

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

Event 1 Men 100 Meter Dash

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ.
 NAIA Auto: A 10.58
 NAIA Prov.: B 10.68

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Adrien Patigny	FR	Midland	10.70Q	NWI	2
2 Marcus Jnofinn	FR	Mount Marty	10.90Q	NWI	3
3 Wilton George	FR	Briar Cliff	10.92Q	NWI	1 10.913
4 Ryan Kotey	FR	Briar Cliff	10.92q	NWI	2 10.913
5 James Gilbert	SO	Northwestern	10.93q	NWI	2
6 Cody Post	SO	Northwestern	10.98q	NWI	2
7 Joel Rathe	FR	Concordia	11.07q	NWI	1 11.065
8 Austin Drake	SO	Doane	11.07q	NWI	1 11.068
9 Christopher Vincent	FR	Doane	11.11	NWI	3
10 Tulsa Janish	SO	Briar Cliff	11.17	NWI	2 11.166
11 Luke Wagner	FR	Dordt	11.17	NWI	2 11.169
12 Daniel Strand	JR	Northwestern	11.18	NWI	3
13 Braden Jahn	SO	Northwestern	11.27	NWI	3
14 Micah Brands	JR	Dordt	11.28	NWI	1
15 Nathan Kabongo	SR	Dordt	11.35	NWI	1
16 Austin Hughes	SO	Dakota Wesleyan	11.36	NWI	3
17 Emmett Black	FR	Doane	11.41	NWI	3
18 Kenny Paetow	JR	Concordia	11.52	NWI	1
19 Christopher Saylor	FR	Jamestown	11.53	NWI	3
20 Nasim Green	FR	Jamestown	11.55	NWI	1
21 Andy Lyons	FR	Concordia	11.61	NWI	3
22 Jackson Corkill	FR	Dordt	11.66	NWI	1
23 jalen cook	FR	Briar Cliff	11.71	NWI	2
24 Samuel Kludt	SO	Jamestown	11.90	NWI	2

Event 1 Men 100 Meter Dash

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ.
 NAIA Auto: A 10.58
 NAIA Prov.: B 10.68

Name	Year	School	Finals	Wind	Points
Finals					
1 Wilton George	FR	Briar Cliff	10.58A	NWI	10
2 Adrien Patigny	FR	Midland	10.67B	NWI	8
3 Cody Post	SO	Northwestern	10.71	NWI	6 10.701
4 Ryan Kotey	FR	Briar Cliff	10.71	NWI	5 10.708
5 Austin Drake	SO	Doane	10.80	NWI	4
6 James Gilbert	SO	Northwestern	10.87	NWI	3
7 Joel Rathe	FR	Concordia	10.90	NWI	2
8 Marcus Jnofinn	FR	Mount Marty	17.72	NWI	1

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****Event 2 Men 200 Meter Dash**

GPAC Record: G 20.88 2003 Bret Blake, Nebraska Wesleyan Univ.

NAIA Auto: A 21.45

NAIA Prov.: B 21.58

Name	Year	School	Finals	Wind	H#	Points
1 Paul Paul	JR	Mount Marty	21.15A	NWI	3	10
2 Ben Jefferies	SO	Briar Cliff	21.36A	NWI	3	8
3 Ryan Kotey	FR	Briar Cliff	21.41A	NWI	3	6
4 Cade Kleckner	FR	Concordia	21.54B	NWI	3	5
5 Cody Post	SO	Northwestern	21.67	NWI	2	4
6 Adrien Patigny	FR	Midland	21.68	NWI	3	3
7 Austin Drake	SO	Doane	21.85	NWI	3	2 21.847
8 Braden Jahn	SO	Northwestern	21.85	NWI	2	1 21.848
9 Wilton George	FR	Briar Cliff	21.98	NWI	1	
10 Christopher Vincent	FR	Doane	22.09	NWI	2	
11 Micah Brands	JR	Dordt	22.25	NWI	2	
12 Tulsa Janish	SO	Briar Cliff	22.28	NWI	1	
13 Daniel Strand	JR	Northwestern	22.48	NWI	1	
14 Ivan Varela	FR	Hastings	22.53	NWI	3	
15 Kadin Vrbas	FR	Concordia	22.55	NWI	1	
16 Andy Lyons	FR	Concordia	22.74	NWI	2	
17 Matthew Welton	FR	Midland	22.89	NWI	1	
18 Jonathan Eisma	FR	Dordt	22.95	NWI	3	
19 Jackson Corkill	FR	Dordt	23.18	NWI	2	
20 Trevin Hulstein	FR	Dordt	23.25	NWI	1	
21 Luke Wagner	FR	Dordt	23.66	NWI	2	
22 Trevor Provencher	SO	Doane	23.83	NWI	1	

Event 3 Men 400 Meter Dash

GPAC Record: G 47.17 5/11/2007 Chris Wolf, Nebraska Wes.

NAIA Auto: A 48.26

NAIA Prov.: B 48.45

Name	Year	School	Finals	H#	Points
1 Ben Jefferies	SO	Briar Cliff	48.08A	3	10
2 Paul Paul	JR	Mount Marty	48.23A	3	8
3 Payton Mauldin	FR	Dordt	49.39	3	6
4 Colton Meyer	FR	Concordia	49.50	3	5
5 Wyatt Pryor	FR	Northwestern	49.87	2	4
6 Micah Brands	JR	Dordt	50.01	2	3
7 Mitchell Oostra	SO	Northwestern	50.16	3	2
8 Ivan Varela	FR	Hastings	50.26	2	1
9 Jordan Tasler	FR	Doane	50.31	2	
10 Luke Wagner	FR	Dordt	50.35	3	
11 Jacob Jennings	FR	Concordia	50.49	3	
12 Lorenzo Maldonado	SO	Jamestown	51.02	1	
13 Jonathan Eisma	FR	Dordt	51.19	1	
14 Jackson Corkill	FR	Dordt	51.27	2	
15 Obed Karege	SO	Jamestown	51.41	2	
16 Maccoy Menke	FR	Concordia	51.51	2	
17 Taven McKee	SO	Mount Marty	52.02	1	
18 Steven Thompson	FR	Mount Marty	52.57	1	
19 Dennis Pederson	SO	Northwestern	52.70	2	
20 Trevin Hulstein	FR	Dordt	52.95	1	

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Results

....Event 3 Men 400 Meter Dash

21 Myles Wheatley	FR Doane	53.10	1
22 Matthew Case	FR Doane	53.11	1
23 Grant Lammers	SO Concordia	54.66	1
-- Dewayne Robinson	JR Mount Marty	DNF	3

Event 4 Men 800 Meter Run

GPAC Record: G 1:50.60 2011 Monte Larsen, Morningside
 NAIA Auto: A 1:52.50
 NAIA Prov.: B 1:53.80

Name	Year School	Finals	H#	Points
1 Matthew Van Eps	SR Dordt	1:54.49	3	10
56.883 (56.883)	1:54.484 (57.601)			
2 Aidan Wheelock	FR Doane	1:56.87	3	8
56.636 (56.636)	1:56.869 (1:00.234)			
3 Isaiah Lee	JR Northwestern	1:57.35	3	6
57.908 (57.908)	1:57.344 (59.436)			
4 Zach Ambrose	SR Morningside	1:57.43	3	5
57.406 (57.406)	1:57.421 (1:00.015)			
5 Trey Engen	SO Dordt	1:58.79	3	4
59.433 (59.433)	1:58.788 (59.355)			
6 Jebadiah Merkle	JR Dordt	1:59.27	3	3
59.047 (59.047)	1:59.265 (1:00.219)			
7 Noah Mang	SO Jamestown	2:00.15	1	2
59.272 (59.272)	2:00.144 (1:00.872)			
8 Christian Van Cleave	JR Concordia	2:00.91	2	1
1:00.500 (1:00.500)	2:00.906 (1:00.406)			
9 Cole Zevenbergen	FR Dordt	2:01.78	3	
58.734 (58.734)	2:01.780 (1:03.046)			
10 Dylan Lindstrom	JR Morningside	2:02.03	2	
1:00.232 (1:00.232)	2:02.025 (1:01.794)			
11 Tyler Carney	JR Morningside	2:02.15	1	
58.471 (58.471)	2:02.145 (1:03.675)			
12 Avery Pater	FR Northwestern	2:02.16	2	
1:00.731 (1:00.731)	2:02.160 (1:01.430)			
13 Camden Beller	JR Morningside	2:03.00	3	
59.158 (59.158)	2:02.998 (1:03.841)			
14 Trace Ebert	FR Doane	2:03.15	2	
1:01.027 (1:01.027)	2:03.143 (1:02.116)			
15 Joshua Van Dusseldorp	SR Northwestern	2:03.63	2	
1:00.037 (1:00.037)	2:03.628 (1:03.591)			
16 Drew Van Hauen	FR Northwestern	2:04.37	1	
1:00.447 (1:00.447)	2:04.362 (1:03.915)			
17 Rams Andindi	FR Doane	2:05.10	1	
1:00.301 (1:00.301)	2:05.094 (1:04.793)			
18 Tyler Janssen	FR Morningside	2:05.89	1	
1:00.709 (1:00.709)	2:05.888 (1:05.179)			
19 Calvin Rohde	FR Concordia	2:06.56	2	
1:01.580 (1:01.580)	2:06.559 (1:04.979)			
20 Hunter Shanks	FR Dakota Wesleyan	2:07.12	2	
1:01.826 (1:01.826)	2:07.119 (1:05.293)			
21 Cameron Gray	JR Concordia	2:08.45	1	
1:00.053 (1:00.053)	2:08.449 (1:08.396)			

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

....Event 4 Men 800 Meter Run

22 Aaron Ochsner FR Hastings 2:09.37 1
 59.663 (59.663) 2:09.365 (1:09.703)

Event 5 Men 1500 Meter Run

GPAC Record: G 3:50.14 1982 Kregg Einspahr, Concordia University
 NAIA Auto: A 3:53.50
 NAIA Prov.: B 3:56.50

Name	Year	School	Finals	H#	Points
1 Matthew Van Eps	SR	Dordt	4:02.94	2	10
47.644 (47.644)	1:52.680 (1:05.036)	2:59.567 (1:06.888)	4:02.940 (1:03.373)		
2 Trey Engen	SO	Dordt	4:03.49	2	8
47.830 (47.830)	1:53.305 (1:05.475)	3:00.566 (1:07.261)	4:03.482 (1:02.917)		
3 Isaiah Lee	JR	Northwestern	4:04.02	2	6
47.822 (47.822)	1:52.976 (1:05.155)	3:01.058 (1:08.082)	4:04.015 (1:02.957)		
4 Kalen Dockwiler	FR	Doane	4:05.13	2	5
46.948 (46.948)	1:52.394 (1:05.446)	3:00.816 (1:08.422)	4:05.125 (1:04.310)		
5 Jacob Vander Plaats	SR	Dordt	4:08.75	2	4
47.381 (47.381)	1:52.061 (1:04.680)	3:00.516 (1:08.455)	4:08.745 (1:08.230)		
6 Lance Van Zee	JR	Dordt	4:10.01	2	3
48.673 (48.673)	1:54.356 (1:05.683)	3:02.122 (1:07.767)	4:10.007 (1:07.885)		
7 Anthony Ghiorso	SR	Dordt	4:13.79	2	2
50.106 (50.106)	1:57.752 (1:07.646)	3:06.506 (1:08.754)	4:13.783 (1:07.278)		
8 Micah Willweber	FR	Concordia	4:15.42	2	1
48.331 (48.331)	1:53.866 (1:05.535)	3:04.107 (1:10.241)	4:15.413 (1:11.306)		
9 Ian Wiersma	JR	Northwestern	4:17.78	2	
49.071 (49.071)	1:56.289 (1:07.218)	3:07.009 (1:10.720)	4:17.777 (1:10.769)		
10 Justin Sorensen	FR	Dakota Wesleyan	4:19.77	1	
53.825 (53.825)	2:06.475 (1:12.650)	3:14.915 (1:08.440)	4:19.766 (1:04.851)		
11 Ethan Ideus	FR	Concordia	4:21.34	2	
49.336 (49.336)	1:56.501 (1:07.165)	3:06.761 (1:10.260)	4:21.336 (1:14.576)		
12 Peter Shippy	SO	Dordt	4:23.23	2	
49.742 (49.742)	1:56.780 (1:07.038)	3:09.128 (1:12.349)	4:23.226 (1:14.099)		
13 Rams Andindi	FR	Doane	4:25.92	1	
53.483 (53.483)	2:06.815 (1:13.333)	3:19.399 (1:12.585)	4:25.911 (1:06.512)		
14 Caleb Roggenbuck	FR	Morningside	4:27.35	1	
53.713 (53.713)	2:03.088 (1:09.375)	3:13.212 (1:10.124)	4:27.343 (1:14.131)		
15 Duncan Blankenship	FR	Doane	4:27.99	1	
53.638 (53.638)	2:06.625 (1:12.987)	3:19.101 (1:12.476)	4:27.988 (1:08.888)		
16 Ethan Pankow	SO	Concordia	4:30.92	1	
53.393 (53.393)	2:05.567 (1:12.174)	3:19.844 (1:14.278)	4:30.915 (1:11.071)		
17 Zach Johnson	FR	Concordia	4:31.83	1	
53.562 (53.562)	2:06.204 (1:12.643)	3:20.886 (1:14.682)	4:31.825 (1:10.940)		
18 Tanner Arens	FR	Morningside	4:31.92	1	
54.070 (54.070)	2:07.150 (1:13.080)	3:21.838 (1:14.688)	4:31.914 (1:10.077)		
19 Joseph Kunert	SO	Northwestern	4:32.57	2	
48.941 (48.941)	1:58.366 (1:09.425)	3:15.299 (1:16.934)	4:32.567 (1:17.269)		
20 Kendall Van Zanten	JR	Dordt	4:33.14	1	
54.290 (54.290)	2:07.418 (1:13.128)	3:22.096 (1:14.679)	4:33.135 (1:11.040)		
21 Ethan Hensley	FR	Concordia	4:35.20	1	
54.264 (54.264)	2:07.803 (1:13.539)	3:21.650 (1:13.848)	4:35.197 (1:13.547)		

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****Event 6 Men 3000 Meter Steeplechase**

GPAC Record: G 9:10.35 5/3/2014 Brock Taute, Neb Wesleyan

NAIA Auto: A 9:24.00

NAIA Prov.: B 9:32.00

Name	Year	School	Finals	H#	Points
1 Nicolas Veldhorst	JR	Dordt	9:45.34	2	10
40.386 (40.386)	1:54.749 (1:14.363)	3:10.763 (1:16.015)	4:28.117 (1:17.355)		
5:48.551 (1:20.435)	7:07.779 (1:19.229)	8:26.163 (1:18.384)	9:45.339 (1:19.177)		
2 Camden Sesna	FR	Concordia	9:53.73	2	8
40.760 (40.760)	1:55.563 (1:14.803)	3:11.691 (1:16.129)	4:31.929 (1:20.239)		
5:53.244 (1:21.315)	7:13.578 (1:20.335)	8:35.118 (1:21.540)	9:53.722 (1:18.605)		
3 Franklin Reinders	SR	Dordt	10:10.66	2	6
41.968 (41.968)	1:58.450 (1:16.483)	3:17.534 (1:19.085)	4:40.563 (1:23.029)		
6:05.735 (1:25.173)	7:30.753 (1:25.018)	8:53.459 (1:22.706)	10:10.654 (1:17.196)		
4 Gavin Skorupa	FR	Doane	10:10.81	2	5
40.196 (40.196)	1:55.049 (1:14.853)	3:11.291 (1:16.243)	4:31.636 (1:20.345)		
5:55.850 (1:24.215)	7:21.338 (1:25.488)	8:48.595 (1:27.258)	10:10.807 (1:22.212)		
5 Calvin Rohde	FR	Concordia	10:29.89	2	4
40.859 (40.859)	1:56.939 (1:16.080)	3:17.940 (1:21.002)	4:41.677 (1:23.737)		
6:08.368 (1:26.691)	7:36.375 (1:28.008)	9:03.883 (1:27.508)	10:29.887 (1:26.005)		
6 Bailey Vander Griend	JR	Dordt	10:46.17	2	3
42.243 (42.243)	2:03.298 (1:21.055)	3:27.035 (1:23.738)	4:52.509 (1:25.475)		
6:18.412 (1:25.903)	7:46.847 (1:28.435)	9:18.147 (1:31.300)	10:46.164 (1:28.017)		
7 Antonio Blaine	FR	Concordia	10:55.29	2	2
41.294 (41.294)	1:59.543 (1:18.250)	3:21.237 (1:21.695)	4:47.940 (1:26.704)		
6:19.729 (1:31.789)	7:54.604 (1:34.876)	9:30.074 (1:35.470)	10:55.283 (1:25.210)		
8 Garrett Hanson	SO	Morningside	10:59.66	2	1
42.498 (42.498)	2:02.679 (1:20.181)	3:27.885 (1:25.207)	4:56.758 (1:28.873)		
6:30.364 (1:33.607)	8:05.034 (1:34.670)	9:40.027 (1:34.993)	10:59.653 (1:19.626)		
9 Benjamin Aberson	SR	Northwestern	10:59.81	2	
45.339 (45.339)	2:09.779 (1:24.440)	3:35.209 (1:25.430)	5:04.578 (1:29.370)		
6:34.330 (1:29.753)	8:06.974 (1:32.644)	9:41.255 (1:34.282)	10:59.807 (1:18.552)		
10 Zach Elbers	JR	Dordt	11:19.42	1	
46.090 (46.090)	2:10.734 (1:24.645)	3:35.217 (1:24.483)	5:03.377 (1:28.160)		
6:36.595 (1:33.219)	8:12.178 (1:35.584)	9:47.772 (1:35.594)	11:19.412 (1:31.640)		
11 Tatum Jelleberg	FR	Hastings	11:20.80	2	
42.419 (42.419)	1:59.803 (1:17.385)	3:24.179 (1:24.377)	4:55.317 (1:31.138)		
6:32.150 (1:36.834)	8:09.984 (1:37.834)	9:49.370 (1:39.387)	11:20.800 (1:31.430)		
12 Brayden Effle	SO	Mount Marty	11:30.18	1	
46.452 (46.452)	2:10.389 (1:23.937)	3:35.712 (1:25.323)	5:07.596 (1:31.885)		
6:44.111 (1:36.515)	8:23.016 (1:38.905)	10:01.703 (1:38.688)	11:30.172 (1:28.469)		
13 Ben Schmidt	JR	Dordt	11:33.31	2	
42.314 (42.314)	2:00.633 (1:18.319)	3:23.582 (1:22.950)	4:52.169 (1:28.588)		
6:21.728 (1:29.559)	8:04.345 (1:42.618)	9:49.007 (1:44.662)	11:33.304 (1:44.297)		
14 Derek Janzen	JR	Northwestern	11:35.33	1	
48.457 (48.457)	2:16.919 (1:28.462)	3:47.941 (1:31.022)	5:19.978 (1:32.038)		
6:54.027 (1:34.050)	8:29.643 (1:35.616)	10:04.715 (1:35.072)	11:35.327 (1:30.612)		
15 Cristobal Gonzalez	FR	Mount Marty	11:35.36	1	
47.602 (47.602)	2:13.843 (1:26.242)	3:40.624 (1:26.781)	5:12.524 (1:31.900)		
6:46.711 (1:34.187)	8:20.847 (1:34.137)	9:58.556 (1:37.709)	11:35.359 (1:36.804)		
16 Ryan Evans	FR	Doane	12:12.46	1	
47.302 (47.302)	2:11.318 (1:24.016)	3:37.456 (1:26.138)	5:09.255 (1:31.800)		
6:47.627 (1:38.373)	8:32.048 (1:44.421)	10:23.590 (1:51.542)	12:12.452 (1:48.862)		

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Concordia University

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....Event 6 Men 3000 Meter Steeplechase

-- Wyatt Baldauf	FR Dakota Wesleyan	DNF	2
42.628 (42.628)	2:01.418 (1:18.790)	3:27.504 (1:26.086)	4:58.985 (1:31.482)
6:35.245 (1:36.260)	8:12.929 (1:37.684)		
-- Brandon Crom	JR Doane	DNF	1
46.766 (46.766)	2:09.944 (1:23.179)	3:34.318 (1:24.375)	5:02.468 (1:28.150)
6:41.612 (1:39.145)			

Event 7 Men 5000 Meter Run

GPAC Record: G 14:53.43 2011 Dana Schmidt, Concordia Universit
 NAIA Auto: A 14:45.00
 NAIA Prov.: B 14:59.00

Name	Year School	Finals	Points
1 Dylan Hendricks	SR Northwestern	15:34.03	10
37.407 (37.407)	1:52.040 (1:14.633)	3:04.728 (1:12.688)	4:19.161 (1:14.433)
5:35.619 (1:16.458)	6:51.052 (1:15.433)	8:06.515 (1:15.463)	9:24.687 (1:18.172)
10:38.428 (1:13.741)	11:54.222 (1:15.794)	13:11.559 (1:17.337)	14:24.800 (1:13.241)
15:34.030 (1:09.230)			
2 Davis Tebben	JR Dordt	15:37.86	8
37.224 (37.224)	1:51.726 (1:14.502)	3:04.470 (1:12.744)	4:18.953 (1:14.483)
5:35.401 (1:16.448)	6:50.826 (1:15.425)	8:06.332 (1:15.506)	9:24.127 (1:17.795)
10:37.887 (1:13.760)	11:53.553 (1:15.666)	13:11.324 (1:17.771)	14:26.745 (1:15.421)
15:37.856 (1:11.111)			
3 Eric Steiger	JR Dordt	15:48.56	6
36.759 (36.759)	1:50.920 (1:14.161)	3:03.872 (1:12.952)	4:19.441 (1:15.569)
5:35.869 (1:16.428)	6:51.297 (1:15.428)	8:06.786 (1:15.489)	9:24.396 (1:17.610)
10:38.142 (1:13.746)	11:53.946 (1:15.804)	13:13.121 (1:19.175)	14:32.089 (1:18.968)
15:48.560 (1:16.471)			
4 Joe Anderson	SO Dordt	15:59.23	5
37.023 (37.023)	1:51.212 (1:14.189)	3:04.248 (1:13.036)	4:18.828 (1:14.580)
5:35.287 (1:16.459)	6:50.604 (1:15.317)	8:06.236 (1:15.632)	9:25.053 (1:18.817)
10:42.758 (1:17.705)	12:02.444 (1:19.686)	13:24.735 (1:22.291)	14:44.080 (1:19.345)
15:59.230 (1:15.150)			
5 Thaniel Schroeder	SO Dordt	16:04.03	4
37.261 (37.261)	1:51.486 (1:14.225)	3:04.034 (1:12.548)	4:18.580 (1:14.546)
5:35.064 (1:16.484)	6:51.607 (1:16.543)	8:07.046 (1:15.439)	9:25.364 (1:18.318)
10:44.505 (1:19.141)	12:06.188 (1:21.683)	13:27.993 (1:21.805)	14:47.367 (1:19.374)
16:04.021 (1:16.654)			
6 Jose Gonzalez	FR Midland	16:17.07	3
37.797 (37.797)	1:57.053 (1:19.256)	3:14.057 (1:17.004)	4:30.489 (1:16.432)
5:46.293 (1:15.804)	7:03.249 (1:16.956)	8:21.347 (1:18.098)	9:40.068 (1:18.721)
11:00.230 (1:20.162)	12:25.851 (1:25.621)	13:50.609 (1:24.758)	15:09.014 (1:18.405)
16:17.061 (1:08.047)			
7 Connor Ritz	SR Morningside	16:25.34	2
38.353 (38.353)	1:56.999 (1:18.646)	3:13.132 (1:16.133)	4:30.252 (1:17.120)
5:47.724 (1:17.472)	7:07.237 (1:19.513)	8:27.716 (1:20.479)	9:48.490 (1:20.774)
11:09.615 (1:21.125)	12:32.231 (1:22.616)	13:54.126 (1:21.895)	15:14.485 (1:20.359)
16:25.332 (1:10.847)			
8 Ian Wiersma	JR Northwestern	16:25.78	1
38.754 (38.754)	1:57.819 (1:19.065)	3:13.302 (1:15.483)	4:29.737 (1:16.435)
5:45.338 (1:15.601)	7:04.349 (1:19.011)	8:24.285 (1:19.936)	9:45.006 (1:20.721)
11:07.032 (1:22.026)	12:30.211 (1:23.179)	13:53.762 (1:23.551)	15:14.770 (1:21.008)
16:25.773 (1:11.003)			

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****....Event 7 Men 5000 Meter Run**

