt	13.23		
2	Kiana Hoff-Au	FR Mount Marty	13.36		
3	Emma Konkler	SO Buena Vista	13.43		
4	Molly Lewison	SO Buena Vista	13.55		
5	Jessica Igarashi	FR Buena Vista	14.29		
6	Kirsten Brockhoff	JR Morningside	14.36		

7 Lindsay Meyer	SO Buena Vista	14.85
Section 2 Wind: NWI		
1 Bailey Kennedy	JR Northwestern (Iowa)	13.09
2 Elizabeth Rankin	FR Dordt	13.21
3 Beccy Dodunski	JR Briar Cliff	13.68
4 Kecia Caudill	SO Northwestern (Iowa)	13.69
5 Kim Hokinson	SO Morningside	13.70
6 Mallory Bjork	SO Northwestern (Iowa)	13.93
7 Shaniese Quist	JR Dordt	13.99

Section 3 Wind: NWI		
1 Jahdai Dunk	JR Northwestern (Iowa)	12.67
2 Marisa Broersma	SR Dordt	12.82
3 Mallory Spear	JR Buena Vista	12.88
4 Miranda Velgersdyk	SO Dordt	13.04
5 Aurora Arevalo	FR Morningside	13.11
6 Devin Bloemendaal	FR Northwestern (Iowa)	13.28
7 Ashley Henkenius	SO Briar Cliff	13.31
8 Jana Vermeer	JR Northwestern (Iowa)	13.37

Name	Year	School	Finals	Wind	H#
Finals					
1 Jahdai Dunk	JR	Northwestern (Iowa)	12.67	NWI	3
2 Marisa Broersma	SR	Dordt	12.82	NWI	3
3 Mallory Spear	JR	Buena Vista	12.88	NWI	3
4 Miranda Velgersdyk	SO	Dordt	13.04	NWI	3
5 Bailey Kennedy	JR	Northwestern (Iowa)	13.09	NWI	2
6 Aurora Arevalo	FR	Morningside	13.11	NWI	3
7 Elizabeth Rankin	FR	Dordt	13.21	NWI	2
8 Natalie Van Essen	JR	Dordt	13.23	NWI	1
9 Devin Bloemendaal	FR	Northwestern (Iowa)	13.28	NWI	3
10 Ashley Henkenius	SO	Briar Cliff	13.31	NWI	3
11 Kiana Hoff-Au	FR	Mount Marty	13.36	NWI	1
12 Jana Vermeer	JR	Northwestern (Iowa)	13.37	NWI	3
13 Emma Konkler	SO	Buena Vista	13.43	NWI	1
14 Molly Lewison	SO	Buena Vista	13.55	NWI	1
15 Beccy Dodunski	JR	Briar Cliff	13.68	NWI	2
16 Kecia Caudill	SO	Northwestern (Iowa)	13.69	NWI	2
17 Kim Hokinson	SO	Morningside	13.70	NWI	2
18 Mallory Bjork	SO	Northwestern (Iowa)	13.93	NWI	2
19 Shaniese Quist	JR	Dordt	13.99	NWI	2
20 Jessica Igarashi	FR	Buena Vista	14.29	NWI	1
21 Kirsten Brockhoff	JR	Morningside	14.36	NWI	1
22 Lindsay Meyer	SO	Buena Vista	14.85	NWI	1

Event 78 Men 100 Meter Dash

Name	Year	School	Finals
Section 1 Wind: NWI			
1 Andrew Matsushima	FR	Mount Marty	12.65
2 Parth Patel	FR	Dakota Wesleyan	12.79
Section 2 Wind: NWI			
1 Kevin Decristino	JR	Mount Marty	11.84
2 Alex Watkins	FR	Morningside	11.96
3 Tyler Reindl	SO	Buena Vista	12.08
Section 3 Wind: NWI			
1 Alex Van Roekel	SR	Northwestern (Iowa)	11.05
2 Derrick Akers	SO	Northwestern (Iowa)	11.12
3 Blake Mossberg	FR	Briar Cliff	11.14
4 Sage Lloyd	FR	Briar Cliff	11.29
5 Joshua Ardnt	FR	Martin Luther	11.87

6 Brennan Dostal SO Buena Vista 12.50

Name	Year School	Finals	Wind	H#
Finals				
1 Alex Van Roekel	SR Northwestern (Iowa)	11.05	NWI	3
2 Derrick Akers	SO Northwestern (Iowa)	11.12	NWI	3
3 Blake Mossberg	FR Briar Cliff	11.14	NWI	3
4 Sage Lloyd	FR Briar Cliff	11.29	NWI	3
5 Kevin Decristino	JR Mount Marty	11.84	NWI	2
6 Joshua Ardnt	FR Martin Luther	11.87	NWI	3
7 Alex Watkins	FR Morningside	11.96	NWI	2
8 Tyler Reindl	SO Buena Vista	12.08	NWI	2
9 Brennan Dostal	SO Buena Vista	12.50	NWI	3
10 Andrew Matsushima	FR Mount Marty	12.65	NWI	1
11 Parth Patel	FR Dakota Wesleyan	12.79	NWI	1

Event 89 Women 3000 Meter Steeplechase

Name	Year School	Finals
Finals		
1 Beth Finnegan	SR Mount Marty	13:56.57

Event 81 Women 400 Meter Dash

Name	Year School	Finals
Section 1		
1 Rose Pelelo-Ray	FR Morningside	1:05.84
2 Callie Vant Hul	SR Northwestern (Iowa)	1:07.25
3 Taylor Hudson	JR Morningside	1:08.14
4 Angela Dopita	FR Briar Cliff	1:10.29
5 Sarah Quinn	FR Martin Luther	1:22.57
Section 2		
1 Lauren Spranger	SR Northwestern (Iowa)	1:00.50
2 Martina Smith	SR Buena Vista	1:03.91
3 Emily Sorensen	FR Northwestern (Iowa)	1:04.10
4 Katie Puls	FR Buena Vista	1:05.58
5 Mikaela Lenz	FR Mount Marty	1:09.01

Name	Year School	Finals	H#
Finals			
1 Lauren Spranger	SR Northwestern (Iowa)	1:00.50	2
2 Martina Smith	SR Buena Vista	1:03.91	2
3 Emily Sorensen	FR Northwestern (Iowa)	1:04.10	2
4 Katie Puls	FR Buena Vista	1:05.58	2
5 Rose Pelelo-Ray	FR Morningside	1:05.84	1
6 Callie Vant Hul	SR Northwestern (Iowa)	1:07.25	1
7 Taylor Hudson	JR Morningside	1:08.14	1
8 Mikaela Lenz	FR Mount Marty	1:09.01	2
9 Angela Dopita	FR Briar Cliff	1:10.29	1
10 Sarah Quinn	FR Martin Luther	1:22.57	1

Event 90 Men 3000 Meter Steeplechase

Name	Year School	Finals
Finals		
1 Lane Tibbs	SO Dakota Wesleyan	10:23.41
2 Christian Petrich	JR Mount Marty	10:28.73
3 Jacob Scott	JR Morningside	10:29.44
4 Anthony Patton	FR Morningside	10:58.75

Event 81 Women 400 Meter Dash

Name	Year School	Finals	H#
Finals			
1 Lauren Spranger	SR Northwestern (Iowa)	1:00.50	2
2 Martina Smith	SR Buena Vista	1:03.91	2
3 Emily Sorensen	FR Northwestern (Iowa)	1:04.10	2
4 Katie Puls	FR Buena Vista	1:05.58	2
5 Rose Pelelo-Ray	FR Morningside	1:05.84	1
6 Callie Vant Hul	SR Northwestern (Iowa)	1:07.25	1
7 Taylor Hudson	JR Morningside	1:08.14	1
8 Mikaela Lenz	FR Mount Marty	1:09.01	2
9 Angela Dopita	FR Briar Cliff	1:10.29	1
10 Sarah Quinn	FR Martin Luther	1:22.57	1

Event 82 Men 400 Meter Dash

Name	Year School	Finals	H#
Finals			
1 Robert Iron Shell	JR Briar Cliff	49.42	5
2 Josiah Eckels	JR Dordt	50.17	5
3 Aaron Lemon	SO Northwestern (Iowa)	50.33	5
4 Austin Krier	JR Northwestern (Iowa)	51.17	5
5 Ben Sampson	JR Buena Vista	51.32	5
6 Joe Jackson	SR Briar Cliff	51.75	5
7 Brandon Kocmich	FR Dakota Wesleyan	52.38	4
8 Nathan Wedel	SO Northwestern (Iowa)	52.40	4
9 Lucas Van Eps	FR Dordt	52.40	5
10 Elijah Dahl	SO Northwestern (Iowa)	52.88	4
11 James Farnan	SO Morningside	53.48	4
12 Kyle Pardun	SO Mount Marty	53.56	5
13 Matt Holzman	FR Briar Cliff	54.01	4
14 Daniel Porter	SR Dakota Wesleyan	54.34	3
15 Luke Lorfeld	SO Northwestern (Iowa)	54.45	4
16 Wes Brown	SO Morningside	55.26	2
17 Joseph Dobson	FR Buena Vista	55.59	2
18 Jaden Brockel	FR Northwestern (Iowa)	55.82	3
19 Caleb Wynstra	FR Dordt	56.07	3
20 Brady Hannula	SR Buena Vista	56.71	3
21 Jeremiah Panec	SO Dakota Wesleyan	56.80	4
22 Gabriel Goehring	SO Mount Marty	57.26	2
23 Sam Voigt	SO Mount Marty	57.79	2
24 Sam Malan	JR Dordt	57.81	2
25 Dustin Heiden	FR Mount Marty	58.71	2
26 Brad Kolvek	FR Briar Cliff	58.74	3
27 John Dosch	SO Dakota Wesleyan	58.75	3
28 Taylor Clark	FR Briar Cliff	59.89	3
29 Gabe Dirksen	JR Dakota Wesleyan	1:02.00	3
30 Hunter Davis	FR Morningside	1:07.30	2

