



FINAL Meet Schedule

Friday, January 18, 2019

Field Events

1:30 PM	Women	Weight Throw	
1:30 PM	Men	Shot Put	
2:00 PM	Men & Women	Long Jump	
2:00 PM	Women	Pole Vault	South Pit
2:00 PM	Women	High jump	
4:00 PM	Men	Pole Vault	North Pit
5:00 PM	Men & Women	Triple Jump	(or 30 min after M/W-LJ)
5:00 PM	Men	High Jump	
5:45 PM	Men	Weight Throw	(or 20 min after W-WT)
5:45 PM	Women	Shot Put	(or 20 min after M-SP)

Track Events

2:00 PM	Women - Men	60m	Qualifying Round
2:20 PM	Women - Men	5,000m	Finals
3:20 PM	Women - Men	60m Hurdles	Prelims
3:55 PM	Women - Men	60m	Prelims
4:15 PM	Women - Men	Mile	Finals
4:50 PM	Women - Men	600m	Finals
5:20 PM	Men - Women	60m Hurdles	Finals
5:35 PM	Women - Men	60m	Finals
5:45 PM	Women - Men	400m	Finals
6:20 PM	Women - Men	800m	Finals
6:40 PM	Women - Men	1,000m	Finals
6:55 PM	Women - Men	200m	Finals
7:40 PM	Women - Men	3,000m	Finals
8:05 PM	Women - Men	4x400m Relay	Finals

8:50 PM

Expected completion of the track events