9 Alec Wick	JR Doane	16:33.09			
38.232 (38.232)	1:56.351 (1:18.119)	3:12.643 (1:16.292)	4:30.061 (1:17.418)		
5:47.811 (1:17.750)	7:07.947 (1:20.136)	8:29.126 (1:21.179)	9:50.274 (1:21.148)		
11:11.138 (1:20.864)	12:34.790 (1:23.652)	13:57.503 (1:22.713)	15:17.487 (1:19.984)		
16:33.083 (1:15.596)					
10 Thomas Oliver	FR Doane	16:34.65			
37.922 (37.922)	1:57.321 (1:19.399)	3:15.012 (1:17.691)	4:34.198 (1:19.186)		
5:53.512 (1:19.314)	7:14.058 (1:20.546)	8:33.895 (1:19.837)	9:55.184 (1:21.289)		
11:17.646 (1:22.462)	12:41.165 (1:23.519)	14:04.754 (1:23.589)	15:26.431 (1:21.677)		
16:34.649 (1:08.218)					
11 Nickolas Bernhagen	JR Northwestern	16:45.30			
38.720 (38.720)	1:58.376 (1:19.656)	3:14.467 (1:16.091)	4:35.496 (1:21.029)		
5:54.027 (1:18.531)	7:14.768 (1:20.741)	8:35.347 (1:20.579)	9:56.009 (1:20.662)		
11:17.188 (1:21.179)	12:41.974 (1:24.786)	14:04.216 (1:22.242)	15:32.083 (1:27.867)		
16:45.297 (1:13.214)					
12 Alex Nonhof	SO Northwestern	16:46.25			
39.111 (39.111)	1:58.596 (1:19.485)	3:15.971 (1:17.375)	4:35.456 (1:19.485)		
5:54.436 (1:18.980)	7:15.992 (1:21.556)	8:36.333 (1:20.341)	9:56.980 (1:20.647)		
11:19.840 (1:22.860)	12:44.414 (1:24.574)	14:08.015 (1:23.601)	15:30.666 (1:22.651)		
16:46.244 (1:15.578)					
13 Brooks De Waard	JR Dorcht	16:48.26			
38.056 (38.056)	1:53.733 (1:15.677)	3:09.904 (1:16.171)	4:27.608 (1:17.704)		
5:46.505 (1:18.897)	7:06.402 (1:19.897)	8:29.410 (1:23.008)	9:54.174 (1:24.764)		
11:18.130 (1:23.956)	12:44.746 (1:26.616)	14:08.855 (1:24.109)	15:30.263 (1:21.408)		
16:48.260 (1:17.997)					
14 Brian Santiago	SO Mount Marty	16:59.22			
38.113 (38.113)	1:57.553 (1:19.440)	3:14.736 (1:17.183)	4:33.989 (1:19.253)		
5:52.834 (1:18.845)	7:16.201 (1:23.367)	8:39.370 (1:23.169)	10:03.259 (1:23.889)		
11:27.416 (1:24.157)	12:52.685 (1:25.269)	14:16.318 (1:23.633)	15:41.072 (1:24.754)		
16:59.220 (1:18.148)					
15 Evan Wick	JR Doane	17:00.74			
38.420 (38.420)	1:57.467 (1:19.047)	3:14.742 (1:17.275)	4:33.687 (1:18.945)		
5:53.176 (1:19.489)	7:14.940 (1:21.764)	8:37.467 (1:22.527)	10:02.132 (1:24.665)		
11:26.939 (1:24.807)	12:53.484 (1:26.545)	14:18.474 (1:24.990)	15:42.595 (1:24.121)		
17:00.739 (1:18.144)					
16 Justin Ambrose	FR Morningside	17:04.68			
39.414 (39.414)	1:58.951 (1:19.537)	3:16.586 (1:17.635)	4:36.163 (1:19.577)		
5:56.889 (1:20.726)	7:20.700 (1:23.811)	8:44.049 (1:23.349)	10:08.393 (1:24.344)		
11:32.397 (1:24.004)	12:57.347 (1:24.950)	14:21.643 (1:24.296)	15:45.872 (1:24.229)		
17:04.672 (1:18.800)					
17 Leviticus Cross	JR Northwestern	17:11.65			
38.850 (38.850)	1:58.310 (1:19.460)	3:15.614 (1:17.304)	4:34.839 (1:19.225)		
5:54.214 (1:19.375)	7:15.156 (1:20.942)	8:36.214 (1:21.058)	9:56.443 (1:20.229)		
11:21.026 (1:24.583)	12:49.371 (1:28.345)	14:18.135 (1:28.764)	15:45.996 (1:27.861)		
17:11.650 (1:25.654)					
18 Camden Sesna	FR Concordia	17:15.74			
37.622 (37.622)	1:52.402 (1:14.780)	3:05.116 (1:12.714)	4:19.712 (1:14.596)		
5:37.478 (1:17.766)	7:01.400 (1:23.922)	8:28.100 (1:26.700)	9:54.734 (1:26.634)		
11:20.932 (1:26.198)	12:51.057 (1:30.125)	14:19.774 (1:28.717)	15:49.802 (1:30.028)		
17:15.740 (1:25.938)					
19 Wyatt Lehr	SO Concordia	17:24.98			
39.423 (39.423)	1:58.887 (1:19.464)	3:15.545 (1:16.658)	4:35.143 (1:19.598)		
5:54.995 (1:19.852)	7:16.779 (1:21.784)	8:38.946 (1:22.167)	10:05.495 (1:26.549)		
11:32.167 (1:26.672)	12:59.487 (1:27.320)	14:27.292 (1:27.805)	15:57.123 (1:29.831)		
17:24.977 (1:27.854)					

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

....Event 7 Men 5000 Meter Run

20 Zach Hole	SO Hastings	17:54.06			
39.039 (39.039)	1:58.564 (1:19.525)	3:15.283 (1:16.719)	4:34.337 (1:19.054)		
5:53.742 (1:19.405)	7:15.745 (1:22.003)	8:38.158 (1:22.413)	10:05.165 (1:27.007)		
11:34.100 (1:28.935)	13:08.243 (1:34.143)	14:41.959 (1:33.716)	16:19.669 (1:37.710)		
17:54.054 (1:34.385)					
21 Joseph Kunert	SO Northwestern	18:21.09			
38.627 (38.627)	1:57.983 (1:19.356)	3:13.592 (1:15.609)	4:33.401 (1:19.809)		
5:55.573 (1:22.172)	7:24.781 (1:29.208)	8:54.995 (1:30.214)	10:27.036 (1:32.041)		
12:01.895 (1:34.859)	13:39.613 (1:37.718)	15:13.251 (1:33.638)	16:50.985 (1:37.734)		
18:21.087 (1:30.102)					
-- Jakob VanDerWerff	SO Northwestern	DNF			
38.506 (38.506)	1:57.699 (1:19.193)	3:12.829 (1:15.130)	4:28.757 (1:15.928)		
5:44.882 (1:16.125)	7:03.917 (1:19.035)	8:23.223 (1:19.306)	9:44.229 (1:21.006)		
11:06.804 (1:22.575)					
-- Jacob Vander Plaats	SR Dordt	DNF			
37.882 (37.882)	1:53.430 (1:15.548)	3:09.578 (1:16.148)	4:26.639 (1:17.061)		
5:44.262 (1:17.623)	7:02.999 (1:18.737)	8:22.382 (1:19.383)	9:43.323 (1:20.941)		
11:06.985 (1:23.662)	12:31.919 (1:24.934)				

Event 8 Men 10000 Meter Run

GPAC Record: G 30:55.24 1991 Garry Wasserman, Nebraska Weseley
 NAIA Auto: A 31:16.00
 NAIA Prov.: B 31:45.00

Name	Year School	Finals	Points
1 Dylan Hendricks	SR Northwestern	32:52.28	10
1:10.798 (1:10.798)	2:24.052 (1:13.254)	3:39.420 (1:15.369)	4:54.094 (1:14.674)
6:09.719 (1:15.625)	7:25.141 (1:15.423)	8:42.184 (1:17.044)	9:58.457 (1:16.273)
11:15.305 (1:16.848)	12:32.862 (1:17.557)	13:51.742 (1:18.881)	15:10.693 (1:18.951)
16:30.779 (1:20.086)	17:52.977 (1:22.199)	19:15.731 (1:22.754)	20:37.997 (1:22.266)
22:03.152 (1:25.155)	23:27.578 (1:24.427)	24:50.961 (1:23.383)	26:14.929 (1:23.968)
27:37.747 (1:22.818)	28:58.924 (1:21.178)	30:19.252 (1:20.328)	31:36.611 (1:17.359)
32:52.276 (1:15.665)			
2 Jose Gonzalez	FR Midland	33:08.49	8
1:14.674 (1:14.674)	2:33.871 (1:19.198)	3:52.877 (1:19.007)	5:11.064 (1:18.188)
6:30.914 (1:19.850)	7:49.597 (1:18.683)	9:07.448 (1:17.852)	10:24.699 (1:17.251)
11:44.879 (1:20.181)	13:07.403 (1:22.524)	14:30.699 (1:23.297)	15:53.234 (1:22.535)
17:13.165 (1:19.932)	18:32.676 (1:19.511)	19:51.989 (1:19.314)	21:11.815 (1:19.826)
22:31.304 (1:19.490)	23:53.024 (1:21.720)	25:17.556 (1:24.532)	26:44.736 (1:27.180)
28:09.438 (1:24.703)	29:32.932 (1:23.494)	30:51.966 (1:19.035)	32:05.530 (1:13.565)
33:08.487 (1:02.958)			
3 Ethan Summerhays	FR Dordt	33:16.51	6
1:15.656 (1:15.656)	2:34.611 (1:18.955)	3:52.250 (1:17.640)	5:11.372 (1:19.122)
6:31.075 (1:19.704)	7:48.452 (1:17.378)	9:07.529 (1:19.078)	10:26.794 (1:19.265)
11:47.219 (1:20.426)	13:06.601 (1:19.382)	14:26.438 (1:19.838)	15:45.534 (1:19.097)
17:06.737 (1:21.203)	18:25.247 (1:18.510)	19:48.602 (1:23.355)	21:09.939 (1:21.338)
22:31.563 (1:21.624)	23:53.507 (1:21.944)	25:17.595 (1:24.089)	26:41.642 (1:24.047)
28:03.654 (1:22.013)	29:26.547 (1:22.893)	30:48.718 (1:22.172)	32:06.680 (1:17.963)
33:16.508 (1:09.828)			

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****....Event 8 Men 10000 Meter Run**

4	Alec Wick	JR Doane	33:24.12	5
	1:14.151 (1:14.151)	2:32.018 (1:17.868)	3:51.687 (1:19.669)	5:10.632 (1:18.946)
	6:30.263 (1:19.631)	7:47.962 (1:17.700)	9:07.138 (1:19.176)	10:26.112 (1:18.975)
	11:46.845 (1:20.733)	13:07.987 (1:21.142)	14:29.039 (1:21.053)	15:49.428 (1:20.390)
	17:09.835 (1:20.408)	18:31.454 (1:21.620)	19:54.201 (1:22.747)	21:17.279 (1:23.078)
	22:39.703 (1:22.425)	24:02.073 (1:22.370)	25:25.502 (1:23.429)	26:49.157 (1:23.656)
	28:12.134 (1:22.978)	29:33.797 (1:21.663)	30:53.654 (1:19.857)	32:11.629 (1:17.976)
	33:24.112 (1:12.483)			
5	Alex France	SO Midland	33:27.11	4
	1:19.772 (1:19.772)	2:41.641 (1:21.869)	4:02.875 (1:21.235)	5:24.769 (1:21.894)
	6:46.479 (1:21.711)	8:07.771 (1:21.292)	9:28.572 (1:20.802)	10:49.102 (1:20.530)
	12:11.556 (1:22.455)	13:33.697 (1:22.141)	14:54.695 (1:20.999)	16:15.894 (1:21.200)
	17:37.419 (1:21.525)	18:58.270 (1:20.852)	20:19.089 (1:20.820)	21:37.827 (1:18.738)
	22:57.902 (1:20.075)	24:18.380 (1:20.479)	25:38.790 (1:20.410)	26:59.162 (1:20.373)
	28:19.192 (1:20.030)	29:37.520 (1:18.329)	30:55.809 (1:18.290)	32:13.707 (1:17.898)
	33:27.102 (1:13.395)			
6	Evan Wick	JR Doane	33:58.49	3
	1:14.469 (1:14.469)	2:32.251 (1:17.782)	3:51.852 (1:19.601)	5:10.829 (1:18.978)
	6:30.273 (1:19.445)	7:48.095 (1:17.823)	9:07.345 (1:19.250)	10:26.434 (1:19.090)
	11:47.059 (1:20.625)	13:09.379 (1:22.320)	14:30.290 (1:20.912)	15:51.626 (1:21.336)
	17:14.212 (1:22.586)	18:37.554 (1:23.343)	20:02.364 (1:24.810)	21:26.581 (1:24.217)
	22:50.672 (1:24.092)	24:15.932 (1:25.260)	25:39.934 (1:24.003)	27:04.049 (1:24.115)
	28:30.908 (1:26.859)	29:57.033 (1:26.125)	31:21.014 (1:23.982)	32:42.778 (1:21.764)
	33:58.488 (1:15.710)			
7	Nickolas Bernhagen	JR Northwestern	34:05.56	2
	1:15.171 (1:15.171)	2:34.448 (1:19.278)	3:52.089 (1:17.641)	5:10.909 (1:18.820)
	6:30.682 (1:19.774)	7:48.287 (1:17.605)	9:06.747 (1:18.461)	10:25.275 (1:18.528)
	11:45.146 (1:19.871)	13:03.325 (1:18.180)	14:21.878 (1:18.553)	15:42.167 (1:20.290)
	17:02.344 (1:20.177)	18:24.565 (1:22.222)	19:49.612 (1:25.048)	21:14.286 (1:24.674)
	22:38.729 (1:24.443)	24:03.928 (1:25.200)	25:29.034 (1:25.107)	26:55.323 (1:26.289)
	28:34.770 (1:39.448)	30:02.504 (1:27.734)	31:30.438 (1:27.935)	32:56.977 (1:26.540)
	34:05.557 (1:08.580)			
8	Connor Ritz	SR Morningside	34:17.89	1
	1:15.333 (1:15.333)	2:34.121 (1:18.788)	3:51.925 (1:17.805)	5:10.614 (1:18.689)
	6:30.450 (1:19.837)	7:48.926 (1:18.476)	9:08.547 (1:19.622)	10:29.127 (1:20.580)
	11:50.424 (1:21.298)	13:13.121 (1:22.697)	14:36.356 (1:23.235)	15:58.894 (1:22.538)
	17:22.787 (1:23.893)	18:48.112 (1:25.325)	20:13.435 (1:25.324)	21:38.888 (1:25.453)
	23:04.387 (1:25.500)	24:30.359 (1:25.973)	25:55.996 (1:25.637)	27:21.204 (1:25.209)
	28:46.991 (1:25.787)	30:11.694 (1:24.704)	31:35.669 (1:23.975)	32:58.950 (1:23.281)
	34:17.884 (1:18.934)			
9	Brian Santiago	SO Mount Marty	34:29.47	
	1:15.126 (1:15.126)	2:33.358 (1:18.233)	3:52.380 (1:19.023)	5:11.672 (1:19.293)
	6:31.276 (1:19.604)	7:49.242 (1:17.966)	9:08.862 (1:19.621)	10:29.543 (1:20.681)
	11:51.221 (1:21.678)	13:15.246 (1:24.025)	14:39.247 (1:24.001)	16:03.922 (1:24.676)
	17:28.749 (1:24.827)	18:53.509 (1:24.761)	20:16.853 (1:23.344)	21:41.037 (1:24.185)
	23:06.222 (1:25.185)	24:30.807 (1:24.585)	25:54.953 (1:24.146)	27:21.019 (1:26.066)
	28:47.678 (1:26.660)	30:14.026 (1:26.348)	31:41.444 (1:27.418)	33:07.291 (1:25.848)
	34:29.464 (1:22.173)			

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****....Event 8 Men 10000 Meter Run**

10	Thomas Oliver	FR Doane	34:54.71				
	1:13.924 (1:13.924)	2:31.929 (1:18.005)	3:51.987 (1:20.059)	5:10.926 (1:18.939)			
	6:30.327 (1:19.401)	7:47.232 (1:16.905)	9:06.527 (1:19.296)	10:25.605 (1:19.078)			
	11:46.552 (1:20.948)	13:09.139 (1:22.588)	14:33.358 (1:24.219)	15:58.377 (1:25.019)			
	17:23.246 (1:24.870)	18:49.809 (1:26.564)	20:17.108 (1:27.299)	21:40.368 (1:23.260)			
	23:07.628 (1:27.260)	24:36.472 (1:28.845)	26:05.805 (1:29.333)	27:36.280 (1:30.475)			
	29:06.303 (1:30.023)	30:37.136 (1:30.833)	32:08.387 (1:31.251)	33:38.943 (1:30.557)			
	34:54.708 (1:15.765)						
11	Jordan Lorenz	JR Concordia	35:19.68				
	1:14.979 (1:14.979)	2:34.363 (1:19.385)	3:52.552 (1:18.189)	5:11.323 (1:18.772)			
	6:31.162 (1:19.840)	7:49.853 (1:18.691)	9:10.652 (1:20.800)	10:33.615 (1:22.963)			
	11:56.184 (1:22.570)	13:20.743 (1:24.559)	14:45.292 (1:24.550)	16:08.833 (1:23.541)			
	17:34.160 (1:25.328)	19:00.420 (1:26.260)	20:27.809 (1:27.389)	21:55.892 (1:28.083)			
	23:24.533 (1:28.642)	24:53.425 (1:28.893)	26:22.454 (1:29.029)	27:54.084 (1:31.631)			
	29:26.667 (1:32.583)	30:57.401 (1:30.735)	32:28.142 (1:30.741)	33:57.158 (1:29.017)			
	35:19.678 (1:22.520)						
12	Ricky Herman	SO Concordia	35:54.81				
	1:15.291 (1:15.291)	2:34.107 (1:18.816)	3:52.592 (1:18.485)	5:11.674 (1:19.083)			
	6:31.447 (1:19.773)	7:50.797 (1:19.350)	9:12.294 (1:21.498)	10:36.444 (1:24.150)			
	12:03.632 (1:27.188)	13:32.305 (1:28.674)	14:58.240 (1:25.935)	16:25.984 (1:27.745)			
	17:54.002 (1:28.018)	19:23.006 (1:29.005)	20:51.852 (1:28.847)	22:20.726 (1:28.874)			
	23:50.672 (1:29.947)	25:21.931 (1:31.259)	26:53.880 (1:31.950)	28:25.842 (1:31.963)			
	29:59.164 (1:33.322)	31:30.842 (1:31.678)	33:01.669 (1:30.828)	34:32.159 (1:30.491)			
	35:54.804 (1:22.645)						
13	Zach Hole	SO Hastings	36:05.16				
	1:16.832 (1:16.832)	2:34.769 (1:17.938)	3:52.845 (1:18.076)	5:11.976 (1:19.131)			
	6:31.554 (1:19.579)	7:49.959 (1:18.405)	9:09.050 (1:19.092)	10:29.814 (1:20.764)			
	11:51.785 (1:21.972)	13:15.528 (1:23.743)	14:42.547 (1:27.019)	16:11.865 (1:29.319)			
	17:42.457 (1:30.593)	19:14.217 (1:31.760)	20:46.413 (1:32.196)	22:19.100 (1:32.688)			
	23:51.961 (1:32.861)	25:25.777 (1:33.816)	27:00.696 (1:34.920)	28:35.147 (1:34.451)			
	30:07.713 (1:32.567)	31:39.217 (1:31.505)	33:08.128 (1:28.911)	34:34.087 (1:25.960)			
	36:05.155 (1:31.068)						
14	Riley Chartier	SR Northwestern	36:17.21				
	1:16.422 (1:16.422)	2:37.088 (1:20.667)	3:57.111 (1:20.023)	5:17.495 (1:20.385)			
	6:37.345 (1:19.850)	8:00.099 (1:22.755)	9:26.301 (1:26.202)	10:52.734 (1:26.434)			
	12:19.089 (1:26.355)	13:44.698 (1:25.610)	15:12.142 (1:27.445)	16:41.652 (1:29.510)			
	18:12.057 (1:30.406)	19:42.352 (1:30.295)	21:12.934 (1:30.583)	22:38.704 (1:25.770)			
	24:06.740 (1:28.036)	25:40.817 (1:34.078)	27:11.739 (1:30.923)	28:46.762 (1:35.023)			
	30:19.730 (1:32.968)	31:49.704 (1:29.974)	33:25.061 (1:35.358)	34:55.955 (1:30.895)			
	36:17.209 (1:21.254)						
15	Wyatt Lehr	SO Concordia	36:31.12				
	1:17.379 (1:17.379)	2:37.247 (1:19.869)	3:58.614 (1:21.368)	5:19.170 (1:20.556)			
	6:41.411 (1:22.241)	8:05.097 (1:23.686)	9:29.785 (1:24.689)	10:55.215 (1:25.430)			
	12:21.710 (1:26.495)	13:48.487 (1:26.778)	15:16.144 (1:27.658)	16:44.649 (1:28.505)			
	18:14.706 (1:30.057)	19:44.112 (1:29.406)	21:14.574 (1:30.463)	22:44.934 (1:30.360)			
	24:15.876 (1:30.943)	25:48.191 (1:32.315)	27:19.709 (1:31.519)	28:51.928 (1:32.219)			
	30:25.417 (1:33.490)	31:58.313 (1:32.896)	33:30.237 (1:31.924)	35:01.615 (1:31.379)			
	36:31.116 (1:29.501)						

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****....Event 8 Men 10000 Meter Run**

16 Nick Zadar		JR Concordia		36:55.22			
1:17.982 (1:17.982)	2:37.867 (1:19.885)	3:58.897 (1:21.030)	5:20.449 (1:21.553)				
6:43.992 (1:23.543)	8:09.802 (1:25.810)	9:35.737 (1:25.935)	11:01.331 (1:25.595)				
12:26.925 (1:25.595)	13:54.329 (1:27.405)	15:22.642 (1:28.313)	16:52.020 (1:29.378)				
18:22.489 (1:30.470)	19:53.261 (1:30.772)	21:23.204 (1:29.943)	22:53.317 (1:30.113)				
24:25.697 (1:32.380)	25:59.919 (1:34.223)	27:33.024 (1:33.105)	29:04.985 (1:31.962)				
30:37.766 (1:32.781)	32:13.733 (1:35.968)	33:49.896 (1:36.163)	35:25.214 (1:35.319)				
36:55.217 (1:30.003)							
17 Dawson Jacobsma		JR Northwestern		36:56.44			
1:16.697 (1:16.697)	2:37.368 (1:20.671)	3:58.172 (1:20.804)	5:19.674 (1:21.503)				
6:42.440 (1:22.767)	8:06.150 (1:23.710)	9:30.669 (1:24.519)	10:57.975 (1:27.307)				
12:26.650 (1:28.675)	13:55.704 (1:29.055)	15:25.137 (1:29.433)	16:55.137 (1:30.000)				
18:24.347 (1:29.210)	19:55.687 (1:31.341)	21:26.079 (1:30.392)	22:58.418 (1:32.340)				
24:30.879 (1:32.462)	26:03.607 (1:32.728)	27:36.794 (1:33.188)	29:10.846 (1:34.052)				
30:45.076 (1:34.230)	32:21.062 (1:35.986)	33:56.379 (1:35.318)	35:29.557 (1:33.178)				
36:56.436 (1:26.880)							
18 Samuel Saldivar		JR Doane		37:03.15			
1:17.399 (1:17.399)	2:36.787 (1:19.388)	3:56.700 (1:19.914)	5:18.342 (1:21.642)				
6:40.608 (1:22.267)	8:05.525 (1:24.918)	9:31.734 (1:26.210)	10:59.224 (1:27.490)				
12:28.065 (1:28.842)	13:54.714 (1:26.650)	15:20.394 (1:25.680)	16:48.393 (1:27.999)				
18:18.747 (1:30.355)	19:50.000 (1:31.253)	21:20.916 (1:30.916)	22:53.939 (1:33.023)				
24:24.977 (1:31.038)	25:57.277 (1:32.301)	27:32.399 (1:35.123)	29:04.564 (1:32.165)				
30:36.934 (1:32.370)	32:06.430 (1:29.497)	33:32.643 (1:26.213)	35:34.464 (2:01.821)				
37:03.147 (1:28.684)							
19 Hayden Lee		JR Northwestern		37:15.21			
1:18.977 (1:18.977)	2:41.310 (1:22.333)	4:04.955 (1:23.645)	5:29.044 (1:24.090)				
6:54.564 (1:25.520)	8:20.954 (1:26.390)	9:49.395 (1:28.442)	11:17.788 (1:28.393)				
12:46.289 (1:28.501)	14:15.192 (1:28.903)	15:44.654 (1:29.463)	17:14.117 (1:29.463)				
18:45.472 (1:31.356)	20:16.262 (1:30.790)	21:46.217 (1:29.955)	23:18.654 (1:32.438)				
24:51.595 (1:32.942)	26:23.825 (1:32.230)	27:55.492 (1:31.667)	29:27.757 (1:32.265)				
31:00.788 (1:33.032)	32:34.697 (1:33.910)	34:08.822 (1:34.125)	35:43.953 (1:35.132)				
37:15.209 (1:31.257)							
20 Zach Potratz		JR Concordia		39:24.75			
1:23.122 (1:23.122)	2:51.352 (1:28.230)	4:22.254 (1:30.903)	5:54.331 (1:32.078)				
7:27.771 (1:33.440)	9:02.648 (1:34.878)	10:38.533 (1:35.885)	12:15.306 (1:36.773)				
13:50.552 (1:35.247)	15:25.344 (1:34.792)	17:01.200 (1:35.857)	18:35.773 (1:34.573)				
20:10.206 (1:34.433)	21:46.793 (1:36.588)	23:24.604 (1:37.812)	25:01.733 (1:37.129)				
26:38.707 (1:36.974)	28:15.476 (1:36.770)	29:51.454 (1:35.979)	31:28.291 (1:36.837)				
33:05.697 (1:37.407)	34:44.521 (1:38.824)	36:22.554 (1:38.034)	37:58.113 (1:35.559)				
39:24.749 (1:26.637)							
21 Caleb Roberts		JR Concordia		42:01.78			
1:22.409 (1:22.409)	2:50.263 (1:27.855)	4:20.659 (1:30.396)	5:53.173 (1:32.515)				
7:27.028 (1:33.855)	9:02.176 (1:35.148)	10:38.467 (1:36.291)	12:16.949 (1:38.483)				
13:56.899 (1:39.951)	15:36.424 (1:39.525)	17:17.052 (1:40.628)	18:57.122 (1:40.071)				
20:40.442 (1:43.320)	22:24.181 (1:43.740)	24:07.909 (1:43.729)	25:53.459 (1:45.550)				
27:41.157 (1:47.699)	29:30.665 (1:49.508)	31:19.709 (1:49.044)	33:08.474 (1:48.766)				
34:57.420 (1:48.946)	36:48.139 (1:50.720)	38:34.460 (1:46.321)	40:19.659 (1:45.200)				
42:01.777 (1:42.118)							
-- Jakob VanDerWerff		SO Northwestern		DNF			
1:14.898 (1:14.898)	2:33.999 (1:19.101)	3:52.242 (1:18.243)	5:11.182 (1:18.941)				
6:30.616 (1:19.434)	7:47.549 (1:16.934)	9:06.992 (1:19.443)	10:26.397 (1:19.405)				
11:46.378 (1:19.981)	13:07.664 (1:21.286)	14:30.076 (1:22.413)	15:52.899 (1:22.823)				
17:16.731 (1:23.833)							