Event 87 Women 1500 Meter Run

Name	Year	School	Finals
Section 1			
1 Amy Samuelson	FR	Morningside	5:26.75
2 Mariah Wills	JR	Morningside	5:37.35
3 Elizabeth Kube	SR	Morningside	5:41.96
4 Suzanna Nachbar	JR	Northwestern (Iowa)	5:44.11
5 Andrea Kontor	SR	Briar Cliff	5:47.98
6 Kelsie King	FR	Dakota Wesleyan	5:53.28
7 Katlynn Schreiner	SO	Morningside	5:56.04
8 Emily Nienhuis	SR	Northwestern (Iowa)	6:29.09
9 Traci Vandersnick	FR	Mount Marty	7:35.94
Section 2			
1 Justine Van Zee	JR	Dordt	5:01.03
2 Skylar Forgey	SR	Dakota Wesleyan	5:03.10
3 Nicole Slater	SO	Dordt	5:06.90
4 Kayla Byl	SR	Dordt	5:10.87
5 Erika Douma	SO	Dordt	5:11.35
6 Audrey Brooks	SO	Dordt	5:15.08
7 Erica De Schiffart	SO	Dordt	5:18.53
8 Annacheina Knevelbaard	FR	Dordt	5:23.57
9 Sam Sinclair	SO	Northwestern (Iowa)	5:37.33
10 Tara Tilstra	FR	Dordt	5:43.46

Name	Year	School	Finals	H#
Finals				
1 Justine Van Zee	JR	Dordt	5:01.03	2
2 Skylar Forgey	SR	Dakota Wesleyan	5:03.10	2
3 Nicole Slater	SO	Dordt	5:06.90	2
4 Kayla Byl	SR	Dordt	5:10.87	2
5 Erika Douma	SO	Dordt	5:11.35	2
6 Audrey Brooks	SO	Dordt	5:15.08	2
7 Erica De Schiffart	SO	Dordt	5:18.53	2
8 Annacheina Knevelbaard	FR	Dordt	5:23.57	2
9 Amy Samuelson	FR	Morningside	5:26.75	1
10 Sam Sinclair	SO	Northwestern (Iowa)	5:37.33	2
11 Mariah Wills	JR	Morningside	5:37.35	1
12 Elizabeth Kube	SR	Morningside	5:41.96	1
13 Tara Tilstra	FR	Dordt	5:43.46	2
14 Suzanna Nachbar	JR	Northwestern (Iowa)	5:44.11	1
15 Andrea Kontor	SR	Briar Cliff	5:47.98	1
16 Kelsie King	FR	Dakota Wesleyan	5:53.28	1
17 Katlynn Schreiner	SO	Morningside	5:56.04	1
18 Emily Nienhuis	SR	Northwestern (Iowa)	6:29.09	1
19 Traci Vandersnick	FR	Mount Marty	7:35.94	1

Event 88 Men 1500 Meter Run

Name	Year	School	Finals
Section 1			
1 Quinn Groff	JR	Morningside	4:34.56
2 Austin Warren	SO	Northwestern (Iowa)	4:37.31
3 Kyle Fischer	JR	Dordt	4:43.85
4 Matthew Jirele	FR	Mount Marty	4:53.02
5 Jeff Jeltema	SO	Northwestern (Iowa)	4:56.20
6 Alex Currier	FR	Northwestern (Iowa)	4:59.40
7 Tyler Sterk	FR	Northwestern (Iowa)	5:00.49
8 Zach Groves	JR	Briar Cliff	5:07.39

9 James Reeves	JR Mount Marty	5:33.90
Section 2		
1 Sean Skillern	SO Morningside	4:17.47
2 Adam Daane	SO Dordt	4:22.22
3 Jacob Green	SO Morningside	4:25.29
4 Garrett Wall	JR Morningside	4:28.85
5 Joshua Brands	FR Martin Luther	4:35.85
6 Alex Van Ginkel	SO Dordt	4:37.59
7 Gage Blaschke	SR Mount Marty	4:46.16
8 Luke Rosenbaum	SR Martin Luther	4:47.94

Section 3		
1 Sam Wensink	JR Dordt	4:11.75
2 Hans Epp	SO Northwestern (Iowa)	4:11.94
3 Tommy Thelen	JR Briar Cliff	4:13.38
4 Skyler Giddings	Unattached	4:13.38
5 Tim Rose	SO Northwestern (Iowa)	4:15.62
6 Elliott Johnson	SR Northwestern (Iowa)	4:17.03
7 Caleb Benzing	FR Northwestern (Iowa)	4:17.21
8 Riley Schaap	SO Dordt	4:19.36
9 Peter Hollinger	FR Northwestern (Iowa)	4:21.62

Name	Year School	Finals	H#
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Finals

1 Sam Wensink	JR Dordt	4:11.75	3
2 Hans Epp	SO Northwestern (Iowa)	4:11.94	3
3 Tommy Thelen	JR Briar Cliff	4:13.38	3
4 Skyler Giddings	Unattached	4:13.38	3
5 Tim Rose	SO Northwestern (Iowa)	4:15.62	3
6 Elliott Johnson	SR Northwestern (Iowa)	4:17.03	3
7 Caleb Benzing	FR Northwestern (Iowa)	4:17.21	3
8 Sean Skillern	SO Morningside	4:17.47	2
9 Riley Schaap	SO Dordt	4:19.36	3
10 Peter Hollinger	FR Northwestern (Iowa)	4:21.62	3
11 Adam Daane	SO Dordt	4:22.22	2
12 Jacob Green	SO Morningside	4:25.29	2
13 Garrett Wall	JR Morningside	4:28.85	2
14 Quinn Groff	JR Morningside	4:34.56	1
15 Joshua Brands	FR Martin Luther	4:35.85	2
16 Austin Warren	SO Northwestern (Iowa)	4:37.31	1
17 Alex Van Ginkel	SO Dordt	4:37.59	2
18 Kyle Fischer	JR Dordt	4:43.85	1
19 Gage Blaschke	SR Mount Marty	4:46.16	2
20 Luke Rosenbaum	SR Martin Luther	4:47.94	2
21 Matthew Jirele	FR Mount Marty	4:53.02	1
22 Jeff Jeltema	SO Northwestern (Iowa)	4:56.20	1
23 Alex Carrier	FR Northwestern (Iowa)	4:59.40	1
24 Tyler Sterk	FR Northwestern (Iowa)	5:00.49	1
25 Zach Groves	JR Briar Cliff	5:07.39	1
26 James Reeves	JR Mount Marty	5:33.90	1

Event 95 Women 4x100 Meter Relay

School	Finals
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Finals

1 Northwestern (Iowa) 'A'	51.15
1) Jahdai Dunk JR	2) Jana Vermeer JR
3) Devin Bloemendaal FR	4) Bailey Kennedy JR
2 Buena Vista 'A'	51.31
1) Shania Wunschel SO	2) Mallory Spear JR
3) Madison Spear JR	4) Emma Konkler SO

3 Dordt 'B'		51.88
1) Natalie Van Essen JR	2) Elizabeth Rankin FR	
3) Laurel Zomer SR	4) Brittany Broersma SO	
4 Briar Cliff 'A'		52.77
1) Desi Beckmann SR	2) Beccy Dodunski JR	
3) Ashley Henkenius SO	4) Tascha Donnelly SR	
5 Northwestern (Iowa) 'B'		53.09
1) Becca Quade SO	2) Kecia Caudill SO	
3) Mallory Bjork SO	4) Naomi Schimmel SO	
6 Dordt 'C'		55.05
1) Raquelle Mouw SO	2) Siera Huff SR	
3) Shaniese Quist JR	4) Kim Kroeze JR	
7 Martin Luther 'A'		56.86
1) Stephanie Rockhoff JR	2) Emily Muir SO	
3) Brooke Rhoden FR	4) Jade St Germain SO	

Event 96 Men 4x100 Meter Relay

School		Finals
Finals		
1 Briar Cliff 'A'		42.69
1) Blake Mossberg FR	2) Joe Roden SR	
3) Robert Iron Shell JR	4) Rusty Muncy SR	
2 Northwestern (Iowa) 'A'		43.14
1) Derrick Akers SO	2) TJ Spykstra FR	
3) Alex Van Roekel SR	4) Levi Te Brink SO	
3 Dordt 'A'		44.67
1) Lucas Van Eps FR	2) Keith Heidema SO	
3) Xavier Caffee SO	4) David Keena FR	
4 Dordt 'B'		45.53
1) Trai Pickney SR	2) Theo Tel FR	
3) Tanner Conover FR	4) Trevor Zonnefeld JR	
5 Northwestern (Iowa) 'B'		47.56
1) Matthew Johnson FR	2) Zack Rice SO	
3) Aaron Lemon SO	4) Nathan Wedel SO	
6 Mount Marty 'A'		47.93
1) Andrew Matsushima FR	2) Kevin Decristino JR	
3) Cortez Jordan FR	4) Gabriel Goehring SO	
7 Martin Luther 'A'		50.60
1) William Chojnacki JR	2) Colin Bahmer JR	
3) Daniel Wessel FR	4) Joshua Ardnt FR	

