

## Men's Hammer Throw

1	Colton Bender	SR South Dakota St.	59.46m	195-01
	59.46m FOUL 56.58m 55.74m FOUL 58.71m			
2	Ethan Fenchel	NA Unattached	58.00m	190-03
	58.00m FOUL FOUL 57.07m FOUL FOUL			
3	Logan Ammons	JR South Dakota St.	56.03m	183-10
	53.90m 53.27m 53.89m 56.03m FOUL 55.33m			
4	David Davelaar	SR Dordt	55.35m	181-07
	51.37m 51.55m FOUL 50.77m 52.59m 55.35m			
5	Matt Slagus	FR South Dakota	51.41m	168-08
	FOUL 47.32m 51.41m 49.41m 50.65m 49.75m			
6	Derrick Sheppard	Unattached	50.96m	167-02
	49.79m 50.16m 50.96m 50.52m 49.74m FOUL			
7	Christian Gruschin	SO Sioux Falls	50.26m	164-11
	48.15m 50.26m 49.22m 45.14m 45.70m 46.09m			
8	Garrett Rohlk	SR Buena Vista	49.42m	162-02
	49.42m FOUL FOUL FOUL FOUL 49.07m			
9	Jacob Barents	SR South Dakota	49.27m	161-08
	47.49m 49.27m FOUL FOUL FOUL 46.04m			
10	Andy Samuel	SO North Dakota	46.96m	154-01
	46.96m FOUL FOUL			
11	Shelmund Mercalina	JR Buena Vista	46.88m	153-10
	46.36m FOUL 46.88m			
12	Drew Beall	JR Buena Vista	46.49m	152-06
	FOUL 46.49m 44.52m			
13	Cole Beevers	SO North Dakota	46.40m	152-03
	FOUL 46.40m 43.90m			
14	Trevor Westhoff	JR Briar Cliff	46.36m	152-01
	41.37m FOUL 46.36m			
15	Ben Bajema	SR Dordt	45.54m	149-05
	45.54m 44.45m 44.04m			
16	Ike Van Kempen	JR Dordt	45.28m	148-07
	45.19m 45.28m 45.13m			
17	Anthony Huber	SR Augustana (S.D.)	44.88m	147-03
	44.88m FOUL FOUL			
18	Tyler Lems	SR Dakota State	43.97m	144-03
	41.09m 43.97m FOUL			
19	Roy Allen	SR Valley City State	43.86m	143-11
	43.86m 42.91m 42.14m			
20	Erik Killgore	FR Buena Vista	43.34m	142-02
	FOUL FOUL 43.34m			

21	Adam Frazier	Concordia-Moorhead	42.98m	141-00
	39.13m 40.15m 42.98m			
22	James Anderson	SO Unattached	42.21m	138-06
	FOUL 42.21m FOUL			
23	Carter Van Gorp	SO Northwestern (Iowa)	41.21m	135-02
	41.21m 41.18m FOUL			
24	Matthew Campbell	FR Dakota Wesleyan	41.04m	134-08
	40.86m 40.80m 41.04m			
25	Evan Erickson	FR North Dakota	40.20m	131-11
	FOUL 40.20m FOUL			
26	Garret Roemmich	SO Valley City State	39.25m	128-09
	38.75m FOUL 39.25m			
27	Zachary Co	FR Valley City State	39.04m	128-01
	FOUL FOUL 39.04m			
28	Dustin Peasley	JR Briar Cliff	37.12m	121-09
	FOUL 37.12m FOUL			
29	Delwin Potter	SO Jamestown	36.26m	118-11
	36.26m FOUL FOUL			
30	Grahm Kenobbie	SO Northwestern (Iowa)	35.78m	117-05
	FOUL FOUL 35.78m			
31	Evan McCreary	SO Dakota State	32.67m	107-02
	FOUL FOUL 32.67m			
32	Christopher Collier	FR Mount Marty	32.48m	106-07
	32.48m FOUL FOUL			
33	Joshua Lawyer	SO Valley City State	30.71m	100-09
	30.71m FOUL FOUL			
34	Brandon Schreur	SO Dordt	30.17m	99-00
	30.17m FOUL FOUL			
--	Chase Bonner	JR Buena Vista	FOUL	
	FOUL FOUL FOUL			
--	Hunter Berggren	Concordia-Moorhead	FOUL	
	FOUL FOUL FOUL			
--	Ben Kytta	FR North Dakota	FOUL	
	FOUL FOUL FOUL			

Women's Hammer Throw

Finals

1	Colton Bender	SR South Dakota St.	59.46m	195-01
	59.46m FOUL 56.58m 55.74m FOUL 58.71m			
2	Ethan Fenchel	NA Unattached	58.00m	190-03
	58.00m FOUL FOUL 57.07m FOUL FOUL			
3	Logan Ammons	JR South Dakota St.	56.03m	183-10
	53.90m 53.27m 53.89m 56.03m FOUL 55.33m			
4	David Davelaar	SR Dordt	55.35m	181-07
	51.37m 51.55m FOUL 50.77m 52.59m 55.35m			
5	Matt Slagus	FR South Dakota	51.41m	168-08
	FOUL 47.32m 51.41m 49.41m 50.65m 49.75m			
6	Derrick Sheppard	Unattached	50.96m	167-02
	49.79m 50.16m 50.96m 50.52m 49.74m FOUL			
7	Christian Gruschin	SO Sioux Falls	50.26m	164-11
	48.15m 50.26m 49.22m 45.14m 45.70m 46.09m			
8	Garrett Rohlk	SR Buena Vista	49.42m	162-02
	49.42m FOUL FOUL FOUL FOUL 49.07m			
9	Jacob Barents	SR South Dakota	49.27m	161-08
	47.49m 49.27m FOUL FOUL FOUL 46.04m			
10	Andy Samuel	SO North Dakota	46.96m	154-01
	46.96m FOUL FOUL			
11	Shelmund Mercalina	JR Buena Vista	46.88m	153-10
	46.36m FOUL 46.88m			
12	Drew Beall	JR Buena Vista	46.49m	152-06
	FOUL 46.49m 44.52m			
13	Cole Beevers	SO North Dakota	46.40m	152-03
	FOUL 46.40m 43.90m			
14	Trevor Westhoff	JR Briar Cliff	46.36m	152-01
	41.37m FOUL 46.36m			
15	Ben Bajema	SR Dordt	45.54m	149-05
	45.54m 44.45m 44.04m			
16	Ike Van Kempen	JR Dordt	45.28m	148-07
	45.19m 45.28m 45.13m			
17	Anthony Huber	SR Augustana (S.D.)	44.88m	147-03
	44.88m FOUL FOUL			
18	Tyler Lems	SR Dakota State	43.97m	144-03
	41.09m 43.97m FOUL			
19	Roy Allen	SR Valley City State	43.86m	143-11
	43.86m 42.91m 42.14m			
20	Erik Killgore	FR Buena Vista	43.34m	142-02
	FOUL FOUL 43.34m			
21	Adam Frazier	Concordia-Moorhead	42.98m	141-00

	39.13m	40.15m	42.98m			
22 James Anderson				SO Unattached	42.21m	138-06
	FOUL	42.21m	FOUL			
23 Carter Van Gorp				SO Northwestern (Iowa)	41.21m	135-02
	41.21m	41.18m	FOUL			
24 Matthew Campbell				FR Dakota Wesleyan	41.04m	134-08
	40.86m	40.80m	41.04m			
25 Evan Erickson				FR North Dakota	40.20m	131-11
	FOUL	40.20m	FOUL			
26 Garret Roemmich				SO Valley City State	39.25m	128-09
	38.75m	FOUL	39.25m			
27 Zachary Co				FR Valley City State	39.04m	128-01
	FOUL	FOUL	39.04m			
28 Dustin Peasley				JR Briar Cliff	37.12m	121-09
	FOUL	37.12m	FOUL			
29 Delwin Potter				SO Jamestown	36.26m	118-11
	36.26m	FOUL	FOUL			
30 Grahm Kenobbie				SO Northwestern (Iowa)	35.78m	117-05
	FOUL	FOUL	35.78m			
31 Evan McCreary				SO Dakota State	32.67m	107-02
	FOUL	FOUL	32.67m			
32 Christopher Collier				FR Mount Marty	32.48m	106-07
	32.48m	FOUL	FOUL			
33 Joshua Lawyer				SO Valley City State	30.71m	100-09
	30.71m	FOUL	FOUL			
34 Brandon Schreur				SO Dordt	30.17m	99-00
	30.17m	FOUL	FOUL			
-- Chase Bonner				JR Buena Vista	FOUL	
	FOUL	FOUL	FOUL			
-- Hunter Berggren				Concordia-Moorhead	FOUL	
	FOUL	FOUL	FOUL			
-- Ben Kytta				FR North Dakota	FOUL	
	FOUL	FOUL	FOUL			

### Men's Shot Put

---

Name	Year	School	Finals
------	------	--------	--------

Finals

1	Ben Hammer	JR South Dakota	17.80m	58-04.75
	16.94m FOUL 16.85m 16.90m 17.80m FOUL			
2	Michael Quesenberry	SR North Dakota	17.34m	56-10.75
	17.34m FOUL FOUL FOUL FOUL FOUL			
3	Noah Huber	FR South Dakota St.	16.91m	55-05.75
	16.91m 16.35m 16.26m 15.92m FOUL FOUL			
4	Chris Evenson	FR North Dakota	16.18m	53-01.00
	15.24m 14.91m 15.17m FOUL 16.18m 15.28m			
5	Sam Coil	FR Unattached	16.02m	52-06.75
	FOUL FOUL 16.02m FOUL FOUL FOUL			
6	Matt Slagus	FR South Dakota	15.87m	52-01.00
	15.18m FOUL 15.34m 15.87m FOUL 15.44m			
7	Tyler Lems	SR Dakota State	15.38m	50-05.50
	13.93m FOUL 14.66m 14.97m 15.38m 15.30m			
8	Matthew Campbell	FR Dakota Wesleyan	15.25m	50-00.50
	15.25m 14.54m FOUL FOUL FOUL FOUL			
9	Chase Bonner	JR Buena Vista	15.17m	49-09.25
	FOUL FOUL 15.17m FOUL FOUL 14.64m			
10	Cody Bauman	JR Northwestern (Iowa)	14.57m	47-09.75
	FOUL 13.66m 14.57m			
11	Drew Beall	JR Buena Vista	14.32m	46-11.75
	13.96m 13.66m 14.32m			
12	Ben Kytta	FR North Dakota	14.29m	46-10.75
	14.29m FOUL FOUL			
13	Chandler Nelson	FR Sioux Falls	13.97m	45-10.00
	13.97m FOUL FOUL			
14	Roy Allen	SR Valley City State	13.48m	44-02.75
	13.11m 13.07m 13.48m			
15	Brandon Schmit	SO Dakota State	13.45m	44-01.50
	13.39m 13.45m 12.90m			
16	Adam Frazier	Concordia-Moorhead	13.24m	43-05.25
	FOUL FOUL 13.24m			
17	Garrett Rohlk	SR Buena Vista	12.94m	42-05.50
	12.94m FOUL FOUL			
18	Joshua Lawyer	SO Valley City State	12.92m	42-04.75
	FOUL 12.88m 12.92m			
19	Carter Van Gorp	SO Northwestern (Iowa)	12.88m	42-03.25
	12.88m FOUL FOUL			
20	Grahm Kenobbie	SO Northwestern (Iowa)	12.76m	41-10.50

12.76m	FOUL	FOUL			
21 Zachary Co			FR Valley City State	12.58m	41-03.25
FOUL	FOUL	12.58m			
22 Armand Khan			FR South Dakota	12.29m	40-04.00
12.29m	FOUL	FOUL			
23 Christopher Collier			FR Mount Marty	12.22m	40-01.25
FOUL	12.17m	12.22m			
24 Mike Elsten			FR Briar Cliff	11.65m	38-02.75
FOUL	11.65m	FOUL			
25 Christopher Krystofiak			SO Southwestern CC	11.61m	38-01.25
FOUL	11.61m	FOUL			
26 Taylon Sad			FR Valley City State	11.30m	37-01.00
FOUL	11.30m	FOUL			
27 Hunter Berggren			Concordia-Moorhead	11.21m	36-09.50
FOUL	FOUL	11.21m			
28 Jonathan Todd			FR Northwestern (Iowa)	11.09m	36-04.75
FOUL	FOUL	11.09m			
29 John Medley			FR Jamestown	10.90m	35-09.25
FOUL	10.90m	FOUL			
30 Kallin Crile			FR Dordt	10.34m	33-11.25
10.34m	FOUL	FOUL			
-- Derrick Sheppard			Unattached	FOUL	
FOUL	FOUL	FOUL			
-- Brandon Schreur			SO Dordt	FOUL	
FOUL	FOUL	FOUL			
-- Kenneth McMahan			FR South Dakota	FOUL	
FOUL	FOUL	FOUL			
-- Delwin Potter			SO Jamestown	FOUL	
FOUL	FOUL	FOUL			
-- Jacob Barents			SR South Dakota	FOUL	
FOUL	FOUL				
-- Anthony Huber			SR Augustana (S.D.)	FOUL	
FOUL	FOUL	FOUL			
-- Erik Killgore			FR Buena Vista	FOUL	
FOUL	FOUL	FOUL			