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....Event 8 Men 10000 Meter Run

-- Keaton Burgess	SO Concordia	DNF					
1:26.992 (1:26.992)	3:03.627 (1:36.635)	4:43.398 (1:39.771)	6:24.867 (1:41.469)				
8:07.282 (1:42.415)	9:53.162 (1:45.881)	11:39.587 (1:46.425)	13:25.993 (1:46.407)				
15:17.390 (1:51.398)	17:09.081 (1:51.691)	19:00.381 (1:51.300)	20:52.416 (1:52.035)				
22:46.199 (1:53.783)	24:38.312 (1:52.113)	26:34.074 (1:55.763)	28:25.818 (1:51.744)				

Event 9 Men 110 Meter Hurdles

GPAC Record: G 14.04 1996 Adam Decker, Nebraska Wesleyan Univ.
 NAIA Auto: A 14.75
 NAIA Prov.: B 14.95

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Zach Turner	FR Doane	A 14.69Q	NWI	2
2 Paul Plowcha	SO Hastings	A 14.73Q	NWI	1
3 John Krejci	FR Doane	15.09Q	NWI	3
4 Seth Wiebelhaus	SO Mount Marty	14.97q	NWI	2
5 Levi Sudbeck	SR Doane	15.00q	NWI	2
6 Wilton George	FR Briar Cliff	15.20q	NWI	1
7 Cody Williams	JR Concordia	15.38q	NWI	3
8 Joshua Van Hulzen	SO Dordt	15.49q	NWI	1
9 Jesse Van Hemert	FR Mount Marty	15.58	NWI	3
10 Kyle Baumert	SO Dordt	15.83	NWI	2
11 Austin Freiberg	FR Morningside	15.89	NWI	3
12 Justin Groen	SO Dordt	15.91	NWI	1
13 Lyndon Harrison	FR Mount Marty	16.04	NWI	3
14 Cooper Christians	SO Morningside	16.08	NWI	1
15 Carson Woodward	FR Midland	16.18	NWI	2
16 Matthew Horstman	SO Northwestern	16.24	NWI	3
17 Wyatt Runck	FR Jamestown	16.39	NWI	2
18 Gideon Brandsma	SR Dordt	16.42	NWI	1
19 Bryson Tripp	FR Jamestown	16.99	NWI	1
20 Ian McGaughey	SR Dordt	17.21	NWI	2
21 Darien Hauf	FR Jamestown	17.26	NWI	3

Event 9 Men 110 Meter Hurdles

GPAC Record: G 14.04 1996 Adam Decker, Nebraska Wesleyan Univ.
 NAIA Auto: A 14.75
 NAIA Prov.: B 14.95

Name	Year School	Finals	Wind	Points
Finals				
1 Zach Turner	FR Doane	14.08A	NWI	10
2 Paul Plowcha	SO Hastings	14.46A	NWI	8
3 John Krejci	FR Doane	14.77B	NWI	6
4 Wilton George	FR Briar Cliff	14.91B	NWI	5
5 Joshua Van Hulzen	SO Dordt	15.15	NWI	4
6 Seth Wiebelhaus	SO Mount Marty	15.31	NWI	3
7 Levi Sudbeck	SR Doane	15.78	NWI	2
-- Cody Williams	JR Concordia	DNF	NWI	

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Results

Event 10 Men 400 Meter Hurdles

GPAC Record: G 52.01 2006 Jeff Luebbe, Doane College
 NAIA Auto: A 53.90
 NAIA Prov.: B 54.65

Name	Year School	Finals	H#	Points
1 Logan Hammond	JR Doane	53.74A	3	10
2 Zach Turner	FR Doane	54.63B	3	8
3 Jesse Van Hemert	FR Mount Marty	55.17	3	6
4 Brian Clausen	FR Hastings	55.52	3	5
5 John Krejci	FR Doane	56.86	3	4
6 Henry Reimer	JR Concordia	57.18	3	3
7 Nick Edwards	JR Hastings	57.52	2	2
8 Braeden Knutson	FR Jamestown	57.58	2	1
9 Peyton Miller	JR Dor dt	58.06	3	
10 Matthew Horstman	SO Northwestern	58.07	3	
11 Kameron Farmer	FR Concordia	58.77	2	
12 Isaac Hegdahl	FR Mount Marty	59.15	2	
13 Ian McGaughey	SR Dor dt	59.17	2	
14 Adam Baker	FR Doane	59.58	2	
15 Darien Hauf	FR Jamestown	59.98	1	
16 Carson Woodward	FR Midland	1:00.24	2	
17 Jayden Gonzalez	FR Hastings	1:00.35	1	
18 Bryson Tripp	FR Jamestown	1:01.44	1	
19 Wyatt Runck	FR Jamestown	1:01.54	1	
20 Shane Smith	SO Hastings	1:02.80	2	
21 Marc Freiberg	FR Concordia	1:02.95	1	
22 Brian Sosa	SO Briar Cliff	1:03.19	1	
23 Mitchell Knapp	FR Hastings	1:07.52	1	

Event 11 Men 4x100 Meter Relay

GPAC Record: G 40.58 2011 Doane, Doane College
 B. McCaleb, T. Hodges, C. Busby, B. Lawrence
 NAIA Auto: A 41.53
 NAIA Prov.: B 41.99

School	Finals	Points
1 Concordia University	42.35	10
1) Cade Kleckner FR		
2) Joel Rathe FR		
3) Jacob Jennings FR		
4) Colton Meyer FR		
2 Doane	42.57	8
1) Christopher Vincent FR		
2) Logan Hammond JR		
3) Austin Drake SO		
4) Zach Turner FR		
3 Northwestern College	42.59	6
1) Daniel Strand JR		
2) Cody Post SO		
3) Braden Jahn SO		
4) James Gilbert SO		
4 Briar Cliff	43.07	5
1) jalen cook FR		
2) Wilton George FR		
3) Tulsa Janish SO		
4) Ryan Kotey FR		
5 Dor dt	43.88	4
1) Nathan Kabongo SR		
2) Micah Brands JR		
3) Joshua Deines SO		
4) Luke Wagner FR		
6 Jamestown	44.66	3
1) Christopher Sayler FR		
2) Braeden Knutson FR		
3) Obed Karege SO		
4) Braedon Gumke SO		

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....Event 11 Men 4x100 Meter Relay

7 Midland	45.28	2
1) Shandon Reitzell FR	2) Adrien Patigny FR	
3) Eli Hustad FR	4) Abbas Muhammad III SO	
-- Morningside	DQ	15.9.2
1) Wyatt McAlpin SR	2) Chandler Damewood SO	
3) Lane Ausdemore JR	4) Zac Hazen SR	

Event 12 Men 4x400 Meter Relay

GPAC Record: G 3:12.62 5/11/2007 Hastings College, Hastings
T Redinger, B Gamble, L Beethe, B Diamond

NAIA Auto: A 3:16.00

NAIA Prov.: B 3:17.70

School		Finals	H#	Points
1 Dordt		3:16.03B	2	10
1) Luke Wagner FR	2) Micah Brands JR			
3) Payton Mauldin FR	4) Matthew Van Eps SR			
1:39.750 (1:39.750)	2:27.923 (48.174)	3:16.025 (48.102)		
2 Briar Cliff		3:18.97	2	8
1) jalen cook FR	2) Ryan Kotey FR			
3) AJ Lefler SR	4) Ben Jefferies SO			
1:39.547 (1:39.547)	2:30.690 (51.143)	3:18.962 (48.273)		
3 Mount Marty		3:19.94	2	6
1) Jesse Van Hemert FR	2) Mason Schlunsen SO			
3) Taven McKee SO	4) Paul Paul JR			
1:41.593 (1:41.593)	2:33.005 (51.412)	3:19.938 (46.934)		
4 Northwestern College		3:20.06	2	5
1) Wyatt Pryor FR	2) Mitchell Oostra SO			
3) Bryant Agre FR	4) Joshua Van Dusseldorp SR			
1:40.104 (1:40.104)	2:30.946 (50.842)	3:20.057 (49.112)		
5 Concordia University		3:20.23	2	4
1) Cade Kleckner FR	2) Jacob Jennings FR			
3) Henry Reimer JR	4) Colton Meyer FR			
1:39.274 (1:39.274)	2:32.098 (52.825)	3:20.221 (48.124)		
6 Doane		3:20.77	2	3
1) Austin Drake SO	2) Logan Hammond JR			
3) Jordan Tasler FR	4) Zach Turner FR			
1:40.559 (1:40.559)	2:32.317 (51.759)	3:20.766 (48.450)		
7 Jamestown		3:26.57	2	2
1) Braeden Knutson FR	2) Noah Mang SO			
3) Obed Karege SO	4) Lorenzo Maldonado SO			
1:44.365 (1:44.365)	2:35.378 (51.014)	3:26.566 (51.188)		
8 Morningside		3:29.15	2	1
1) Camden Beller JR	2) Zach Ambrose SR			
3) Dylan Lindstrom JR	4) Tyler Carney JR			
1:43.123 (1:43.123)	2:36.634 (53.511)	3:29.145 (52.511)		
9 Midland		3:30.41	1	
1) Matthew Welton FR	2) Adrien Patigny FR			
3) Shandon Reitzell FR	4) Carson Woodward FR			
1:43.923 (1:43.923)	2:36.045 (52.123)	3:30.409 (54.364)		

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Event 13 Men 4x800 Meter Relay

GPAC Record: G 7:37.92 2019 Dordt, Dordt University
C Herman, J Merkle, L Van Eps, M Van Eps

NAIA Auto: A 7:44.00

NAIA Prov.: B 7:48.00

School	Finals	Points
1 Dordt	7:43.80A	10
1) Lance Van Zee JR	2) Cole Zevenbergen FR	
3) Jebadiah Merkle JR	4) Payton Mauldin FR	
1:57.454 (1:57.454) 3:54.759 (1:57.305) 5:50.640 (1:55.881)	7:43.792 (1:53.153)	
2 Doane	7:44.55B	8
1) Gavin Skorupa FR	2) Trace Ebert FR	
3) Aidan Wheelock FR	4) Kalen Dockwiler FR	
1:57.082 (1:57.082) 3:54.831 (1:57.749) 5:49.467 (1:54.636)	7:44.545 (1:55.079)	
3 Morningside	7:45.47B	6
1) Camden Beller JR	2) Zach Ambrose SR	
3) Dylan Lindstrom JR	4) Tyler Carney JR	
1:56.820 (1:56.820) 3:53.348 (1:56.528) 5:47.160 (1:53.812)	7:45.465 (1:58.305)	
4 Northwestern College	7:49.69	5
1) Isaiah Lee JR	2) Avery Pater FR	
3) Drew Van Hauen FR	4) Joshua Van Dusseldorp SR	
1:57.877 (1:57.877) 3:55.290 (1:57.413) 5:54.849 (1:59.560)	7:49.689 (1:54.840)	
5 Concordia University	7:55.28	4
1) Calvin Rohde FR	2) Camden Sesna FR	
3) Cameron Gray JR	4) Christian Van Cleave JR	
1:57.275 (1:57.275) 3:55.177 (1:57.903) 5:57.197 (2:02.020)	7:55.272 (1:58.075)	
6 Mount Marty	8:10.84	3
1) Mason Schlunsen SO	2) Caden Ideker FR	
3) Steven Thompson FR	4) Nathaniel Kropuenske FR	
1:58.018 (1:58.018) 3:57.896 (1:59.878) 6:05.276 (2:07.380)	8:10.832 (2:05.557)	
7 Jamestown	8:23.71	2
1) Noah Mang SO	2) David Martin FR	
3) Andrew Hornung SR	4) Lorenzo Maldonado SO	
2:02.806 (2:02.806) 4:09.292 (2:06.486) 6:17.020 (2:07.729)	8:23.701 (2:06.681)	
8 Hastings	8:31.33	1
1) Aaron Ochsner FR	2) Brian Clausen FR	
3) Tatum Jelleberg FR	4) Ivan Varela FR	
2:12.147 (2:12.147) 4:14.604 (2:02.458) 6:25.192 (2:10.588)	8:31.325 (2:06.133)	
-- Dakota Wesleyan	DNF	
1) Wyatt Baldauf FR	2) Devin Rihaneck JR	
3) Hunter Shanks FR	4) Justin Sorensen FR	
2:03.207 (2:03.207)		

Event 14 Men Long Jump

9 to Final
GPAC Record: G 7.93m 5/5/2012 Ronnie Taylor, Hastings

NAIA Auto: A 7.25m

NAIA Prov.: B 7.15m

Name	Year School	Finals	Wind	H#	Points
1 James Gilbert	SO Northwestern	7.31mA	NWI	23-11.75	2 10
7.01m(NWI) 7.03m(NWI) 7.31m(NWI) 7.28m(NWI) 6.93m(NWI) 7.02m(NWI)					
2 Henry Arnold	SR Doane	7.29mA	NWI	23-11.00	2 8
7.17m(NWI) 6.87m(NWI) 6.87m(NWI) 7.06m(NWI) 7.27m(NWI) 7.29m(NWI)					

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....Event 14 Men Long Jump

3	Tanner Sand	JR Doane	7.16mB	NWI	23-06.00	2	6
	7.04m(NWI)	6.82m(NWI)	7.11m(NWI)	7.16m(NWI)	6.85m(NWI)	5.64m(NWI)	
4	John Krejci	FR Doane	7.00m	NWI	22-11.75	1	5
	6.82m(NWI)	FOUL	7.00m(NWI)	6.95m(NWI)	6.76m(NWI)	FOUL	
5	Juba McClay	JR Hastings	6.77m	NWI	22-02.50	2	4
	6.35m(NWI)	6.39m(NWI)	6.65m(NWI)	6.43m(NWI)	6.77m(NWI)	6.56m(NWI)	
6	Cody Williams	JR Concordia	6.68m	NWI	21-11.00	2	3
	6.67m(NWI)	6.48m(NWI)	5.73m(NWI)	6.62m(NWI)	6.68m(NWI)	FOUL	
7	Sergio Arcos	FR Doane	6.67m	NWI	21-10.75	2	2
	6.39m(NWI)	PASS	6.67m(NWI)	FOUL	PASS	PASS	
8	Logan Hammond	JR Doane	6.62m	NWI	21-08.75	1	1
	6.34m(NWI)	6.57m(NWI)	6.34m(NWI)	6.46m(NWI)	6.57m(NWI)	6.62m(NWI)	
9	Jacob Hruska	SO Doane	6.52m	NWI	21-04.75	1	
	6.51m(NWI)	6.39m(NWI)	6.52m(NWI)	6.20m(NWI)	6.44m(NWI)	6.18m(NWI)	
10	Wyatt Loga	FR Concordia	6.45m	NWI	21-02.00	1	
	6.45m(NWI)	6.40m(NWI)	5.65m(NWI)				
11	Joel Rathe	FR Concordia	6.44m	NWI	21-01.50	2	
	6.43m(NWI)	6.44m(NWI)	FOUL				
12	Joshua Deines	SO Dor dt	6.42m	NWI	21-00.75	1	
	FOUL	6.24m(NWI)	6.42m(NWI)				
13	Lorenzo Jones	FR Northwestern	6.33m	NWI	20-09.25	2	
	6.33m(NWI)	6.33m(NWI)	6.30m(NWI)				
14	Jacob Davies	FR Northwestern	6.33m	NWI	20-09.25	1	
	FOUL	6.33m(NWI)	6.15m(NWI)				
15	Jacob Jennings	FR Concordia	6.30m	NWI	20-08.00	1	
	5.94m(NWI)	6.30m(NWI)	5.77m(NWI)				
16	Dexter Wiese	FR Northwestern	6.29m	NWI	20-07.75	1	
	FOUL	FOUL	6.29m(NWI)				
17	Christopher Sayler	FR Jamestown	6.15m	NWI	20-02.25	1	
	6.15m(NWI)	5.81m(NWI)	5.90m(NWI)				
18	Abbas Muhammad III	SO Midland	6.06m	NWI	19-10.75	1	
	6.06m(NWI)	FOUL	FOUL				
19	Justin Groen	SO Dor dt	6.03m	NWI	19-09.50	1	
	5.86m(NWI)	5.79m(NWI)	6.03m(NWI)				
20	Noah Stoekle	FR Doane	5.82m	NWI	19-01.25	1	
	5.82m(NWI)	FOUL	FOUL				
--	Reginald McGaugh	FR Mount Marty	FOUL			2	
	FOUL	FOUL	FOUL				
--	Byron Pfister	FR Doane	FOUL			2	
	FOUL	PASS	PASS				
--	Eli Hustad	FR Midland	FOUL			2	
	FOUL	FOUL	FOUL				

Event 15 Men Triple Jump

9 to Final

GPAC Record: G 15.25m 1976 Jim Glen, Nebraska Wesleyan

NAIA Auto: A 14.55m

NAIA Prov.: B 14.35m

Name	Year	School	Finals	Wind	H#	Points
1 Juba McClay		JR Hastings	15.38mG	NWI	50-05.50	2 10
			15.00m(NWI)		14.63m(NWI)	15.38m(NWI)
					14.81m(NWI)	15.10m(NWI)
					FOUL	
2 Henry Arnold		SR Doane	14.95mA	NWI	49-00.75	2 8
			14.65m(NWI)		14.73m(NWI)	14.95m(NWI)
					14.01m(NWI)	12.71m(NWI)
					14.94m(NWI)	

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....Event 15 Men Triple Jump

3	Lorenzo Jones	FR Northwestern	14.68mA	NWI	48-02.00	2	6
	14.09m(NWI) 14.68m(NWI) 14.53m(NWI)	FOUL FOUL	PASS				
4	Tanner Sand	JR Doane	14.60mA	NWI	47-11.00	2	5
	14.55m(NWI) 14.36m(NWI) 14.60m(NWI) 14.18m(NWI)	14.49m(NWI) 12.88m(NWI)					
5	James Gilbert	SO Northwestern	13.89m	NWI	45-07.00	2	4
	13.89m(NWI) 13.33m(NWI)	PASS PASS PASS					
6	Zac Hazen	SR Morningside	13.80m	NWI	45-03.50	2	3
	FOUL FOUL 13.80m(NWI) 13.35m(NWI)	FOUL	13.43m(NWI)				
7	Vince Lauenroth	FR Doane	13.75m	NWI	45-01.50	2	2
	13.33m(NWI) 13.54m(NWI) 13.66m(NWI) 13.29m(NWI)	13.14m(NWI) 13.75m(NWI)					
8	Blake Kastanek	SO Doane	13.64m	NWI	44-09.00	2	1
	FOUL 13.64m(NWI) 13.45m(NWI) 13.36m(NWI)	FOUL	13.44m(NWI)				
9	Austin Moen	FR Dakota Wesleyan	13.59m	NWI	44-07.00	1	
	13.59m(NWI) 13.40m(NWI) FOUL	12.90m(NWI) FOUL	FOUL				
10	Trevor Malone	FR Doane	13.59m	NWI	44-07.00	2	
	13.59m(NWI) FOUL FOUL	PASS PASS	PASS				
11	Cade Lutz	FR Concordia	13.52m	NWI	44-04.25	2	
	12.74m(NWI) 13.52m(NWI) 12.39m(NWI)						
12	John Himmelberg	FR Doane	13.49m	NWI	44-03.25	1	
	13.07m(NWI) FOUL 13.49m(NWI)						
13	Noah Stoekle	FR Doane	13.21m	NWI	43-04.25	1	
	13.18m(NWI) 13.21m(NWI) 13.19m(NWI)						
14	Jacob Hruska	SO Doane	12.99m	NWI	42-07.50	2	
	12.99m(NWI) 12.77m(NWI) 12.82m(NWI)						
15	Christopher Sayler	FR Jamestown	12.63m	NWI	41-05.25	1	
	12.27m(NWI) 12.63m(NWI) 12.50m(NWI)						
16	Cale Strong	FR Dakota Wesleyan	12.35m	NWI	40-06.25	1	
	12.35m(NWI) FOUL 12.25m(NWI)						
17	Jayson Frank	FR Concordia	12.33m	NWI	40-05.50	1	
	FOUL 11.87m(NWI) 12.33m(NWI)						
--	Eli Hustad	FR Midland	FOUL				1
	FOUL FOUL FOUL						
--	Josiah Rudloff	FR Jamestown	FOUL				1
	FOUL FOUL FOUL						
--	Bryson Tripp	FR Jamestown	FOUL				1
	FOUL FOUL FOUL						

Event 16 Men High Jump

1.82-1.87-1.92-1.97-2.02-2.05-2.08

GPAC Record: G 2.20m 1973 Kurt Nielsen, Nebraska Wesleyan

NAIA Auto: A 2.08m

NAIA Prov.: B 2.05m

Name	Year School	Finals	Points
1 Shandon Reitzell	FR Midland	2.11mA 6-11.00	10
1.82 1.87 1.92 1.97 2.02 2.05 2.08 2.11 2.14			
P P P P O O P XO XXX			
2 Grant Brouwer	SO Dorndt	2.02m 6-07.50	7
1.82 1.87 1.92 1.97 2.02 2.05			
P P O O O XXX			
2 Jacob Heitkamp	SO Doane	2.02m 6-07.50	7
1.82 1.87 1.92 1.97 2.02 2.05 2.08			
P P O O O P XXX			

