

Ted Nelson Classic

February 2, 2019

Schedule of Events

Field Events:

11:00 a.m. Weight Throw (men followed by the women)
Long Jump (women followed by the men)
Pole Vault (women followed by the men)
High Jump (men followed by the women)
Shot Put to follow the Weight Throw (men followed by the women)
Triple Jump to follow Long Jump (women followed by the men)

Running Events times are TBD based on entries:

All running events will be Women followed by Men except 60m Hurdle Final

11:00am 60m Hurdles **Qualifying Round**
11:40am 60m Dash **Qualifying Round**
12:40pm Distance Medley Relay (**Men only**)
12:55pm Mile
1:50pm 60m Hurdles – **Prelims (4 heats)**
2:20pm 60m Dash – **Prelims (4 heats)**
2:55pm 400m Dash
3:55pm 600m Dash
OFFICIALS' BREAK
4:35pm 60m High Hurdle **FINAL**
4:45pm 60m Dash **FINAL**
4:50pm 800m Run
5:20pm 1000m Run
5:50pm 200m Dash (**MUST DECLARE BY THE START OF THE 800m**)
6:55pm 3000m Run
7:50pm 4 x 400m Relay (**MUST DECLARE BY THE START OF THE 3000m**)