#### Women's Discus

inals

1 Kasie Vollmer			JR South Dakota St.	47.97m	157-04
-----------------	--	--	---------------------	--------	--------

	47.06m	FOUL	47.01m	47.97m	FOUL	46.99m		
2	Molli Detloff			JR North Dakota			47.60m	156-02
	45.55m	47.22m	FOUL	45.71m	FOUL	47.60m		
3	Destinee Haas			FR North Dakota			46.67m	153-01
	42.75m	46.06m	43.91m	43.55m	46.67m	45.37m		
4	Emma Hertz			SO Sioux Falls			46.32m	152-00
	39.31m	46.32m	45.70m	42.73m	FOUL	40.24m		
5	Callie Henrich			FR South Dakota			42.53m	139-06
	40.15m	39.64m	41.17m	42.53m	41.26m	42.51m		
6	Jaimie McNamee			SO Sioux Falls			42.07m	138-00
	42.07m	41.23m	41.25m	38.44m	39.92m	37.17m		
7	Eleni Knapp			SO South Dakota			42.01m	137-10
	39.53m	42.01m	39.61m	38.86m	39.17m	FOUL		
8	Makala Keefe			SO North Dakota			41.33m	135-07
	FOUL	41.33m	39.29m	FOUL	40.71m	FOUL		
9	Hannah Morgan			JR Northwestern (Iowa)			40.36m	132-05
	38.90m	39.03m	40.36m	FOUL	FOUL	39.75m		
10	Kauri Hochhalter			SO North Dakota			40.06m	131-05
	39.88m	FOUL	40.06m					
11	Emilee Shostrom			SO South Dakota			39.94m	131-00
	FOUL	39.94m	FOUL					
12	Leah Dusterhoft			FR South Dakota			39.84m	130-08
	39.84m	39.06m	39.83m					
13	Keely Walker			SO North Dakota			39.38m	129-02
	39.38m	33.24m	35.69m					
14	Marilyn Quintero			SR Valley City State			39.03m	128-01
	FOUL	37.77m	39.03m					
15	Katelyn Weber			SR North Dakota			38.67m	126-10
	38.67m	36.62m	FOUL					
16	Genavieve Baklund			Bemidji State			38.53m	126-05
	37.68m	34.81m	38.53m					
17	Bailey Hovland			SR Concordia-Moorhead			38.01m	124-08
	34.06m	36.31m	38.01m					
18	Andrea Urban			SR Briar Cliff			37.23m	122-02
	27.56m	37.23m	FOUL					
19	Molly Cunard			SR Northwestern (Iowa)			37.19m	122-00
	37.19m	36.02m	FOUL					
19	Olivia Dagel			FR South Dakota			37.19m	122-00
	37.19m	36.99m	35.96m					
21	Miranda Zinola			FR South Dakota St.			37.07m	121-07
	35.73m	37.07m	35.47m					

22	Megan Molash	FR Valley City State	37.02m	121-05
	37.02m 36.87m FOUL			
23	Caley Vink	FR Northwestern (Iowa)	36.73m	120-06
	FOUL 32.07m 36.73m			
24	Amber Hansen	FR North Dakota	36.40m	119-05
	FOUL 36.40m 34.89m			
25	Bailey Rudebusch	FR Sioux Falls	36.08m	118-04
	36.08m 35.00m 34.64m			
26	Bryeann Robertson	FR Valley City State	36.07m	118-04
	FOUL 36.07m FOUL			
27	Rebecca Bindert	FR Northwestern (Iowa)	35.79m	117-05
	32.57m 33.67m 35.79m			
28	Meagan Andersen	SR Morningside	35.71m	117-02
	32.17m FOUL 35.71m			
29	Mackenzie Huber	SO Valley City State	35.57m	116-08
	34.54m 35.28m 35.57m			
30	Kayla Andersen	FR Sioux Falls	35.50m	116-06
	35.50m FOUL 32.24m			
31	Kaylee Van Voorst	JR Morningside	35.12m	115-03
	FOUL FOUL 35.12m			
32	Brynlee Loptin	SO Morningside	34.77m	114-01
	FOUL 34.77m FOUL			
33	Traia Hubbard	FR Dakota State	34.58m	113-05
	FOUL FOUL 34.58m			
34	Sayge McKrill	JR Valley City State	33.79m	110-10
	FOUL FOUL 33.79m			
35	Julie Jansen	FR Northwestern (Iowa)	33.15m	108-09
	29.12m 33.15m 31.55m			
36	Kadie Bauer	FR Northwestern (Iowa)	33.07m	108-06
	33.07m 30.69m FOUL			
37	Cristyn Eischeid	SR Buena Vista	33.04m	108-05
	FOUL 33.04m FOUL			
38	Hallie Hallock	FR Mount Marty	32.90m	107-11
	FOUL 29.70m 32.90m			
39	Cristina Chapi	SO Southwestern CC	32.80m	107-07
	32.80m FOUL FOUL			
40	Dylana Ward	FR Mount Marty	32.37m	106-02
	32.37m 29.28m FOUL			
41	Molly O'Neil	Bemidji State	32.18m	105-07
	32.18m FOUL FOUL			
42	Alison Scheetz	FR Dakota State	32.05m	105-02



	FOUL 30.54m 32.05m				
43	Regan Grube	Bemidji State	31.81m	104-04	
	30.26m 31.38m 31.81m				
44	Kelsey Rajewsky	SO Concordia-Moorhead	31.46m	103-02	
	28.32m 31.46m FOUL				
45	Brita Fagerlund	FR Jamestown	31.31m	102-09	
	30.41m FOUL 31.31m				
46	Moira McNally	SO Jamestown	31.16m	102-03	
	31.16m 30.92m 30.53m				
47	Laura Grasman	JR Dordt	30.83m	101-02	
	30.26m FOUL 30.83m				
48	Hannah Beenken	FR Southwestern CC	30.81m	101-01	
	FOUL 30.81m FOUL				
49	Lauren Kamphaus	FR Mount Marty	30.48m	100-00	
	FOUL 30.48m FOUL				
50	Alicia Weiand	SO Jamestown	30.28m	99-04	
	30.25m 30.28m FOUL				
51	Rebekah Hilgemann	JR Jamestown	29.62m	97-02	
	FOUL FOUL 29.62m				
52	Jenna Bremer	JR Dordt	29.44m	96-07	
	29.44m FOUL FOUL				
53	Jenn Stellingwerf	FR Dordt	29.42m	96-06	
	29.42m FOUL FOUL				
54	Samara Tobeck	Bemidji State	29.27m	96-00	
	29.27m FOUL FOUL				
55	DaNeila Jensen	SO Mount Marty	29.15m	95-08	
	29.15m FOUL FOUL				
56	Krysten Everhart	FR Dordt	28.73m	94-03	
	28.73m FOUL FOUL				
57	Sarah Goyne	SO Dordt	28.58m	93-09	
	28.58m FOUL FOUL				
58	Alyssa Juelfs	FR Dakota State	25.82m	84-08	
	FOUL 25.82m FOUL				
59	Allison Widmer	FR Jamestown	24.31m	79-09	
	FOUL 24.31m FOUL				
60	Shelby Fasching	SO Mount Marty	22.77m	74-08	
	22.77m				
--	Brianna Hunter	FR Briar Cliff	FOUL		
	FOUL FOUL FOUL				
--	Molly Schiermeyer	JR South Dakota	FOUL		
	FOUL FOUL FOUL				

Women's High Jump

Event 307 Women High Jump UCO

Name	Year School	Finals
Finals		
1 Kaiann Arellano	SR Jamestown	1.67m 5-05.75
1.52 1.57 1.62 1.67		
O O XXX O		
2 Britny Kerr	SO South Dakota	1.62m 5-03.75
1.52 1.57 1.62		
P O XXX		
2 Isabel Waite	JR North Dakota	1.62m 5-03.75
1.52 1.57 1.62		
P O XXX		
4 Ellie Miller	FR North Dakota	1.57m 5-01.75
1.52 1.57 1.62		
XXO O XXX		
5 Sarah De Haan	FR Dordt	1.52m 4-11.75
1.52 1.57		
O XXX		
6 Kendra Ludeman	FR Augustana (S.D.)	J1.52m 4-11.75
1.52 1.57		
XO XXX		
6 Sonia Alaman	SO Northern State	J1.52m 4-11.75
1.52 1.57		
XO XXX		
-- Aubrey Hovland	SR North Dakota	NH
1.52		
XXX		
-- Katy Johnson	SO North Dakota	NH
1.52		
XXX		
-- Holly Gerberding	FR South Dakota	NH
1.52		
XXX		
-- Moira Kleinschmit	FR South Dakota	NH
1.52		
XXX		
-- Haley Bruggeman	JR South Dakota	NH

1.52			
XXX			
-- Julia Junkroski	JR South Dakota		NH
1.52			
XXX			
-- Katie Te Grotenhuis	SO Northwestern (Iowa)		NH
1.52			
XXX			
-- Kirsten Schirm	FR Southwestern CC		NH
1.52			
XXX			
-- Carly Fornshell	FR Concordia-Moorhead		NH
1.52			
XXX			
-- Beth Alexander	FR Jamestown		NH
1.52			
XXX			
-- Corrie Ethen	FR Concordia-Moorhead		NH
1.52			
XXX			
-- Libby Christenson	SR Bemidji State		NH
1.52			
XXX			
-- Kelsey Hurley	SR Bemidji State		NH
1.52			
XXX			
-- Christa Benson	SR Bemidji State		NH
1.52			
XXX			
-- Katie Cannon	FR Jamestown		NH
1.52			
XXX			
-- Joscelyn Wind	JR Dordt		NH
1.52			
XXX			
-- Aurora Arevalo	JR Morningside		NH
1.52			
XXX			
-- Katie Jobe	FR Concordia-Moorhead		NH
1.52			
XXX			

-- Marissa Andersen	SR Concordia-Moorhead	NH
1.52		
XXX		
-- Meghan Travis	JR Dakota Wesleyan	NH
1.52		
XXX		

### Men's Triple Jump

#### Finals

1 Ben Novak	FR Valley City State	13.79m	0.4	45-03.00
13.37m(-1.0) FOUL	13.29m(-0.1) FOUL	13.79m(0.4) FOUL		
2 Zac Hazen	FR Morningside	13.00m	NWI	42-08.00
12.77m(1.2) 12.74m(0.8) FOUL	12.59m(-0.0) FOUL	13.00m(-0.0)		
3 Trey Tiefenthaler	SO Northern State	12.98m	2.0	42-07.00
12.75m(0.7) 12.82m(-0.3) 12.98m(2.0) FOUL	FOUL	FOUL		
4 Jonathan Eggebraaten	JR Northwestern (Iowa)	12.96m	1.3	42-06.25
12.96m(1.3) 12.23m(1.9) 12.35m(0.7) FOUL	FOUL	12.71m(2.6)		
5 Tim Wager	SO Northwestern (Iowa)	12.72m	1.1	41-08.75
FOUL 12.19m(-0.1) 12.46m(0.2) 12.28m(-0.0) FOUL		12.72m(1.1)		
6 Nathan Kabongo	FR Dordt	12.62m	1.2	41-05.00
12.62m(1.2) 12.48m(0.4) 12.57m(1.8) FOUL	FOUL	FOUL		
7 Josh Reider	SR Augustana (S.D.)	12.55m	-0.1	41-02.25
12.55m(-0.1) 12.39m(+0.0) FOUL	FOUL	FOUL		
8 Brian Johnston	SO Morningside	12.45m	1.1	40-10.25
12.01m(1.4) x 12.45m(1.1) FOUL	FOUL	FOUL		
9 Darius Hicks	Unattached	12.38m	1.7	40-07.50
12.38m(1.7) FOUL	FOUL			
10 Jake Probst	Concordia-Moorhead	12.37m	0.2	40-07.00
FOUL FOUL 12.37m(0.2)				
11 Zachary Busch	NA Unattached	12.35m	1.6	40-06.25
FOUL 11.98m(0.4) 12.35m(1.6)				
12 Ethan Toy	SO South Dakota	12.02m	1.8	39-05.25
12.02m(1.8) FOUL	x			
13 Antione Jenkins	FR Valley City State	11.95m	+0.0	39-02.50
11.53m(0.5) 11.95m(+0.0) FOUL				
14 Joey Callan	FR Mount Marty	11.86m	+0.0	38-11.00
FOUL FOUL 11.86m(+0.0)				
15 Ed Mata	SR Jamestown	11.83m	0.2	38-09.75
11.83m(0.2) FOUL	FOUL			