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....Event 16 Men High Jump

4	Ross McMahon	FR Midland	1.97m	6-05.50	5
	1.82 1.87 1.92 1.97 2.02				
	P O O O XXX				
5	Aaron Shepard	SO Northwestern	J1.97m	6-05.50	4
	1.82 1.87 1.92 1.97 2.02				
	O O O XO XXX				
6	Jacob Hruska	SO Doane	J1.97m	6-05.50	3
	1.82 1.87 1.92 1.97 2.02				
	O XO O XXO XXX				
7	Carter Reckling	FR Doane	1.92m	6-03.50	2
	1.82 1.87 1.92 1.97				
	O XO O XXX				
8	Wyatt Loga	FR Concordia	J1.92m	6-03.50	0.50
	1.82 1.87 1.92 1.97				
	P O XO XXX				
8	Harland Groves	FR Northwestern	J1.92m	6-03.50	0.50
	1.82 1.87 1.92 1.97				
	O O XO XXX				
10	Cody Williams	JR Concordia	J1.92m	6-03.50	
	1.82 1.87 1.92 1.97				
	P O XXO XXX				
11	Chandler Damewood	SO Morningside	1.87m	6-01.50	
	1.82 1.87 1.92				
	XO O XXX				
12	Ben Thelander	FR Northwestern	1.82m	5-11.50	
	1.82 1.87				
	O XXX				
12	Joshua Deines	SO Dordt	1.82m	5-11.50	
	1.82 1.87				
	O XXX				
14	Blake Kastanek	SO Doane	J1.82m	5-11.50	
	1.82 1.87				
	XO XXX				
15	Cooper Christians	SO Morningside	J1.82m	5-11.50	
	1.82 1.87				
	XXO XXX				
15	Sean Murray	FR Doane	J1.82m	5-11.50	
	1.82 1.87				
	XXO XXX				
15	Jayson Frank	FR Concordia	J1.82m	5-11.50	
	1.82 1.87				
	XXO XXX				
--	Brock Johnson	FR Doane	NH		
	1.82				
	XXX				
--	Trevin Holland	FR Mount Marty	NH		
	1.82				
	XXX				
--	Zack Gentry	SO Concordia	NH		
	1.82				
	XXX				

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Results

Event 17 Men Pole Vault

4.10-4.25-4.40-4.55-4.70-4.80-4.90

GPAC Record: G 5.20m 2002 T. J. Kloster, Concordia University

NAIA Auto: A 4.80m

NAIA Prov.: B 4.70m

Name	Year	School	Finals	Points
1 Connor Floyd 4.10 4.25 4.40 4.55 4.70 4.80 4.90 5.00 5.11 P P O O O XO O O XXX	FR	Doane	5.00m	16-04.75 10
2 Braedon Gumke 4.10 4.25 4.40 4.55 4.70 4.80 4.90 O O O XO XXO XO XXX	SO	Jamestown	4.80m	15-09.00 8
3 Levi Sudbeck 4.10 4.25 4.40 4.55 4.70 P P O O XXX	SR	Doane	4.55m	14-11.00 5.50
3 Zach Bennetts 4.10 4.25 4.40 4.55 4.70 P P P O XXX	SO	Concordia	4.55m	14-11.00 5.50
5 Julius Dickmader 4.10 4.25 4.40 4.55 4.70 P O O XO XXX	SR	Doane	J4.55m	14-11.00 4
6 Mike Pulliam 4.10 4.25 4.40 4.55 P O XXO XXX	FR	Doane	4.40m	14-05.25 3
7 Rees Lyon 4.10 4.25 4.40 P O XXX	SO	Concordia	4.25m	13-11.25 2
8 Luke Bousema 4.10 4.25 4.40 XO O XXX	JR	Dordt	J4.25m	13-11.25 1
9 Dustin Klingsporn 4.10 4.25 O XXX	FR	Hastings	4.10m	13-05.25
9 Jamison Evers 4.10 4.25 O XXX	FR	Midland	4.10m	13-05.25
11 Ian Bauer 4.10 4.25 XXO XXX	SO	Hastings	J4.10m	13-05.25
11 Tucker Platt 4.10 4.25 XXO XXX	JR	Concordia	J4.10m	13-05.25
-- Grant Stadler 4.10 XXX	SO	Concordia	NH	
-- Dalton Berry 4.10 XXX	JR	Concordia	NH	
-- Chase Berry 4.10 XXX	FR	Concordia	NH	

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9 to Final

GPAC Record: G 18.04m 2010 Scott Fritz, Hastings College

NAIA Auto: A 15.85m

NAIA Prov.: B 15.35m

Name	Year	School	Finals	H#	Points
1 Dylan Kucera	SO	Midland	17.64mA 57-10.50	2	10
17.64m FOUL FOUL FOUL FOUL FOUL					
2 Matthew Campbell	JR	Doane	16.61mA 54-06.00	2	8
16.50m FOUL 16.61m FOUL FOUL FOUL					
3 Justin Villars	JR	Hastings	16.44mA 53-11.25	2	6
16.23m FOUL FOUL FOUL 16.44m					
4 Jerod Peters	SR	Concordia	15.51mB 50-10.75	2	5
14.97m 14.66m FOUL FOUL 15.51m FOUL					
5 Richard Dover	JR	Doane	15.02m 49-03.50	2	4
FOUL FOUL 15.02m FOUL 14.77m FOUL					
6 Josh Lewis	FR	Midland	14.77m 48-05.50	2	3
13.39m 14.76m FOUL FOUL 14.76m 14.77m					
7 Andy Amos	SO	Concordia	14.70m 48-02.75	2	2
13.92m 14.33m FOUL 14.62m 14.70m 14.46m					
8 Darien Semedo	FR	Concordia	14.57m 47-09.75	2	1
14.39m 14.57m FOUL FOUL FOUL 14.45m					
9 Zachary Stieb	FR	Doane	14.44m 47-04.50	2	
13.50m 13.66m 14.44m 14.20m 13.95m 13.92m					
10 Ryan Kienzle	FR	Dakota Wesleyan	13.51m 44-04.00	2	
13.51m FOUL 13.09m					
11 Byrnden Kinnaman	JR	Briar Cliff	13.49m 44-03.25	1	
13.49m FOUL FOUL					
12 William Minnick	SO	Northwestern	13.18m 43-03.00	1	
12.61m 13.18m 12.73m					
13 Chris Wren	FR	Concordia	13.16m 43-02.25	1	
13.16m 12.63m 12.71m					
14 Dagne' Buck	SO	Concordia	12.88m 42-03.25	1	
12.88m 12.86m FOUL					
15 Alexander Maida	FR	Jamestown	12.81m 42-00.50	1	
12.81m 12.73m 11.85m					
16 Patrick Hudson	SO	Hastings	12.64m 41-05.75	2	
FOUL FOUL 12.64m					
17 Zach Christensen	SO	Concordia	12.37m 40-07.00	1	
11.96m 12.37m FOUL					
18 Dawson Sedivec	FR	Jamestown	12.16m 39-10.75	1	
11.28m 11.65m 12.16m					
19 Jorden Morales	FR	Jamestown	J12.16m 39-10.75	1	
12.16m 11.60m 11.52m					
20 Luke Urbonavicius	FR	Doane	12.10m 39-08.50	1	
12.10m FOUL FOUL					
21 Lakey Martin	FR	Briar Cliff	12.03m 39-05.75	1	
11.86m FOUL 12.03m					
22 Jameson Officer-Thurston	FR	Doane	11.64m 38-02.25	1	
FOUL 11.49m 11.64m					
-- Angel Garcia	FR	Hastings	FOUL	1	
FOUL FOUL FOUL					
-- Caden Milmine	SR	Dakota Wesleyan	FOUL	2	
FOUL FOUL FOUL					

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Event 19 Men Discus Throw

9 to Final

GPAC Record: G 57.85m 2013 Zach Lindsley, Doane

NAIA Auto: A 49.20m

NAIA Prov.: B 47.60m

Name	Year	School	Finals	H#	Points
1 Dylan Kucera	SO	Midland	52.58mA	172-06	2 10
44.47m 46.31m 52.58m 51.89m FOUL FOUL					
2 Jacob Cornelio	SR	Concordia	50.72mA	166-05	2 8
47.76m FOUL FOUL 50.72m 49.23m FOUL					
3 Matthew Campbell	JR	Doane	50.25mA	164-10	2 6
47.38m 47.38m FOUL FOUL 50.25m 50.17m					
4 Richard Dover	JR	Doane	50.00mA	164-00	2 5
50.00m 48.26m 49.41m FOUL FOUL FOUL					
5 Josh Lewis	FR	Midland	47.11m	154-07	2 4
42.90m 43.62m 47.11m FOUL FOUL FOUL					
6 Jordan Morales	FR	Jamestown	46.84m	153-08	2 3
44.75m 46.55m 43.01m 45.65m 46.84m 45.16m					
7 Chris Wren	FR	Concordia	45.08m	147-11	1 2
FOUL 40.66m 45.08m FOUL FOUL FOUL					
8 Andy Amos	SO	Concordia	44.64m	146-05	2 1
40.90m 42.73m 44.64m FOUL FOUL FOUL					
9 Patrick Hudson	SO	Hastings	44.31m	145-04	2
FOUL 43.68m 44.15m 44.31m FOUL 43.90m					
10 Ryan Kienzle	FR	Dakota Wesleyan	44.13m	144-09	1
34.20m 44.02m 44.13m					
11 Angel Garcia	FR	Hastings	43.95m	144-02	2
42.50m 43.95m 43.61m					
12 Zachary Stieb	FR	Doane	43.26m	141-11	2
37.30m FOUL 43.26m					
13 Jerod Peters	SR	Concordia	42.21m	138-06	1
FOUL 42.21m FOUL					
14 Byrnden Kinnaman	JR	Briar Cliff	41.38m	135-09	1
41.38m FOUL FOUL					
15 Joe Callahan	FR	Northwestern	41.36m	135-08	1
39.92m 41.36m FOUL					
16 Jaedon Lothrop	FR	Doane	41.16m	135-00	1
FOUL FOUL 41.16m					
17 Justin Villars	JR	Hastings	39.12m	128-04	2
FOUL 39.12m FOUL					
18 Ben Moll	FR	Concordia	39.07m	128-02	1
35.52m 39.07m 38.97m					
19 Jackson Armitage	FR	Concordia	39.06m	128-02	1
FOUL FOUL 39.06m					
20 Dawson Sedivec	FR	Jamestown	38.62m	126-08	1
34.23m 38.62m 33.46m					
21 Brandon Rezac	SO	Doane	38.18m	125-03	1
36.05m FOUL 38.18m					
22 Brady Klute	FR	Concordia	34.20m	112-02	1
FOUL FOUL 34.20m					
-- Jameson Officer-Thurston	FR	Doane	FOUL		2
FOUL FOUL FOUL					
-- Lakey Martin	FR	Briar Cliff	FOUL		1
FOUL FOUL FOUL					

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****Event 20 Men Hammer Throw**

9 to Final

GPAC Record: G 63.51m 5/6/2016 Joshua Slechta, Concordia

NAIA Auto: A 53.00m

NAIA Prov.: B 51.00m

Name	Year	School	Finals	H#	Points
1 Jacob Cornelio	SR	Concordia	62.91mA	206-05	2 10
59.66m 62.17m 62.04m			FOUL 62.91m		FOUL
2 Tyler Summers	JR	Hastings	59.10mA	193-11	2 8
56.09m 58.76m 59.10m			FOUL FOUL		58.26m
3 Dylan Kucera	SO	Midland	58.10mA	190-07	2 6
55.50m 56.30m 58.10m			FOUL FOUL		FOUL
4 Chris Wren	FR	Concordia	57.28mA	187-11	2 5
56.68m 57.28m 55.34m			FOUL 55.53m		56.28m
5 Matthew Campbell	JR	Doane	56.60mA	185-08	2 4
53.93m 54.29m 55.99m			56.60m		FOUL 56.39m
6 Dagne' Buck	SO	Concordia	54.59mA	179-01	2 3
FOUL 54.59m 54.04m			51.93m 52.88m		FOUL
7 Ben Moll	FR	Concordia	51.38mB	168-07	2 2
FOUL 51.38m			FOUL FOUL		5.68m
8 Darien Semedo	FR	Concordia	51.28mB	168-03	2 1
51.28m			FOUL FOUL		FOUL
9 Andy Amos	SO	Concordia	51.26mB	168-02	2
FOUL 51.26m 50.20m			FOUL 50.02m		50.14m
10 Patrick Hudson	SO	Hastings	51.03mB	167-05	1
48.69m 51.03m			FOUL		
11 Justin Villars	JR	Hastings	50.40m	165-04	2
50.40m			FOUL FOUL		
12 Luke Urbonavicius	FR	Doane	50.15m	164-06	2
48.00m 50.15m			FOUL		
13 William DeLay	SO	Midland	48.62m	159-06	1
47.34m 48.62m 46.52m					
14 Brady Klute	FR	Concordia	48.37m	158-08	1
48.37m			FOUL FOUL		
15 Ryan Kienzle	FR	Dakota Wesleyan	48.15m	158-00	1
45.84m 48.15m 47.82m					
16 Jerod Peters	SR	Concordia	48.10m	157-10	1
FOUL 48.10m 47.74m					
17 Luke Partridge	FR	Doane	47.57m	156-01	1
44.53m 46.35m 47.57m					
18 Delwin Potter	SR	Jamestown	47.15m	154-08	1
44.96m 47.15m 45.87m					
19 Philip Quackenbush	SO	Hastings	46.69m	153-02	1
44.20m 46.69m			FOUL		
20 Brandon Rezac	SO	Doane	45.43m	149-00	1
FOUL 45.43m			FOUL		
21 Christopher Zanotto	SO	Dakota Wesleyan	45.38m	148-11	1
44.78m 45.38m 44.01m					
22 Richard Dover	JR	Doane	45.33m	148-09	2
FOUL FOUL 45.33m					
23 Jaedon Lothrop	FR	Doane	41.37m	135-09	1
FOUL 41.37m			FOUL		
24 Isaac Rohne	SO	Dordt	36.88m	121-00	1
FOUL FOUL 36.88m					

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Results

Event 21 Men Javelin Throw

9 to Final

GPAC Record: G 65.10m 2005 Andrew Ortmeier, Northwestern College

NAIA Auto: A 57.00m

NAIA Prov.: B 55.00m

Name	Year	School	Finals	H#	Points
1 Jacob Heitkamp	SO	Doane	57.07mA	187-03	2 10
53.13m 57.07m 52.61m		FOUL FOUL FOUL			
2 Mason Krause	FR	Doane	53.26m	174-09	2 8
53.26m FOUL FOUL FOUL		47.49m 48.15m			
3 Carter Behler	SR	Northwestern	49.59m	162-08	2 6
47.46m 49.57m 49.53m		49.59m 49.04m 47.27m			
4 Ben Thelander	FR	Northwestern	J49.59m	162-08	1 5
41.83m 47.09m 47.98m		42.55m 49.59m 48.91m			
5 Nikolas Herman	JR	Jamestown	49.38m	162-00	2 4
49.38m 46.19m 49.28m		49.33m FOUL 46.03m			
6 Brock Johnson	FR	Doane	49.10m	161-01	2 3
49.10m 46.49m 49.10m		46.13m 46.42m 49.04m			
7 Jackson Armitage	FR	Concordia	48.78m	160-00	2 2
48.78m 46.75m FOUL FOUL		47.53m 47.64m			
8 Gabriel Wyant	FR	Briar Cliff	48.10m	157-10	2 1
48.10m 40.61m FOUL FOUL		46.31m 45.41m			
9 Payton Burtzlaff	FR	Mount Marty	47.32m	155-03	2
FOUL 0.46m 47.32m 43.82m		42.10m 45.42m			
10 Rees Lyon	SO	Concordia	46.71m	153-03	1
45.62m 46.71m FOUL					
11 slater Stevens	FR	Briar Cliff	45.69m	149-11	2
45.47m 45.69m 44.64m					
12 Josh Taylor	FR	Concordia	42.71m	140-01	1
36.03m 37.18m 42.71m					
13 Trevor Malone	FR	Doane	42.25m	138-07	2
FOUL 40.36m 42.25m					
14 Walker Shaw	SO	Concordia	41.07m	134-09	2
41.07m FOUL FOUL					
15 Tim Huizenga	SR	Dordt	40.50m	132-10	1
34.53m 36.37m 40.50m					
16 John Himmelberg	FR	Doane	40.38m	132-06	1
FOUL 40.38m FOUL					
17 Zack Gentry	SO	Concordia	39.44m	129-05	2
39.44m FOUL FOUL					
18 Jacob Hruska	SO	Doane	38.73m	127-01	1
FOUL 38.73m FOUL					
19 Tyler Janssen	FR	Morningside	37.78m	123-11	1
37.00m 37.48m 37.78m					
20 Ely Fundermann	SO	Morningside	37.77m	123-11	1
35.55m 37.43m 37.77m					
21 Aaron Eckmann	SO	Northwestern	36.99m	121-04	1
34.55m 36.99m 36.12m					
22 Jovon Woods	JR	Briar Cliff	33.95m	111-05	1
33.95m FOUL 33.25m					
23 Dylan Collison	FR	Morningside	32.79m	107-07	1
30.73m 32.12m 32.79m					
24 Marc Freiberg	FR	Concordia	31.91m	104-08	1
FOUL 29.52m 31.91m					

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GPAC Record: G 6721 2015 Kale Wolken, Doane College

NAIA Prov.: B 5600

Name	Year School	Finals	H#	Points
1 Levi Sudbeck	SR Doane	6274B		10
2 Mason Schleis	FR Mount Marty	6094B		8
3 Julius Dickmader	SR Doane	6047B		6
4 Sergio Arcos	FR Doane	6005B		5
5 Seth Wiebelhaus	SO Mount Marty	5998B		4
6 Mike Pulliam	FR Doane	5594		3
7 Payton Burtzlaff	FR Mount Marty	5487		2
8 Nate Rupprecht	SO Dakota Wesleyan	5296		1
9 Mason Zimmerman	FR Doane	5206		
10 Cade Pedersen	SO Northwestern	4604		

Event 22 Decathlon: #1 Men 100 Meter Dash Decathlon

GPAC Record: G 10.94 2015 Kale Wolken, Doane College

Name	Year School	Finals	Wind	H#	Points
1 Payton Burtzlaff	FR Mount Marty	11.21	NWI	2	814
2 Mason Schleis	FR Mount Marty	11.38	NWI	2	778
3 Jeremiah Reeser	JR Concordia	11.47	NWI	2	759
4 Sergio Arcos	FR Doane	11.48	NWI	2	757
5 Julius Dickmader	SR Doane	11.50	NWI	2	753
6 Seth Wiebelhaus	SO Mount Marty	11.57	NWI	2	738
7 Levi Sudbeck	SR Doane	11.67	NWI	1	717
8 Mason Zimmerman	FR Doane	11.68	NWI	1	715
9 Cade Pedersen	SO Northwestern	11.76	NWI	1	699
10 Nate Rupprecht	SO Dakota Wesleyan	11.84	NWI	1	683
11 Joshua De Jong	SR Dordt	11.87	NWI	1	677
12 Mike Pulliam	FR Doane	12.11	NWI	1	629

Event 22 Decathlon: #2 Men Long Jump Decathlon

GPAC Record: G 7.12m 2013 Kale Wolken, Doane College

Name	Year School	Finals	Wind	Points
1 Levi Sudbeck	SR Doane	6.53m	NWI	21-05.25 704
6.53m(NWI) PASS	PASS			
2 Mason Schleis	FR Mount Marty	6.52m	NWI	21-04.75 702
6.38m(NWI) 6.52m(NWI)	FOUL			
3 Sergio Arcos	FR Doane	6.33m	NWI	20-09.25 659
6.33m(NWI) FOUL	FOUL			
4 Mason Zimmerman	FR Doane	6.15m	NWI	20-02.25 619
FOUL 6.15m(NWI) 6.07m(NWI)				
5 Mike Pulliam	FR Doane	5.88m	NWI	19-03.50 561
FOUL 5.88m(NWI) 5.86m(NWI)				
6 Joshua De Jong	SR Dordt	5.85m	NWI	19-02.50 554
5.85m(NWI) 5.62m(NWI) 5.74m(NWI)				
7 Payton Burtzlaff	FR Mount Marty	5.82m	NWI	19-01.25 548
5.65m(NWI) 5.67m(NWI) 5.82m(NWI)				
8 Cade Pedersen	SO Northwestern	5.71m	NWI	18-09.00 525
5.41m(NWI) 5.71m(NWI) 5.39m(NWI)				

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....Event 22 Decathlon: #2 Men Long Jump Decathlon

9	Seth Wiebelhaus	SO Mount Marty	5.69m	NWI	18-08.00	521
	5.66m(NWI) 5.69m(NWI) 5.59m(NWI)					
9	Nate Rupprecht	SO Dakota Wesleyan	5.69m	NWI	18-08.00	521
	FOUL FOUL 5.69m(NWI)					
11	Julius Dickmader	SR Doane	5.63m	NWI	18-05.75	508
	5.63m(NWI) 5.49m(NWI) 5.58m(NWI)					
12	Jeremiah Reeser	JR Concordia	5.59m	NWI	18-04.25	500
	FOUL FOUL 5.59m(NWI)					

Event 22 Decathlon: #3 Men Shot Put Decathlon

GPAC Record: G 12.96m 2015 Kale Wolken, Doane College

Name	Year	School	Finals	Points
1 Nate Rupprecht	SO	Dakota Wesleyan	12.13m 39-09.75	614
			11.13m 12.00m 12.13m	
2 Levi Sudbeck	SR	Doane	11.96m 39-03.00	604
			11.46m 11.96m FOUL	
3 Seth Wiebelhaus	SO	Mount Marty	10.76m 35-03.75	531
			10.76m 8.86m 10.71m	
4 Mike Pulliam	FR	Doane	10.74m 35-03.00	530
			10.74m 10.49m 10.67m	
5 Julius Dickmader	SR	Doane	10.72m 35-02.00	529
			FOUL 10.39m 10.72m	
6 Jeremiah Reeser	JR	Concordia	10.71m 35-01.75	528
			10.71m 9.77m FOUL	
7 Payton Burtzlaff	FR	Mount Marty	10.69m 35-01.00	527
			10.44m 10.16m 10.69m	
8 Sergio Arcos	FR	Doane	10.25m 33-07.50	501
			9.68m 10.25m 10.01m	
9 Joshua De Jong	SR	Dordt	10.22m 33-06.50	499
			9.82m 10.09m 10.22m	
10 Mason Zimmerman	FR	Doane	10.20m 33-05.75	498
			10.16m 10.16m 10.20m	
11 Mason Schleis	FR	Mount Marty	9.26m 30-04.75	441
			8.97m 8.41m 9.26m	
12 Cade Pedersen	SO	Northwestern	8.35m 27-04.75	387
			FOUL 8.32m 8.35m	

Event 22 Decathlon: #4 Men High Jump Decathlon

GPAC Record: G 2.01m 2019 Levi Sudbeck, Doane University

Name	Year	School	Finals	Points
1 Sergio Arcos	FR	Doane	1.96m 6-05.00	767
			1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90 1.93 1.96 1.99	
			P P P P P P P P O P P O XO O O XXX	
2 Levi Sudbeck	SR	Doane	1.87m 6-01.50	687
			1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90	
			P P P P P P P P O P P O XXX	
2 Mason Schleis	FR	Mount Marty	1.87m 6-01.50	687
			1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87 1.90	
			P P P P P O P O XO O O XXX	

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....Event 22 Decathlon: #4 Men High Jump Decathlon

4	Mason Zimmerman	FR Doane	1.84m	6-00.50	661
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81 1.84 1.87				
	O O P O O O O XXO O XXO XXX				
5	Seth Wiebelhaus	SO Mount Marty	1.78m	5-10.00	610
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78 1.81				
	P P P P O P O O XXX				
6	Jeremiah Reeser	JR Concordia	1.75m	5-08.75	585
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78				
	P P P P XXO XO XXO XXX				
6	Nate Rupprecht	SO Dakota Wesleyan	1.75m	5-08.75	585
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78				
	P O O O O O XO XXX				
6	Julius Dickmader	SR Doane	1.75m	5-08.75	585
	1.57 1.60 1.63 1.66 1.69 1.72 1.75 1.78				
	O O O XO O XO O XXX				
9	Cade Pedersen	SO Northwestern	1.72m	5-07.75	560
	1.57 1.60 1.63 1.66 1.69 1.72 1.75				
	P P O O XO O XXX				
10	Payton Burtzlaff	FR Mount Marty	1.69m	5-06.50	536
	1.57 1.60 1.63 1.66 1.69 1.72				
	XO O O O XO XXX				
11	Joshua De Jong	SR Dor dt	1.66m	5-05.25	512
	1.57 1.60 1.63 1.66 1.69				
	O P O O XXX				
12	Mike Pulliam	FR Doane	1.63m	5-04.25	488
	1.57 1.60 1.63 1.66				
	O O O XXX				

Event 22 Decathlon: #5 Men 400 Meter Dash Decathlon

GPAC Record: G 50.29 5/5/2017 Jake Rodgers, Concordia (N)

Name	Year School	Finals	H#	Points
1 Mason Schleis	FR Mount Marty	50.26G	2	803
2 Seth Wiebelhaus	SO Mount Marty	51.11	2	764
3 Payton Burtzlaff	FR Mount Marty	52.32	2	711
4 Julius Dickmader	SR Doane	52.86	2	688
5 Cade Pedersen	SO Northwestern	53.13	2	676
6 Sergio Arcos	FR Doane	53.68	1	653
7 Nate Rupprecht	SO Dakota Wesleyan	53.82	1	647
8 Levi Sudbeck	SR Doane	54.87	1	604
9 Mason Zimmerman	FR Doane	55.20	1	591
10 Jeremiah Reeser	JR Concordia	56.37	2	545
11 Mike Pulliam	FR Doane	56.58	1	537