Event 85 Women 800 Meter Run

Name	Year School	Finals
Section 1		
1 Kiana Hoff-Au	FR Mount Marty	2:35.92
2 Miranda Mouw	FR Northwestern (Iowa)	2:40.57
3 Kate Mathes	JR Morningside	2:47.02
4 Billie Wicks	FR Mount Marty	2:49.29
5 Donna Mills	Unattached	2:52.67
6 Jordan Syverson	SO Northwestern (Iowa)	3:01.66
Section 2		
1 Kassidy De Jong	FR Northwestern (Iowa)	2:29.50
2 Megan Maaske	FR Morningside	2:35.02
3 Rachel Mayforth	FR Northwestern (Iowa)	2:35.81
4 Brianna Enerson	SO Dordt	2:35.85
5 Krista Hovland	SO Northwestern (Iowa)	2:37.81
6 Alicia Darling	FR Northwestern (Iowa)	2:38.81

7	Kaitlin Pauls	FR	Briar Cliff	2:41.94
8	Shailhyn Schweigert	SO	Dakota Wesleyan	2:41.97
Section 3				
1	Michelle Mumm	SO	Morningside	2:23.07
2	Tiffany Shepherd	JR	Morningside	2:23.97
3	Morgan Applegarth	FR	Morningside	2:24.08
4	Katie Bosch	SO	Northwestern (Iowa)	2:24.72
5	Shelby Hall	SR	Morningside	2:28.85
--	Cassie Warner	FR	Morningside	DQ

Name	Year	School	Finals	H#	
Finals					
1	Michelle Mumm	SO	Morningside	2:23.07	3
2	Tiffany Shepherd	JR	Morningside	2:23.97	3
3	Morgan Applegarth	FR	Morningside	2:24.08	3
4	Katie Bosch	SO	Northwestern (Iowa)	2:24.72	3
5	Shelby Hall	SR	Morningside	2:28.85	3
6	Kassidy De Jong	FR	Northwestern (Iowa)	2:29.50	2
7	Megan Maaske	FR	Morningside	2:35.02	2
8	Rachel Mayforth	FR	Northwestern (Iowa)	2:35.81	2
9	Brianna Enerson	SO	Dordt	2:35.85	2
10	Kiana Hoff-Au	FR	Mount Marty	2:35.92	1
11	Krista Hovland	SO	Northwestern (Iowa)	2:37.81	2
12	Alicia Darling	FR	Northwestern (Iowa)	2:38.81	2
13	Miranda Mouw	FR	Northwestern (Iowa)	2:40.57	1
14	Kaitlin Pauls	FR	Briar Cliff	2:41.94	2
15	Shailhyn Schweigert	SO	Dakota Wesleyan	2:41.97	2
16	Kate Mathes	JR	Morningside	2:47.02	1
17	Billie Wicks	FR	Mount Marty	2:49.29	1
18	Donna Mills		Unattached	2:52.67	1
19	Jordan Syverson	SO	Northwestern (Iowa)	3:01.66	1
--	Cassie Warner	FR	Morningside	DQ	3

Event 86 Men 800 Meter Run

Name	Year	School	Finals	
Section 1				
1	Joshua Wynstra	FR	Dordt	2:10.75
2	Jesse Rider	FR	Martin Luther	2:12.39
3	Nick Geels	FR	Dordt	2:13.42
4	Zach Waite	JR	Morningside	2:14.53
5	Bryce Gustafson	FR	Morningside	2:17.83
6	Tyler Larson	JR	Buena Vista	2:19.09
7	Collin Wenzel	SO	Martin Luther	2:21.44
8	John Henning	SO	Martin Luther	2:22.49
Section 2				
1	Nick Vander Kooi	JR	Dordt	2:04.32
2	Zach Kollasch	FR	Briar Cliff	2:05.34
3	Keegan Pfau	FR	Morningside	2:06.62
4	Christian Petrich	JR	Mount Marty	2:07.30
5	Matt Mayer	SR	Briar Cliff	2:08.77
6	Caleb Herman	FR	Dordt	2:10.00
7	Brendan Watchorn	FR	Dordt	2:10.63
8	Jeremiah Panec	SO	Dakota Wesleyan	2:11.15
Section 3				
1	Mitchell Schleis	SR	Briar Cliff	1:57.90
2	Jacob Willey	SR	Morningside	1:59.76
3	Alec DeVries	SO	Morningside	1:59.86
4	Drew Schiltz	JR	Morningside	2:00.36
5	Ryan Weitgenant	SR	Northwestern (Iowa)	2:00.43

6	Joe Heinrichs	SO Briar Cliff	2:00.45
7	Jordan Houdek	JR Mount Marty	2:03.97
8	Jacob Melso	FR Martin Luther	2:07.33

Name	Year	School	Finals	H#
Finals				
1	Mitchell Schleis	SR Briar Cliff	1:57.90	3
2	Jacob Willey	SR Morningside	1:59.76	3
3	Alec DeVries	SO Morningside	1:59.86	3
4	Drew Schiltz	JR Morningside	2:00.36	3
5	Ryan Weitgenant	SR Northwestern (Iowa)	2:00.43	3
6	Joe Heinrichs	SO Briar Cliff	2:00.45	3
7	Jordan Houdek	JR Mount Marty	2:03.97	3
8	Nick Vander Kooi	JR Dordt	2:04.32	2
9	Zach Kollasch	FR Briar Cliff	2:05.34	2
10	Keegan Pfau	FR Morningside	2:06.62	2
11	Christian Petrich	JR Mount Marty	2:07.30	2
12	Jacob Melso	FR Martin Luther	2:07.33	3
13	Matt Mayer	SR Briar Cliff	2:08.77	2
14	Caleb Herman	FR Dordt	2:10.00	2
15	Brendan Watchorn	FR Dordt	2:10.63	2
16	Joshua Wynstra	FR Dordt	2:10.75	1
17	Jeremiah Panec	SO Dakota Wesleyan	2:11.15	2
18	Jesse Rider	FR Martin Luther	2:12.39	1
19	Nick Geels	FR Dordt	2:13.42	1
20	Zach Waite	JR Morningside	2:14.53	1
21	Bryce Gustafson	FR Morningside	2:17.83	1
22	Tyler Larson	JR Buena Vista	2:19.09	1
23	Collin Wenzel	SO Martin Luther	2:21.44	1
24	John Henning	SO Martin Luther	2:22.49	1

Event 150 Women 200 Meter Dash

Name	Year	School	Finals
Section 1 Wind: NWI			
1	Mikaela Lenz	FR Mount Marty	30.09
2	Lindsay Meyer	SO Buena Vista	30.82
3	Kirsten Brockhoff	JR Morningside	31.74
Section 2 Wind: NWI			
1	Kim Hokinson	SO Morningside	28.86
2	Mallory Bjork	SO Northwestern (Iowa)	28.99
3	Taylor Hudson	JR Morningside	29.32
4	Courtney Scheffler	FR Morningside	29.52
5	Molly Lewison	SO Buena Vista	29.84
6	Jessica Igarashi	FR Buena Vista	30.18
7	Shaniese Quist	JR Dordt	30.44
Section 3 Wind: NWI			
1	Brittany Broersma	SO Dordt	28.03
2	Emily Sorensen	FR Northwestern (Iowa)	28.19
3	Becca Quade	SO Northwestern (Iowa)	28.39
4	Meghan Travis	FR Dakota Wesleyan	29.02
Section 4 Wind: NWI			
1	Bailey Kennedy	JR Northwestern (Iowa)	27.15
2	Laurel Zomer	SR Dordt	27.22
3	Elizabeth Rankin	FR Dordt	27.24
4	Ashley Henkenius	SO Briar Cliff	27.30
5	Shania Wunschel	SO Buena Vista	27.67
6	Jana Vermeer	JR Northwestern (Iowa)	27.81
Section 5 Wind: NWI			
1	Marisa Broersma	SR Dordt	26.72

2	Mallory Spear	JR Buena Vista	26.97
3	Aurora Arevalo	FR Morningside	27.34
4	Tascha Donnelly	SR Briar Cliff	27.73
5	Miranda Velgersdyk	SO Dordt	27.90
6	Lauren Spranger	SR Northwestern (Iowa)	28.13