16	Adam Sakry	FR Valley City State	11.51m	1.4	37-09.25
	11.51m(1.4) 10.89m(1.3)				
17	Zach Diehl	FR Morningside	11.50m	0.6	37-08.75
	11.50m(0.6) FOUL				
18	Rob Guerrero	FR Southwestern CC	11.47m	0.6	37-07.75
	9.71m(0.7) 11.40m(+0.0) 11.47m(0.6)				
--	Casey Engelhard	JR Valley City State	FOUL		
	FOUL FOUL FOUL				

Event 221 Men 5000 Meter Run UCO

=====				
Name	Year	School	Finals	
=====				
Finals				
1	Tanner Goetsch	SR Northwestern (Iowa)	15:44.40	
2	Bobby Brockmueller	Unattached	16:14.91	
3	Caleb Benzing	JR Northwestern (Iowa)	16:22.68	
4	Matt Bakken	FR North Dakota	16:24.11	
5	Aaron Ford	JR Jamestown	16:26.90	
6	Chris Ellens	FR Dordt	16:27.70	
7	Nickolas Bernhagen	FR Northwestern (Iowa)	16:35.46	
8	Taron Townsend	FR North Dakota	16:40.77	
9	Connor Ritz	FR Morningside	16:44.64	
10	Benson Langat	Unattached	16:45.29	
11	Logan Swenson	JR Northern State	16:53.59	
12	Tristan Hulstein	FR Dordt	16:54.34	
13	Christian Petrich	SR Mount Marty	16:57.57	
14	Louis Leon	JR Valley City State	17:00.51	
15	Chance Webster	SO Southwestern CC	17:01.85	
16	Joe Celis	FR Valley City State	17:04.27	
17	Kevin Dietrich	SO Southwestern CC	17:20.06	
18	Bryce Blank	JR Dakota Wesleyan	17:21.58	
19	Anthony Patton	JR Morningside	17:24.34	
20	Kohlton Peterson	FR Valley City State	17:27.95	
21	Cameron Kaltschnee	FR Buena Vista	17:37.24	
22	Franklin Reinders	FR Dordt	17:37.60	
23	Brendan Langbehn	FR Dakota Wesleyan	17:47.51	
24	Shane Breheny	FR Southwestern CC	17:50.25	

25	Olsen Pancoast	SR Concordia-Moorhead	18:01.96
26	Jonathan Lein	SO Dakota State	18:16.73
27	Fernando Cavanzon	FR Southwestern CC	19:32.86

Event 220 Women 5000 Meter Run UCO

Name	Year School	Finals
Finals		
1	Sasha Hovind SR Northern State	17:22.79
2	Sarah Lunn SR Northwestern (Iowa)	18:30.85
3	Lydia Kantonen FR North Dakota	19:32.63
4	Kara Andersen SO Concordia-Moorhead	19:36.91
5	Grace Miller FR Valley City State	19:48.87
6	Tarja Nelsen JR Concordia-Moorhead	19:59.38
7	Erin Bandstra SO Dordt	20:07.63
8	Amber Posner SR Jamestown	20:07.73
9	Sienna De Jong FR Dordt	20:20.73
10	Kelsie King JR Dakota Wesleyan	20:22.39
11	Hunter Koepke FR Northwestern (Iowa)	20:24.39
12	Kaitlin Fry SO Dordt	20:27.63
13	Emma Van Meeteren SO Northwestern (Iowa)	20:51.87
14	Emily Hoelsing SO Buena Vista	21:00.75
15	Danielle Van Zanten FR Dordt	21:26.65
16	Linnea Clark FR Dordt	21:37.16
17	Heather Jessen FR Southwestern CC	21:51.48
18	Tara Harris JR Buena Vista	22:05.89
19	Savannah Schmidt FR Dakota Wesleyan	22:24.99
20	Brooke Hovland FR Dordt	22:45.71
21	Ashley Herdering SR Bemidji State	23:00.24
22	Macey Bohl FR Dakota Wesleyan	23:23.61
23	Kimberly Zepeda SO Southwestern CC	25:27.49

Event 203 Women 100 Meter Hurdles UCO

Name	Year School	Prelims
------	-------------	---------

Heat 1 Preliminaries	Wind: 3.3		
1 Alanisse Williams	JR South Dakota	14.43q	
2 Danielle Wubben	SR Dordt	15.32	
3 Erica Benson	FR North Dakota	15.68	
4 Cassidy Schwab	SO Briar Cliff	16.72	
5 Katie Cannon	FR Jamestown	16.72	
6 Johanna Vaske	SO Briar Cliff	16.80	
7 Katie Kilfoyle	FR Valley City State	17.46	
8 Dakota Hutzler	FR Northern State	18.25	
Heat 2 Preliminaries	Wind: 3.4		
1 Valerie Gildemaster	SR Augustana (S.D.)	14.51q	
2 Carmen Bermudez	SO South Dakota	14.70q	
3 Ellie Miller	FR North Dakota	16.43	
4 Aurora Arevalo	JR Morningside	16.46	
5 Marissa Andersen	SR Concordia-Moorhead	17.62	
6 Angela Brinkman	FR Northwestern (Iowa)	17.83	
7 Peyton Halverson	FR Valley City State	19.77	
Heat 3 Preliminaries	Wind: 2.2		
1 Britny Kerr	SO South Dakota	13.98q	
2 Haley Bruggeman	JR South Dakota	14.67q	
3 Macy Dimler	SO Valley City State	16.11	
4 Beth Alexander	FR Jamestown	16.16	
5 MacKenzie Keune	SO Northwestern (Iowa)	16.36	
6 Carly Fornshell	FR Concordia-Moorhead	18.11	
7 Katherine Staab	SO Northwestern (Iowa)	19.21	
8 Bryn Groff	FR Morningside	19.41	
Heat 4 Preliminaries	Wind: 3.6		
1 Hanneke Oosterwegel	JR Northern State	14.59q	
2 Aleksandra Anderson	SO North Dakota	14.97q	
3 Ellie Rew	JR Augustana (S.D.)	15.66	
4 Jada Carlson	FR Northwestern (Iowa)	16.28	
5 Madelaine Rue	SO Jamestown	17.30	
6 Brittany Nack	FR North Dakota	17.94	
7 Sierra Gross	FR Northwestern (Iowa)	18.29	
Heat 5 Preliminaries	Wind: 2.8		
1 Olivia Montez Brown	NA Unattached	14.49q	
2 Shanice Burrell	FR Northern State	15.09	
3 Selin Dikmen	FR Augustana (S.D.)	16.16	
4 Joscelyn Wind	JR Dordt	16.74	
5 Ashley Solano	JR Augustana (S.D.)	16.90	
6 Katie Jobe	FR Concordia-Moorhead	17.04	

7 Brittini Thomas FR Buena Vista 17.28

---

---

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Britny Kerr	SO South Dakota	13.98q	2.2	3
2 Alanisse Williams	JR South Dakota	14.43q	3.3	1
3 Olivia Montez Brown	NA Unattached	14.49q	2.8	5
4 Valerie Gildemaster	SR Augustana (S.D.)	14.51q	3.4	2
5 Hanneke Oosterwegel	JR Northern State	14.59q	3.6	4
6 Haley Bruggeman	JR South Dakota	14.67q	2.2	3
7 Carmen Bermudez	SO South Dakota	14.70q	3.4	2
8 Aleksandra Anderson	SO North Dakota	14.97q	3.6	4
9 Shanice Burrell	FR Northern State	15.09	2.8	5
10 Danielle Wubben	SR Dordt	15.32	3.3	1
11 Ellie Rew	JR Augustana (S.D.)	15.66	3.6	4
12 Erica Benson	FR North Dakota	15.68	3.3	1
13 Macy Dimler	SO Valley City State	16.11	2.2	3
14 Beth Alexander	FR Jamestown	16.16	2.2	3
15 Selin Dikmen	FR Augustana (S.D.)	16.16	2.8	5
16 Jada Carlson	FR Northwestern (Iowa)	16.28	3.6	4
17 MacKenzie Keune	SO Northwestern (Iowa)	16.36	2.2	3
18 Ellie Miller	FR North Dakota	16.43	3.4	2
19 Aurora Arevalo	JR Morningside	16.46	3.4	2
20 Cassidy Schwab	SO Briar Cliff	16.72	3.3	1
21 Katie Cannon	FR Jamestown	16.72	3.3	1
22 Joscelyn Wind	JR Dordt	16.74	2.8	5
23 Johanna Vaske	SO Briar Cliff	16.80	3.3	1
24 Ashley Solano	JR Augustana (S.D.)	16.90	2.8	5
25 Katie Jobe	FR Concordia-Moorhead	17.04	2.8	5
26 Brittini Thomas	FR Buena Vista	17.28	2.8	5
27 Madelaine Rue	SO Jamestown	17.30	3.6	4
28 Katie Kilfoyle	FR Valley City State	17.46	3.3	1
29 Marissa Andersen	SR Concordia-Moorhead	17.62	3.4	2
30 Angela Brinkman	FR Northwestern (Iowa)	17.83	3.4	2
31 Brittany Nack	FR North Dakota	17.94	3.6	4
32 Carly Fornshell	FR Concordia-Moorhead	18.11	2.2	3
33 Dakota Hutzler	FR Northern State	18.25	3.3	1
34 Sierra Gross	FR Northwestern (Iowa)	18.29	3.6	4
35 Katherine Staab	SO Northwestern (Iowa)	19.21	2.2	3
36 Bryn Groff	FR Morningside	19.41	2.2	3



37 Peyton Halverson                      FR Valley City State                      19.77    3.4    2

Event 204    Men 110 Meter Hurdles UCO

=====		
Name	Year School	Prelims
=====		
Heat 1 Preliminaries	Wind: 4.9	
1 Jacobus Noble	SO Morningside	14.81q
2 Paul Meloche	JR Augustana (S.D.)	14.84q
3 Jon Harmening	SR Dakota Wesleyan	16.49
4 Connor Ford	FR Dakota State	17.26
5 Peter Schukking	SR Augustana (S.D.)	17.61
Heat 2 Preliminaries	Wind: 4.0	
1 Keith Heidema	SR Dordt	15.45q
2 Chase Hiser	SO Morningside	15.79
3 Kevin Jenkins	FR Dakota State	16.08
4 Brock Bumann	FR Dakota State	16.43
5 Matthew Johnson	JR Northwestern (Iowa)	16.91
6 Dakota Bodden	SR Dakota Wesleyan	17.90
Heat 3 Preliminaries	Wind: 3.5	
1 Reece Jackson	JR Morningside	14.70q
1 Jon Rus	Unattached	14.70q
3 Kelson Brewer	SO Northern State	16.34
4 Damion Scandrick II	FR Valley City State	16.36
5 Peter Wysocki	FR North Dakota	17.52
6 Jared Samms	SO Briar Cliff	18.50
Heat 4 Preliminaries	Wind: 2.5	
1 Dylon Van't Hof	SR Augustana (S.D.)	15.19q
2 Bryce Malsam	SO Northern State	15.21q
3 Preston Davis	FR Wayne St. (Neb.)	16.45
4 Kyle Bakker	SO Northwestern (Iowa)	17.00
5 Rob Guerrero	FR Southwestern CC	18.04
-- Armand Khan	FR South Dakota	DQ
Heat 5 Preliminaries	Wind: 2.7	
1 Dennis Parsley	SO South Dakota	15.37q
2 Evan Ward	JR Augustana (S.D.)	15.50
3 Walker Olivier	FR Dakota State	15.54
4 Noah Weeter	FR South Dakota	15.61
5 Joe Heglin	FR Briar Cliff	15.78
6 TJ Hochstetler	NA Unattached	15.85