Event 22 Decathlon: #6 Men 110 Meter Hurdles Decathlon

GPAC Record: G 15.05 5/4/2018 Cody Williams, Concordia

Name	Year School	Finals	Wind	H#	Points
1 Levi Sudbeck	SR Doane	14.86G	NWI	3	867
2 Sergio Arcos	FR Doane	15.34	NWI	3	809
3 Seth Wiebelhaus	SO Mount Marty	15.81	NWI	3	754
4 Mason Schleis	FR Mount Marty	16.25	NWI	2	705
5 Mason Zimmerman	FR Doane	16.35	NWI	2	694

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....Event 22 Decathlon: #6 Men 110 Meter Hurdles Decathlon

6	Mike Pulliam	FR Doane	16.53	NWI	1	674
7	Julius Dickmader	SR Doane	16.91	NWI	3	634
8	Payton Burtzlaff	FR Mount Marty	16.99	NWI	1	625
9	Jeremiah Reeser	JR Concordia	17.28	NWI	2	595
10	Nate Rupprecht	SO Dakota Wesleyan	18.74	NWI	1	455
11	Cade Pedersen	SO Northwestern	19.77	NWI	1	368

Event 22 Decathlon: #7 Men Discus Throw Decathlon

GPAC Record: G 40.46m 5/5/2017 Matthew Bolt, Dordt

Name	Year	School	Finals	Points
1 Levi Sudbeck	SR	Doane	34.41m	112-11 552
33.01m 34.41m FOUL				
2 Mike Pulliam	FR	Doane	33.78m	110-10 539
33.78m 31.70m 33.28m				
3 Julius Dickmader	SR	Doane	33.66m	110-05 537
33.48m 33.66m FOUL				
4 Nate Rupprecht	SO	Dakota Wesleyan	31.96m	104-10 503
29.97m 31.96m FOUL				
5 Sergio Arcos	FR	Doane	28.52m	93-07 435
27.16m 28.52m FOUL				
6 Seth Wiebelhaus	SO	Mount Marty	27.30m	89-07 412
FOUL FOUL 27.30m				
7 Payton Burtzlaff	FR	Mount Marty	27.21m	89-03 410
FOUL 19.93m 27.21m				
8 Jeremiah Reeser	JR	Concordia	23.10m	75-09 331
FOUL 23.10m 21.22m				
9 Mason Zimmerman	FR	Doane	22.96m	75-04 328
22.96m FOUL FOUL				
10 Cade Pedersen	SO	Northwestern	22.58m	74-01 321
21.69m FOUL 22.58m				
11 Mason Schleis	FR	Mount Marty	22.45m	73-08 318
21.47m 22.45m 20.10m				

Event 22 Decathlon: #8 Men Pole Vault Decathlon

GPAC Record: G 4.70m 2015 Brandon Ramos, Concordia University

Name	Year	School	Finals	Points
1 Levi Sudbeck	SR	Doane	4.70mG 15-05.00	819
3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60 4.70 4.80				
P P P P P P P P P P P P P O O O XXO XXX				
2 Mike Pulliam	FR	Doane	4.50m 14-09.00	760
2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60				
P P P P P P P P P P P P O P O XXO XO XXX				
2 Julius Dickmader	SR	Doane	4.50m 14-09.00	760
2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40 4.50 4.60				
P P P P P P P P P P P P P P O O O XXX				
4 Mason Schleis	FR	Mount Marty	4.30m 14-01.25	702
2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40				
P P P P P P P P P P O P O O XO XXO XXX				
5 Seth Wiebelhaus	SO	Mount Marty	4.10m 13-05.25	645
2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20				
P P P P P P P P P P P P O P XO XO O XXX				

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....Event 22 Decathlon: #8 Men Pole Vault Decathlon

6	Sergio Arcos	FR Doane	3.90m	12-09.50	590
	2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00				
	P P P P P P P P P P O P O O O XO O O XXX				
7	Jeremiah Reeser	JR Concordia	3.70m	12-01.50	535
	2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80				
	P P P P P P P P P P P P P O O O O XO XXX				
8	Payton Burtzlaff	FR Mount Marty	3.50m	11-05.75	482
	1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60				
	P P P P P P P P P P P O P O O O XO XO XXX				
9	Nate Rupprecht	SO Dakota Wesleyan	3.40m	11-01.75	457
	1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50				
	P P P P P P P P P P P P O O XO O XXO XXX				
10	Mason Zimmerman	FR Doane	3.20m	10-06.00	406
	1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30				
	P P P P P P P P P P O O O O O XXX				
11	Cade Pedersen	SO Northwestern	2.60m	8-06.25	264
	1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70				
	P P P O O O O XXO XXX				

Event 22 Decathlon: #9 Men Javelin Throw Decathlon

GPAC Record: G 57.33m 2015 Kale Wolken, Doane College					
Name	Year	School	Finals	Points	
1 Mike Pulliam		FR Doane	42.86m	140-07	484
	21.24m 35.69m 42.86m				
2 Julius Dickmader		SR Doane	42.41m	139-02	477
	37.45m 41.74m 42.41m				
3 Payton Burtzlaff		FR Mount Marty	41.51m	136-02	464
	37.13m 41.51m 36.29m				
4 Mason Schleis		FR Mount Marty	39.53m	129-08	435
	31.38m 39.53m FOUL				
5 Nate Rupprecht		SO Dakota Wesleyan	38.88m	127-07	426
	35.76m 36.40m 38.88m				
6 Levi Sudbeck		SR Doane	38.36m	125-10	418
	FOUL 38.36m PASS				
7 Seth Wiebelhaus		SO Mount Marty	38.30m	125-08	418
	38.30m FOUL PASS				
8 Jeremiah Reeser		JR Concordia	37.57m	123-03	407
	32.98m 37.57m FOUL				
9 Mason Zimmerman		FR Doane	36.48m	119-08	391
	32.88m 36.48m FOUL				
10 Sergio Arcos		FR Doane	36.19m	118-09	387
	28.78m 31.60m 36.19m				
11 Cade Pedersen		SO Northwestern	34.38m	112-09	361
	34.38m 30.35m 27.74m				

Event 22 Decathlon: #10 Men 1500 Meter Run Decathlon

GPAC Record: G 4:30.23 2012 Grant Aden, Morningside					
Name	Year	School	Finals	Points	
1 Seth Wiebelhaus		SO Mount Marty	4:52.28	605	
	47.712 (47.712) 2:03.230 (1:15.518) 3:28.841 (1:25.612) 4:52.271 (1:23.430)				

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....Event 22 Decathlon: #10 Men 1500 Meter Run Decathlon

2	Julius Dickmander	SR Doane	4:57.11	576
	50.289 (50.289)	2:11.396 (1:21.107)	3:38.891 (1:27.495)	4:57.103 (1:18.213)
3	Mason Schleis	FR Mount Marty	5:06.40	523
	54.448 (54.448)	2:21.266 (1:26.819)	3:48.419 (1:27.153)	5:06.391 (1:17.972)
4	Sergio Arcos	FR Doane	5:20.63	447
	56.729 (56.729)	2:20.944 (1:24.215)	3:52.913 (1:31.970)	5:20.622 (1:27.710)
5	Cade Pedersen	SO Northwestern	5:21.41	443
	56.088 (56.088)	2:19.131 (1:23.044)	3:51.420 (1:32.289)	5:21.405 (1:29.985)
6	Nate Rupprecht	SO Dakota Wesleyan	5:28.85	405
	58.537 (58.537)	2:26.739 (1:28.202)	4:01.576 (1:34.838)	5:28.841 (1:27.265)
7	Mike Pulliam	FR Doane	5:31.42	392
	58.817 (58.817)	2:27.237 (1:28.420)	4:02.306 (1:35.069)	5:31.413 (1:29.108)
8	Payton Burtzlaff	FR Mount Marty	5:35.98	370
	57.489 (57.489)	2:22.886 (1:25.398)	4:00.277 (1:37.391)	5:35.979 (1:35.702)
9	Mason Zimmerman	FR Doane	5:50.68	303
	1:03.877 (1:03.877)	2:40.213 (1:36.336)	4:18.353 (1:38.140)	5:50.676 (1:32.324)
10	Levi Sudbeck	SR Doane	5:50.89	302
	1:01.589 (1:01.589)	2:36.161 (1:34.573)	4:15.222 (1:39.061)	5:50.883 (1:35.661)

Event 23 Women 100 Meter Dash

GPAC Record: G 11.71 1988 Carol Bailey, Concordia University
 NAIA Auto: A 11.92
 NAIA Prov.: B 12.12

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Julyah	Wilson	SO Hastings	B 12.05Q	NWI 3
2	Daisy	Maessner	SO Hastings	12.21Q	NWI 2
3	Karsen	Sears	SO Hastings	12.31Q	NWI 1
4	Cora	Olson	SO Concordia	12.27q	NWI 3
5	Emma	Bakker	JR Dordt	12.39q	NWI 1 12.387
6	Caitlin	Ostbye	FR Northwestern	12.39q	NWI 3 12.388
7	Amira	Cummings	FR Concordia	12.53q	NWI 1 12.522
8	Hannah	Mulligan	SO Concordia	12.53q	NWI 3 12.530
9	Lindsey	Flammang	SR Morningside	12.61	NWI 1
10	Nisa	Thomas	FR Hastings	12.64	NWI 2
11	Alexandra	Beckmann	FR Dordt	12.65	NWI 2
12	Lydia	Gerber	SR Dakota Wesleyan	12.69	NWI 1
13	Julia	Yoder	SR Dordt	12.88	NWI 1
14	Elianna	Clark	SO Mount Marty	12.91	NWI 2
15	Aniya	Teppo	FR Mount Marty	12.92	NWI 3
16	Sydni	Schernikau	FR Concordia	12.95	NWI 2
17	Lizzy	Blum	FR Northwestern	13.01	NWI 3
18	Gabby	Diamond	JR Concordia	13.06	NWI 3
19	Meghan	Orr	SO Jamestown	13.19	NWI 2
20	Natalie	Lausen	SO Northwestern	13.20	NWI 1
21	Gracie	Bohl	FR Jamestown	13.49	NWI 2
22	Anna	Allen	SO Jamestown	13.73	NWI 1
23	Kacy	Haynes	JR Dordt	14.01	NWI 2

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GPAC Record: G 11.71 1988 Carol Bailey, Concordia University

NAIA Auto: A 11.92

NAIA Prov.: B 12.12

Name	Year School	Finals	Wind	Points
Finals				
1 Julyah Wilson	SO Hastings	11.90A	NWI	10
2 Daisy Maessner	SO Hastings	12.00B	NWI	8
3 Cora Olson	SO Concordia	12.15	NWI	6
4 Caitlin Ostbye	FR Northwestern	12.18	NWI	5
5 Hannah Mulligan	SO Concordia	12.35	NWI	4
6 Karsen Sears	SO Hastings	12.40	NWI	3
7 Amira Cummings	FR Concordia	12.49	NWI	2
8 Emma Bakker	JR Dorcht	12.56	NWI	1

Event 24 Women 200 Meter Dash

GPAC Record: G 23.85 2015 Neeia Cooperwood, Morningside

NAIA Auto: A 24.75

NAIA Prov.: B 24.93

Name	Year School	Finals	Wind	H#	Points
1 Julyah Wilson	SO Hastings	24.47A	NWI	3	10
2 Betsy Ridout	JR Morningside	24.89B	NWI	3	8
3 Cora Olson	SO Concordia	25.05	NWI	3	6
4 Caitlin Ostbye	FR Northwestern	25.22	NWI	3	5
5 Emma Bakker	JR Dorcht	25.39	NWI	3	4
6 Hannah Mulligan	SO Concordia	25.57	NWI	3	3
7 Alexandra Beckmann	FR Dorcht	25.67	NWI	2	2
8 Sydney Schernikau	FR Concordia	25.97	NWI	2	1
9 MacKenzie Brandl	JR Doane	26.18	NWI	1	
10 Jesikah Boykin	FR Briar Cliff	26.21	NWI	2	
11 Julia Yoder	SR Dorcht	26.41	NWI	1	
12 Lizzy Blum	FR Northwestern	26.44	NWI	2	
13 Nicole Harms	FR Doane	26.46	NWI	2	
14 Gracie Bohl	FR Jamestown	26.53	NWI	1	
15 Gabby Diamond	JR Concordia	26.72	NWI	1	
16 Ashley Vandermeer	SO Dorcht	26.74	NWI	1	
17 Amira Cummings	FR Concordia	27.00	NWI	2	
18 Anna Herman	FR Dorcht	27.06	NWI	1	
19 Kellie Rhodes	FR Concordia	27.17	NWI	3	
20 Erika Nikkel	FR Dorcht	27.39	NWI	2	
21 Cassie Brandsma	SO Dorcht	27.60	NWI	2	
22 Rebecca Weddell	FR Concordia	27.70	NWI	3	
23 Courtney Poulson	JR Hastings	29.50	NWI	1	

Event 25 Women 400 Meter Dash

GPAC Record: G 53.89 1990 Carol Bailey, Concordia University

NAIA Auto: A 56.90

NAIA Prov.: B 57.36

Name	Year School	Finals	H#	Points
1 Emma Bakker	JR Dorcht	58.67	2	10
2 Betsy Ridout	JR Morningside	59.60	2	8

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

....Event 25 Women 400 Meter Dash

3	Jesikah Boykin	FR Briar Cliff	1:00.58	2	6
4	Keri Bauer	SO Concordia	1:00.76	2	5
5	Savonne Sterk	FR Northwestern	1:01.39	2	4
6	Emily Chicoine	FR Morningside	1:02.05	2	3
7	Anna Herman	FR Dordt	1:02.94	1	2
8	Rebecca Weddell	FR Concordia	1:03.13	1	1
9	Lainey Werts	FR Concordia	1:03.45	2	
10	MacKenzie Brandl	JR Doane	1:03.61	2	
11	Naja Whitehead	FR Jamestown	1:04.66	1	
12	Kellie Rhodes	FR Concordia	1:06.78	1	
13	Lauren Ada	FR Concordia	1:06.88	1	
14	Anna Allen	SO Jamestown	1:09.75	1	
15	Grace Kooistra	FR Dordt	1:10.81	1	

Event 26 Women 800 Meter Run

GPAC Record: G 2:11.81 5/11/2007 Ellie Windle, Doane College

NAIA Auto: A 2:14.40

NAIA Prov.: B 2:16.00

Name	Year School	Finals	H#	Points
1 Jo McKibben	JR Morningside	2:20.47	3	10
1:11.618 (1:11.618)	2:20.461 (1:08.843)			
2 Mika Kooistra	JR Dordt	2:20.84	3	8
1:11.206 (1:11.206)	2:20.840 (1:09.634)			
3 Emalee Fundermann	SR Morningside	2:22.00	3	6
1:11.774 (1:11.774)	2:21.999 (1:10.225)			
4 Morgan Van Der Brink	JR Northwestern	2:22.35	3	5
1:09.816 (1:09.816)	2:22.343 (1:12.527)			
5 Annika Pingel	SO Doane	2:22.77	3	4
1:11.996 (1:11.996)	2:22.765 (1:10.769)			
6 Veronica Pinkerton	FR Hastings	2:25.55	3	3
1:10.853 (1:10.853)	2:25.548 (1:14.695)			
7 Payton Boer	SR Morningside	2:27.25	2	2
1:12.112 (1:12.112)	2:27.245 (1:15.133)			
8 Rachel Barkema	JR Morningside	2:28.07	1	1
1:11.321 (1:11.321)	2:28.067 (1:16.746)			
9 Rachel Walters	FR Doane	2:28.34	2	2:28.340
1:12.846 (1:12.846)	2:28.340 (1:15.494)			
9 Michelle Sanchez	FR Morningside	2:28.34	2	2:28.340
1:13.604 (1:13.604)	2:28.340 (1:14.736)			
11 Rylee Haecker	FR Concordia	2:29.33	3	
1:12.728 (1:12.728)	2:29.327 (1:16.599)			
12 Kailey Weichel	SO Concordia	2:29.87	2	
1:13.695 (1:13.695)	2:29.867 (1:16.172)			
13 Lauren Siefken	FR Doane	2:30.25	2	
1:13.560 (1:13.560)	2:30.247 (1:16.687)			
14 Mollie Rathjen	FR Concordia	2:30.99	2	
1:13.402 (1:13.402)	2:30.982 (1:17.580)			
15 Jaci Parriott	SR Doane	2:32.45	2	
1:13.713 (1:13.713)	2:32.445 (1:18.732)			
16 Alyssa Burk	FR St. Mary	2:34.79	1	
1:16.085 (1:16.085)	2:34.787 (1:18.702)			
17 Whitney Minderhoud	FR Dordt	2:35.83	2	
1:14.098 (1:14.098)	2:35.824 (1:21.726)			

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

....Event 26 Women 800 Meter Run

18 Jenna Dirkx	JR Morningside	2:36.31	1
1:16.592 (1:16.592)	2:36.303 (1:19.711)		
19 Alexa Fredericksen	FR Dordt	2:36.68	1
1:15.935 (1:15.935)	2:36.678 (1:20.743)		

Event 27 Women 1500 Meter Run

=====

GPAC Record: G 4:36.47 5/5/2018 Michelle Mumm, Morningside
 NAIA Auto: A 4:37.50
 NAIA Prov.: B 4:43.50

Name	Year School	Finals	H#	Points
1 Emalee Fundermann	SR Morningside	4:49.93	2	10
54.423 (54.423)	2:14.233 (1:19.811)	3:37.024 (1:22.791)		4:49.925 (1:12.901)
2 Rylee Haecker	FR Concordia	4:52.37	2	8
54.166 (54.166)	2:13.970 (1:19.805)	3:36.848 (1:22.878)		4:52.363 (1:15.516)
3 Kristine Honomichl	SO Morningside	4:59.05	2	6
55.460 (55.460)	2:15.611 (1:20.151)	3:39.125 (1:23.515)		4:59.042 (1:19.917)
4 Bethany Ten Haken	SO Dordt	5:03.05	2	5
55.789 (55.789)	2:19.179 (1:23.390)	3:44.551 (1:25.372)		5:03.049 (1:18.499)
5 Jacinda Davis	JR Doane	5:03.74	2	4
55.973 (55.973)	2:16.609 (1:20.636)	3:41.789 (1:25.180)		5:03.731 (1:21.942)
6 Madison Gerken	FR Hastings	5:05.73	2	3
58.684 (58.684)	2:24.428 (1:25.745)	3:48.933 (1:24.505)		5:05.729 (1:16.797)
7 Avery Henderson	FR Morningside	5:06.86	2	2
59.333 (59.333)	2:24.014 (1:24.681)	3:48.367 (1:24.353)		5:06.852 (1:18.485)
8 Samantha Blum	SR Northwestern	5:07.22	2	1
59.145 (59.145)	2:24.125 (1:24.980)	3:48.793 (1:24.669)		5:07.213 (1:18.420)
9 Vivian Sanchez	JR Midland	5:09.64	2	
58.910 (58.910)	2:22.953 (1:24.044)	3:44.873 (1:21.920)		5:09.638 (1:24.766)
10 Macie Moore	SR Morningside	5:21.38	1	
1:02.104 (1:02.104)	2:27.167 (1:25.064)	3:53.426 (1:26.259)		5:21.376 (1:27.951)
11 Madilynn Edwards	FR Midland	5:25.18	2	
59.788 (59.788)	2:23.622 (1:23.835)	3:49.751 (1:26.130)		5:25.178 (1:35.428)
12 Chloe Inhelder	FR St. Mary	5:26.95	1	
1:05.141 (1:05.141)	2:35.074 (1:29.933)	4:01.333 (1:26.260)		5:26.941 (1:25.608)
13 Mary Kate Postma	JR Dordt	5:29.97	1	
1:03.686 (1:03.686)	2:35.859 (1:32.173)	4:06.939 (1:31.080)		5:29.966 (1:23.028)
14 Tessa Kilber	FR Dakota Wesleyan	5:30.76	2	
58.948 (58.948)	2:26.591 (1:27.643)	3:58.936 (1:32.345)		5:30.752 (1:31.816)
15 Emma Peck	JR St. Mary	5:32.49	1	
1:09.146 (1:09.146)	2:39.256 (1:30.111)	4:09.146 (1:29.890)		5:32.487 (1:23.341)
16 Myia Johnson	FR Midland	5:35.11	1	
1:04.306 (1:04.306)	2:35.380 (1:31.074)	4:05.695 (1:30.315)		5:35.101 (1:29.407)
17 Shanoah Wittern	JR Dordt	5:38.40	1	
1:05.420 (1:05.420)	2:36.037 (1:30.618)	4:07.197 (1:31.160)		5:38.393 (1:31.196)
18 Rachel Kenny	SO Morningside	5:47.51	1	
1:04.655 (1:04.655)	2:36.192 (1:31.538)	4:08.401 (1:32.209)		5:47.508 (1:39.108)
19 Hannah Mundt	FR Concordia	5:54.80	1	
1:07.110 (1:07.110)	2:42.360 (1:35.250)	4:21.691 (1:39.331)		5:54.792 (1:33.102)
20 Peyton Gissler	FR Concordia	6:16.50	1	
1:10.921 (1:10.921)	2:51.768 (1:40.847)	4:39.236 (1:47.468)		6:16.491 (1:37.255)

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****Event 28 Women 3000 Meter Steeplechase**

GPAC Record: G 10:47.28 5/7/2016 Marissa DeWispelare, Doane

NAIA Auto: A 11:18.00

NAIA Prov.: B 11:30.00

Name	Year	School	Finals	Points
1 Jessica Kampman	SO	Dordt	11:59.06	10
41.033 (41.033)	2:10.154 (1:29.121)	3:46.507 (1:36.354)	5:20.001 (1:33.495)	
6:56.975 (1:36.974)	8:37.522 (1:40.548)	10:19.926 (1:42.405)	11:59.056 (1:39.130)	
2 Madison Gerken	FR	Hastings	12:06.76	8
44.233 (44.233)	2:15.797 (1:31.565)	3:51.641 (1:35.845)	5:29.145 (1:37.504)	
7:08.190 (1:39.045)	8:50.645 (1:42.455)	10:33.157 (1:42.513)	12:06.758 (1:33.601)	
3 Grace Reiman	FR	Concordia	12:18.61	6
45.119 (45.119)	2:16.526 (1:31.408)	3:53.080 (1:36.554)	5:33.006 (1:39.926)	
7:18.636 (1:45.631)	9:07.289 (1:48.653)	10:47.785 (1:40.496)	12:18.602 (1:30.818)	
4 Aleisha McDonald	SO	Hastings	12:21.36	5
40.611 (40.611)	2:08.687 (1:28.076)	3:46.311 (1:37.625)	5:32.546 (1:46.235)	
7:17.675 (1:45.129)	9:05.248 (1:47.574)	10:50.341 (1:45.093)	12:21.351 (1:31.011)	
5 Alyssa Bierwagen	JR	Concordia	12:23.12	4
45.578 (45.578)	2:17.837 (1:32.260)	3:53.588 (1:35.751)	5:30.770 (1:37.182)	
7:10.225 (1:39.455)	8:56.314 (1:46.090)	10:44.339 (1:48.025)	12:23.117 (1:38.779)	
6 Payton Boer	SR	Morningside	12:24.17	3
44.934 (44.934)	2:15.441 (1:30.508)	3:50.661 (1:35.220)	5:28.691 (1:38.031)	
7:10.296 (1:41.605)	9:00.447 (1:50.151)	10:50.239 (1:49.792)	12:24.167 (1:33.929)	
7 Lydia Cook	JR	Concordia	12:37.14	2
45.211 (45.211)	2:16.911 (1:31.701)	3:53.855 (1:36.944)	5:32.186 (1:38.332)	
7:15.147 (1:42.961)	9:04.266 (1:49.120)	10:52.203 (1:47.937)	12:37.131 (1:44.928)	
8 Jaci Parriott	SR	Doane	12:57.84	1
44.839 (44.839)	2:16.717 (1:31.879)	3:54.159 (1:37.442)	5:43.179 (1:49.020)	
7:36.388 (1:53.210)	9:29.594 (1:53.206)	11:19.085 (1:49.491)	12:57.835 (1:38.750)	
9 Cody Selvage	JR	Hastings	13:04.01	
47.639 (47.639)	2:21.941 (1:34.302)	3:59.429 (1:37.489)	5:43.051 (1:43.623)	
7:30.457 (1:47.406)	9:22.016 (1:51.560)	11:16.159 (1:54.143)	13:04.001 (1:47.842)	
10 Landry Hinkson	FR	Hastings	13:06.37	
47.997 (47.997)	2:23.444 (1:35.447)	4:04.778 (1:41.335)	5:49.410 (1:44.632)	
7:39.602 (1:50.193)	9:31.754 (1:52.152)	11:24.239 (1:52.485)	13:06.369 (1:42.130)	
11 Tenna Beel	JR	Morningside	13:21.12	
47.692 (47.692)	2:23.846 (1:36.155)	4:05.848 (1:42.002)	5:52.905 (1:47.057)	
7:44.481 (1:51.576)	9:38.000 (1:53.520)	11:31.520 (1:53.520)	13:21.120 (1:49.600)	
12 Allyson Schreiber	FR	Jamestown	13:26.88	
48.276 (48.276)	2:24.331 (1:36.056)	4:06.899 (1:42.568)	5:53.499 (1:46.600)	
7:46.221 (1:52.722)	9:43.336 (1:57.115)	11:38.178 (1:54.843)	13:26.871 (1:48.694)	
13 Mary Pennekamp	FR	Concordia	14:04.60	
48.385 (48.385)	2:24.907 (1:36.523)	4:09.403 (1:44.496)	5:58.670 (1:49.267)	
7:56.187 (1:57.518)	9:58.931 (2:02.745)	12:03.391 (2:04.460)	14:04.591 (2:01.200)	
14 Lauren Dawson	FR	Concordia	14:14.86	
50.777 (50.777)	2:38.112 (1:47.335)	4:30.043 (1:51.931)	6:26.015 (1:55.972)	
8:25.684 (1:59.670)	10:23.661 (1:57.978)	12:20.235 (1:56.574)	14:14.856 (1:54.621)	
15 Grace Pennekamp	FR	Concordia	14:25.55	
49.063 (49.063)	2:32.681 (1:43.618)	4:25.643 (1:52.963)	6:23.621 (1:57.979)	
8:25.608 (2:01.987)	10:29.901 (2:04.294)	12:32.294 (2:02.393)	14:25.545 (1:53.251)	
16 Maddie Beran	JR	Concordia	14:31.26	
52.686 (52.686)	2:40.814 (1:48.129)	4:34.337 (1:53.524)	6:34.261 (1:59.924)	
8:38.474 (2:04.214)	10:42.257 (2:03.784)	12:43.783 (2:01.526)	14:31.253 (1:47.470)	