Name	Year	School	Finals	Wind	H#
Finals					
1	Marisa Broersma	SR Dordt	26.72	NWI	5
2	Mallory Spear	JR Buena Vista	26.97	NWI	5
3	Bailey Kennedy	JR Northwestern (Iowa)	27.15	NWI	4
4	Laurel Zomer	SR Dordt	27.22	NWI	4
5	Elizabeth Rankin	FR Dordt	27.24	NWI	4
6	Ashley Henkenius	SO Briar Cliff	27.30	NWI	4
7	Aurora Arevalo	FR Morningside	27.34	NWI	5
8	Shania Wunschel	SO Buena Vista	27.67	NWI	4
9	Tascha Donnelly	SR Briar Cliff	27.73	NWI	5
10	Jana Vermeer	JR Northwestern (Iowa)	27.81	NWI	4
11	Miranda Velgersdyk	SO Dordt	27.90	NWI	5
12	Brittany Broersma	SO Dordt	28.03	NWI	3
13	Lauren Spranger	SR Northwestern (Iowa)	28.13	NWI	5
14	Emily Sorensen	FR Northwestern (Iowa)	28.19	NWI	3
15	Becca Quade	SO Northwestern (Iowa)	28.39	NWI	3
16	Kim Hokinson	SO Morningside	28.86	NWI	2
17	Mallory Bjork	SO Northwestern (Iowa)	28.99	NWI	2
18	Meghan Travis	FR Dakota Wesleyan	29.02	NWI	3
19	Taylor Hudson	JR Morningside	29.32	NWI	2
20	Courtney Scheffler	FR Morningside	29.52	NWI	2
21	Molly Lewison	SO Buena Vista	29.84	NWI	2
22	Mikaela Lenz	FR Mount Marty	30.09	NWI	1
23	Jessica Igarashi	FR Buena Vista	30.18	NWI	2
24	Shaniese Quist	JR Dordt	30.44	NWI	2
25	Lindsay Meyer	SO Buena Vista	30.82	NWI	1
26	Kirsten Brockhoff	JR Morningside	31.74	NWI	1

Event 151 Men 200 Meter Dash

Name	Year	School	Finals
Section 1 Wind: NWI			
1	Wes Brown	SO Morningside	24.77
2	Dustin Heiden	FR Mount Marty	25.72
3	Sam Voigt	SO Mount Marty	34.01
Section 2 Wind: NWI			
1	Theo Tel	FR Dordt	23.94
2	Dakota Bodden	SO Dakota Wesleyan	24.29
3	Tyler Reindl	SO Buena Vista	24.67
4	Brad Kolvek	FR Briar Cliff	25.70
Section 3 Wind: NWI			
1	Mark Eberly	JR Buena Vista	23.02
2	Trevor Zonnefeld	JR Dordt	23.18
3	James Farnan	SO Morningside	23.43
4	Trevor Johnson	SR Dordt	24.24
Section 4 Wind: NWI			
1	Aaron Lemon	SO Northwestern (Iowa)	23.03
2	David Keena	FR Dordt	23.04
3	Kyle Pardun	SO Mount Marty	23.12
4	Derrick Akers	SO Northwestern (Iowa)	23.22
5	Tobe Ezimora	SO Briar Cliff	24.00

6	Joe Jackson	SR Briar Cliff	24.12
7	Joshua Ardnt	FR Martin Luther	25.00
Section 5 Wind: NWI			
1	Robert Iron Shell	JR Briar Cliff	21.51
2	Rusty Muncy	SR Briar Cliff	21.66
3	Blake Mossberg	FR Briar Cliff	22.27
4	Alex Van Roekel	SR Northwestern (Iowa)	22.28
5	Levi Te Brink	SO Northwestern (Iowa)	22.54
6	Sage Lloyd	FR Briar Cliff	22.59
7	Brandon Kocmich	FR Dakota Wesleyan	22.84

Name	Year	School	Finals	Wind	H#
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Finals

1	Robert Iron Shell	JR Briar Cliff	21.51	NWI	5
2	Rusty Muncy	SR Briar Cliff	21.66	NWI	5
3	Blake Mossberg	FR Briar Cliff	22.27	NWI	5
4	Alex Van Roekel	SR Northwestern (Iowa)	22.28	NWI	5
5	Levi Te Brink	SO Northwestern (Iowa)	22.54	NWI	5
6	Sage Lloyd	FR Briar Cliff	22.59	NWI	5
7	Brandon Kocmich	FR Dakota Wesleyan	22.84	NWI	5
8	Mark Eberly	JR Buena Vista	23.02	NWI	3
9	Aaron Lemon	SO Northwestern (Iowa)	23.03	NWI	4
10	David Keena	FR Dordt	23.04	NWI	4
11	Kyle Pardun	SO Mount Marty	23.12	NWI	4
12	Trevor Zonnefeld	JR Dordt	23.18	NWI	3
13	Derrick Akers	SO Northwestern (Iowa)	23.22	NWI	4
14	James Farnan	SO Morningside	23.43	NWI	3
15	Theo Tel	FR Dordt	23.94	NWI	2
16	Tobe Ezimora	SO Briar Cliff	24.00	NWI	4
17	Joe Jackson	SR Briar Cliff	24.12	NWI	4
18	Trevor Johnson	SR Dordt	24.24	NWI	3
19	Dakota Bodden	SO Dakota Wesleyan	24.29	NWI	2
20	Tyler Reindl	SO Buena Vista	24.67	NWI	2
21	Wes Brown	SO Morningside	24.77	NWI	1
22	Joshua Ardnt	FR Martin Luther	25.00	NWI	4
23	Brad Kolvek	FR Briar Cliff	25.70	NWI	2
24	Dustin Heiden	FR Mount Marty	25.72	NWI	1
25	Sam Voigt	SO Mount Marty	34.01	NWI	1

Event 83 Women 400 Meter Hurdles

Name	Year	School	Finals
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Section 1

1	Jessica Neises	JR Dakota Wesleyan	1:10.46
2	Katie Atkins	JR Morningside	1:13.24
3	Melissa Galloway	FR Briar Cliff	1:16.79
4	Mari Gonzales	JR Briar Cliff	1:20.77

Section 2

1	Payton Boer	FR Morningside	1:04.64
2	Jordyn Oostra	SO Northwestern (Iowa)	1:07.28
3	Sybbie Sears	SO Buena Vista	1:07.60
4	Jessica Fossum	SR Dakota Wesleyan	1:08.97
5	Desi Beckmann	SR Briar Cliff	1:10.26
6	Madison Spear	JR Buena Vista	1:10.55
7	Ali Achterhof	SO Northwestern (Iowa)	1:13.27

Name	Year	School	Finals	H#
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Finals

1	Payton Boer	FR Morningside	1:04.64	2
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2	Jordyn Oostra	SO Northwestern (Iowa)	1:07.28	2
3	Sybbie Sears	SO Buena Vista	1:07.60	2
4	Jessica Fossum	SR Dakota Wesleyan	1:08.97	2
5	Desi Beckmann	SR Briar Cliff	1:10.26	2
6	Jessica Neises	JR Dakota Wesleyan	1:10.46	1
7	Madison Spear	JR Buena Vista	1:10.55	2
8	Katie Atkins	JR Morningside	1:13.24	1
9	Ali Achterhof	SO Northwestern (Iowa)	1:13.27	2
10	Melissa Galloway	FR Briar Cliff	1:16.79	1
11	Mari Gonzales	JR Briar Cliff	1:20.77	1

Event 84 Men 400 Meter Hurdles

Name	Year	School	Finals
Section 1			
1	Elijah Schaefer	SO Northwestern (Iowa)	1:04.01
2	Matthew Johnson	FR Northwestern (Iowa)	1:04.44
3	Michael McCauley	FR Northwestern (Iowa)	1:05.89
4	William Lawrence	JR Mount Marty	1:11.92
Section 2			
1	Kyle Hiser	JR Morningside	56.11
2	Austin Groth	SR Buena Vista	56.99
3	Justin Sacker	JR Buena Vista	59.50
4	John Brouwer	SO Dordt	1:02.67
5	Josh Doering	FR Morningside	1:03.17
6	Grant Staats	FR Morningside	1:03.25
7	Zack Rice	SO Northwestern (Iowa)	1:09.11

Name	Year	School	Finals	H#
Finals				
1	Kyle Hiser	JR Morningside	56.11	2
2	Austin Groth	SR Buena Vista	56.99	2
3	Justin Sacker	JR Buena Vista	59.50	2
4	John Brouwer	SO Dordt	1:02.67	2
5	Josh Doering	FR Morningside	1:03.17	2
6	Grant Staats	FR Morningside	1:03.25	2
7	Elijah Schaefer	SO Northwestern (Iowa)	1:04.01	1
8	Matthew Johnson	FR Northwestern (Iowa)	1:04.44	1
9	Michael McCauley	FR Northwestern (Iowa)	1:05.89	1
10	Zack Rice	SO Northwestern (Iowa)	1:09.11	2
11	William Lawrence	JR Mount Marty	1:11.92	1

Event 91 Women 5000 Meter Run

Name	Year	School	Finals
Finals			
1	Jordyn Hudelson	SR Mount Marty	19:45.08
2	Allison Higgins	SO Morningside	20:09.39
3	Annika Henckel	SO Dordt	20:29.15
4	Miranda Moss	SO Dordt	20:36.89
5	Alli Young	SR Dordt	21:09.99
6	Britta Provart	SO Dordt	21:28.72
7	Tara Harris	FR Buena Vista	22:41.87
--	Alexandria Helmink	FR Northwestern (Iowa)	DNF