7	Jake Probst	Concordia-Moorhead	17.89
8	William Lawrence	SR Mount Marty	21.80

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Jon Rus	Unattached	14.70q	3.5	3
1	Reece Jackson	JR Morningside	14.70q	3.5	3
3	Jacobus Noble	SO Morningside	14.81q	4.9	1
4	Paul Meloche	JR Augustana (S.D.)	14.84q	4.9	1
5	Dylon Van't Hof	SR Augustana (S.D.)	15.19q	2.5	4
6	Bryce Malsam	SO Northern State	15.21q	2.5	4
7	Dennis Parsley	SO South Dakota	15.37q	2.7	5
8	Keith Heidema	SR Dordt	15.45q	4.0	2
9	Evan Ward	JR Augustana (S.D.)	15.50	2.7	5
10	Walker Olivier	FR Dakota State	15.54	2.7	5
11	Noah Weeter	FR South Dakota	15.61	2.7	5
12	Joe Heglin	FR Briar Cliff	15.78	2.7	5
13	Chase Hiser	SO Morningside	15.79	4.0	2
14	TJ Hochstetler	NA Unattached	15.85	2.7	5
15	Kevin Jenkins	FR Dakota State	16.08	4.0	2
16	Kelson Brewer	SO Northern State	16.34	3.5	3
17	Damion Scandrck II	FR Valley City State	16.36	3.5	3
18	Brock Bumann	FR Dakota State	16.43	4.0	2
19	Preston Davis	FR Wayne St. (Neb.)	16.45	2.5	4
20	Jon Harmening	SR Dakota Wesleyan	16.49	4.9	1
21	Matthew Johnson	JR Northwestern (Iowa)	16.91	4.0	2
22	Kyle Bakker	SO Northwestern (Iowa)	17.00	2.5	4
23	Connor Ford	FR Dakota State	17.26	4.9	1
24	Peter Wysocki	FR North Dakota	17.52	3.5	3
25	Peter Schukking	SR Augustana (S.D.)	17.61	4.9	1
26	Jake Probst	Concordia-Moorhead	17.89	2.7	5
27	Dakota Bodden	SR Dakota Wesleyan	17.90	4.0	2
28	Rob Guerrero	FR Southwestern CC	18.04	2.5	4
29	Jared Samms	SO Briar Cliff	18.50	3.5	3
30	William Lawrence	SR Mount Marty	21.80	2.7	5
--	Armand Khan	FR South Dakota	DQ	2.5	4

Event 201 Women 100 Meter Dash UCO

Name	Year School	Prelims
Heat 1 Preliminaries Wind: 3.7		
1 Lucy Steinmeyer	FR North Dakota	12.60
2 Toni-Ann Ingram	SR Northern State	12.62
3 Madison Barnes	SO Northern State	12.81
4 Kiana Hoff-Au	JR Mount Marty	12.87
5 Leah Breon	SR Dordt	13.83
6 Alyssa Brown	JR South Dakota	13.89
7 Mikaela Van Soelen	FR Dordt	14.10
Heat 2 Preliminaries Wind: 3.7		
1 Callie DeWitt	FR Augustana (S.D.)	11.98q
2 Eleka Joseph	SR Morningside	12.20q
3 Emma Rezac	FR Northern State	12.88
4 Isabel Kinzer	FR Northern State	13.07
5 Cassidy Ziegler	Bemidji State	13.19
6 Emily Parks	FR South Dakota	13.48
7 Alyssa Weidler	SO Dakota Wesleyan	13.58
8 Autumn Kamerzell	JR Dakota Wesleyan	14.32
Heat 3 Preliminaries Wind: 3.7		
1 Josie Wolf	FR Dakota State	12.52q
2 Josie Kroger	FR South Dakota	12.54
3 Bryn Groff	FR Morningside	13.43
4 Emily Van Ginkel	FR Northwestern (Iowa)	13.46
5 Edith Van Ginkel	FR Dordt	13.69
6 Madison Mach	JR Jamestown	13.95
Heat 4 Preliminaries Wind: 3.1		
1 Alaina Klapperich	JR Augustana (S.D.)	12.33q
2 Jada Barker	SR Bemidji State	12.34q
3 Kylee Voigt	SO Jamestown	12.84
4 Mariah Beckius	FR Augustana (S.D.)	13.00
5 Julia Yoder	FR Dordt	13.12
6 Bailey Van Ginkel	SO Northwestern (Iowa)	13.64
7 Annika Rick	FR Dordt	14.04
8 Jacy Stoaks	FR Southwestern CC	15.30
Heat 5 Preliminaries Wind: 4.4		
1 Kylie Johnston	FR Buena Vista	12.98
2 Lindsey Flammang	FR Morningside	12.99
3 Sara Heyn	JR Augustana (S.D.)	13.12

4	Pam Regenerus	SO Dordt	13.15
5	Morgan Rice	FR Morningside	13.55
6	Abby Olberding	FR Buena Vista	13.79
7	Allyssa Ertz	SO Buena Vista	14.54
Heat 6	Preliminaries	Wind: 4.0	
1	Tasheka Gordon	SO South Dakota	12.00q
2	Cheri'a Adams	SR Bemidji State	12.62
3	Devin Bloemendaal	JR Northwestern (Iowa)	12.80
4	Tayla Peterson	JR Northern State	12.84
5	Lily Peschau	SO Northwestern (Iowa)	13.40
6	Hannah Veldhuisen	SO Dordt	13.50
7	Kristin Rundle	SO Dordt	13.89
Heat 7	Preliminaries	Wind: 2.8	
1	Karina Dufoe	JR South Dakota	12.25q
2	Anna Heusinkveld	SO Northwestern (Iowa)	12.48q
3	Abbie Strasser	FR Dakota State	12.84
4	Allison Birks	FR Northwestern (Iowa)	13.13
5	Destine Butturff	SO Buena Vista	13.17
6	Jada Carlson	FR Northwestern (Iowa)	13.26
7	Emma Gamache	FR Valley City State	13.58

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1		FR Augustana (S.D.)	11.98q	3.7	2
2		SO South Dakota	12.00q	4.0	6
3		SR Morningside	12.20q	3.7	2
4		JR South Dakota	12.25q	2.8	7
5		JR Augustana (S.D.)	12.33q	3.1	4
6		SR Bemidji State	12.34q	3.1	4
7		SO Northwestern (Iowa)	12.48q	2.8	7
8		FR Dakota State	12.52q	3.7	3
9		FR South Dakota	12.54	3.7	3
10		FR North Dakota	12.60	3.7	1
11		SR Bemidji State	12.62	4.0	6
12		SR Northern State	12.62	3.7	1
13		JR Northwestern (Iowa)	12.80	4.0	6
14		SO Northern State	12.81	3.7	1
15		JR Northern State	12.84	4.0	6
16		SO Jamestown	12.84	3.1	4
17		FR Dakota State	12.84	2.8	7

18	Kiana Hoff-Au	JR Mount Marty	12.87	3.7	1
19	Emma Rezac	FR Northern State	12.88	3.7	2
20	Kylie Johnston	FR Buena Vista	12.98	4.4	5
21	Lindsey Flammang	FR Morningside	12.99	4.4	5
22	Mariah Beckius	FR Augustana (S.D.)	13.00	3.1	4
23	Isabel Kinzer	FR Northern State	13.07	3.7	2
24	Sara Heyn	JR Augustana (S.D.)	13.12	4.4	5
25	Julia Yoder	FR Dordt	13.12	3.1	4
26	Allison Birks	FR Northwestern (Iowa)	13.13	2.8	7
27	Pam Regenerus	SO Dordt	13.15	4.4	5
28	Destine Butturff	SO Buena Vista	13.17	2.8	7
29	Cassidy Ziegler	Bemidji State	13.19	3.7	2
30	Jada Carlson	FR Northwestern (Iowa)	13.26	2.8	7
31	Lily Peschau	SO Northwestern (Iowa)	13.40	4.0	6
32	Bryn Groff	FR Morningside	13.43	3.7	3
33	Emily Van Ginkel	FR Northwestern (Iowa)	13.46	3.7	3
34	Emily Parks	FR South Dakota	13.48	3.7	2
35	Hannah Veldhuisen	SO Dordt	13.50	4.0	6
36	Morgan Rice	FR Morningside	13.55	4.4	5
37	Alyssa Weidler	SO Dakota Wesleyan	13.58	3.7	2
38	Emma Gamache	FR Valley City State	13.58	2.8	7
39	Bailey Van Ginkel	SO Northwestern (Iowa)	13.64	3.1	4
40	Edith Van Ginkel	FR Dordt	13.69	3.7	3
41	Abby Olberding	FR Buena Vista	13.79	4.4	5
42	Leah Breon	SR Dordt	13.83	3.7	1
43	Alyssa Brown	JR South Dakota	13.89	3.7	1
44	Kristin Rundle	SO Dordt	13.89	4.0	6
45	Madison Mach	JR Jamestown	13.95	3.7	3
46	Annika Rick	FR Dordt	14.04	3.1	4
47	Mikaela Van Soelen	FR Dordt	14.10	3.7	1
48	Autumn Kamerzell	JR Dakota Wesleyan	14.32	3.7	2
49	Allyssa Ertz	SO Buena Vista	14.54	4.4	5
50	Jacy Stoaks	FR Southwestern CC	15.30	3.1	4

Event 202 Men 100 Meter Dash UCO

Name	Year School	Prelims
------	-------------	---------

Heat 1 Preliminaries	Wind: 3.6	
1 Will Griffin	Unattached	11.07
2 perman wilson	SO Unattached	11.24
3 Tyler Wagner	FR Morningside	11.33
4 Josh Reider	SR Augustana (S.D.)	11.43
5 Jake Axtell	FR Morningside	11.54
6 Sam Moseti	SO Northern State	11.56
7 Luke Wietgreffe	SR Northern State	11.64
Heat 2 Preliminaries	Wind: 3.9	
1 Oluwaseyi Aguda	FR North Dakota	10.89q
2 Sage Lloyd	JR Briar Cliff	10.98
3 Brady Butters	SO Northwestern (Iowa)	10.99
4 Konnor Stueve	FR Valley City State	11.33
5 Austin Moser	SO Northern State	11.39
6 Wyatt McAlpin	FR Morningside	11.72
7 Samuel Kludt	FR Jamestown	12.18
Heat 3 Preliminaries	Wind: 4.1	
1 Robert Iron Shell	SR Briar Cliff	10.84q
2 Derrick Akers	SR Northwestern (Iowa)	11.04
3 Raekwon Robinson	SR Northern State	11.28
4 Walker Raabe	FR Briar Cliff	11.32
5 James Hollister	JR North Dakota	11.35
6 Riley Crawford	SO Augustana (S.D.)	11.67
7 Cole Joachim	FR Northwestern (Iowa)	12.18
Heat 4 Preliminaries	Wind: 3.9	
1 Brennan Dostal	SR Buena Vista	10.90q
2 Collin Glazek	FR Briar Cliff	11.10
3 Jarreth Martina	JR Northern State	11.11
4 Romario Thomas	SO Northern State	11.25
5 TJ Hochstetler	NA Unattached	11.75
6 Cason Reyes	FR Jamestown	11.76
Heat 5 Preliminaries	Wind: 3.1	
1 Conor Penington	FR South Dakota	10.79q
2 Shandon Toenies	FR North Dakota	10.96q
3 Noah Imperial	FR Dordt	11.25
4 Nile Frasier	FR Dakota State	11.37
5 Caden Quintanilla	SR Augustana (S.D.)	11.57
6 Keith Rogers	SR Jamestown	11.60
7 Brandon Marker	SR Wayne St. (Neb.)	11.70
Heat 6 Preliminaries	Wind: 3.1	
1 Joel DelaCruz	FR Valley City State	11.09