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

....Event 28 Women 3000 Meter Steeplechase

17 Malia Rolf	FR Concordia	14:32.39
52.611 (52.611)	2:38.311 (1:45.700)	4:30.469 (1:52.159)
8:30.471 (2:03.862)	10:35.971 (2:05.500)	12:40.322 (2:04.351)
14:32.386 (1:52.064)		
18 Maddy Sladky	SO Doane	14:55.19
53.076 (53.076)	2:41.115 (1:48.040)	4:34.955 (1:53.840)
8:39.956 (2:05.668)	10:46.683 (2:06.728)	12:52.634 (2:05.951)
14:55.187 (2:02.554)		

Event 29 Women 5000 Meter Run

GPAC Record: G 17:07.64 2011 Charity Miles, Northwestern
 NAIA Auto: A 17:36.30
 NAIA Prov.: B 17:50.00

Name	Year School	Finals	Points
1 Hunter Koepke	SR Northwestern	19:11.26	10
45.531 (45.531)	2:20.943 (1:35.412)	3:57.874 (1:36.931)	5:35.658 (1:37.784)
7:11.295 (1:35.637)	8:44.140 (1:32.845)	10:15.138 (1:30.998)	11:46.187 (1:31.049)
13:16.796 (1:30.609)	14:47.436 (1:30.640)	16:18.203 (1:30.767)	17:51.162 (1:32.959)
19:11.253 (1:20.091)			
2 Taylor Anema	SO Dordt	19:31.22	8
45.822 (45.822)	2:21.204 (1:35.382)	3:58.101 (1:36.897)	5:35.915 (1:37.814)
7:11.545 (1:35.630)	8:44.432 (1:32.887)	10:14.978 (1:30.546)	11:46.011 (1:31.033)
13:16.536 (1:30.525)	14:47.305 (1:30.769)	16:17.929 (1:30.624)	17:51.224 (1:33.295)
19:31.215 (1:39.991)			
3 Anika Homan	FR Dordt	19:40.61	6
46.072 (46.072)	2:21.705 (1:35.633)	3:58.323 (1:36.618)	5:36.065 (1:37.742)
7:11.968 (1:35.903)	8:44.872 (1:32.904)	10:17.355 (1:32.483)	11:50.970 (1:33.615)
13:25.248 (1:34.278)	15:02.356 (1:37.108)	16:40.306 (1:37.950)	18:13.165 (1:32.859)
19:40.606 (1:27.441)			
4 Sydney Clark	JR Concordia	19:47.83	5
45.703 (45.703)	2:21.475 (1:35.772)	3:58.311 (1:36.836)	5:36.120 (1:37.809)
7:11.779 (1:35.659)	8:44.926 (1:33.147)	10:18.277 (1:33.351)	11:54.790 (1:36.513)
13:31.628 (1:36.838)	15:07.232 (1:35.604)	16:43.368 (1:36.136)	18:20.853 (1:37.485)
19:47.829 (1:26.976)			
5 Kristine Honomichl	SO Morningside	19:52.88	4
46.363 (46.363)	2:22.586 (1:36.223)	3:58.425 (1:35.839)	5:36.145 (1:37.720)
7:11.686 (1:35.541)	8:44.613 (1:32.927)	10:17.156 (1:32.543)	11:50.709 (1:33.553)
13:24.937 (1:34.228)	15:02.087 (1:37.150)	16:41.369 (1:39.282)	18:21.884 (1:40.515)
19:52.871 (1:30.987)			
6 Eden Winslow	JR Dordt	19:53.40	3
45.997 (45.997)	2:21.791 (1:35.794)	3:58.495 (1:36.704)	5:36.279 (1:37.784)
7:12.213 (1:35.934)	8:45.195 (1:32.982)	10:18.766 (1:33.571)	11:54.271 (1:35.505)
13:31.234 (1:36.963)	15:07.048 (1:35.814)	16:47.325 (1:40.277)	18:26.964 (1:39.639)
19:53.398 (1:26.434)			
7 Margaret Myskowski	FR Dordt	20:13.61	2
46.393 (46.393)	2:22.543 (1:36.150)	3:58.649 (1:36.106)	5:36.423 (1:37.774)
7:12.092 (1:35.669)	8:45.084 (1:32.992)	10:18.247 (1:33.163)	11:54.337 (1:36.090)
13:31.317 (1:36.980)	15:08.004 (1:36.687)	16:51.067 (1:43.063)	18:34.492 (1:43.425)
20:13.610 (1:39.118)			
8 Sam Crossett	JR Hastings	20:24.50	1
45.906 (45.906)	2:22.757 (1:36.851)	3:58.766 (1:36.009)	5:36.405 (1:37.639)
7:11.403 (1:34.998)	8:44.260 (1:32.857)	10:17.803 (1:33.543)	11:56.869 (1:39.066)
13:40.772 (1:43.903)	15:26.028 (1:45.256)	17:06.855 (1:40.827)	18:51.218 (1:44.363)
20:24.492 (1:33.274)			

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9	Elyse Kuperus	JR Dordt	20:52.78				
	47.710 (47.710)	2:25.456 (1:37.746)	4:03.170 (1:37.714)	5:44.775 (1:41.605)			
	7:25.285 (1:40.510)	9:05.490 (1:40.205)	10:44.769 (1:39.279)	12:26.668 (1:41.899)			
	14:09.636 (1:42.968)	15:52.419 (1:42.783)	17:34.784 (1:42.365)	19:17.032 (1:42.248)			
	20:52.774 (1:35.742)						
10	Grace Reiman	FR Concordia	21:12.17				
	45.677 (45.677)	2:22.264 (1:36.587)	3:59.011 (1:36.747)	5:36.925 (1:37.914)			
	7:12.832 (1:35.907)	8:53.661 (1:40.829)	10:39.361 (1:45.700)	12:28.154 (1:48.793)			
	14:18.584 (1:50.430)	16:05.032 (1:46.448)	17:52.014 (1:46.982)	19:38.204 (1:46.190)			
	21:12.165 (1:33.961)						
11	Myia Johnson	FR Midland	21:17.89				
	49.065 (49.065)	2:28.752 (1:39.687)	4:06.602 (1:37.850)	5:47.342 (1:40.740)			
	7:27.155 (1:39.813)	9:14.079 (1:46.924)	10:59.085 (1:45.006)	12:42.388 (1:43.303)			
	14:25.733 (1:43.345)	16:11.256 (1:45.523)	17:56.308 (1:45.052)	19:41.648 (1:45.340)			
	21:17.888 (1:36.240)						
12	Katlyn Wiese	FR Northwestern	21:25.32				
	47.247 (47.247)	2:26.037 (1:38.790)	4:06.114 (1:40.077)	5:47.024 (1:40.910)			
	7:26.580 (1:39.556)	9:10.438 (1:43.858)	10:52.791 (1:42.353)	12:37.569 (1:44.778)			
	14:21.896 (1:44.327)	16:09.124 (1:47.228)	17:57.401 (1:48.277)	19:46.302 (1:48.901)			
	21:25.320 (1:39.018)						
13	Chloe Inhelder	FR St. Mary	21:27.42				
	49.332 (49.332)	2:29.063 (1:39.731)	4:06.926 (1:37.863)	5:47.597 (1:40.671)			
	7:26.861 (1:39.264)	9:11.180 (1:44.319)	10:54.831 (1:43.651)	12:42.832 (1:48.001)			
	14:29.817 (1:46.985)	16:18.434 (1:48.617)	18:06.827 (1:48.393)	19:53.694 (1:46.867)			
	21:27.412 (1:33.718)						
14	Greichaly Kaster	JR Dordt	21:32.92				
	46.782 (46.782)	2:22.866 (1:36.084)	3:59.397 (1:36.531)	5:37.225 (1:37.828)			
	7:17.962 (1:40.737)	9:03.732 (1:45.770)	10:47.449 (1:43.717)	12:34.855 (1:47.406)			
	14:22.779 (1:47.924)	16:09.791 (1:47.012)	17:57.694 (1:47.903)	19:45.672 (1:47.978)			
	21:32.915 (1:47.243)						
15	Madilynn Edwards	FR Midland	21:38.38				
	49.108 (49.108)	2:28.728 (1:39.620)	4:06.724 (1:37.996)	5:47.423 (1:40.699)			
	7:26.346 (1:38.923)	9:09.431 (1:43.085)	10:53.801 (1:44.370)	12:39.339 (1:45.538)			
	14:24.931 (1:45.592)	16:16.122 (1:51.191)	18:07.499 (1:51.377)	19:53.018 (1:45.519)			
	21:38.379 (1:45.361)						
16	Danielle Van Zanten	SR Dordt	22:10.49				
	47.948 (47.948)	2:27.823 (1:39.875)	4:08.265 (1:40.442)	5:51.158 (1:42.893)			
	7:36.616 (1:45.458)	9:24.339 (1:47.723)	11:13.222 (1:48.883)	13:01.426 (1:48.204)			
	14:51.613 (1:50.187)	16:46.091 (1:54.478)	18:38.850 (1:52.759)	20:26.878 (1:48.028)			
	22:10.481 (1:43.603)						
17	Amie Martin	FR Concordia	22:33.70				
	45.558 (45.558)	2:22.281 (1:36.723)	3:58.981 (1:36.700)	5:37.537 (1:38.556)			
	7:20.181 (1:42.644)	9:07.804 (1:47.623)	10:55.237 (1:47.433)	12:45.420 (1:50.183)			
	14:40.993 (1:55.573)	16:38.825 (1:57.832)	18:39.126 (2:00.301)	20:40.275 (2:01.149)			
	22:33.700 (1:53.425)						
18	Rachel Kenny	SO Morningside	24:05.15				
	49.395 (49.395)	2:29.034 (1:39.639)	4:08.868 (1:39.834)	5:57.336 (1:48.468)			
	7:50.781 (1:53.445)	9:47.669 (1:56.888)	11:48.417 (2:00.748)	13:49.900 (2:01.483)			
	15:51.212 (2:01.312)	17:53.600 (2:02.388)	19:59.280 (2:05.680)	22:03.635 (2:04.355)			
	24:05.150 (2:01.515)						
19	Emily Grant	SR Hastings	27:15.11				
	53.468 (53.468)	2:46.611 (1:53.143)	4:39.913 (1:53.302)	6:35.177 (1:55.264)			
	8:37.015 (2:01.838)	10:52.613 (2:15.598)	13:15.936 (2:23.323)	15:33.520 (2:17.584)			
	17:53.288 (2:19.768)	20:17.295 (2:24.007)	22:43.081 (2:25.786)	25:05.220 (2:22.139)			
	27:15.108 (2:09.888)						

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****Event 30 Women 10000 Meter Run**

GPAC Record: G 37:11.93 5/2/2014 Lauren Shomaker, Hastings

NAIA Auto: A 37:30.00

NAIA Prov.: B 38:13.00

Name	Year	School	Finals	Points
=====				
1 Hunter Koepke	SR	Northwestern	39:45.46	10
1:24.589 (1:24.589)	2:56.342 (1:31.754)	4:26.419 (1:30.077)	5:56.443 (1:30.025)	
7:27.742 (1:31.299)	9:00.797 (1:33.056)	10:33.457 (1:32.660)	12:09.176 (1:35.720)	
13:44.918 (1:35.743)	15:22.974 (1:38.056)	17:00.812 (1:37.838)	18:36.483 (1:35.672)	
20:13.957 (1:37.475)	21:52.972 (1:39.015)	23:35.403 (1:42.431)	25:18.288 (1:42.885)	
26:56.013 (1:37.725)	28:32.535 (1:36.522)	30:12.487 (1:39.953)	31:53.089 (1:40.603)	
33:30.252 (1:37.164)	35:04.287 (1:34.035)	36:39.604 (1:35.317)	38:16.112 (1:36.508)	
39:45.460 (1:29.348)				
2 Sydney Clark	JR	Concordia	42:01.23	8
1:25.817 (1:25.817)	2:57.637 (1:31.821)	4:32.153 (1:34.516)	6:07.582 (1:35.430)	
7:44.360 (1:36.778)	9:21.143 (1:36.784)	10:57.923 (1:36.780)	12:37.004 (1:39.081)	
14:16.817 (1:39.813)	15:57.792 (1:40.976)	17:38.462 (1:40.670)	19:21.362 (1:42.900)	
21:03.854 (1:42.493)	22:46.569 (1:42.715)	24:31.422 (1:44.854)	26:14.797 (1:43.375)	
27:58.033 (1:43.236)	29:43.470 (1:45.437)	31:30.900 (1:47.430)	33:19.797 (1:48.898)	
35:06.556 (1:46.760)	36:51.392 (1:44.836)	38:35.501 (1:44.110)	40:19.195 (1:43.695)	
42:01.228 (1:42.033)				
3 Sam Crossett	JR	Hastings	42:23.09	6
1:30.008 (1:30.008)	3:04.491 (1:34.483)	4:38.667 (1:34.176)	6:13.753 (1:35.087)	
7:51.195 (1:37.443)	9:28.962 (1:37.768)	11:07.771 (1:38.809)	12:47.350 (1:39.580)	
14:28.874 (1:41.524)	16:12.530 (1:43.656)	17:59.747 (1:47.218)	19:47.312 (1:47.565)	
21:28.343 (1:41.031)	23:13.353 (1:45.010)	25:00.104 (1:46.751)	26:46.719 (1:46.615)	
28:33.073 (1:46.355)	30:21.111 (1:48.038)	32:06.891 (1:45.780)	33:49.692 (1:42.802)	
35:35.507 (1:45.815)	37:16.892 (1:41.386)	39:02.547 (1:45.655)	40:46.193 (1:43.647)	
42:23.085 (1:36.893)				
4 Brenna Tolcamp	JR	Dordt	42:40.40	5
1:27.992 (1:27.992)	3:02.937 (1:34.945)	4:38.075 (1:35.139)	6:12.892 (1:34.818)	
7:51.969 (1:39.077)	9:29.689 (1:37.720)	11:08.550 (1:38.861)	12:48.055 (1:39.506)	
14:29.147 (1:41.093)	16:11.345 (1:42.198)	17:53.552 (1:42.207)	19:37.688 (1:44.137)	
21:21.122 (1:43.435)	23:07.177 (1:46.055)	24:53.920 (1:46.743)	26:40.020 (1:46.100)	
28:27.238 (1:47.218)	30:16.813 (1:49.575)	32:04.965 (1:48.153)	33:53.341 (1:48.376)	
35:42.870 (1:49.530)	37:30.775 (1:47.905)	39:15.302 (1:44.527)	41:02.632 (1:47.330)	
42:40.400 (1:37.768)				
5 Sydney Stiemsma	JR	Dordt	42:43.61	4
1:32.732 (1:32.732)	3:12.370 (1:39.639)	4:51.476 (1:39.106)	6:29.420 (1:37.945)	
8:10.297 (1:40.878)	9:51.842 (1:41.545)	11:34.516 (1:42.675)	13:17.310 (1:42.794)	
14:59.956 (1:42.647)	16:41.057 (1:41.101)	18:24.398 (1:43.342)	20:09.870 (1:45.473)	
21:54.522 (1:44.653)	23:37.330 (1:42.808)	25:20.717 (1:43.388)	27:04.152 (1:43.435)	
28:48.100 (1:43.949)	30:33.892 (1:45.792)	32:19.231 (1:45.340)	34:04.982 (1:45.751)	
35:50.317 (1:45.335)	37:35.461 (1:45.145)	39:19.987 (1:44.527)	41:04.667 (1:44.680)	
42:43.607 (1:38.940)				
6 Lucy Borkowski	FR	Dordt	42:50.05	3
1:27.726 (1:27.726)	3:02.650 (1:34.924)	4:37.779 (1:35.130)	6:13.164 (1:35.385)	
7:52.248 (1:39.085)	9:29.928 (1:37.680)	11:07.505 (1:37.578)	12:47.694 (1:40.189)	
14:28.484 (1:40.790)	16:10.984 (1:42.500)	17:53.230 (1:42.246)	19:37.985 (1:44.755)	
21:21.356 (1:43.372)	23:07.333 (1:45.978)	24:53.600 (1:46.268)	26:40.185 (1:46.585)	
28:27.392 (1:47.208)	30:16.246 (1:48.855)	32:05.135 (1:48.889)	33:53.417 (1:48.283)	
35:43.486 (1:50.070)	37:32.160 (1:48.675)	39:20.810 (1:48.650)	41:08.187 (1:47.378)	
42:50.044 (1:41.857)				

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021**Concordia University****Results****....Event 30 Women 10000 Meter Run**

7	Jaden Hilkemann	FR Doane	43:23.63	2
	1:33.957 (1:33.957)	3:11.740 (1:37.784)	4:51.120 (1:39.380)	6:29.411 (1:38.291)
	8:10.239 (1:40.828)	9:51.780 (1:41.541)	11:34.174 (1:42.395)	13:16.907 (1:42.734)
	14:59.597 (1:42.690)	16:40.528 (1:40.931)	18:23.755 (1:43.227)	20:09.189 (1:45.435)
	21:54.890 (1:45.701)	23:38.140 (1:43.250)	25:23.859 (1:45.720)	27:10.060 (1:46.201)
	28:58.358 (1:48.299)	30:46.026 (1:47.668)	32:35.065 (1:49.039)	34:25.790 (1:50.725)
	36:12.854 (1:47.065)	38:01.970 (1:49.117)	39:51.506 (1:49.536)	41:37.496 (1:45.990)
	43:23.629 (1:46.133)			
8	Amie Martin	FR Concordia	44:23.89	1
	1:30.338 (1:30.338)	3:04.859 (1:34.521)	4:39.052 (1:34.193)	6:14.600 (1:35.549)
	7:52.759 (1:38.159)	9:30.295 (1:37.537)	11:08.030 (1:37.735)	12:47.170 (1:39.140)
	14:28.784 (1:41.614)	16:11.831 (1:43.048)	17:57.851 (1:46.020)	19:46.210 (1:48.359)
	21:33.717 (1:47.508)	23:24.820 (1:51.103)	25:17.459 (1:52.640)	27:03.779 (1:46.320)
	28:59.543 (1:55.765)	30:53.612 (1:54.069)	32:47.384 (1:53.773)	34:39.570 (1:52.187)
	36:34.812 (1:55.243)	38:31.691 (1:56.879)	40:27.389 (1:55.698)	42:26.117 (1:58.729)
	44:23.882 (1:57.765)			
9	Katlyn Wiese	FR Northwestern	44:56.74	
	1:33.388 (1:33.388)	3:12.697 (1:39.309)	4:51.489 (1:38.793)	6:30.216 (1:38.728)
	8:10.870 (1:40.655)	9:52.237 (1:41.367)	11:34.915 (1:42.679)	13:18.185 (1:43.270)
	15:01.714 (1:43.529)	16:47.441 (1:45.728)	18:35.438 (1:47.998)	20:24.162 (1:48.724)
	22:14.542 (1:50.381)	24:05.991 (1:51.449)	25:58.295 (1:52.305)	27:50.610 (1:52.315)
	29:44.759 (1:54.149)	31:40.815 (1:56.056)	33:37.041 (1:56.227)	35:32.084 (1:55.043)
	37:27.046 (1:54.963)	39:21.370 (1:54.325)	41:14.285 (1:52.915)	43:07.683 (1:53.399)
	44:56.735 (1:49.052)			
10	Elizabeth Baade	FR Hastings	46:57.24	
	1:35.772 (1:35.772)	3:18.138 (1:42.367)	5:01.109 (1:42.971)	6:45.378 (1:44.270)
	8:30.253 (1:44.875)	10:15.458 (1:45.205)	12:03.407 (1:47.950)	13:52.908 (1:49.501)
	15:46.457 (1:53.550)	17:40.523 (1:54.066)	19:35.086 (1:54.563)	21:30.525 (1:55.439)
	23:27.154 (1:56.630)	25:25.154 (1:58.000)	27:27.067 (2:01.913)	29:29.747 (2:02.681)
	31:31.091 (2:01.344)	33:30.413 (1:59.323)	35:26.285 (1:55.872)	37:19.094 (1:52.810)
	39:17.296 (1:58.203)	41:17.538 (2:00.243)	43:20.941 (2:03.403)	45:15.567 (1:54.626)
	46:57.235 (1:41.669)			
11	Emily Grant	SR Hastings	49:58.27	
	1:52.725 (1:52.725)	3:47.658 (1:54.934)	5:42.265 (1:54.607)	7:38.245 (1:55.980)
	9:34.094 (1:55.850)	11:30.675 (1:56.581)	13:29.136 (1:58.462)	15:29.364 (2:00.228)
	17:28.727 (1:59.363)	19:32.037 (2:03.311)	21:38.754 (2:06.717)	23:41.182 (2:02.428)
	25:41.562 (2:00.380)	27:42.243 (2:00.682)	29:45.977 (2:03.735)	31:49.134 (2:03.157)
	33:50.163 (2:01.030)	35:52.644 (2:02.481)	37:54.460 (2:01.817)	39:56.784 (2:02.324)
	42:01.833 (2:05.050)	44:06.982 (2:05.149)	46:08.285 (2:01.304)	48:07.329 (1:59.044)
	49:58.269 (1:50.940)			
12	Carley Davis	FR Hastings	50:45.61	
	1:52.135 (1:52.135)	3:47.142 (1:55.007)	5:42.681 (1:55.540)	7:39.108 (1:56.428)
	9:35.654 (1:56.546)	11:33.332 (1:57.678)	13:31.202 (1:57.871)	15:32.404 (2:01.202)
	17:33.321 (2:00.918)	19:36.194 (2:02.873)	21:35.616 (1:59.423)	23:39.468 (2:03.853)
	25:46.819 (2:07.351)	27:53.009 (2:06.190)	29:59.980 (2:06.972)	32:07.668 (2:07.688)
	34:12.360 (2:04.692)	36:19.156 (2:06.797)	38:29.173 (2:10.018)	40:38.508 (2:09.335)
	42:43.087 (2:04.579)	44:52.612 (2:09.526)	46:58.394 (2:05.782)	48:55.894 (1:57.500)
	50:45.603 (1:49.710)			
--	Maddie Coufal	JR St. Mary	DNF	
	1:41.271 (1:41.271)	3:31.195 (1:49.925)	5:21.557 (1:50.363)	7:13.595 (1:52.038)
	9:06.585 (1:52.990)	10:59.504 (1:52.920)	12:51.235 (1:51.731)	14:43.440 (1:52.205)
--	Abi DeLoach	SO Concordia	DNF	
	1:34.126 (1:34.126)	3:12.665 (1:38.540)	4:51.691 (1:39.026)	6:29.918 (1:38.228)
	8:10.996 (1:41.078)	9:52.302 (1:41.307)	11:35.022 (1:42.720)	13:17.549 (1:42.528)
	15:02.072 (1:44.523)	16:55.035 (1:52.963)		