Event 99 Women 4x400 Meter Relay

School		Finals	
Section 1			
1 Morningside 'B'		4:28.52	
1) Rose Pelelo-Ray FR	2) Morgan Applegarth FR		
3) Cassie Warner FR	4) Megan Maaske FR		
2 Morningside 'C'		4:57.54	
1) Kate Mathes JR	2) Amy Samuelson FR		
3) Mariah Wills JR	4) Elizabeth Kube SR		
3 Martin Luther 'A'		5:05.28	
1) Janet Putz FR	2) Sarah Melcher JR		
3) Emily Muir SO	4) Abby Lash FR		
Section 2			
1 Northwestern (Iowa) 'A'		4:09.94	
1) Rebekah Muilenburg FR	2) Jordyn Oostra SO		
3) Emily Sorensen FR	4) Lauren Spranger SR		
2 Dordt 'A'		4:10.42	
1) Marisa Broersma SR	2) Elizabeth Rankin FR		
3) Joscelyn Wind FR	4) Robyn Blount SR		
3 Morningside 'A'		4:12.00	
1) Tiffany Shepherd JR	2) Shelby Hall SR		
3) Michelle Mumm SO	4) Payton Boer FR		
4 Briar Cliff 'A'		4:15.92	
1) Desi Beckmann SR	2) Ashley Henkenius SO		
3) Nisha Hull SR	4) Tascha Donnelly SR		
5 Dordt 'B'		4:16.28	
1) Kim Kroeze JR	2) Laurel Zomer SR		
3) Siera Huff SR	4) Raquelle Mouw SO		
6 Dakota Wesleyan 'A'		4:26.77	
1) Kristen Longville FR	2) Kamberlyn Lamer FR		
3) Jessica Neises JR	4) Skylar Forgey SR		
School		Finals	H#
Finals			
1 Northwestern (Iowa) 'A'		4:09.94	2
1) Rebekah Muilenburg FR	2) Jordyn Oostra SO		
3) Emily Sorensen FR	4) Lauren Spranger SR		
2 Dordt 'A'		4:10.42	2
1) Marisa Broersma SR	2) Elizabeth Rankin FR		
3) Joscelyn Wind FR	4) Robyn Blount SR		
3 Morningside 'A'		4:12.00	2
1) Tiffany Shepherd JR	2) Shelby Hall SR		
3) Michelle Mumm SO	4) Payton Boer FR		
4 Briar Cliff 'A'		4:15.92	2
1) Desi Beckmann SR	2) Ashley Henkenius SO		
3) Nisha Hull SR	4) Tascha Donnelly SR		
5 Dordt 'B'		4:16.28	2
1) Kim Kroeze JR	2) Laurel Zomer SR		
3) Siera Huff SR	4) Raquelle Mouw SO		
6 Dakota Wesleyan 'A'		4:26.77	2
1) Kristen Longville FR	2) Kamberlyn Lamer FR		
3) Jessica Neises JR	4) Skylar Forgey SR		
7 Morningside 'B'		4:28.52	1
1) Rose Pelelo-Ray FR	2) Morgan Applegarth FR		
3) Cassie Warner FR	4) Megan Maaske FR		
8 Morningside 'C'		4:57.54	1
1) Kate Mathes JR	2) Amy Samuelson FR		
3) Mariah Wills JR	4) Elizabeth Kube SR		
9 Martin Luther 'A'		5:05.28	1
1) Janet Putz FR	2) Sarah Melcher JR		

3) Emily Muir SO

4) Abby Lash FR

Event 100 Men 4x400 Meter Relay

School	Finals	
Section 1		
1 Morningside 'B'	3:39.46	
1) James Farnan SO	2) Alec DeVries SO	
3) Keegan Pfau FR	4) Sean Skillern SO	
2 Mount Marty 'A'	3:42.75	
1) Jordan Houdek JR	2) Kyle Pardun SO	
3) Cody Davis FR	4) Neil Hohenthanner SR	
3 Northwestern (Iowa) 'C'	3:43.08	
1) Caleb Benzing FR	2) Hans Epp SO	
3) Jeff Jeltema SO	4) Luke Lorfeld SO	
4 Morningside 'C'	4:02.57	
1) Zach Waite JR	2) Anthony Patton FR	
3) Bryce Gustafson FR	4) Wes Brown SO	
5 Morningside 'D'	4:10.61	
1) Garrett Wall JR	2) Grant Staats FR	
3) Quinn Groff JR	4) Jacob Simpson JR	
Section 2		
1 Northwestern (Iowa) 'A'	3:22.69	
1) Aaron Lemon SO	2) Austin Krier JR	
3) Elliott Johnson SR	4) Levi Te Brink SO	
2 Briar Cliff 'A'	3:23.24	
1) Rusty Muncy SR	2) Joe Roden SR	
3) Joe Jackson SR	4) Joe Heinrichs SO	
3 Morningside 'A'	3:24.06	
1) Kyle Hiser JR	2) Jacob Willey SR	
3) Drew Schiltz JR	4) Jacob Green SO	
4 Dordt 'A'	3:24.17	
1) Lucas Van Eps FR	2) David Keena FR	
3) Sam Wensink JR	4) Josiah Eckels JR	
5 Northwestern (Iowa) 'B'	3:35.91	
1) Elijah Dahl SO	2) Nathan Wedel SO	
3) Jaden Brockel FR	4) Tim Rose SO	
6 Briar Cliff 'B'	3:42.23	
1) Mitchell Schleis SR	2) Matt Holzman FR	
3) Jared Samms FR	4) Tyler Smith JR	
7 Martin Luther 'A'	3:57.87	
1) Collin Wenzel SO	2) John Henning SO	
3) William Chojnacki JR	4) Jacob Melso FR	
School	Finals	H#
Finals		
1 Northwestern (Iowa) 'A'	3:22.69	2
1) Aaron Lemon SO	2) Austin Krier JR	
3) Elliott Johnson SR	4) Levi Te Brink SO	
2 Briar Cliff 'A'	3:23.24	2
1) Rusty Muncy SR	2) Joe Roden SR	
3) Joe Jackson SR	4) Joe Heinrichs SO	
3 Morningside 'A'	3:24.06	2
1) Kyle Hiser JR	2) Jacob Willey SR	
3) Drew Schiltz JR	4) Jacob Green SO	
4 Dordt 'A'	3:24.17	2
1) Lucas Van Eps FR	2) David Keena FR	
3) Sam Wensink JR	4) Josiah Eckels JR	
5 Northwestern (Iowa) 'B'	3:35.91	2
1) Elijah Dahl SO	2) Nathan Wedel SO	

3) Jaden Brockel FR	4) Tim Rose SO		
6 Morningside 'B'		3:39.46	1
1) James Farnan SO	2) Alec DeVries SO		
3) Keegan Pfau FR	4) Sean Skillern SO		
7 Briar Cliff 'B'		3:42.23	2
1) Mitchell Schleis SR	2) Matt Holzman FR		
3) Jared Samms FR	4) Tyler Smith JR		
8 Mount Marty 'A'		3:42.75	1
1) Jordan Houdek JR	2) Kyle Pardun SO		
3) Cody Davis FR	4) Neil Hohenthauer SR		
9 Northwestern (Iowa) 'C'		3:43.08	1
1) Caleb Benzing FR	2) Hans Epp SO		
3) Jeff Jeltema SO	4) Luke Lorfeld SO		
10 Martin Luther 'A'		3:57.87	2
1) Collin Wenzel SO	2) John Henning SO		
3) William Chojnacki JR	4) Jacob Melso FR		
11 Morningside 'C'		4:02.57	1
1) Zach Waite JR	2) Anthony Patton FR		
3) Bryce Gustafson FR	4) Wes Brown SO		
12 Morningside 'D'		4:10.61	1
1) Garrett Wall JR	2) Grant Staats FR		
3) Quinn Groff JR	4) Jacob Simpson JR		

Event 107 Women Shot Put

Name	Year School	Finals	
Flight 1			
1 Holly Brock	SO Morningside	11.03m	36-02.25
2 Grace Telfer	FR Buena Vista	10.71m	35-01.75
3 Heidi Frazee	FR Dakota Wesleyan	10.54m	34-07.00
4 Heidi Groenendyk	FR Northwestern (Iowa)	10.32m	33-10.25
5 Jessica Fossum	SR Dakota Wesleyan	10.20m	33-05.75
6 Cassandra Anklam	FR Martin Luther	10.05m	32-11.75
7 Abigail Stevens	SO Northwestern (Iowa)	9.94m	32-07.50
8 Meghan Travis	FR Dakota Wesleyan	9.78m	32-01.00
9 Josephine Avery	FR Martin Luther	7.65m	25-01.25
Flight 2			
1 Elizabeth Maller	FR Morningside	12.48m	40-11.50
2 Michaela Snyder	FR Briar Cliff	11.80m	38-08.75
3 Kaylee Blake	JR Briar Cliff	11.64m	38-02.25
4 Meagan Anderson	SO Morningside	11.44m	37-06.50
5 Andrea Urban	SO Briar Cliff	11.37m	37-03.75
6 Cristyn Eischeid	SO Buena Vista	11.36m	37-03.25
7 Hannah Shie	SR Northwestern (Iowa)	11.20m	36-09.00
8 Taylor Woods	SR Morningside	11.15m	36-07.00
9 Jenna Bremer	FR Dordt	10.86m	35-07.75
10 Kaylee Van Voorst	SO Morningside	9.70m	31-10.00
Finals			
1 Elizabeth Maller	FR Morningside	12.48m	40-11.50
2 Michaela Snyder	FR Briar Cliff	11.80m	38-08.75
3 Kaylee Blake	JR Briar Cliff	11.64m	38-02.25
4 Meagan Anderson	SO Morningside	11.44m	37-06.50
5 Andrea Urban	SO Briar Cliff	11.37m	37-03.75
6 Cristyn Eischeid	SO Buena Vista	11.36m	37-03.25
7 Hannah Shie	SR Northwestern (Iowa)	11.20m	36-09.00
8 Taylor Woods	SR Morningside	11.15m	36-07.00