2	Albert Miller	FR Southwestern CC	11.44
3	Daidrick Kibbie	FR Dakota State	11.64
4	Jared Samms	SO Briar Cliff	11.78
5	Nic Herman	FR Dordt	11.89
6	Jacob Juelfs	FR Jamestown	14.10
Heat 7 Preliminaries		Wind: 3.1	
1	Jonah Rechtenbaugh	FR Mount Marty	11.26
2	Nathan Wedel	SR Northwestern (Iowa)	11.53
3	Logan Roberts	SO Morningside	11.55
4	Marcus Cole	FR Morningside	11.55
5	Alex Woods	FR Augustana (S.D.)	11.61
6	xavier spann	JR Unattached	11.77
Heat 8 Preliminaries		Wind: 3.2	
1	Phillip McElroy	FR Unattached	10.83q
2	Chad Blank	SO Briar Cliff	11.01
3	Dylon Van't Hof	SR Augustana (S.D.)	11.59
4	Malik McClellon	SO Southwestern CC	11.72
5	Shay Gibson	FR Dakota Wesleyan	11.75
6	Grant Staats	JR Morningside	11.89
Heat 9 Preliminaries		Wind: 4.7	
1	Paul Paul	FR Mount Marty	10.72q
2	Brady Wall	FR Augustana (S.D.)	10.95q
3	Jacob Furlott	FR Valley City State	11.18
4	Justin Grevengoed	FR Northwestern (Iowa)	11.42
5	James Farnan	SR Morningside	11.43
6	Austin Row	SO Dakota State	11.82
7	Kennan Kelly	SO Dakota State	12.15

Name		Year School	Prelims	Wind	H#
Preliminaries					
1	Paul Paul	FR Mount Marty	10.72q	4.7	9
2	Conor Penington	FR South Dakota	10.79q	3.1	5
3	Phillip McElroy	FR Unattached	10.83q	3.2	8
4	Robert Iron Shell	SR Briar Cliff	10.84q	4.1	3
5	Oluwaseyi Aguda	FR North Dakota	10.89q	3.9	2
6	Brennan Dostal	SR Buena Vista	10.90q	3.9	4
7	Brady Wall	FR Augustana (S.D.)	10.95q	4.7	9
8	Shandon Toenies	FR North Dakota	10.96q	3.1	5
9	Sage Lloyd	JR Briar Cliff	10.98	3.9	2
10	Brady Butters	SO Northwestern (Iowa)	10.99	3.9	2

11	Chad Blank	SO Briar Cliff	11.01	3.2	8
12	Derrick Akers	SR Northwestern (Iowa)	11.04	4.1	3
13	Will Griffin	Unattached	11.07	3.6	1
14	Joel DelaCruz	FR Valley City State	11.09	3.1	6
15	Collin Glazek	FR Briar Cliff	11.10	3.9	4
16	Jarreth Martina	JR Northern State	11.11	3.9	4
17	Jacob Furlott	FR Valley City State	11.18	4.7	9
18	perman wilson	SO Unattached	11.24	3.6	1
19	Noah Imperial	FR Dordt	11.25	3.1	5
20	Romario Thomas	SO Northern State	11.25	3.9	4
21	Jonah Rechtenbaugh	FR Mount Marty	11.26	3.1	7
22	Raekwon Robinson	SR Northern State	11.28	4.1	3
23	Walker Raabe	FR Briar Cliff	11.32	4.1	3
24	Konnor Stueve	FR Valley City State	11.33	3.9	2
25	Tyler Wagner	FR Morningside	11.33	3.6	1
26	James Hollister	JR North Dakota	11.35	4.1	3
27	Nile Frasier	FR Dakota State	11.37	3.1	5
28	Austin Moser	SO Northern State	11.39	3.9	2
29	Justin Grevengoed	FR Northwestern (Iowa)	11.42	4.7	9
30	James Farnan	SR Morningside	11.43	4.7	9
31	Josh Reider	SR Augustana (S.D.)	11.43	3.6	1
32	Albert Miller	FR Southwestern CC	11.44	3.1	6
33	Nathan Wedel	SR Northwestern (Iowa)	11.53	3.1	7
34	Jake Axtell	FR Morningside	11.54	3.6	1
35	Logan Roberts	SO Morningside	11.55	3.1	7
36	Marcus Cole	FR Morningside	11.55	3.1	7
37	Sam Moseti	SO Northern State	11.56	3.6	1
38	Caden Quintanilla	SR Augustana (S.D.)	11.57	3.1	5
39	Dylon Van't Hof	SR Augustana (S.D.)	11.59	3.2	8
40	Keith Rogers	SR Jamestown	11.60	3.1	5
41	Alex Woods	SO Augustana (S.D.)	11.61	3.1	7
42	Luke Wietgreffe	SR Northern State	11.64	3.6	1
42	Daidrick Kibbie	FR Dakota State	11.64	3.1	6
44	Riley Crawford	SO Augustana (S.D.)	11.67	4.1	3
45	Brandon Marker	SR Wayne St. (Neb.)	11.70	3.1	5
46	Wyatt McAlpin	FR Morningside	11.72	3.9	2
47	Malik McClellon	SO Southwestern CC	11.72	3.2	8
48	TJ Hochstetler	NA Unattached	11.75	3.9	4
49	Shay Gibson	FR Dakota Wesleyan	11.75	3.2	8
50	Cason Reyes	FR Jamestown	11.76	3.9	4
51	xavier spann	JR Unattached	11.77	3.1	7



52	Jared Samms	SO Briar Cliff	11.78	3.1	6
53	Austin Row	SO Dakota State	11.82	4.7	9
54	Nic Herman	FR Dordt	11.89	3.1	6
55	Grant Staats	JR Morningside	11.89	3.2	8
56	Kennan Kelly	SO Dakota State	12.15	4.7	9
57	Cole Joachim	FR Northwestern (Iowa)	12.18	4.1	3
58	Samuel Kludt	FR Jamestown	12.18	3.9	2
59	Jacob Juelfs	FR Jamestown	14.10	3.1	6

Event 214 Women 800 Meter Run UCO

Name	Year	School	Finals
Section 1			
1		Sarah Schafer	FR Northern State 2:37.64
2		Morgan Todd	FR Morningside 2:37.97
3		Krista Zavadil	FR Morningside 2:38.06
4		Claire Schaefer	FR Briar Cliff 2:39.14
5		Allison Foster	SO Jamestown 2:39.37
6		Karina Manriquez	FR Briar Cliff 2:40.40
7		Jessica Beatty	FR Southwestern CC 2:41.47
8		Sonora Foresman	SO Morningside 2:42.31
9		Emily Hao	FR Concordia-Moorhead 2:48.39
10		Donna Mills	Unattached 2:53.12
11		Victoria Hodge	FR Buena Vista 2:54.38
12		Cindy Moreno	FR Briar Cliff 2:55.55
13		Amanda George	SO Jamestown 2:59.31
14		Lyndsay Pruss	FR Dakota State 3:12.43
15		Halie Dean	FR Southwestern CC 3:16.58
16		BreAnn Rhodes	FR Southwestern CC 3:23.00
17		Carissa Decko	Bemidji State 3:40.45
Section 2			
1		Kendra Franck	FR North Dakota 2:29.10
2		Christina Stopak	FR Southwestern CC 2:31.97
3		Mikayla Prouty	FR Mount Marty 2:32.27
4		Meritt Miller	FR Concordia-Moorhead 2:32.36
5		Kristen Petron	SR Bemidji State 2:32.89
6		Livia Wallace	FR Northern State 2:33.61

7	Samantha Blum	FR Northwestern (Iowa)	2:35.40
8	Kelsey Lang	SO Northwestern (Iowa)	2:36.17
9	Kendra Schaap	FR Dordt	2:36.53
10	Kyra Gardner	FR Northern State	2:36.54
11	Anna Teigland	FR Northwestern (Iowa)	2:36.78
12	Maddie Fenske	FR Valley City State	2:37.94
13	Samantha Dowling	FR Northwestern (Iowa)	2:39.85
14	Brianna Enerson	SR Dordt	2:40.52
15	Mallory Aughenbaugh	FR Dakota State	2:50.60
16	Billie Wicks	JR Mount Marty	2:50.63

Section 3

1	Meagan Schenk	SO Augustana (S.D.)	2:25.34
2	Sarah Krysl	FR Dordt	2:26.38
3	Samantha Schuyler	FR Dakota Wesleyan	2:26.53
4	Megan Maaske	JR Morningside	2:27.27
5	Allison Higgins	SR Morningside	2:27.74
6	Katrina Engebretson	SO Northwestern (Iowa)	2:29.27
7	Anna Christian	SO North Dakota	2:29.34
8	Clare Kortlever	JR Morningside	2:30.16
9	Natalie Lambert	SO Morningside	2:30.59
10	Sarah Van Wyk	JR Dordt	2:30.78
11	Kali Ryan	FR Augustana (S.D.)	2:31.00
12	Jamie Jacobsen	SR Briar Cliff	2:31.42
13	Abberly Smith	FR Northern State	2:33.18
14	Hanna Wahl	JR Northern State	2:38.40
15	Madison Whitcomb	FR Dakota State	2:41.18
16	Brittney Hillstrom	SR Bemidji State	2:41.73

Section 4

1	Morgan Lawler	SO South Dakota	2:22.15
2	Allyssa Weitkum	FR Valley City State	2:22.40
3	Kassidy De Jong	JR Northwestern (Iowa)	2:23.17
4	Emalee Fundermann	FR Morningside	2:23.30
5	Amanda Robbins	FR North Dakota	2:23.59
6	Hailey Pullman	FR Dordt	2:23.93
7	Hannah Anderson	FR North Dakota	2:24.58
8	Kelsi Kearney	SO South Dakota	2:25.31
9	Erica De Schiffart	SR Dordt	2:25.67
10	Maria West	SR Concordia-Moorhead	2:27.90
11	Kirsten Paetow	FR Dakota State	2:28.95
12	Rose Pelelo-Ray	JR Morningside	2:29.12
13	Aneesa Tucker	SR Bemidji State	2:30.14

14	Megan Olson	SO	North Dakota	2:37.75
--	Breanna Harthoorn	SO	Northwestern (Iowa)	DNF
Section 5				
1	Carly Rahn	FR	Augustana (S.D.)	2:15.18
2	Taryn Ceglowski	FR	Sioux Falls	2:16.02
3	Lindsay Joyce	SR	South Dakota	2:16.34
4	Michelle Mumm	SR	Morningside	2:16.45
5	Katie Landhuis	SR	Northwestern (Iowa)	2:16.81
6	Katie Bosch	SR	Northwestern (Iowa)	2:17.29
7	Emily Tromp	SO	Augustana (S.D.)	2:17.68
8	Mallory Fine	JR	South Dakota	2:20.59
9	Meghan Janssen	JR	North Dakota	2:20.64
10	Cassidy Soli	SR	Augustana (S.D.)	2:22.63
11	Rachael Zeiger	SR	South Dakota	2:22.77
12	Avery Selberg	SR	Augustana (S.D.)	2:23.72
13	Jenna Stephens	JR	Dordt	2:25.51
14	Nicole Slater	SR	Dordt	2:28.21

Name	Year	School	Finals	H#	
Finals					
1	Carly Rahn	FR	Augustana (S.D.)	2:15.18	5
2	Taryn Ceglowski	FR	Sioux Falls	2:16.02	5
3	Lindsay Joyce	SR	South Dakota	2:16.34	5
4	Michelle Mumm	SR	Morningside	2:16.45	5
5	Katie Landhuis	SR	Northwestern (Iowa)	2:16.81	5
6	Katie Bosch	SR	Northwestern (Iowa)	2:17.29	5
7	Emily Tromp	SO	Augustana (S.D.)	2:17.68	5
8	Mallory Fine	JR	South Dakota	2:20.59	5
9	Meghan Janssen	JR	North Dakota	2:20.64	5
10	Morgan Lawler	SO	South Dakota	2:22.15	4
11	Allyssa Weitkum	FR	Valley City State	2:22.40	4
12	Cassidy Soli	SR	Augustana (S.D.)	2:22.63	5
13	Rachael Zeiger	SR	South Dakota	2:22.77	5
14	Kassidy De Jong	JR	Northwestern (Iowa)	2:23.17	4
15	Emalee Fundermann	FR	Morningside	2:23.30	4
16	Amanda Robbins	FR	North Dakota	2:23.59	4
17	Avery Selberg	SR	Augustana (S.D.)	2:23.72	5
18	Hailey Pullman	FR	Dordt	2:23.93	4
19	Hannah Anderson	FR	North Dakota	2:24.58	4
20	Kelsi Kearney	SO	South Dakota	2:25.31	4