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

....Event 30 Women 10000 Meter Run

-- Tara Andersen SR Dordt DNF
 1:32.367 (1:32.367) 3:12.012 (1:39.645) 4:51.260 (1:39.249) 6:29.771 (1:38.511)
 8:10.691 (1:40.920) 9:52.047 (1:41.356)

Event 31 Women 100 Meter Hurdles

=====
 GPAC Record: G 14.08 2015 Karen Ettleman, Northwestern College
 GPAC Record: G 14.08 1987 Melody Robinson, Midland Lutheran Col
 NAIA Auto: A 14.55
 NAIA Prov.: B 14.94

Name	Year	School	Prelims	Wind	H#
===== Preliminaries					
1 Lauren Tamayo	SO	Hastings	B 14.62Q	NWI	1
2 Nisa Thomas	FR	Hastings	B 14.81Q	NWI	2
3 Rachel Battershell	SO	Concordia	B 14.88Q	NWI	3
4 Sarah Lewis	SO	Concordia	15.00q	NWI	3
5 Ashinee George	FR	Mount Marty	15.14q	NWI	2
6 Dayris Bonillas	JR	Hastings	15.35q	NWI	1
7 Stephanie Faulhaber	JR	Mount Marty	15.42q	NWI	3
8 Emily Loy	JR	Concordia	15.77q	NWI	2
9 Jastiny Jackson	FR	Doane	15.92	NWI	1
10 Nicole Harms	FR	Doane	15.98	NWI	1
11 Josie Puelz	FR	Concordia	16.01	NWI	2
12 Rhys Maxey	FR	Hastings	16.16	NWI	1
13 Hope Morken	SO	Morningside	16.17	NWI	2
14 Rylee Rice	FR	Doane	16.38	NWI	3
15 Kaylee Boyle	SO	Concordia	16.73	NWI	3 16.725
16 Bryn Groff	SR	Morningside	16.73	NWI	2 16.728
17 Jada Marco	SR	Northwestern	16.77	NWI	1
18 Jada Lloyd	FR	Doane	16.97	NWI	3
19 Sara Bonn	FR	Jamestown	17.18	NWI	2
20 Ella De Jong	FR	Dordt	17.54	NWI	1
21 Emma Jenness	FR	Northwestern	17.57	NWI	3

Event 31 Women 100 Meter Hurdles

=====
 GPAC Record: G 14.08 2015 Karen Ettleman, Northwestern College
 GPAC Record: G 14.08 1987 Melody Robinson, Midland Lutheran College
 NAIA Auto: A 14.55
 NAIA Prov.: B 14.94

Name	Year	School	Finals	Wind	Points
===== Finals					
1 Lauren Tamayo	SO	Hastings	14.11A	NWI	10
2 Rachel Battershell	SO	Concordia	14.25A	NWI	8
3 Sarah Lewis	SO	Concordia	14.60B	NWI	6
4 Nisa Thomas	FR	Hastings	14.91B	NWI	5
5 Stephanie Faulhaber	JR	Mount Marty	15.12	NWI	4
6 Dayris Bonillas	JR	Hastings	15.24	NWI	3
7 Emily Loy	JR	Concordia	15.95	NWI	2
-- Ashinee George	FR	Mount Marty	DNF	NWI	

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

Event 32 Women 400 Meter Hurdles

GPAC Record: G 1:00.23 2001 Shannon Mihaltan, Hastings College
 NAIA Auto: A 1:03.30
 NAIA Prov.: B 1:04.70

Name	Year School	Finals	H#	Points
1 Rachel Battershell	SO Concordia	1:02.31A	3	10
2 Sarah Lewis	SO Concordia	1:03.85B	3	8
3 Anmarie Stuit	JR Dordt	1:03.94B	3	6
4 Abigail Clarke	SO Northwestern	1:05.47	3	5
5 Tianna Bumbace-Kuehl	FR Mount Marty	1:06.54	2	4
6 Callie Yeakel	SO Morningside	1:06.59	3	3
7 Anni Stier	FR Jamestown	1:07.14	2	2
8 Meghan Orr	SO Jamestown	1:07.47	3	1
9 Hope Morken	SO Morningside	1:08.14	2	
10 Ashinee George	FR Mount Marty	1:08.22	2	
11 Sarah Bosch	SO Morningside	1:08.48	2	
12 Rhys Maxey	FR Hastings	1:09.44	3	
13 Dayris Bonillas	JR Hastings	1:09.85	2	
14 Grace Reimer	FR Concordia	1:09.92	1	
15 Emma Jenness	FR Northwestern	1:09.96	1	
16 Kennedy Mogul	JR Concordia	1:10.97	2	
17 Madyson Ray	FR Midland	1:11.22	1	
18 Jordyn Hilyard	SO Concordia	1:12.40	1	
19 Morgan Roberts	JR Morningside	1:12.58	1	
20 Halle Weise	JR Doane	1:14.43	2	1:14.425
21 Ella De Jong	FR Dordt	1:14.43	1	1:14.428
22 Anna McCoy	FR Concordia	1:18.18	1	

Event 33 Women 4x100 Meter Relay

GPAC Record: G 47.00
 GPAC Record: G 46.86 2019 Hasting, Hastings College
 S Cunningham, J Wilson, D Maessner, M Moran
 NAIA Auto: A 47.99
 NAIA Prov.: B 48.32

School	Finals	H#	Points
1 Hastings	47.42A	2	10
1) Julyah Wilson SO	2) Lauren Tamayo SO		
3) Karsen Sears SO	4) Daisy Maessner SO		
2 Concordia University	48.45	2	8
1) Emily Loy JR	2) Amira Cummings FR		
3) Hannah Mulligan SO	4) Cora Olson SO		
3 Dordt	49.63	2	6
1) Erika Nikkel FR	2) Emma Bakker JR		
3) Julia Yoder SR	4) Alexandra Beckmann FR		
4 Mount Marty	49.77	2	5
1) Stephanie Faulhaber JR	2) Ashinee George FR		
3) Aniya Teppo FR	4) Elianna Clark SO		
5 Northwestern College	50.07	2	4
1) Lizzy Blum FR	2) Natalie Lausen SO		
3) Jada Marco SR	4) Caitlin Ostbye FR		
6 Doane	50.39	2	3
1) MacKenzie Brandl JR	2) Annika Pingel SO		
3) Nicole Harms FR	4) Jastiny Jackson FR		

GPAC Outdoor Track and Field Championships - 4/30/2021 to 5/1/2021

Concordia University

Results

....Event 33 Women 4x100 Meter Relay

7 Morningside	50.53	1	2
1) Lindsey Flammang SR	2) Kayla Eilander FR		
3) Callie Yeakel SO	4) Betsy Ridout JR		
8 Jamestown	51.37	2	1
1) Gracie Bohl FR	2) Meghan Orr SO		
3) Anni Stier FR	4) Jordynn Toliver FR		
9 Dakota Wesleyan	51.78	2	
1) Lydia Gerber SR	2) Ashtyn Evans FR		
3) Lia Guigui JR	4) Avany Long FR		
10 Briar Cliff	52.23	1	
1) Mollie Williams FR	2) Pluma Pross FR		
3) Isabel Sayler FR	4) Jesikah Boykin FR		

Event 34 Women 4x400 Meter Relay

GPAC Record: G 3:47.08 5/7/2016 Nebraska Wesleyan, Nebraska Wes
E Jones, A Hunke, K Jones, K Krick

NAIA Auto: A 3:55.00

NAIA Prov.: B 3:57.00

School		Finals	H#	Points
1 Concordia University	3:55.28B	2	10	
1) Keri Bauer SO	2) Sarah Lewis SO			
3) Sydney Schernikau FR	4) Rachel Battershell SO			
1:59.054 (1:59.054)	2:58.459 (59.405)	3:55.274 (56.815)		
2 Dordt	4:02.42	2	8	
1) Mika Kooistra JR	2) Cassie Brandsma SO			
3) Anna Herman FR	4) Emma Bakker JR			
2:01.923 (2:01.923)	3:04.355 (1:02.433)	4:02.417 (58.062)		
3 Morningside	4:03.48	2	6	
1) Betsy Ridout JR	2) Jo McKibben JR			
3) Callie Yeakel SO	4) Emily Chicoine FR			
2:02.241 (2:02.241)	3:03.788 (1:01.548)	4:03.477 (59.689)		
4 Jamestown	4:05.26	2	5	
1) Meghan Orr SO	2) Naja Whitehead FR			
3) Jordynn Toliver FR	4) Anni Stier FR			
2:05.053 (2:05.053)	3:04.792 (59.739)	4:05.255 (1:00.464)		
5 Northwestern College	4:06.13	2	4	
1) Abigail Clarke SO	2) Morgan Van Der Brink JR			
3) Devyn Kemble JR	4) Savonne Sterk FR			
2:02.725 (2:02.725)	3:05.291 (1:02.566)	4:06.130 (1:00.840)		
6 Mount Marty	4:08.54	2	3	
1) Stephanie Faulhaber JR	2) Elianna Clark SO			
3) Ashinee George FR	4) Tianna Bumbace-Kuehl FR			
2:06.381 (2:06.381)	3:07.222 (1:00.841)	4:08.537 (1:01.315)		
7 Doane	4:12.31	2	2	
1) Annika Pingel SO	2) MacKenzie Brandl JR			
3) Grace Damme FR	4) Nicole Harms FR			
2:04.775 (2:04.775)	3:09.652 (1:04.877)	4:12.304 (1:02.653)		
8 Hastings	4:27.04	2	1	
1) Veronica Pinkerton FR	2) Rhys Maxey FR			
3) Madison Gerken FR	4) Landry Hinkson FR			
2:08.465 (2:08.465)	3:15.569 (1:07.105)	4:27.037 (1:11.468)		
9 Midland	4:27.86	1		

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....Event 35 Women 4x800 Meter Relay

11 St. Mary 10:55.46
 1) Grace Blum JR 2) Alyssa Burk FR
 3) Emma Peck JR 4) Brooke Wigdahl FR
 2:34.024 (2:34.024) 5:19.111 (2:45.088) 8:02.019 (2:42.908) 10:55.458 (2:53.440)

Event 36 Women Long Jump

9 to Final
 GPAC Record: G 6.01m 2012 Briana Vander Woude, Dordt College
 NAIA Auto: A 5.75m
 NAIA Prov.: B 5.65m

Name	Year	School	Finals	Wind	H#	Points
1 Karsen Sears	SO	Hastings	5.88mA	NWI	19-03.50	2 10
5.44m(NWI) 5.70m(NWI) 5.76m(NWI) 5.59m(NWI) 5.88m(NWI) 5.72m(NWI)						
2 Daisy Maessner	SO	Hastings	5.68mB	NWI	18-07.75	2 8
FOUL 5.53m(NWI) 5.52m(NWI) 5.59m(NWI) 5.68m(NWI) FOUL						
3 Katie Severt	FR	Concordia	5.45m	NWI	17-10.75	2 6
5.38m(NWI) 5.30m(NWI) 5.02m(NWI) 5.41m(NWI) FOUL 5.45m(NWI)						
4 Lauren Tamayo	SO	Hastings	J5.45m	NWI	17-10.75	2 5
FOUL 5.29m(NWI) 5.41m(NWI) 5.45m(NWI) FOUL PASS						
5 Lydia Gerber	SR	Dakota Wesleyan	J5.45m	NWI	17-10.75	2 4
FOUL FOUL 5.41m(NWI) FOUL FOUL 5.45m(NWI)						
6 Cora Olson	SO	Concordia	5.44m	NWI	17-10.25	2 3
5.32m(NWI) 5.23m(NWI) 5.29m(NWI) FOUL 5.37m(NWI) 5.44m(NWI)						
7 Amy Richert	FR	Concordia	5.35m	NWI	17-06.75	2 2
5.17m(NWI) 5.28m(NWI) 5.33m(NWI) 5.25m(NWI) 5.29m(NWI) 5.35m(NWI)						
8 Jordynn Toliver	FR	Jamestown	5.33m	NWI	17-06.00	2 1
5.33m(NWI) FOUL 5.17m(NWI) 5.24m(NWI) 5.32m(NWI) 4.76m(NWI)						
9 Allison Birks	SR	Northwestern	J5.33m	NWI	17-06.00	2
5.33m(NWI) 5.07m(NWI) 5.13m(NWI) 4.94m(NWI) 4.91m(NWI) 4.99m(NWI)						
10 Jamey Broman	SO	Concordia	5.31m	NWI	17-05.25	2
FOUL FOUL 5.31m(NWI)						
11 Gabby Diamond	JR	Concordia	5.19m	NWI	17-00.50	1
5.18m(NWI) 4.94m(NWI) 5.19m(NWI)						
12 Kaylynn Ridgely	FR	Northwestern	5.15m	NWI	16-10.75	1
FOUL 5.12m(NWI) 5.15m(NWI)						
13 Lauren Theiler	SO	Doane	5.09m	NWI	16-08.50	1
4.92m(NWI) 4.96m(NWI) 5.09m(NWI)						
14 Taylor Moes	FR	Concordia	4.99m	NWI	16-04.50	1
FOUL 4.99m(NWI) FOUL						
15 Katie Jacob	SO	Northwestern	4.96m	NWI	16-03.25	1
4.96m(NWI) FOUL 4.85m(NWI)						
16 Mikayla Balt	SO	Dordt	4.94m	NWI	16-02.50	1
4.94m(NWI) 4.65m(NWI) 4.60m(NWI)						
17 Naja Whitehead	FR	Jamestown	4.92m	NWI	16-01.75	1
FOUL 4.92m(NWI) 4.74m(NWI)						
18 Skylar Kreifels	FR	Concordia	4.87m	NWI	15-11.75	1
4.18m(NWI) 4.43m(NWI) 4.87m(NWI)						
19 Ashley Vandermeer	SO	Dordt	J4.87m	NWI	15-11.75	2
FOUL 4.87m(NWI) FOUL						
20 Gracie Bohl	FR	Jamestown	4.76m	NWI	15-07.50	1
4.57m(NWI) 4.76m(NWI) 4.70m(NWI)						
21 Haley Miller	SO	Doane	J4.76m	NWI	15-07.50	1
4.76m(NWI) 4.63m(NWI) 4.48m(NWI)						

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....Event 36 Women Long Jump

22	Jaelynn Scott	FR Doane	4.62m	NWI	15-02.00	1
	4.62m(NWI) FOUL	4.23m(NWI)				
23	Anna Allen	SO Jamestown	4.60m	NWI	15-01.25	1
	FOUL 4.60m(NWI) FOUL					

Event 37 Women Triple Jump

9 to Final

GPAC Record: G 12.58m 2004 Rochelle Schmidt, Doane College

NAIA Auto: A 11.75m

NAIA Prov.: B 11.50m

Name	Year	School	Finals	Wind	H#	Points
1 Daisy Maessner	SO	Hastings	11.80mA	NWI	38-08.75	2 10
		11.29m(NWI) FOUL	FOUL			11.53m(NWI) 11.80m(NWI) PASS
2 Lydia Gerber	SR	Dakota Wesleyan	11.52mB	NWI	37-09.50	2 8
		11.48m(NWI) 11.17m(NWI) FOUL				11.52m(NWI) 11.46m(NWI) FOUL
3 Taylor Moes	FR	Concordia	11.38m	NWI	37-04.00	2 6
		FOUL 11.38m(NWI) FOUL				10.70m(NWI) FOUL 10.91m(NWI)
4 Cora Olson	SO	Concordia	11.14m	NWI	36-06.75	2 5
		10.90m(NWI) 9.56m(NWI) 10.60m(NWI)				10.98m(NWI) 11.14m(NWI) FOUL
5 Haley Miller	SO	Doane	10.81m	NWI	35-05.75	2 4
		FOUL 10.38m(NWI) 10.72m(NWI)				10.34m(NWI) 10.81m(NWI) FOUL
6 Naja Whitehead	FR	Jamestown	J10.81m	NWI	35-05.75	2 3
		FOUL 10.41m(NWI) 10.57m(NWI)				10.35m(NWI) FOUL 10.81m(NWI)
7 Averie Lambrecht	FR	Concordia	10.80m	NWI	35-05.25	2 2
		10.27m(NWI) 10.71m(NWI) 10.80m(NWI)				9.99m(NWI) 10.60m(NWI) 10.71m(NWI)
8 Ashley Vandermeer	SO	Dordt	10.67m	NWI	35-00.25	2 1
		10.67m(NWI) FOUL 10.54m(NWI) PASS				PASS PASS PASS
9 Kiana Payer	FR	Mount Marty	10.40m	NWI	34-01.50	1
		9.84m(NWI) 9.99m(NWI) 10.36m(NWI)				9.93m(NWI) 10.40m(NWI) FOUL
10 Isabel Sayler	FR	Briar Cliff	10.33m	NWI	33-10.75	1
		FOUL 10.18m(NWI) 10.33m(NWI)				
11 Lauren Theiler	SO	Doane	10.30m	NWI	33-09.50	2
		FOUL FOUL 10.30m(NWI)				
12 Ashtyn Evans	FR	Dakota Wesleyan	10.28m	NWI	33-08.75	1
		9.85m(NWI) 10.28m(NWI) FOUL				
13 Paige Decker	FR	Dordt	10.18m	NWI	33-04.75	2
		10.18m(NWI) 10.18m(NWI) FOUL				
14 Jaelyn Dragt	FR	Dordt	10.17m	NWI	33-04.50	2
		10.17m(NWI) 9.97m(NWI) FOUL				
15 Allison Madden	FR	Morningside	10.13m	NWI	33-03.00	1
		9.42m(NWI) 10.13m(NWI) 9.63m(NWI)				
16 Jada Lloyd	FR	Doane	10.08m	NWI	33-01.00	1
		9.87m(NWI) 10.08m(NWI) 9.87m(NWI)				
17 Mikayla Balt	SO	Dordt	10.07m	NWI	33-00.50	1
		10.07m(NWI) FOUL 9.78m(NWI)				
18 Sarah Heck	JR	Concordia	9.94m	NWI	32-07.50	1
		9.73m(NWI) 9.94m(NWI) 9.87m(NWI)				
19 Jessica Niles	FR	Mount Marty	9.84m	NWI	32-03.50	1
		FOUL 9.28m(NWI) 9.84m(NWI)				
20 Gemma Seevers	FR	Concordia	9.69m	NWI	31-09.50	1
		9.47m(NWI) FOUL 9.69m(NWI)				
21 Katie Jacob	SO	Northwestern	9.56m	NWI	31-04.50	1
		9.45m(NWI) FOUL 9.56m(NWI)				

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Event 38 Women High Jump

1.49-1.54-1.59-1.64-1.67-1.70-1.73

GPAC Record: G 1.78m 1992 Kim Oden / Katie Jasa, NWU / Doane College

NAIA Auto: A 1.67m

NAIA Prov.: B 1.64m

Name	Year	School	Finals	Points
1 Cassie Brandsma	SO	Dordt	1.67mA	5-05.75 10
1.49 1.54 1.59 1.64 1.67 1.70				
O O XO XXO XO XXX				
2 Lauren Tamayo	SO	Hastings	J1.67mA	5-05.75 8
1.49 1.54 1.59 1.64 1.67 1.70				
P O XO XO XXX				
3 Mackenzie Koepke	SO	Concordia	1.64mB	5-04.50 6
1.49 1.54 1.59 1.64 1.67				
P O O XO XXX				
4 Lindsey Craig	SO	Northwestern	J1.64mB	5-04.50 5
1.49 1.54 1.59 1.64 1.67				
O O XO XXO XXX				
5 Amy Richert	FR	Concordia	J1.64mB	5-04.50 4
1.49 1.54 1.59 1.64 1.67				
P O XXO XXO XXX				
6 Cori De Jong	JR	Dordt	1.59m	5-02.50 3
1.49 1.54 1.59 1.64				
O O O XXX				
7 Sarah Theiler	FR	Doane	J1.59m	5-02.50 2
1.49 1.54 1.59 1.64				
O XO O XXX				
8 Jessica Niles	FR	Mount Marty	J1.59m	5-02.50 1
1.49 1.54 1.59 1.64				
O O XO XXX				
9 Lia Guigui	JR	Dakota Wesleyan	J1.59m	5-02.50
1.49 1.54 1.59 1.64				
O XO XXO XXX				
10 Heather Maier	FR	Mount Marty	1.54m	5-00.50
1.49 1.54 1.59				
XXO XO XXX				
11 Sarah De Haan	SR	Dordt	J1.54m	5-00.50
1.49 1.54 1.59				
O XXO XXX				
12 Jordynn Toliver	FR	Jamestown	1.49m	4-10.50
1.49 1.54				
O XXX				
12 Kaylynn Ridgely	FR	Northwestern	1.49m	4-10.50
1.49 1.54				
O XXX				
12 Emma Campbell	SO	Doane	1.49m	4-10.50
1.49 1.54				
O XXX				
12 Madison Blackstone	SO	Doane	1.49m	4-10.50
1.49 1.54				
O XXX				
12 Paige Decker	FR	Dordt	1.49m	4-10.50
1.49 1.54				
O XXX				

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....Event 38 Women High Jump

17	Grace Reimer	FR Concordia	J1.49m	4-10.50
	1.49 1.54			
	XO XXX			
17	Skylar Kreifels	FR Concordia	J1.49m	4-10.50
	1.49 1.54			
	XO XXX			
17	Isabelle Watson	JR Doane	J1.49m	4-10.50
	1.49 1.54			
	XO XXX			
20	Kaylee Boyle	SO Concordia	J1.49m	4-10.50
	1.49 1.54			
	XXO XXX			
--	Brynna Bruxellas	FR Concordia	NH	
	1.49			
	XXX			
--	Kaylee Martinsen	FR Doane	NH	
	1.49			
	XXX			
--	Morgan Schuette	FR Concordia	NH	
	1.49			
	XXX			

Event 39 Women Pole Vault

2.95-3.10-3.25-3.40-3.55-3.65-3.75

GPAC Record: G 4.05m 2011 Kayla Friesen, Sioux Falls

NAIA Auto: A 3.65m

NAIA Prov.: B 3.55m

Name	Year	School	Finals	Points
1 Josie Puelz	FR	Concordia	4.15mG 13-07.25	10
2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85 3.95 4.05 4.15 4.27				
P P P P O O O XO XXO XO O XXX				
2 Courtney Schindler	SR	Doane	3.95mA 12-11.50	8
2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85 3.95 4.05				
P P P P O O O O XO XXX				
3 Kylee Edmonds	FR	Midland	3.85mA 12-07.50	6
2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85 3.95 4.05				
P P P P O O O O P XXX				
4 Erin Mapson	SO	Concordia	J3.85mA 12-07.50	5
2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85 3.95				
P P P P XO XO O XO XXX				
5 Wendy van Nes	FR	Midland	J3.85mA 12-07.50	4
2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85 3.95				
P P P O XXO O XO XO XXX				
6 Abigail Collingham	SR	Hastings	3.75mA 12-03.50	3
2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85				
P P P P P XO O XXX				
7 Josie Peterson	JR	Hastings	3.65mA 11-11.75	2
2.95 3.10 3.25 3.40 3.55 3.65 3.75				
P P P XO XXO O XXX				
8 Amira Cummings	FR	Concordia	3.55mB 11-07.75	0.50
2.95 3.10 3.25 3.40 3.55 3.65				
P O O O XO XXX				

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....Event 39 Women Pole Vault

8	Alyssa Downs	SR Doane	3.55mB	11-07.75	0.50
	2.95 3.10 3.25 3.40 3.55 3.65				
	P P O O XO XXX				
10	Tiersa Darley	JR Hastings	J3.55mB	11-07.75	
	2.95 3.10 3.25 3.40 3.55 3.65				
	P O O XXO XXO XXX				
11	Gracie Rippen	SO Mount Marty	3.25m	10-08.00	
	2.95 3.10 3.25 3.40				
	O O XO XXX				
12	Anna Baack	JR Concordia	3.10m	10-02.00	
	2.95 3.10 3.25				
	P O XXX				
13	Abby Shay	FR Concordia	J3.10m	10-02.00	
	2.95 3.10 3.25				
	P XXO XXX				
14	Allison Pinkall	JR Concordia	2.95m	9-08.00	
	2.95 3.10				
	O XXX				
14	Sydney Reichert	FR Concordia	2.95m	9-08.00	
	2.95 3.10				
	O XXX				
16	Grace Deines	FR Doane	J2.95m	9-08.00	
	2.95 3.10				
	XXO XXX				
--	Janessa Minderhoud	SR Dor dt		NH	
	2.95				
	XXX				
--	Cassie Kessler	FR Doane		NH	
	2.95				
	XXX				
--	Kaitlyn Mahnke	SR Doane		NH	
	2.95				
	XXX				