9	Holly Brock	SO Morningside	11.03m	36-02.25
10	Jenna Bremer	FR Dordt	10.86m	35-07.75
11	Grace Telfer	FR Buena Vista	10.71m	35-01.75
12	Heidi Frazee	FR Dakota Wesleyan	10.54m	34-07.00
13	Heidi Groenendyk	FR Northwestern (Iowa)	10.32m	33-10.25
14	Jessica Fossum	SR Dakota Wesleyan	10.20m	33-05.75
15	Cassandra Anklam	FR Martin Luther	10.05m	32-11.75
16	Abigail Stevens	SO Northwestern (Iowa)	9.94m	32-07.50
17	Meghan Travis	FR Dakota Wesleyan	9.78m	32-01.00
18	Kaylee Van Voorst	SO Morningside	9.70m	31-10.00
19	Josephine Avery	FR Martin Luther	7.65m	25-01.25

Event 108 Men Shot Put

Name	Year	School	Finals	
Finals				
1	Ben Hammer	FR Dakota Wesleyan	15.31m	50-02.75
2	Derrick Hurt	SO Northwestern (Iowa)	14.26m	46-09.50
3	Grayson Bundick	JR Dordt	14.23m	46-08.25
4	Andy Glass	Unattached	13.94m	45-09.00
5	Drew Beall	FR Buena Vista	13.11m	43-00.25
6	Kyler Schmitt	FR Dordt	12.88m	42-03.25
7	Dustin Peasley	FR Briar Cliff	12.26m	40-02.75
8	Sam Burki	JR Briar Cliff	12.22m	40-01.25
9	Drew Steigenga	FR Dordt	11.69m	38-04.25
10	Seth Zoellner	SO Martin Luther	10.96m	35-11.50
11	Gabe Dirksen	JR Dakota Wesleyan	10.01m	32-10.25
--	Nick Harris	JR Briar Cliff	FOUL	
--	Chase Bonner	FR Buena Vista	FOUL	

Event 110 Men Discus Throw

Name	Year	School	Finals	
Flight 1				
1	Ike Van Kempen	FR Dordt	41.39m	135-09
2	Kyler Schmitt	FR Dordt	37.69m	123-08
3	Matthew Bolt	JR Dordt	36.24m	118-11
4	Garrett Rohlk	SO Buena Vista	35.58m	116-09
5	Derrick Hurt	SO Northwestern (Iowa)	34.55m	113-04
6	Neil Hohenthauer	SR Mount Marty	34.20m	112-02
7	Joey Candelarie	SR Morningside	29.66m	97-04
--	Trevor Westhoff	FR Briar Cliff	FOUL	
--	Sam Burki	JR Briar Cliff	FOUL	
--	Seth Zoellner	SO Martin Luther	FOUL	
Flight 2				
1	Cody Snyder	6 Unattached	53.82m	176-07
2	Ben Hammer	FR Dakota Wesleyan	51.75m	169-09
3	Drew Beall	FR Buena Vista	42.84m	140-07
4	Austin Langston	Unattached	42.82m	140-06
4	Andy Glass	Unattached	42.82m	140-06
6	Ben Bajema	SO Dordt	40.43m	132-08
7	Dustin Peasley	FR Briar Cliff	40.11m	131-07
8	John Davelaar	SO Dordt	39.45m	129-05
9	Zach Landhuis	SR Northwestern (Iowa)	38.18m	125-03
10	Alec Sindelar	SR Buena Vista	35.37m	116-00
11	Nick Raab	FR Dakota Wesleyan	33.61m	110-03
--	Colton Tracy	SO Morningside	FOUL	

Name	Year	School	Finals	
Finals				
1	Cody Snyder	6	Unattached	53.82m 176-07
2	Ben Hammer	FR	Dakota Wesleyan	51.75m 169-09
3	Drew Beall	FR	Buena Vista	42.84m 140-07
4	Andy Glass		Unattached	42.82m 140-06
5	Austin Langston		Unattached	J42.82m 140-06
6	Ike Van Kempen	FR	Dordt	41.39m 135-09
7	Ben Bajema	SO	Dordt	40.43m 132-08
8	Dustin Peasley	FR	Briar Cliff	40.11m 131-07
9	John Davelaar	SO	Dordt	39.45m 129-05
10	Zach Landhuis	SR	Northwestern (Iowa)	38.18m 125-03
11	Kyler Schmitt	FR	Dordt	37.69m 123-08
12	Matthew Bolt	JR	Dordt	36.24m 118-11
13	Garrett Rohlk	SO	Buena Vista	35.58m 116-09
14	Alec Sindelar	SR	Buena Vista	35.37m 116-00
15	Derrick Hurt	SO	Northwestern (Iowa)	34.55m 113-04
16	Neil Hohenthauer	SR	Mount Marty	34.20m 112-02
17	Nick Raab	FR	Dakota Wesleyan	33.61m 110-03
18	Joey Candelarie	SR	Morningside	29.66m 97-04
--	Sam Burki	JR	Briar Cliff	FOUL
--	Trevor Westhoff	FR	Briar Cliff	FOUL
--	Colton Tracy	SO	Morningside	FOUL
--	Seth Zoellner	SO	Martin Luther	FOUL

Event 116 Men Triple Jump

Name	Year	School	Finals	Wind
Finals				
1	Daniel Porter	SR	Dakota Wesleyan	12.86m NWI 42-02.25
2	Cody Davis	FR	Mount Marty	12.12m NWI 39-09.25
3	Jonathan Eggebraaten	FR	Northwestern (Iowa)	12.05m NWI 39-06.50
4	William Chojnacki	JR	Martin Luther	11.80m NWI 38-08.75
--	John Dosch	SO	Dakota Wesleyan	FOUL

Event 111 Women Long Jump

Name	Year	School	Finals	Wind
Flight 1				
1	Abigail Stevens	SO	Northwestern (Iowa)	5.13m NWI 16-10.00
2	Jade St Germain	SO	Martin Luther	4.74m NWI 15-06.75
3	Rose Pelelo-Ray	FR	Morningside	4.65m NWI 15-03.25
4	Sonya Hagberg	JR	Northwestern (Iowa)	4.64m NWI 15-02.75
5	Shaniese Quist	JR	Dordt	4.59m NWI 15-00.75
6	Emily Muir	SO	Martin Luther	4.52m NWI 14-10.00
7	Charlotte Huebner	JR	Martin Luther	4.42m NWI 14-06.00
8	Lindsay Meyer	SO	Buena Vista	3.96m NWI 13-00.00
Flight 2				
1	Whitney Jones		Unattached	5.76m NWI 18-10.75
2	Elizabeth Bohlmann	SO	Morningside	5.16m NWI 16-11.25
3	Natalie Van Essen	JR	Dordt	5.14m NWI 16-10.50
4	Kamberlyn Lamer	FR	Dakota Wesleyan	5.08m NWI 16-08.00
5	Tascha Donnelly	SR	Briar Cliff	5.03m NWI 16-06.00
6	Kati Kneifl	FR	Morningside	4.95m NWI 16-03.00
7	Joscelyn Wind	FR	Dordt	4.92m NWI 16-01.75
8	Shania Wunschel	SO	Buena Vista	4.47m NWI 14-08.00

Name	Year	School	Finals	Wind
Finals				
1 Whitney Jones		Unattached	5.76m	NWI 18-10.75
2 Elizabeth Bohlmann	SO	Morningside	5.16m	NWI 16-11.25
3 Natalie Van Essen	JR	Dordt	5.14m	NWI 16-10.50
4 Abigail Stevens	SO	Northwestern (Iowa)	5.13m	NWI 16-10.00
5 Kamberlyn Lamer	FR	Dakota Wesleyan	5.08m	NWI 16-08.00
6 Tascha Donnelly	SR	Briar Cliff	5.03m	NWI 16-06.00
7 Kati Kneifl	FR	Morningside	4.95m	NWI 16-03.00
8 Joscelyn Wind	FR	Dordt	4.92m	NWI 16-01.75
9 Jade St Germain	SO	Martin Luther	4.74m	NWI 15-06.75
10 Rose Pelelo-Ray	FR	Morningside	4.65m	NWI 15-03.25
11 Sonya Hagberg	JR	Northwestern (Iowa)	4.64m	NWI 15-02.75
12 Shaniese Quist	JR	Dordt	4.59m	NWI 15-00.75
13 Emily Muir	SO	Martin Luther	4.52m	NWI 14-10.00
14 Shania Wunschel	SO	Buena Vista	4.47m	NWI 14-08.00
15 Charlotte Huebner	JR	Martin Luther	4.42m	NWI 14-06.00
16 Lindsay Meyer	SO	Buena Vista	3.96m	NWI 13-00.00