21	Meagan Schenk	SO Augustana (S.D.)	2:25.34	3
22	Jenna Stephens	JR Dordt	2:25.51	5
23	Erica De Schiffart	SR Dordt	2:25.67	4
24	Sarah Krysl	FR Dordt	2:26.38	3
25	Samantha Schuyler	FR Dakota Wesleyan	2:26.53	3
26	Megan Maaske	JR Morningside	2:27.27	3
27	Allison Higgins	SR Morningside	2:27.74	3
28	Maria West	SR Concordia-Moorhead	2:27.90	4
29	Nicole Slater	SR Dordt	2:28.21	5
30	Kirsten Paetow	FR Dakota State	2:28.95	4
31	Kendra Franck	FR North Dakota	2:29.10	2
32	Rose Pelelo-Ray	JR Morningside	2:29.12	4
33	Katrina Engebretson	SO Northwestern (Iowa)	2:29.27	3
34	Anna Christian	SO North Dakota	2:29.34	3
35	Aneesha Tucker	SR Bemidji State	2:30.14	4
36	Clare Kortlever	JR Morningside	2:30.16	3
37	Natalie Lambert	SO Morningside	2:30.59	3
38	Sarah Van Wyk	JR Dordt	2:30.78	3
39	Kali Ryan	FR Augustana (S.D.)	2:31.00	3
40	Jamie Jacobsen	SR Briar Cliff	2:31.42	3
41	Christina Stopak	FR Southwestern CC	2:31.97	2
42	Mikayla Prouty	FR Mount Marty	2:32.27	2
43	Meritt Miller	FR Concordia-Moorhead	2:32.36	2
44	Kristen Petron	SR Bemidji State	2:32.89	2
45	Abberly Smith	FR Northern State	2:33.18	3
46	Livia Wallace	FR Northern State	2:33.61	2
47	Samantha Blum	FR Northwestern (Iowa)	2:35.40	2
48	Kelsey Lang	SO Northwestern (Iowa)	2:36.17	2
49	Kendra Schaap	FR Dordt	2:36.53	2
50	Kyra Gardner	FR Northern State	2:36.54	2
51	Anna Teigland	FR Northwestern (Iowa)	2:36.78	2
52	Sarah Schafer	FR Northern State	2:37.64	1
53	Megan Olson	SO North Dakota	2:37.75	4
54	Maddie Fenske	FR Valley City State	2:37.94	2
55	Morgan Todd	FR Morningside	2:37.97	1
56	Krista Zavadil	FR Morningside	2:38.06	1
57	Hanna Wahl	JR Northern State	2:38.40	3
58	Claire Schaefer	FR Briar Cliff	2:39.14	1
59	Allison Foster	SO Jamestown	2:39.37	1
60	Samantha Dowling	FR Northwestern (Iowa)	2:39.85	2
61	Karina Manriquez	FR Briar Cliff	2:40.40	1

62	Brianna Enerson	SR Dordt	2:40.52	2
63	Madison Whitcomb	FR Dakota State	2:41.18	3
64	Jessica Beatty	FR Southwestern CC	2:41.47	1
65	Brittney Hillstrom	SR Bemidji State	2:41.73	3
66	Sonora Foresman	SO Morningside	2:42.31	1
67	Emily Hao	FR Concordia-Moorhead	2:48.39	1
68	Mallory Aughenbaugh	FR Dakota State	2:50.60	2
69	Billie Wicks	JR Mount Marty	2:50.63	2
70	Donna Mills	Unattached	2:53.12	1
71	Victoria Hodge	FR Buena Vista	2:54.38	1
72	Cindy Moreno	FR Briar Cliff	2:55.55	1
73	Amanda George	SO Jamestown	2:59.31	1
74	Lyndsay Pruss	FR Dakota State	3:12.43	1
75	Halie Dean	FR Southwestern CC	3:16.58	1
76	BreAnn Rhodes	FR Southwestern CC	3:23.00	1
77	Carissa Decko	Bemidji State	3:40.45	1
--	Breanna Harthoorn	SO Northwestern (Iowa)	DNF	4

Event 215 Men 800 Meter Run UCO

Name	Year School	Finals
Section 1		
1	Brian Bentzinger	FR Augustana (S.D.) 2:03.29
2	Phil Selmer	FR Southwestern CC 2:05.43
3	Hans Frank-Holzner	SR Concordia-Moorhead 2:06.77
4	Blake Patten	FR Buena Vista 2:08.40
5	Peyton Walker	FR Briar Cliff 2:10.59
6	Dan Kelly	SO Dordt 2:10.91
7	Phoenix Shadden	FR Southwestern CC 2:11.28
8	Garrison Hazen	FR Northwestern (Iowa) 2:12.47
9	Michael Sampers	SR Jamestown 2:13.68
10	Daniel Palmer	SO Jamestown 2:16.52
11	Steven Cutler	FR Morningside 2:19.17
12	Jake Altena	FR Dordt 2:19.65
13	Terrell Gibbs	SO Southwestern CC 2:23.30
14	Travis Purdy	SO Southwestern CC 2:57.59
Section 2		
1	Daniel Armstrong	SO Sioux Falls 2:02.70
2	Adam Daane	SR Dordt 2:02.74

3	David Temte	FR Dordt	2:03.20
4	Andrew Hornung	SO Jamestown	2:03.71
5	Dylan Lindstrom	FR Morningside	2:04.57
6	Beau Ireland	SO Augustana (S.D.)	2:05.11
7	Benjamin Aberson	SO Unattached	2:05.79
8	Connor Haugrud	SR Concordia-Moorhead	2:05.87
9	Zach Kollasch	JR Briar Cliff	2:06.37
10	Tony Kollasch	JR Briar Cliff	2:07.68
11	Asher Wahl	SO Northern State	2:09.05
12	Brendon Watchorn	JR Dordt	2:09.77
13	Alex Loerts	SO Buena Vista	2:09.89
14	Michael Rizzi	SO Morningside	2:10.04
15	Titus Gruanue	FR Valley City State	2:10.82
16	Spencer Mattheis	FR Valley City State	2:10.88

Section 3

1	Logan Hansen	FR Sioux Falls	2:00.31
2	Skyler Giddings	Unattached	2:00.72
3	Josh Haning	SO Briar Cliff	2:01.24
4	Bryce Nitzsche	SO Northwestern (Iowa)	2:01.57
5	Connor McMannes	FR North Dakota	2:01.65
6	Riley Schaap	SR Dordt	2:01.81
7	Menkeh Mendin	Unattached	2:02.31
8	Donovan Miller	FR Northern State	2:02.54
9	Joshua Van Dusseldorp	FR Northwestern (Iowa)	2:04.08
10	Levi Te Brink	SR Northwestern (Iowa)	2:05.30
11	Nick Reiffenberger	JR Augustana (S.D.)	2:05.33
12	Corey Hermann	Unattached	2:06.66
13	Casey McEvoy	SR Briar Cliff	2:11.26
14	Jacob Schweitzer	SR Northern State	2:16.34

Section 4

1	Austin Miller	SO Augustana (S.D.)	1:56.05
2	Billy Beseman	SO Sioux Falls	1:56.06
3	Kallo Arno	FR South Dakota	1:57.33
4	Zach Ambrose	FR Morningside	1:57.59
5	David Supinski	SR Concordia-Moorhead	1:57.78
6	Gideon De Graaf	FR Dordt	1:58.45
7	Jase Kraft	JR Sioux Falls	1:58.57
8	Anthony Ghiorso	FR Dordt	1:58.79
9	Hans Epp	SR Northwestern (Iowa)	1:58.87
10	Nathan Wendt	JR South Dakota	1:58.93
11	Matt Russell	FR North Dakota	2:00.05

12	Cody Roder	FR	North Dakota	2:02.95
13	Sean Crowell	SO	Northwestern (Iowa)	2:02.97
14	Joseph Fenstermacher	JR	North Dakota	2:05.27
15	Orin Rambow	JR	Valley City State	2:06.22

Section 5

1	Kyle Anderson		Unattached	1:52.96
2	Eldon Warner	JR	South Dakota	1:53.90
3	Mason Phillips		Unattached	1:54.53
4	Tim Rose	SR	Northwestern (Iowa)	1:55.61
5	Jacob Green	SR	Morningside	1:56.34
6	Sam Wensink		Unattached	1:56.68
7	Peter Hollinger	JR	Northwestern (Iowa)	1:56.96
8	Zach Lundberg	SO	Sioux Falls	1:57.10
9	Joe Heinrichs	SR	Briar Cliff	1:57.68
10	Austin Krohnke	SR	Augustana (S.D.)	1:58.05
11	Monte Lason		Unattached	1:58.48
12	Zach Tuschen	SR	Augustana (S.D.)	1:58.91
13	Jason Kenny	SR	Morningside	1:59.60
14	Jacob Simmons	JR	South Dakota	2:03.82

---

Name	Year	School	Finals	H#
------	------	--------	--------	----

---

Finals

1	Kyle Anderson		Unattached	1:52.96	5
2	Eldon Warner	JR	South Dakota	1:53.90	5
3	Mason Phillips		Unattached	1:54.53	5
4	Tim Rose	SR	Northwestern (Iowa)	1:55.61	5
5	Austin Miller	SO	Augustana (S.D.)	1:56.05	4
6	Billy Beseman	SO	Sioux Falls	1:56.06	4
7	Jacob Green	SR	Morningside	1:56.34	5
8	Sam Wensink		Unattached	1:56.68	5
9	Peter Hollinger	JR	Northwestern (Iowa)	1:56.96	5
10	Zach Lundberg	SO	Sioux Falls	1:57.10	5
11	Kallo Arno	FR	South Dakota	1:57.33	4
12	Zach Ambrose	FR	Morningside	1:57.59	4
13	Joe Heinrichs	SR	Briar Cliff	1:57.68	5
14	David Supinski	SR	Concordia-Moorhead	1:57.78	4
15	Austin Krohnke	SR	Augustana (S.D.)	1:58.05	5
16	Gideon De Graaf	FR	Dordt	1:58.45	4
17	Monte Lason		Unattached	1:58.48	5
18	Jase Kraft	JR	Sioux Falls	1:58.57	4

19	Anthony Ghiorso	FR Dordt	1:58.79	4
20	Hans Epp	SR Northwestern (Iowa)	1:58.87	4
21	Zach Tuschen	SR Augustana (S.D.)	1:58.91	5
22	Nathan Wendt	JR South Dakota	1:58.93	4
23	Jason Kenny	SR Morningside	1:59.60	5
24	Matt Russell	FR North Dakota	2:00.05	4
25	Logan Hansen	FR Sioux Falls	2:00.31	3
26	Skyler Giddings	Unattached	2:00.72	3
27	Josh Haning	SO Briar Cliff	2:01.24	3
28	Bryce Nitzsche	SO Northwestern (Iowa)	2:01.57	3
29	Connor McMannes	FR North Dakota	2:01.65	3
30	Riley Schaap	SR Dordt	2:01.81	3
31	Menkeh Mendin	Unattached	2:02.31	3
32	Donovan Miller	FR Northern State	2:02.54	3
33	Daniel Armstrong	SO Sioux Falls	2:02.70	2
34	Adam Daane	SR Dordt	2:02.74	2
35	Cody Roder	FR North Dakota	2:02.95	4
36	Sean Crowell	SO Northwestern (Iowa)	2:02.97	4
37	David Temte	FR Dordt	2:03.20	2
38	Brian Bentzinger	FR Augustana (S.D.)	2:03.29	1
39	Andrew Hornung	SO Jamestown	2:03.71	2
40	Jacob Simmons	JR South Dakota	2:03.82	5
41	Joshua Van Dusseldorp	FR Northwestern (Iowa)	2:04.08	3
42	Dylan Lindstrom	FR Morningside	2:04.57	2
43	Beau Ireland	SO Augustana (S.D.)	2:05.11	2
44	Joseph Fenstermacher	JR North Dakota	2:05.27	4
45	Levi Te Brink	SR Northwestern (Iowa)	2:05.30	3
46	Nick Reiffenberger	JR Augustana (S.D.)	2:05.33	3
47	Phil Selmer	FR Southwestern CC	2:05.43	1
48	Benjamin Aberson	SO Unattached	2:05.79	2
49	Connor Haugrud	SR Concordia-Moorhead	2:05.87	2
50	Orin Rambow	JR Valley City State	2:06.22	4
51	Zach Kollasch	JR Briar Cliff	2:06.37	2
52	Corey Hermann	Unattached	2:06.66	3
53	Hans Frank-Holzner	SR Concordia-Moorhead	2:06.77	1
54	Tony Kollasch	JR Briar Cliff	2:07.68	2
55	Blake Patten	FR Buena Vista	2:08.40	1
56	Asher Wahl	SO Northern State	2:09.05	2
57	Brendon Watchorn	JR Dordt	2:09.77	2
58	Alex Loerts	SO Buena Vista	2:09.89	2
59	Michael Rizzi	SO Morningside	2:10.04	2