Event 40 Women Shot Put

9 to Final
 GPAC Record: G 15.40m 2019 Samantha Liermann, Concordia
 NAIA Auto: A 13.55m
 NAIA Prov.: B 13.00m

Name	Year School	Finals	H#	Points
1 Adrianna Shaw	SR Concordia	15.04mA	49-04.25	2 10
13.89m 14.81m FOUL FOUL 15.04m 14.91m				
2 Kiara Anderson	FR Hastings	14.10mA	46-03.25	2 8
FOUL FOUL 12.75m 13.89m FOUL 14.10m				
3 Madison Sutton	FR Doane	13.93mA	45-08.50	2 6
13.05m 13.06m 13.39m 13.93m FOUL FOUL				
4 Jordyn Anderson	SO Concordia	13.47mB	44-02.50	2 5
13.23m 13.42m 13.47m FOUL 13.23m FOUL				
5 Abigail Gerber	FR Concordia	13.18mB	43-03.00	2 4
13.18m FOUL 12.41m 12.92m FOUL 12.86m				
6 Elle Luehr	FR Concordia	13.04mB	42-09.50	2 3
13.04m 12.96m 12.77m FOUL FOUL FOUL				

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....Event 40 Women Shot Put

7	Rebecca Bindert	SR Northwestern	12.94m	42-05.50	2	2
	12.40m 12.72m FOUL 12.75m 12.77m 12.94m					
8	Allison Skala	SO Doane	12.89m	42-03.50	2	1
	FOUL 12.62m FOUL 12.89m FOUL FOUL					
9	Kamryn Pokorney	FR Concordia	12.56m	41-02.50	2	
	FOUL FOUL 12.56m FOUL FOUL 11.86m					
10	Hallie Hallock	JR Mount Marty	12.40m	40-08.25	1	
	11.87m 12.30m 12.40m					
11	Alli Owings	FR Concordia	12.38m	40-07.50	2	
	FOUL 11.27m 12.38m					
12	Hope Wagner	FR Briar Cliff	12.27m	40-03.25	1	
	12.27m FOUL FOUL					
13	Erin Painter	FR Concordia	12.01m	39-05.00	1	
	FOUL 11.36m 12.01m					
14	Emily Kraft	FR Northwestern	11.90m	39-00.50	1	
	11.65m 11.73m 11.90m					
15	Jodi Fry	JR Concordia	11.87m	38-11.50	2	
	11.87m FOUL FOUL					
16	Lauren Reilly	SO Doane	11.81m	38-09.00	1	
	11.20m 11.74m 11.81m					
17	Lila Gronseth	FR Dakota Wesleyan	11.79m	38-08.25	1	
	11.79m 11.57m FOUL					
18	Audrey Rodakowski	FR Jamestown	11.55m	37-10.75	1	
	FOUL 11.55m FOUL					
19	Asia Tyler	FR Hastings	11.42m	37-05.75	1	
	FOUL FOUL 11.42m					
20	Sydney Biermann	FR Doane	11.36m	37-03.25	1	
	FOUL 10.58m 11.36m					
21	Katie VanLaningham	SO Doane	11.19m	36-08.50	1	
	11.19m FOUL FOUL					
22	Cordelia Pearson	FR Midland	11.04m	36-02.75	1	
	FOUL 11.04m 10.10m					
23	Natalie Iacovetto	FR Midland	10.74m	35-03.00	1	
	FOUL FOUL 10.74m					
--	Brianna Hunter	SR Briar Cliff	FOUL			2
	FOUL FOUL FOUL					

Event 41 Women Discus Throw

9 to Final
 GPAC Record: G 51.24m 5/2/2009 Laura Wortmann, Mount Marty
 NAIA Auto: A 44.00m
 NAIA Prov.: B 42.40m

Name	Year School	Finals	H#	Points
1 Madison Sutton	FR Doane	50.43mA	165-05	2 10
	43.83m 50.43m FOUL FOUL 46.08m FOUL			
2 Adrianna Shaw	SR Concordia	50.26mA	164-11	2 8
	44.59m 46.92m 50.26m FOUL			
3 Bethany Shaw	SR Concordia	47.08mA	154-05	2 6
	FOUL 45.80m 44.33m FOUL 47.08m FOUL			
4 Allison Skala	SO Doane	45.58mA	149-06	2 5
	45.58m FOUL 41.90m FOUL FOUL 42.60m			
5 Kiara Anderson	FR Hastings	45.44mA	149-01	2 4
	43.76m FOUL 45.44m 42.00m 42.07m 43.11m			

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....Event 41 Women Discus Throw

6	Sara Huss	FR Concordia	45.41mA	149-00	2	3
	40.94m 45.41m FOUL FOUL 42.86m 44.04m					
7	Katlyn Briggs	FR Dakota Wesleyan	43.74mB	143-06	1	2
	42.78m FOUL 41.34m 43.74m FOUL FOUL					
8	Katie VanLaningham	SO Doane	43.65mB	143-02	1	1
	42.81m 42.94m 43.65m FOUL FOUL 41.65m					
9	Rebecca Bindert	SR Northwestern	43.49mB	142-08	1	
	36.63m 43.49m 41.88m 42.62m FOUL 40.67m					
10	Olivia Buschow	FR Concordia	41.73m	136-11	2	
	FOUL 41.73m 40.51m					
11	Sarah Ragland	JR Concordia	40.95m	134-04	2	
	36.34m 40.25m 40.95m					
12	Morgan De Jong	JR Concordia	40.90m	134-02	2	
	FOUL 40.90m FOUL					
13	Erin Painter	FR Concordia	40.24m	132-00	2	
	FOUL 40.24m FOUL					
14	Alli Owings	FR Concordia	39.51m	129-07	2	
	FOUL FOUL 39.51m					
15	Sydney Biermann	FR Doane	39.21m	128-08	1	
	37.09m 39.21m 36.12m					
16	Lila Gronseth	FR Dakota Wesleyan	39.08m	128-02	1	
	30.44m 39.08m 37.71m					
17	Lauren Reilly	SO Doane	37.77m	123-11	1	
	25.62m 37.77m FOUL					
18	Darby Deffenbaugh	FR Dakota Wesleyan	36.97m	121-03	1	
	31.78m 36.97m FOUL					
19	Alexis Waldren	SO Jamestown	36.08m	118-04	1	
	32.99m 35.49m 36.08m					
20	Macy Fuller	FR Doane	33.93m	111-04	1	
	29.96m 33.93m 32.15m					
21	Leighton Mlady	FR Mount Marty	33.06m	108-05	1	
	FOUL FOUL 33.06m					
22	Anna Brock	FR Jamestown	31.43m	103-01	1	
	31.43m FOUL FOUL					
--	Madysen Handel	FR Doane	FOUL		1	
	FOUL FOUL FOUL					
--	Jessa Eden	FR Hastings	FOUL		2	
	FOUL FOUL FOUL					

Event 42 Women Hammer Throw

9 to Final

GPAC Record: G 57.86m 2015 Elizabeth King, Concordia University

NAIA Auto: A 50.50m

NAIA Prov.: B 48.50m

Name	Year School	Finals	H#	Points
1 Adrianna Shaw	SR Concordia	57.44mA	188-05	2 10
	53.26m 54.79m 56.43m 57.44m FOUL 55.03m			
2 Sarah Ragland	JR Concordia	52.02mA	170-08	2 8
	50.41m 50.69m 50.13m FOUL 52.02m 49.10m			
3 Madison Sutton	FR Doane	49.80mB	163-05	2 6
	FOUL 49.80m FOUL FOUL FOUL 48.82m			
4 Bethany Shaw	SR Concordia	48.88mB	160-04	2 5
	47.65m FOUL 47.04m 47.62m FOUL 48.88m			

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5	Kiara Anderson	FR Hastings	48.31m	158-06	2	4
	43.73m FOUL 47.21m FOUL FOUL 48.31m					
6	Macy Fuller	FR Doane	47.68m	156-05	2	3
	46.01m 43.44m 47.68m FOUL 46.61m 45.15m					
7	Jessa Eden	FR Hastings	46.86m	153-09	2	2
	46.86m 44.26m FOUL FOUL 45.12m FOUL					
8	Alli Owings	FR Concordia	46.66m	153-01	2	1
	46.66m 45.50m 45.38m 45.60m 45.13m FOUL					
9	Morgan De Jong	JR Concordia	46.45m	152-05	1	
	FOUL FOUL 46.45m					
10	MaKenzie Peters	SO Hastings	46.20m	151-07	2	
	46.20m FOUL 45.76m					
11	Joey Stenson	SO Doane	44.60m	146-04	2	
	42.29m 44.60m 41.13m					
12	Morgan Taft	JR Dakota Wesleyan	43.42m	142-05	2	
	42.65m 39.29m 43.42m					
13	Mackenzie Ferrell	JR Concordia	43.12m	141-06	2	
	40.75m 43.12m 40.83m					
14	Alexis Waldren	SO Jamestown	42.92m	140-10	1	
	4.39m 42.92m 41.35m					
15	Elle Luehr	FR Concordia	42.77m	140-04	1	
	FOUL 42.77m FOUL					
16	Darby Deffenbaugh	FR Dakota Wesleyan	41.95m	137-07	1	
	FOUL 40.22m 41.95m					
17	Cassandra Pine	FR Hastings	41.90m	137-06	1	
	41.89m 41.90m FOUL					
18	Dylana Ward	JR Mount Marty	41.28m	135-05	1	
	37.22m 41.28m FOUL					
19	Katlyn Briggs	FR Dakota Wesleyan	39.60m	129-11	1	
	38.30m 38.06m 39.60m					
20	Jenn Stellingwerf	SR Dor dt	39.27m	128-10	1	
	FOUL 39.27m FOUL					
21	Samantha Bull	FR Doane	38.98m	127-11	1	
	37.56m 38.98m FOUL					
22	Kaia Tennis	FR Doane	38.43m	126-01	1	
	FOUL 36.42m 38.43m					
23	Sydney Weirich	SO Midland	37.76m	123-11	1	
	FOUL 37.76m 37.62m					
--	Kamryn Pokorney	FR Concordia	FOUL			1
	FOUL FOUL FOUL					

Event 43 Women Javelin Throw

9 to Final

GPAC Record: G 48.07m 5/2/2014 Elizabeth King, Concordia

NAIA Auto: A 40.50m

NAIA Prov.: B 39.00m

Name	Year School	Finals	H#	Points
1 Elizabeth Stottlemyre	SO Concordia	45.78mA	150-02	2 10
	42.68m 43.96m 43.78m FOUL 45.78m 44.80m			
2 Allison Skala	SO Doane	39.71mB	130-03	2 8
	FOUL 38.24m 39.71m FOUL FOUL FOUL			
3 Tiersa Darley	JR Hastings	39.19mB	128-07	2 6
	39.19m FOUL 36.67m FOUL 39.17m FOUL			

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4	Josie Peterson	JR Hastings	38.33m	125-09	2	5
	32.98m 33.34m 38.33m 35.86m 35.90m 36.95m					
5	Jordynn Toliver	FR Jamestown	35.46m	116-04	2	4
	30.17m 34.54m 29.97m 35.46m 31.90m FOUL					
6	Lauren Reilly	SO Doane	34.96m	114-08	2	3
	30.19m 33.24m 34.96m FOUL FOUL 34.67m					
7	Lexus Mosbrucker	FR Briar Cliff	34.56m	113-05	2	2
	34.56m 30.85m 33.68m 31.68m 33.39m FOUL					
8	Grace Damme	FR Doane	34.11m	111-11	2	1
	34.11m 33.12m 33.64m FOUL 32.03m 32.74m					
9	Rian Boub	FR Midland	34.05m	111-08	1	
	28.19m 31.95m 34.05m FOUL FOUL FOUL					
10	Morgan De Jong	JR Concordia	33.95m	111-05	2	
	33.95m 33.83m 32.49m					
11	Julia Shipman	FR Hastings	33.54m	110-00	1	
	31.57m 32.76m 33.54m					
12	Taylor Schmeichel	SO Jamestown	33.34m	109-04	2	
	32.43m 32.40m 33.34m					
13	Kate Gross	SR Dor dt	33.01m	108-04	1	
	30.52m 33.01m 30.16m					
14	Hannah Rowe	JR Dor dt	32.79m	107-07	1	
	29.85m 31.00m 32.79m					
15	Samantha Mulder	SO Hastings	32.59m	106-11	1	
	29.90m FOUL 32.59m					
16	Skylar Kreifels	FR Concordia	32.35m	106-02	1	
	32.35m 29.65m 28.76m					
17	Bryn Groff	SR Morningside	30.78m	101-00	1	
	29.02m FOUL 30.78m					
18	Mackenzie Ferrell	JR Concordia	30.04m	98-07	1	
	30.04m 28.09m FOUL					
19	Emily Chicoine	FR Morningside	28.89m	94-09	1	
	26.33m 28.89m 26.27m					
20	Adele Keller	SR Jamestown	28.36m	93-00	1	
	28.36m 26.89m 26.42m					
21	Sloane Zeller	FR Dor dt	25.61m	84-00	1	
	25.61m 20.99m 20.98m					
22	Grace Wolsky	FR Northwestern	23.43m	76-10	1	
	FOUL 23.43m FOUL					
--	Annika Rick	SR Dor dt	FOUL		2	
	FOUL FOUL FOUL					
--	Lauren Vanee	SR Dor dt	FOUL		2	
	FOUL FOUL FOUL					

Event 44 Women Heptathlon

GPAC Record: G 5017 2019 Kamberlyn Lamar, Dakota Wesleyan
 NAIA Prov.: B 3900

Name	Year School	Finals	H#	Points
1 Lauren Tamayo	SO Hastings	4710B		10
2 Emily Loy	JR Concordia	4451B		8
3 Amy Richert	FR Concordia	4447B		6
4 Allison Birks	SR Northwestern	4394B		5
5 Jordynn Toliver	FR Jamestown	4390B		4
6 Kennedy Mogul	JR Concordia	3889		3

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7	Avany Long	FR Dakota Wesleyan	3709	2
8	Lindsey Craig	SO Northwestern	3636	1
9	Faith Measel	FR Dordt	3104	
10	Morgan Altman	JR Northwestern	2545	

Event 44 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

GPAC Record: G 14.28 2019 Kamberlyn Lamar, Dakota Wesleyan

Name	Year School	Finals	Wind	H#	Points	
1	Lauren Tamayo	SO Hastings	14.26G	NWI	3	942
2	Emily Loy	JR Concordia	15.15	NWI	3	822
3	Allison Birks	SR Northwestern	15.36	NWI	2	795
4	Amy Richert	FR Concordia	15.57	NWI	3	768
5	Rylee Rice	FR Doane	15.74	NWI	2	746
6	Jordynn Toliver	FR Jamestown	15.74	NWI	1	746
7	Kennedy Mogul	JR Concordia	15.86	NWI	3	732
8	Avany Long	FR Dakota Wesleyan	16.45	NWI	2	660
9	Morgan Altman	JR Northwestern	18.37	NWI	1	451
10	Lindsey Craig	SO Northwestern	18.63	NWI	1	425
11	Faith Measel	FR Dordt	21.69	NWI	1	177

Event 44 Heptathlon: #2 Women High Jump Heptathlon

GPAC Record: G 1.68m 5/6/2016 Breanna Fye, Doane

Name	Year School	Finals	Points
1 Amy Richert	FR Concordia	1.67m	5-05.75 818
1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70		
P P P P P	P P P O P XXO	O XO XO O XXX	
1 Lauren Tamayo	SO Hastings	1.67m	5-05.75 818
1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70		
P P P P P	P P P O P O XO	O XO XXX	
3 Lindsey Craig	SO Northwestern	1.61m	5-03.25 747
1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64		
P P P P P	P XO O XO XO XO XO	XXX	
4 Jordynn Toliver	FR Jamestown	1.58m	5-02.25 712
1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49 1.52 1.55 1.58 1.61		
P P P O P	O P O XO O O XXX		
5 Rylee Rice	FR Doane	1.49m	4-10.50 610
1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49 1.52		
P P P O XXO	XO O O XXX		
5 Emily Loy	JR Concordia	1.49m	4-10.50 610
1.31 1.34 1.37 1.40 1.43	1.46 1.49 1.52		
P P O O O	O XXO XXX		
7 Faith Measel	FR Dordt	1.46m	4-09.50 577
1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49		
P P P O O	O O XXX		
7 Allison Birks	SR Northwestern	1.46m	4-09.50 577
1.28 1.31 1.34 1.37 1.40	1.43 1.46 1.49		
P P P P O	O O XXX		
9 Avany Long	FR Dakota Wesleyan	1.43m	4-08.25 544
1.28 1.31 1.34 1.37 1.40	1.43 1.46		
P P P XO XO	XO XXX		

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....Event 44 Heptathlon: #2 Women High Jump Heptathlon

10	Kennedy Mogul	JR Concordia	1.40m	4-07.00	512
	1.28 1.31 1.34 1.37 1.40 1.43				
	P P P O O XXX				
11	Morgan Altman	JR Northwestern	1.34m	4-04.75	449
	1.28 1.31 1.34 1.37				
	O O O XXX				

Event 44 Heptathlon: #3 Women Shot Put Heptathlon

GPAC Record: G 12.77m 2019 Allison Skala, Doane

Name	Year	School	Finals	Points
1 Emily Loy	JR	Concordia	9.98m 32-09.00	528
			9.10m FOUL 9.98m	
2 Amy Richert	FR	Concordia	9.68m 31-09.25	509
			9.42m 9.55m 9.68m	
3 Kennedy Mogul	JR	Concordia	9.65m 31-08.00	507
			9.65m 9.52m 9.21m	
4 Lindsey Craig	SO	Northwestern	9.27m 30-05.00	482
			9.27m 8.53m 9.05m	
5 Allison Birks	SR	Northwestern	9.04m 29-08.00	467
			9.04m 8.54m 8.46m	
6 Avany Long	FR	Dakota Wesleyan	8.86m 29-01.00	455
			8.86m 7.07m 8.68m	
7 Jordynn Toliver	FR	Jamestown	8.84m 29-00.00	454
			8.84m 8.53m FOUL	
8 Lauren Tamayo	SO	Hastings	8.75m 28-08.50	448
			8.24m 8.75m FOUL	
9 Rylee Rice	FR	Doane	8.47m 27-09.50	430
			8.18m 8.22m 8.47m	
10 Morgan Altman	JR	Northwestern	7.57m 24-10.00	372
			7.57m 6.83m 7.36m	
11 Faith Measel	FR	Dordt	7.52m 24-08.25	368
			FOUL 7.18m 7.52m	

Event 44 Heptathlon: #4 Women 200 Meter Dash Heptathlon

GPAC Record: G 25.31 2015 Kylie Gokie, Doane College

Name	Year	School	Finals	Wind H#	Points
1 Lauren Tamayo	SO	Hastings	25.34	NWI 2	856
2 Emily Loy	JR	Concordia	25.98	NWI 2	799
3 Allison Birks	SR	Northwestern	26.33	NWI 2	769
4 Amy Richert	FR	Concordia	26.73	NWI 2	734
5 Jordynn Toliver	FR	Jamestown	27.00	NWI 2	712
6 Rylee Rice	FR	Doane	27.53	NWI 1	668
7 Kennedy Mogul	JR	Concordia	27.80	NWI 1	647
8 Avany Long	FR	Dakota Wesleyan	27.96	NWI 1	634
9 Lindsey Craig	SO	Northwestern	28.66	NWI 1	580
10 Faith Measel	FR	Dordt	28.94	NWI 1	559
11 Morgan Altman	JR	Northwestern	31.44	NWI 1	386

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GPAC Record: G 5.47m 2019 Kamberlyn Lamar, Doane							
Name	Year	School	Finals	Wind	Points		
1 Lauren Tamayo	SO	Hastings	5.65mG	NWI	18-06.50	744	
5.65m(NWI) FOUL	5.41m(NWI)						
2 Amy Richert	FR	Concordia	5.36m	NWI	17-07.00	660	
5.33m(NWI) 5.36m(NWI) 5.30m(NWI)							
3 Emily Loy	JR	Concordia	5.29m	NWI	17-04.25	640	
5.07m(NWI) FOUL 5.29m(NWI)							
4 Allison Birks	SR	Northwestern	5.28m	NWI	17-04.00	637	
5.28m(NWI) FOUL 4.69m(NWI)							
5 Avany Long	FR	Dakota Wesleyan	4.97m	NWI	16-03.75	551	
4.64m(NWI) FOUL 4.97m(NWI)							
6 Jordynn Toliver	FR	Jamestown	4.96m	NWI	16-03.25	548	
FOUL 4.96m(NWI) 4.81m(NWI)							
7 Faith Measel	FR	Dordt	4.86m	NWI	15-11.50	522	
4.86m(NWI) 4.86m(NWI) 4.79m(NWI)							
8 Kennedy Mogul	JR	Concordia	4.55m	NWI	14-11.25	441	
4.33m(NWI) 4.53m(NWI) 4.55m(NWI)							
9 Lindsey Craig	SO	Northwestern	4.50m	NWI	14-09.25	428	
3.10m(NWI) 4.24m(NWI) 4.50m(NWI)							
10 Morgan Altman	JR	Northwestern	4.09m	NWI	13-05.00	329	
3.60m(NWI) 3.98m(NWI) 4.09m(NWI)							

Event 44 Heptathlon: #6 Women Javelin Throw Heptathlon

GPAC Record: G 40.34m 5/2/2014 Erin DeVries, Doane							
Name	Year	School	Finals	Points			
1 Jordynn Toliver	FR	Jamestown	32.67m	107-02	527		
25.42m 31.20m 32.67m							
2 Allison Birks	SR	Northwestern	32.42m	106-04	523		
26.50m 27.66m 32.42m							
3 Avany Long	FR	Dakota Wesleyan	31.51m	103-04	505		
31.51m 29.77m 24.75m							
4 Amy Richert	FR	Concordia	28.87m	94-09	455		
28.87m 24.72m 25.10m							
5 Emily Loy	JR	Concordia	27.90m	91-06	437		
26.81m 27.00m 27.90m							
6 Lindsey Craig	SO	Northwestern	26.85m	88-01	417		
26.85m 23.49m 23.22m							
7 Faith Measel	FR	Dordt	26.65m	87-05	413		
26.65m 22.52m 23.93m							
8 Lauren Tamayo	SO	Hastings	24.96m	81-11	382		
23.71m 24.13m 24.96m							
9 Kennedy Mogul	JR	Concordia	24.20m	79-05	367		
21.47m 24.20m 21.30m							
10 Morgan Altman	JR	Northwestern	17.10m	56-01	235		
15.39m 17.10m FOUL							

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Event 44 Heptathlon: #7 Women 800 Meter Run Heptathlon

GPAC Record: G 2:23.08 5/4/2018 Kennedy Mogul, Concordia

Name	Year School	Finals	Points
1 Jordynn Toliver	FR Jamestown	2:30.11	691
1:13.123 (1:13.123)	2:30.104 (1:16.981)		
2 Kennedy Mogul	JR Concordia	2:30.81	683
1:11.911 (1:11.911)	2:30.808 (1:18.897)		
3 Allison Birks	SR Northwestern	2:35.47	626
1:17.573 (1:17.573)	2:35.467 (1:17.895)		
4 Emily Loy	JR Concordia	2:36.35	615
1:16.832 (1:16.832)	2:36.346 (1:19.515)		
5 Lindsey Craig	SO Northwestern	2:41.40	557
1:17.935 (1:17.935)	2:41.395 (1:23.460)		
6 Lauren Tamayo	SO Hastings	2:44.75	520
1:18.401 (1:18.401)	2:44.743 (1:26.342)		
7 Amy Richert	FR Concordia	2:46.25	503
1:18.234 (1:18.234)	2:46.249 (1:28.015)		
8 Faith Measel	FR Dordt	2:47.67	488
1:18.714 (1:18.714)	2:47.662 (1:28.948)		
9 Avany Long	FR Dakota Wesleyan	3:00.53	360
1:28.189 (1:28.189)	3:00.521 (1:32.332)		
10 Morgan Altman	JR Northwestern	3:04.62	323
1:27.879 (1:27.879)	3:04.616 (1:36.738)		

Women - Team Rankings - 22 Events Scored

1) Concordia University	259.50	2) Hastings	176
3) Dordt	115	4) Doane	84.50
5) Morningside	77	6) Northwestern College	70
7) Jamestown	22	8) Mount Marty	17
9) Dakota Wesleyan	16	10) Midland	12
11) Briar Cliff	8		

Men - Team Rankings - 22 Events Scored

1) Doane	235.50	2) Dordt	137
3) Northwestern College	106.50	4) Concordia University	102
5) Midland	76	6) Briar Cliff	58
7) Mount Marty	51	8) Hastings	45
9) Jamestown	25	10) Morningside	19
11) Dakota Wesleyan	1		