Event 114 Men High Jump

Name	Year	School	Finals
Finals			
1 Todd Brassow	SR	Martin Luther	2.01m 6-07.00
2 Jacob Moats	JR	Dordt	1.96m 6-05.00
3 Jeremiah Perkins	FR	Northwestern (Iowa)	1.86m 6-01.25
4 Reece Jackson	FR	Morningside	1.81m 5-11.25
5 Tanner Hilbrands	SO	Northwestern (Iowa)	1.76m 5-09.25
6 Jared Samms	FR	Briar Cliff	1.76m 5-09.25
-- Gabe Dirksen	JR	Dakota Wesleyan	NH
-- Jordan Folkerts	SO	Dordt	NH

Event 109 Women Discus Throw

Name	Year	School	Finals
Flight 1			
1 Elizabeth Maller	FR	Morningside	37.45m 122-10
2 Molly Cunard	SO	Northwestern (Iowa)	34.45m 113-00
3 Candice Howell	SO	Northwestern (Iowa)	31.19m 102-04
4 Jenna Bremer	FR	Dordt	31.02m 101-09
5 Grace Telfer	FR	Buena Vista	30.69m 100-08
6 Cristyn Eischeid	SO	Buena Vista	29.97m 98-04
7 Heidi Frazee	FR	Dakota Wesleyan	29.76m 97-08
8 Heidi Groenendyk	FR	Northwestern (Iowa)	27.50m 90-03
9 Morgan Citterman	SO	Mount Marty	24.41m 80-01
10 Tyra Patzlaff	SO	Dakota Wesleyan	23.83m 78-02
11 Josephine Avery	FR	Martin Luther	20.60m 67-07
Flight 2			
1 Casey Schuster	SO	Morningside	39.49m 129-07
2 Hannah Morgan	FR	Northwestern (Iowa)	38.40m 126-00
3 Kaylee Blake	JR	Briar Cliff	37.95m 124-06
4 Tina Ageson	SR	Buena Vista	37.94m 124-06
5 Savannah Clapper	SO	Northwestern (Iowa)	36.76m 120-07
6 Kaylee Van Voorst	SO	Morningside	36.73m 120-06
7 Christina Vanderbyl	JR	Northwestern (Iowa)	34.86m 114-04
8 Hannah Shie	SR	Northwestern (Iowa)	33.32m 109-04
9 Andrea Urban	SO	Briar Cliff	32.95m 108-01

10 Bekah Mead	JR Dordt	32.20m	105-08
11 Laura Grasman	FR Dordt	32.18m	105-07
12 Jackie Brungardt	SR Briar Cliff	31.25m	102-06

Name	Year School	Finals
Finals		
1 Casey Schuster	SO Morningside	39.49m 129-07
2 Hannah Morgan	FR Northwestern (Iowa)	38.40m 126-00
3 Kaylee Blake	JR Briar Cliff	37.95m 124-06
4 Tina Ageson	SR Buena Vista	37.94m 124-06
5 Elizabeth Maller	FR Morningside	37.45m 122-10
6 Savannah Clapper	SO Northwestern (Iowa)	36.76m 120-07
7 Kaylee Van Voorst	SO Morningside	36.73m 120-06
8 Christina Vanderbyl	JR Northwestern (Iowa)	34.86m 114-04
9 Molly Cunard	SO Northwestern (Iowa)	34.45m 113-00
10 Hannah Shie	SR Northwestern (Iowa)	33.32m 109-04
11 Andrea Urban	SO Briar Cliff	32.95m 108-01
12 Bekah Mead	JR Dordt	32.20m 105-08
13 Laura Grasman	FR Dordt	32.18m 105-07
14 Jackie Brungardt	SR Briar Cliff	31.25m 102-06
15 Candice Howell	SO Northwestern (Iowa)	31.19m 102-04
16 Jenna Bremer	FR Dordt	31.02m 101-09
17 Grace Telfer	FR Buena Vista	30.69m 100-08
18 Cristyn Eischeid	SO Buena Vista	29.97m 98-04
19 Heidi Frazee	FR Dakota Wesleyan	29.76m 97-08
20 Heidi Groenendyk	FR Northwestern (Iowa)	27.50m 90-03
21 Morgan Citterman	SO Mount Marty	24.41m 80-01
22 Tyra Patzlaff	SO Dakota Wesleyan	23.83m 78-02
23 Josephine Avery	FR Martin Luther	20.60m 67-07

Event 115 Women Triple Jump

Name	Year School	Finals	Wind
Finals			
1 Raquelle Mouw	SO Dordt	10.95m	NWI 35-11.25
2 Kamberlyn Lamer	FR Dakota Wesleyan	10.62m	NWI 34-10.25
3 Sonya Hagberg	JR Northwestern (Iowa)	10.00m	NWI 32-09.75
4 Stephanie Rockhoff	JR Martin Luther	9.86m	NWI 32-04.25
5 Emily Muir	SO Martin Luther	9.81m	NWI 32-02.25
6 Jackie Geiseman	SO Northwestern (Iowa)	9.76m	NWI 32-00.25
-- Kristen Longville	FR Dakota Wesleyan	FOUL	

Event 113 Women High Jump

Name	Year School	Finals
Finals		
1 Mycah Hulst	SR Dordt	1.68m 5-06.00
2 Joscelyn Wind	FR Dordt	1.50m 4-11.00
-- Rylee Weisensel	SO Martin Luther	NH
-- Jade St Germain	SO Martin Luther	NH
-- Emily Muir	SO Martin Luther	NH
-- Meghan Travis	FR Dakota Wesleyan	NH
-- Jessica Fossum	SR Dakota Wesleyan	NH
-- Natalie Hulst	SO Dordt	NH

Event 120 Men Pole Vault

Name	Year School	Finals
Finals		
1 BJ Groskreutz	SR Northwestern (Iowa)	4.10m 13-05.25
2 Adam Haigh	SO Mount Marty	3.95m 12-11.50
3 Neil Hohenthauer	SR Mount Marty	J3.95m 12-11.50
4 Matthew Bolt	JR Dordt	3.65m 11-11.75
5 Jordan Strand	JR Northwestern (Iowa)	3.20m 10-06.00
6 Jesse Rider	FR Martin Luther	3.05m 10-00.00
-- Colin Bahmer	JR Martin Luther	NH
-- Daniel Wessel	FR Martin Luther	NH

Event 119 Women Pole Vault

Name	Year School	Finals
Finals		
1 Emily Boyle	SO Mount Marty	3.15m 10-04.00
2 Abigail Collingham	FR Dakota Wesleyan	2.85m 9-04.25
3 Naomi Schimmel	SO Northwestern (Iowa)	2.55m 8-04.25
4 Christina Herrboldt	SO Mount Marty	J2.55m 8-04.25
-- Lydia Steenhoek	SO Northwestern (Iowa)	NH
-- Heidi Kostrzewa	FR Martin Luther	NH
-- Brooke Rhoden	FR Martin Luther	NH
-- Stephanie Rockhoff	JR Martin Luther	NH

Event 118 Men Javelin Throw

Name	Year School	Finals
Flight 1		
1 Carter Behler	FR Northwestern (Iowa)	48.29m 158-05
2 Andy Glass	Unattached	46.86m 153-09
3 Colton Tracy	SO Morningside	40.00m 131-03
4 Seth Zoellner	SO Martin Luther	35.00m 114-10
5 Matthew Bolt	JR Dordt	34.10m 111-10
6 Matthew Johnson	FR Northwestern (Iowa)	33.43m 109-08
7 Joey Candelarie	SR Morningside	32.73m 107-04
8 Daniel Wessel	FR Martin Luther	31.62m 103-09
9 Jordan Strand	JR Northwestern (Iowa)	30.86m 101-03
10 Hunter Davis	FR Morningside	29.89m 98-01
Flight 2		
1 Adam Drieling	SR Briar Cliff	56.25m 184-06
2 Sam Burki	JR Briar Cliff	54.81m 179-10
3 Kyle Wessling	JR Buena Vista	50.78m 166-07
4 Austin Langston	Unattached	49.27m 161-08
5 Zach Landhuis	SR Northwestern (Iowa)	48.39m 158-09
6 John Davelaar	SO Dordt	47.42m 155-07
7 Drew Schiltz	JR Morningside	47.08m 154-05
8 Dustin Peasley	FR Briar Cliff	45.31m 148-08
9 Jared Samms	FR Briar Cliff	40.48m 132-10
10 Kayne Feldick	SR Morningside	40.12m 131-07
11 Alec Sindelar	SR Buena Vista	37.73m 123-09
12 William Chojnacki	JR Martin Luther	31.86m 104-06

Name	Year School	Finals
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Finals

1	Adam Drieling	SR	Briar Cliff	56.25m	184-06
2	Sam Burki	JR	Briar Cliff	54.81m	179-10
3	Kyle Wessling	JR	Buena Vista	50.78m	166-07
4	Austin Langston		Unattached	49.27m	161-08
5	Zach Landhuis	SR	Northwestern (Iowa)	48.39m	158-09
6	Carter Behler	FR	Northwestern (Iowa)	48.29m	158-05
7	John Davelaar	SO	Dordt	47.42m	155-07
8	Drew Schiltz	JR	Morningside	47.08m	154-05
9	Andy Glass		Unattached	46.86m	153-09
10	Dustin Peasley	FR	Briar Cliff	45.31m	148-08
11	Jared Samms	FR	Briar Cliff	40.48m	132-10
12	Kayne Feldick	SR	Morningside	40.12m	131-07
13	Colton Tracy	SO	Morningside	40.00m	131-03
14	Alec Sindelar	SR	Buena Vista	37.73m	123-09
15	Seth Zoellner	SO	Martin Luther	35.00m	114-10
16	Matthew Bolt	JR	Dordt	34.10m	111-10
17	Matthew Johnson	FR	Northwestern (Iowa)	33.43m	109-08
18	Joey Candelarie	SR	Morningside	32.73m	107-04
19	William Chojnacki	JR	Martin Luther	31.86m	104-06
20	Daniel Wessel	FR	Martin Luther	31.62m	103-09
21	Jordan Strand	JR	Northwestern (Iowa)	30.86m	101-03
22	Hunter Davis	FR	Morningside	29.89m	98-01