60	Peyton Walker	FR Briar Cliff	2:10.59	1
61	Titus Gruanue	FR Valley City State	2:10.82	2
62	Spencer Mattheis	FR Valley City State	2:10.88	2
63	Dan Kelly	SO Dordt	2:10.91	1
64	Casey McEvoy	SR Briar Cliff	2:11.26	3
65	Phoenix Shadden	FR Southwestern CC	2:11.28	1
66	Garrison Hazen	FR Northwestern (Iowa)	2:12.47	1
67	Michael Sampers	SR Jamestown	2:13.68	1
68	Jacob Schweitzer	SR Northern State	2:16.34	3
69	Daniel Palmer	SO Jamestown	2:16.52	1
70	Steven Cutler	FR Morningside	2:19.17	1
71	Jake Altena	FR Dordt	2:19.65	1
72	Terrell Gibbs	SO Southwestern CC	2:23.30	1
73	Travis Purdy	SO Southwestern CC	2:57.59	1

Event 207 Women 200 Meter Dash UCO

Name	Year School	Finals
Section 1 Wind: 2.2		
1 Kelsey Shilling	FR South Dakota	28.07
2 Jacy Stoaks	FR Southwestern CC	31.50
Section 2 Wind: 3.4		
1 Morgan Rice	FR Morningside	27.98
2 Bryn Groff	FR Morningside	28.16
3 Annika Rick	FR Dordt	28.53
4 Mikaela Van Soelen	FR Dordt	29.11
5 Leah Breon	SR Dordt	29.45
6 Allyssa Ertz	SO Buena Vista	29.47
7 Abby Olberding	FR Buena Vista	30.13
8 Autumn Kamerzell	JR Dakota Wesleyan	30.34
Section 3 Wind: 3.6		
1 Josie Herrmann	FR Concordia-Moorhead	27.90
2 Edith Van Ginkel	FR Dordt	27.92
3 Carly Fornshell	FR Concordia-Moorhead	27.96
4 Brittany Nack	FR North Dakota	28.09
5 Kristin Rundle	SO Dordt	28.59
6 Cassidy Schwab	SO Briar Cliff	28.68

7 Kati Kneifl	JR Morningside	28.73
8 Katie Jobe	FR Concordia-Moorhead	28.76
Section 4 Wind: 2.4		
1 Analise Fabre	SR Bemidji State	27.92
2 Johanna Vaske	SO Briar Cliff	28.05
3 Destine Butturff	SO Buena Vista	28.18
4 Julianne Wilson	FR Valley City State	28.24
5 Emily Parks	FR South Dakota	28.27
6 Katherine Staab	SO Northwestern (Iowa)	28.67
7 Marissa Andersen	SR Concordia-Moorhead	29.11
Section 5 Wind: 2.9		
1 Allison Birks	FR Northwestern (Iowa)	26.99
2 Hannah Veldhuisen	SO Dordt	27.55
3 Kate Wnek	FR Dordt	27.59
4 Lily Peschau	SO Northwestern (Iowa)	27.81
5 Ashley Henkenius	SR Briar Cliff	27.82
6 Sunkyu Holbert	SO Buena Vista	28.23
7 Emma Gamache	FR Valley City State	29.20
Section 6 Wind: 2.8		
1 Callie Heath	FR Dakota Wesleyan	26.61
2 Devin Bloemendaal	JR Northwestern (Iowa)	26.86
3 Katie Te Grotenhuis	SO Northwestern (Iowa)	27.13
4 Naomi Schimmel	SR Northwestern (Iowa)	27.32
5 Kylie Johnston	FR Buena Vista	27.35
6 Julia Yoder	FR Dordt	27.88
Section 7 Wind: 2.0		
1 Josie Kroger	FR South Dakota	26.70
2 Sydney Mudgett	FR Augustana (S.D.)	26.75
3 Kaylynn Anziano	SO Dakota Wesleyan	26.91
4 Mackenzie Cruzen	JR Northern State	27.21
5 Mariah Beckius	FR Augustana (S.D.)	27.22
6 Pam Regenerus	SO Dordt	27.75
7 Emma Schmidt	SR Augustana (S.D.)	28.18
Section 8 Wind: 2.8		
1 Selin Dikmen	FR Augustana (S.D.)	25.93
2 Aleksandra Anderson	SO North Dakota	26.14
3 Kiana Hoff-Au	JR Mount Marty	26.39
4 Danielle Wubben	SR Dordt	26.74
5 Brooke DeVos	JR Augustana (S.D.)	27.06
6 Abbie Strasser	FR Dakota State	27.09
7 Sarah Westerman	SO Augustana (S.D.)	27.50

Section 9 Wind: 4.7

1	Jada Barker	SR Bemidji State	25.70
2	Lucy Steinmeyer	FR North Dakota	25.77
3	Aurora Arevalo	JR Morningside	25.87
4	Anna Heusinkveld	SO Northwestern (Iowa)	26.27
5	Tayla Peterson	JR Northern State	26.34
6	Josie Wolf	FR Dakota State	26.39
7	Toni-Ann Ingram	SR Northern State	26.72

Section 10 Wind: 3.7

1	Neeia Cooperwood	Unattached	24.98
2	Callie DeWitt	FR Augustana (S.D.)	25.14
3	Heather Harrower	SR North Dakota	25.91
4	Kelsey Hurley	SR Bemidji State	25.98
5	Joscelyn Wind	JR Dordt	26.40

---

---

Name	Year	School	Finals	Wind	H#
Finals					
1		Unattached	24.98	3.7	10
2		FR Augustana (S.D.)	25.14	3.7	10
3		SR Bemidji State	25.70	4.7	9
4		FR North Dakota	25.77	4.7	9
5		JR Morningside	25.87	4.7	9
6		SR North Dakota	25.91	3.7	10
7		FR Augustana (S.D.)	25.93	2.8	8
8		SR Bemidji State	25.98	3.7	10
9		SO North Dakota	26.14	2.8	8
10		SO Northwestern (Iowa)	26.27	4.7	9
11		JR Northern State	26.34	4.7	9
12		FR Dakota State	26.39	4.7	9
13		JR Mount Marty	26.39	2.8	8
14		JR Dordt	26.40	3.7	10
15		FR Dakota Wesleyan	26.61	2.8	6
16		FR South Dakota	26.70	2.0	7
17		SR Northern State	26.72	4.7	9
18		SR Dordt	26.74	2.8	8
19		FR Augustana (S.D.)	26.75	2.0	7
20		JR Northwestern (Iowa)	26.86	2.8	6
21		SO Dakota Wesleyan	26.91	2.0	7
22		FR Northwestern (Iowa)	26.99	2.9	5
23		JR Augustana (S.D.)	27.06	2.8	8

24	Abbie Strasser	FR Dakota State	27.09	2.8	8
25	Katie Te Grotenhuis	SO Northwestern (Iowa)	27.13	2.8	6
26	Mackenzie Cruzen	JR Northern State	27.21	2.0	7
27	Mariah Beckius	FR Augustana (S.D.)	27.22	2.0	7
28	Naomi Schimmel	SR Northwestern (Iowa)	27.32	2.8	6
29	Kylie Johnston	FR Buena Vista	27.35	2.8	6
30	Sarah Westerman	SO Augustana (S.D.)	27.50	2.8	8
31	Hannah Veldhuisen	SO Dordt	27.55	2.9	5
32	Kate Wnek	FR Dordt	27.59	2.9	5
33	Pam Regenerus	SO Dordt	27.75	2.0	7
34	Lily Peschau	SO Northwestern (Iowa)	27.81	2.9	5
35	Ashley Henkenius	SR Briar Cliff	27.82	2.9	5
36	Julia Yoder	FR Dordt	27.88	2.8	6
37	Josie Herrmann	FR Concordia-Moorhead	27.90	3.6	3
38	Edith Van Ginkel	FR Dordt	27.92	3.6	3
39	Analise Fabre	SR Bemidji State	27.92	2.4	4
40	Carly Fornshell	FR Concordia-Moorhead	27.96	3.6	3
41	Morgan Rice	FR Morningside	27.98	3.4	2
42	Johanna Vaske	SO Briar Cliff	28.05	2.4	4
43	Kelsey Shilling	FR South Dakota	28.07	2.2	1
44	Brittany Nack	FR North Dakota	28.09	3.6	3
45	Bryn Groff	FR Morningside	28.16	3.4	2
46	Destine Butturff	SO Buena Vista	28.18	2.4	4
46	Emma Schmidt	SR Augustana (S.D.)	28.18	2.0	7
48	Sunkyu Holbert	SO Buena Vista	28.23	2.9	5
49	Julianne Wilson	FR Valley City State	28.24	2.4	4
50	Emily Parks	FR South Dakota	28.27	2.4	4
51	Annika Rick	FR Dordt	28.53	3.4	2
52	Kristin Rundle	SO Dordt	28.59	3.6	3
53	Katherine Staab	SO Northwestern (Iowa)	28.67	2.4	4
54	Cassidy Schwab	SO Briar Cliff	28.68	3.6	3
55	Kati Kneifl	JR Morningside	28.73	3.6	3
56	Katie Jobe	FR Concordia-Moorhead	28.76	3.6	3
57	Marissa Andersen	SR Concordia-Moorhead	29.11	2.4	4
58	Mikaela Van Soelen	FR Dordt	29.11	3.4	2
59	Emma Gamache	FR Valley City State	29.20	2.9	5
60	Leah Breon	SR Dordt	29.45	3.4	2
61	Allyssa Ertz	SO Buena Vista	29.47	3.4	2
62	Abby Olberding	FR Buena Vista	30.13	3.4	2
63	Autumn Kamerzell	JR Dakota Wesleyan	30.34	3.4	2
64	Jacy Stoaks	FR Southwestern CC	31.50	2.2	1

Event 212 Women 400 Meter Hurdles UCO

Name	Year	School	Finals	
Section 1				
1 Isabel Kinzer	FR	Northern State	1:09.20	
2 Emily Stier	SO	Jamestown	1:09.97	
3 Brittini Thomas	FR	Buena Vista	1:11.11	
4 Autumn Wolf	FR	Buena Vista	1:13.39	
5 Katie Cannon	FR	Jamestown	1:13.64	
6 Ashley Kinnard	SR	Bemidji State	1:14.41	
7 Mari Gonzales	SR	Briar Cliff	1:17.64	
Section 2				
1 Libby Christenson	SR	Bemidji State	1:11.49	
2 Allyson Ervin	JR	Buena Vista	1:12.73	
3 Angela Brinkman	FR	Northwestern (Iowa)	1:13.11	
4 Macy Dimler	SO	Valley City State	1:13.84	
5 Jessica Igarashi	JR	Buena Vista	1:14.71	
6 Madelaine Rue	SO	Jamestown	1:15.11	
7 Katie Kilfoyle	FR	Valley City State	1:15.93	
Section 3				
1 Carmen Bermudez	SO	South Dakota	1:07.65	
2 Hannah Draayer	SO	South Dakota	1:08.65	
3 Ellie Rew	JR	Augustana (S.D.)	1:08.88	
4 Phoenix Choal	SO	South Dakota	1:09.40	
5 Ashley Solano	JR	Augustana (S.D.)	1:09.43	
6 Morgan Rothschadl	SO	Augustana (S.D.)	1:10.70	
7 Shailhyn Schweigert	SR	Dakota Wesleyan	1:18.09	
Section 4				
1 Shanice Cannigan	SR	South Dakota	1:01.21	
2 Hanneke Oosterwegel	JR	Northern State	1:02.36	
3 Valerie Gildemaster	SR	Augustana (S.D.)	1:02.41	
4 Alanisse Williams	JR	South Dakota	1:03.86	
5 Haley Bruggeman	JR	South Dakota	1:04.40	
6 Christa Benson	SR	Bemidji State	1:06.50	
7 Holly Gerberding	FR	South Dakota	1:07.24	
8 Jordyn Oostra	SR	Northwestern (Iowa)	1:10.31	
Name	Year	School	Finals	H#

