



FINAL Meet Schedule (Updated: Feb. 7 at 8:00PM)

Friday, February 8, 2019

Field Events

(F1 - Flight 1, F2 - Flight 2, F3 - Flight 3, etc.)

2:00 PM	Women	Weight Throw	F1, F2, F3
2:00 PM	Men	Shot Put	F1, F2
2:00 PM	Women	Long Jump	Using 2 Pits: East - F2, F4, F6 ... West - F1, F3, F5
2:00 PM	Men	Pole Vault	2 Pits: F1 First, F2 60 Minutes After
2:00 PM	Women	High Jump	2 Pits: Big Pit - 1.60m Jumpers
4:30 PM	Men	Weight Throw	F1, F2, F3
4:30 PM	Women	Shot Put	F1, F2, F3
5:00 PM	Men	Long Jump	Using 2 Pits: West - F2, F4, F6 ... East - F1, F3, F5

Track Events

2:00 PM	Women	Distance Medley Relay		1 Heat
2:15 PM	Men	Distance Medley Relay		1 Heat
2:30 PM	Women	60m Hurdles	Prelims	9 Heats
3:00 PM	Men	60m Hurdles	Prelims	8 Heats
3:30 PM	Women	60m	Prelims	12 Heats
3:55 PM	Men	60m	Prelims	14 Heats
4:25 PM	Women	600m	Fast to Slow	9 Heats
4:55 PM	Men	600m	Fast to Slow	7 Heats
5:20 PM	Women	200m	Fast to Slow	17 Heats
5:50 PM	Men	200m	Fast to Slow	18 Heats
6:25 PM		BREAK - DINNER		
6:45 PM	Women	3,000m		Heat 3
6:57 PM	Men	3,000m		Heat 4
7:15 PM	Women	1,000m	Slow to Fast	4 Heats
7:35 PM	Men	1,000m	Slow to Fast	5 Heats
7:55 PM	Women	3,000m		Heats 1 & 2
8:20 PM	Men	3,000m		Heats 1, 2, & 3





FINAL Meet Schedule (Updated: Feb. 7 at 8:00PM)

Saturday, February 9, 2019

Field Events

(F1 - Flight 1, F2 - Flight 2, F3 - Flight 3, etc.)

11:00 AM	Men	Weight Throw	F4, F5, F6
11:00 AM	Women	Shot Put	F4, F5, F6
11:00 AM	Women	Triple Jump	Using 1 Pit
11:00 AM	Women	Pole Vault	Using 1 Pit
11:00 AM	Men	High Jump	F1 first, F2 starts 30 Minutes After
2:00 PM	Men	Triple Jump	Using 1 Pit
2:00 PM	Men	Shot Put	F3, F4, F5
2:00 PM	Women	Weight Throw	F4, F5, F6

Track Events

9:30 AM	Women	5000m	Heat 1
9:55 AM	Men	5000m	Heat 1
10:15 AM	Women	Mile	Heats 1, 2, & 3
10:40 AM	Men	Mile	Heats 1, 2, & 3
11:00 AM	Women	5000m	Heat 2
11:20 AM	Men	5000m	Heat 2
11:40 AM	Women	800m	Heats 1,2, & 3
11:52 PM	Men	800m	Heats 1, 2, 3, & 4
12:15 PM		BREAK - LUNCH	
12:45 PM	Girls	Mile	HIGH SCHOOL
12:52 PM	Boys	Mile	HIGH SCHOOL
1:00 PM	Women	Mile	Heats 4, 5, & 6
1:20 PM	Men	Mile	Heats 4, 5, & 6
1:40 PM	Women	800m	Heats 4, 5, & 6
1:50 PM	Men	800m	Heats 5, 6, & 7
2:00 PM		FASTEST STUDENT ON CAMPUS	
2:05 PM	Women	60m	Semi-Finals
2:15 PM	Men	60m	Semi-Finals
2:30 PM	Men	60m Hurdles	Semi-Finals
2:45 PM	Women	60m Hurdles	Semi-Finals
3:00 PM	Women	400m	Fast to Slow 11 Heats
3:35 PM	Men	400m	Fast to Slow 15 Heats
4:10 PM	Women	60m Hurdles	Finals
4:20 PM	Men	60m Hurdles	Finals
4:30 PM	Women	60m	Finals
4:35 PM	Men	60m	Finals
4:40 PM	Women	4x800m Relay	
4:50 PM	Men	4x800m Relay	
5:00 PM	Women	4x400m Relay	Slow to Fast 3 Heats
5:25 PM	Men	4x400m Relay	Slow to Fast 4 Heats