Event 121 Women Hammer Throw

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	Name	Year	School	Finals	
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Flight 1					
1	Jenna Bremer	FR	Dordt	34.94m	114-07
2	Heidi Groenendyk	FR	Northwestern (Iowa)	34.86m	114-04
3	Hannah Morgan	FR	Northwestern (Iowa)	33.89m	111-02
4	Heidi Frazee	FR	Dakota Wesleyan	31.86m	104-06
5	Morgan Citterman	SO	Mount Marty	31.43m	103-01
6	Kaylee Van Voorst	SO	Morningside	30.77m	100-11
7	Tyra Patzlaff	SO	Dakota Wesleyan	29.81m	97-10
8	Jade St Germain	SO	Martin Luther	20.82m	68-04
9	Cassandra Anklam	FR	Martin Luther	17.81m	58-05
10	Sarah Melcher	JR	Martin Luther	13.44m	44-01
--	Josephine Avery	FR	Martin Luther	ND	
Flight 2					
1	Tina Ageson	SR	Buena Vista	45.76m	150-01
2	Meagan Anderson	SO	Morningside	43.85m	143-10
3	Candice Howell	SO	Northwestern (Iowa)	43.13m	141-06
4	Savannah Clapper	SO	Northwestern (Iowa)	42.06m	138-00
5	Cristyn Eischeid	SO	Buena Vista	40.05m	131-05
6	Elizabeth Maller	FR	Morningside	38.51m	126-04
7	Laura Grasman	FR	Dordt	37.09m	121-08
8	Bekah Mead	JR	Dordt	36.55m	119-11
9	Taylor Woods	SR	Morningside	33.19m	108-11
10	Holly Brock	SO	Morningside	30.22m	99-02
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	Name	Year	School	Finals	
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Finals					
1	Tina Ageson	SR	Buena Vista	45.76m	150-01
2	Meagan Anderson	SO	Morningside	43.85m	143-10
3	Candice Howell	SO	Northwestern (Iowa)	43.13m	141-06
4	Savannah Clapper	SO	Northwestern (Iowa)	42.06m	138-00
5	Cristyn Eischeid	SO	Buena Vista	40.05m	131-05
6	Elizabeth Maller	FR	Morningside	38.51m	126-04
7	Laura Grasman	FR	Dordt	37.09m	121-08

8	Bekah Mead	JR Dordt	36.55m	119-11
9	Jenna Bremer	FR Dordt	34.94m	114-07
10	Heidi Groenendyk	FR Northwestern (Iowa)	34.86m	114-04
11	Hannah Morgan	FR Northwestern (Iowa)	33.89m	111-02
12	Taylor Woods	SR Morningside	33.19m	108-11
13	Heidi Frazee	FR Dakota Wesleyan	31.86m	104-06
14	Morgan Citterman	SO Mount Marty	31.43m	103-01
15	Kaylee Van Voorst	SO Morningside	30.77m	100-11
16	Holly Brock	SO Morningside	30.22m	99-02
17	Tyra Patzlaff	SO Dakota Wesleyan	29.81m	97-10
18	Jade St Germain	SO Martin Luther	20.82m	68-04
19	Cassandra Anklam	FR Martin Luther	17.81m	58-05
20	Sarah Melcher	JR Martin Luther	13.44m	44-01
--	Josephine Avery	FR Martin Luther	ND	

Event 122 Men Hammer Throw

Name	Year	School	Finals	
Finals				
1	David Davelaar	SO Dordt	48.58m	159-04
2	Garrett Rohlk	SO Buena Vista	44.45m	145-10
3	Derrick Hurt	SO Northwestern (Iowa)	44.05m	144-06
4	Ben Bajema	SO Dordt	41.71m	136-10
5	Chase Bonner	FR Buena Vista	41.21m	135-02
6	Grayson Bundick	JR Dordt	37.54m	123-02
7	Trevor Westhoff	FR Briar Cliff	36.24m	118-11
8	Ben Hammer	FR Dakota Wesleyan	36.12m	118-06
9	Ike Van Kempen	FR Dordt	35.42m	116-02
10	Drew Beall	FR Buena Vista	33.13m	108-08
11	Joey Candelarie	SR Morningside	32.00m	105-00
12	Seth Zoellner	SO Martin Luther	27.17m	89-02
13	William Chojnacki	JR Martin Luther	19.64m	64-05
--	Austin Langston	Unattached	ND	
--	Alec Sindelar	SR Buena Vista	ND	

Event 117 Women Javelin Throw

Name	Year	School	Finals	
Flight 1				
1	Jessica Fossum	SR Dakota Wesleyan	30.59m	100-04
2	Hannah Morgan	FR Northwestern (Iowa)	30.20m	99-01
3	Charlotte Huebner	JR Martin Luther	30.04m	98-07
4	Molly Cunard	SO Northwestern (Iowa)	29.85m	97-11
5	Hannah Hustad	SO Briar Cliff	28.49m	93-06
6	Janet Putz	FR Martin Luther	26.38m	86-06
7	Jade St Germain	SO Martin Luther	25.01m	82-01
8	Rylee Weisensel	SO Martin Luther	21.52m	70-07
9	Sarah Quinn	FR Martin Luther	21.42m	70-03
10	Tyra Patzlaff	SO Dakota Wesleyan	19.96m	65-06
11	Cassandra Anklam	FR Martin Luther	16.34m	53-07
12	Josephine Avery	FR Martin Luther	16.27m	53-04
13	Sarah Melcher	JR Martin Luther	16.02m	52-07
14	Rachel Bockhoven	FR Martin Luther	11.05m	36-03
Flight 2				
1	Emily Keim	SR Morningside	38.47m	126-02

2	Kati Kneifl	FR	Morningside	37.76m	123-11
3	Meagan Anderson	SO	Morningside	36.34m	119-03
4	Christina Vanderbyl	JR	Northwestern (Iowa)	35.55m	116-08
5	Aurora Arevalo	FR	Morningside	35.15m	115-04
6	Kaylee Blake	JR	Briar Cliff	33.30m	109-03
7	Kaylee Van Voorst	SO	Morningside	32.01m	105-00
8	Brittany Austin	JR	Mount Marty	31.07m	101-11
9	Andrea Urban	SO	Briar Cliff	29.85m	97-11
10	Lexi Hauger	SO	Briar Cliff	29.66m	97-04
11	Abigail Stevens	SO	Northwestern (Iowa)	26.53m	87-00
12	Emma Konkler	SO	Buena Vista	24.89m	81-08
13	Michaela Snyder	FR	Briar Cliff	24.70m	81-00

Name	Year	School	Finals
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Finals

1	Emily Keim	SR	Morningside	38.47m	126-02
2	Kati Kneifl	FR	Morningside	37.76m	123-11
3	Meagan Anderson	SO	Morningside	36.34m	119-03
4	Christina Vanderbyl	JR	Northwestern (Iowa)	35.55m	116-08
5	Aurora Arevalo	FR	Morningside	35.15m	115-04
6	Kaylee Blake	JR	Briar Cliff	33.30m	109-03
7	Kaylee Van Voorst	SO	Morningside	32.01m	105-00
8	Brittany Austin	JR	Mount Marty	31.07m	101-11
9	Jessica Fossum	SR	Dakota Wesleyan	30.59m	100-04
10	Hannah Morgan	FR	Northwestern (Iowa)	30.20m	99-01
11	Charlotte Huebner	JR	Martin Luther	30.04m	98-07
12	Molly Cunard	SO	Northwestern (Iowa)	29.85m	97-11
12	Andrea Urban	SO	Briar Cliff	29.85m	97-11
14	Lexi Hauger	SO	Briar Cliff	29.66m	97-04
15	Hannah Hustad	SO	Briar Cliff	28.49m	93-06
16	Abigail Stevens	SO	Northwestern (Iowa)	26.53m	87-00
17	Janet Putz	FR	Martin Luther	26.38m	86-06
18	Jade St Germain	SO	Martin Luther	25.01m	82-01
19	Emma Konkler	SO	Buena Vista	24.89m	81-08
20	Michaela Snyder	FR	Briar Cliff	24.70m	81-00
21	Rylee Weisensel	SO	Martin Luther	21.52m	70-07
22	Sarah Quinn	FR	Martin Luther	21.42m	70-03
23	Tyra Patzlaff	SO	Dakota Wesleyan	19.96m	65-06
24	Cassandra Anklam	FR	Martin Luther	16.34m	53-07
25	Josephine Avery	FR	Martin Luther	16.27m	53-04
26	Sarah Melcher	JR	Martin Luther	16.02m	52-07
27	Rachel Bockhoven	FR	Martin Luther	11.05m	36-03