Finals

1	Shanice Cannigan	SR South Dakota	1:01.21	4
2	Hanneke Oosterwegel	JR Northern State	1:02.36	4
3	Valerie Gildemaster	SR Augustana (S.D.)	1:02.41	4
4	Alanisse Williams	JR South Dakota	1:03.86	4
5	Haley Bruggeman	JR South Dakota	1:04.40	4
6	Christa Benson	SR Bemidji State	1:06.50	4
7	Holly Gerberding	FR South Dakota	1:07.24	4
8	Carmen Bermudez	SO South Dakota	1:07.65	3
9	Hannah Draayer	SO South Dakota	1:08.65	3
10	Ellie Rew	JR Augustana (S.D.)	1:08.88	3
11	Isabel Kinzer	FR Northern State	1:09.20	1
12	Phoenix Choal	SO South Dakota	1:09.40	3
13	Ashley Solano	JR Augustana (S.D.)	1:09.43	3
14	Emily Stier	SO Jamestown	1:09.97	1
15	Jordyn Oostra	SR Northwestern (Iowa)	1:10.31	4
16	Morgan Rothschadl	SO Augustana (S.D.)	1:10.70	3
17	Brittini Thomas	FR Buena Vista	1:11.11	1
18	Libby Christenson	SR Bemidji State	1:11.49	2
19	Allyson Ervin	JR Buena Vista	1:12.73	2
20	Angela Brinkman	FR Northwestern (Iowa)	1:13.11	2
21	Autumn Wolf	FR Buena Vista	1:13.39	1
22	Katie Cannon	FR Jamestown	1:13.64	1
23	Macy Dimler	SO Valley City State	1:13.84	2
24	Ashley Kinnard	SR Bemidji State	1:14.41	1
25	Jessica Igarashi	JR Buena Vista	1:14.71	2
26	Madelaine Rue	SO Jamestown	1:15.11	2
27	Katie Kilfoyle	FR Valley City State	1:15.93	2
28	Mari Gonzales	SR Briar Cliff	1:17.64	1
29	Shailhyn Schweigert	SR Dakota Wesleyan	1:18.09	3

Event 213 Men 400 Meter Hurdles UCO

Name	Year	School	Finals
Section 1			
1	Cason Reyes	FR Jamestown	1:01.86
2	Brad Kolvek	JR Briar Cliff	1:06.52
3	William Lawrence	SR Mount Marty	1:19.54

Section 2

1	Joe Heglin	FR Briar Cliff	1:01.12
2	Matthew Johnson	JR Northwestern (Iowa)	1:03.02
3	Cole DeRuyter	FR Northwestern (Iowa)	1:05.64

Section 3

1	Bryce Malsam	SO Northern State	57.73
2	James House	FR Briar Cliff	58.88
3	Kyle Bakker	SO Northwestern (Iowa)	59.59
4	Peter Schukking	SR Augustana (S.D.)	1:00.41
5	Brock Bumann	FR Dakota State	1:01.46
6	Connor Ford	FR Dakota State	1:03.21
7	Elijah Schaefer	SR Northwestern (Iowa)	1:03.85

Section 4

1	Michael Buma	SO Dordt	57.14
2	Rex Schlicht	SO Dakota Wesleyan	58.66
3	Kelly Nordling	JR North Dakota	1:00.04
4	Kevin Jenkins	FR Dakota State	1:03.18
5	Dylan Lucas	SO Southwestern CC	1:03.70
6	Evan Ward	JR Augustana (S.D.)	1:04.82

Section 5

1	Chase Hiser	SO Morningside	54.28
2	Josh Barrows	JR Augustana (S.D.)	55.29
3	Kelson Brewer	SO Northern State	55.73
4	Zach Renken	FR South Dakota	57.86
5	Jacobus Noble	SO Morningside	58.72

---

Name	Year	School	Finals	H#
------	------	--------	--------	----

---

Finals

1	Chase Hiser	SO Morningside	54.28	5
2	Josh Barrows	JR Augustana (S.D.)	55.29	5
3	Kelson Brewer	SO Northern State	55.73	5
4	Michael Buma	SO Dordt	57.14	4
5	Bryce Malsam	SO Northern State	57.73	3
6	Zach Renken	FR South Dakota	57.86	5
7	Rex Schlicht	SO Dakota Wesleyan	58.66	4
8	Jacobus Noble	SO Morningside	58.72	5
9	James House	FR Briar Cliff	58.88	3
10	Kyle Bakker	SO Northwestern (Iowa)	59.59	3
11	Kelly Nordling	JR North Dakota	1:00.04	4
12	Peter Schukking	SR Augustana (S.D.)	1:00.41	3

13	Joe Heglin	FR Briar Cliff	1:01.12	2
14	Brock Bumann	FR Dakota State	1:01.46	3
15	Cason Reyes	FR Jamestown	1:01.86	1
16	Matthew Johnson	JR Northwestern (Iowa)	1:03.02	2
17	Kevin Jenkins	FR Dakota State	1:03.18	4
18	Connor Ford	FR Dakota State	1:03.21	3
19	Dylan Lucas	SO Southwestern CC	1:03.70	4
20	Elijah Schaefer	SR Northwestern (Iowa)	1:03.85	3
21	Evan Ward	JR Augustana (S.D.)	1:04.82	4
22	Cole DeRuyter	FR Northwestern (Iowa)	1:05.64	2
23	Brad Kolvek	JR Briar Cliff	1:06.52	1
24	William Lawrence	SR Mount Marty	1:19.54	1

Event 211 Men 400 Meter Dash UCO

Name	Year School	Finals
Section 1		
1	Josh Pillath	FR North Dakota 53.74
2	Scott Bahrke	Unattached 56.05
3	Taylor Clark	JR Briar Cliff 56.91
4	Steven Cutler	FR Morningside 1:01.24
5	Travis Purdy	SO Southwestern CC 1:15.71
Section 2		
1	Matt Holzman	JR Briar Cliff 53.77
2	Tyler Lien	FR Northern State 54.29
3	Phil Selmer	FR Southwestern CC 54.49
4	Jean Yeager	FR Southwestern CC 54.65
5	Nick Reiffenberger	JR Augustana (S.D.) 54.81
6	Chris Kroll	FR Northwestern (Iowa) 54.91
Section 3		
1	Evan Ward	JR Augustana (S.D.) 52.44
2	Paul Meloche	JR Augustana (S.D.) 52.95
3	Brian Bentzinger	FR Augustana (S.D.) 53.56
4	Eric Portis	FR Southwestern CC 53.72
5	Beau Ireland	SO Augustana (S.D.) 54.27
6	Trevor DeSchepper	SR Augustana (S.D.) 56.06
Section 4		



1 Rex Schlicht	SO Dakota Wesleyan	52.39
2 Mark Bakker	JR Dordt	52.76
3 Yariel Rivera-Mujica	FR Valley City State	52.92
4 Justin Grevengoed	FR Northwestern (Iowa)	53.72
5 Chris Sharpe	SR Augustana (S.D.)	54.19
6 Ryan Sully	FR Augustana (S.D.)	55.44
7 Ethan Delvo	SO Northern State	56.07
Section 5		
1 Zach Ambrose	FR Morningside	50.75
2 Casey Lamle	JR Buena Vista	52.16
3 Blake Savey	SO Augustana (S.D.)	52.52
4 Austin Krohnke	SR Augustana (S.D.)	52.69
5 Raekwon Robinson	SR Northern State	53.89
Section 6		
1 Tobe Ezimora	SR Briar Cliff	51.47
2 Zachery Six	SR Northern State	51.59
3 James Farnan	SR Morningside	51.73
4 Preston Davis	FR Wayne St. (Neb.)	52.01
5 Alex Woods	SO Augustana (S.D.)	52.11
6 Andrew Hornung	SO Jamestown	54.59
Section 7		
1 Matthew Van Eps	FR Dordt	50.08
2 Caleb Herman	JR Dordt	50.70
3 AJ Lefler	FR Briar Cliff	50.89
4 Romario Thomas	SO Northern State	55.26
Section 8		
1 Perkins Aiyegbeni	SO Northwestern (Iowa)	50.38
2 Lenzel Koskela	SR Valley City State	50.62
3 Logan Roberts	SO Morningside	50.68
4 Lucas Van Eps	JR Dordt	50.86
5 Levi Te Brink	SR Northwestern (Iowa)	51.52
6 Kyle Pardun	SR Mount Marty	51.99
7 Menkeh Mendin	Unattached	52.24
Section 9		
1 Josh Barrows	JR Augustana (S.D.)	50.58
2 David Supinski	SR Concordia-Moorhead	50.67
3 Itoitz Rodriguez	JR Northern State	50.73
4 Aaron Lemon	SR Northwestern (Iowa)	50.83
5 Dewayne Robinson	FR Mount Marty	52.01
6 Luke Wietgreffe	SR Northern State	52.01

---

Name	Year School	Finals	H#
Finals			
1 Matthew Van Eps	FR Dordt	50.08	7
2 Perkins Aiyegbeni	SO Northwestern (Iowa)	50.38	8
3 Josh Barrows	JR Augustana (S.D.)	50.58	9
4 Lenzel Koskela	SR Valley City State	50.62	8
5 David Supinski	SR Concordia-Moorhead	50.67	9
6 Logan Roberts	SO Morningside	50.68	8
7 Caleb Herman	JR Dordt	50.70	7
8 Itoitz Rodriguez	JR Northern State	50.73	9
9 Zach Ambrose	FR Morningside	50.75	5
10 Aaron Lemon	SR Northwestern (Iowa)	50.83	9
11 Lucas Van Eps	JR Dordt	50.86	8
12 AJ Lefler	FR Briar Cliff	50.89	7
13 Tobe Ezimora	SR Briar Cliff	51.47	6
14 Levi Te Brink	SR Northwestern (Iowa)	51.52	8
15 Zachery Six	SR Northern State	51.59	6
16 James Farnan	SR Morningside	51.73	6
17 Kyle Pardun	SR Mount Marty	51.99	8
18 Dewayne Robinson	FR Mount Marty	52.01	9
19 Preston Davis	FR Wayne St. (Neb.)	52.01	6
19 Luke Wietgreffe	SR Northern State	52.01	9
21 Alex Woods	SO Augustana (S.D.)	52.11	6
22 Casey Lamle	JR Buena Vista	52.16	5
23 Menkeh Mendin	Unattached	52.24	8
24 Rex Schlicht	SO Dakota Wesleyan	52.39	4
25 Evan Ward	JR Augustana (S.D.)	52.44	3
26 Blake Savey	SO Augustana (S.D.)	52.52	5
27 Austin Krohnke	SR Augustana (S.D.)	52.69	5
28 Mark Bakker	JR Dordt	52.76	4
29 Yariel Rivera-Mujica	FR Valley City State	52.92	4
30 Paul Meloche	JR Augustana (S.D.)	52.95	3
31 Brian Bentzinger	FR Augustana (S.D.)	53.56	3
32 Eric Portis	FR Southwestern CC	53.72	3
33 Justin Grevengoed	FR Northwestern (Iowa)	53.72	4
34 Josh Pillath	FR North Dakota	53.74	1
35 Matt Holzman	JR Briar Cliff	53.77	2
36 Raekwon Robinson	SR Northern State	53.89	5
37 Chris Sharpe	SR Augustana (S.D.)	54.19	4
38 Beau Ireland	SO Augustana (S.D.)	54.27	3

39	Tyler Lien	FR Northern State	54.29	2
40	Phil Selmer	FR Southwestern CC	54.49	2
41	Andrew Hornung	SO Jamestown	54.59	6
42	Jean Yeager	FR Southwestern CC	54.65	2
43	Nick Reiffenberger	JR Augustana (S.D.)	54.81	2
44	Chris Kroll	FR Northwestern (Iowa)	54.91	2
45	Romario Thomas	SO Northern State	55.26	7
46	Ryan Sully	FR Augustana (S.D.)	55.44	4
47	Scott Bahrke	Unattached	56.05	1
48	Trevor DeSchepper	SR Augustana (S.D.)	56.06	3
49	Ethan Delvo	SO Northern State	56.07	4
50	Taylor Clark	JR Briar Cliff	56.91	1
51	Steven Cutler	FR Morningside	1:01.24	1
52	Travis Purdy	SO Southwestern CC	1:15.71	1