

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 1 Men 100 Meter Dash**

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ.

NAIA Auto: A 10.55

NAIA Prov.: B 10.65

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Marcus Jnofinn	FR	Mount Marty	10.73Q	0.1	3
2 Cade Kleckner	SO	Concordia (Neb.)	10.82Q	1.7	1
3 Adrien Patigny	FR	Midland	10.91Q	-0.8	2 10.904
4 Jake Knott	FR	Morningside	10.87q	1.7	1
5 Luke Davis	FR	Doane	10.91q	1.7	1 10.904
6 Jadae Moore	FR	Doane	10.91q	-0.8	2 10.909
7 Joel Rathe	SO	Concordia (Neb.)	10.94q	1.7	1
8 Jacob Jennings	SO	Concordia (Neb.)	10.97q	1.7	1
9 Cody Post	JR	Northwestern (Iowa)	11.02	0.1	3
10 Christopher Vincent	FR	Doane	11.07	-0.8	2
11 Dominic Archer	FR	Briar Cliff	11.10	-0.8	2
12 Kyler Vander Velde	FR	Northwestern (Iowa)	11.18	-0.8	2
13 Andrew Mahoney	FR	Doane	11.19	0.1	3
14 Taven McKee	JR	Mount Marty	11.21	0.1	3
15 Braden Jahn	JR	Northwestern (Iowa)	11.27	0.1	3
16 Ryan Schober	FR	Dordt	11.33	1.7	1
17 Nasim Green	JR	Jamestown	11.34	1.7	1 11.334
18 Grant Palmer	FR	Northwestern (Iowa)	11.34	0.1	3 11.336
19 Jeremiah Payne	FR	Doane	11.34	0.1	3 11.339
20 Micah Brands	SR	Dordt	11.35	0.1	3
21 Jacob Davies	SO	Northwestern (Iowa)	11.37	-0.8	2
22 Jon Fosler	FR	Concordia (Neb.)	11.38	1.7	1
23 Davon Brees	FR	Morningside	11.48	-0.8	2
24 Samuel Kludt	JR	Jamestown	11.51	-0.8	2

Event 1 Men 100 Meter Dash

GPAC Record: G 10.34 2001 Jamey Sperle, Dakota Wesleyan Univ

NAIA Auto: A 10.55

NAIA Prov.: B 10.65

Name	Year	School	Finals	Wind
Finals				
1 Marcus Jnofinn	FR	Mount Marty	10.57B	-0.6
2 Cade Kleckner	SO	Concordia (Neb.)	10.73	-0.6
3 Adrien Patigny	FR	Midland	10.87	-0.6
4 Jadae Moore	FR	Doane	10.93	-0.6
5 Luke Davis	FR	Doane	10.99	-0.6
6 Joel Rathe	SO	Concordia (Neb.)	11.08	-0.6
7 Jake Knott	FR	Morningside	11.15	-0.6
8 Jacob Jennings	SO	Concordia (Neb.)	12.30	-0.6
Preliminaries				
9 Cody Post	JR	Northwestern (Iowa)		
10 Christopher Vincent	FR	Doane		
11 Dominic Archer	FR	Briar Cliff		
12 Kyler Vander Velde	FR	Northwestern (Iowa)		
13 Andrew Mahoney	FR	Doane		
14 Taven McKee	JR	Mount Marty		
15 Braden Jahn	JR	Northwestern (Iowa)		

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16 Ryan Schober	FR Dorcht
17 Nasim Green	JR Jamestown
18 Grant Palmer	FR Northwestern (Iowa)
19 Jeremiah Payne	FR Doane
20 Micah Brands	SR Dorcht
21 Jacob Davies	SO Northwestern (Iowa)
22 Jon Fosler	FR Concordia (Neb.)
23 Davon Brees	FR Morningside
24 Samuel Kludt	JR Jamestown

Event 2 Men 200 Meter Dash

GPAC Record: G 20.88 2003 Bret Blake, Nebraska Wesleyan Univ.
 NAIA Auto: A 21.45
 NAIA Prov.: B 21.58

Name	Year School	Finals	Wind	H#
Finals				
1 Ben Jefferies	SO Briar Cliff	21.02	2.9	4
2 Cade Kleckner	SO Concordia (Neb.)	21.16	2.9	4
3 Nathan Simons	SO Mount Marty	21.53	2.9	4
4 Paul Paul	SR Mount Marty	21.54	2.9	4
5 Adrien Patigny	FR Midland	21.66	2.9	4
6 Ryan Kotey	JR Briar Cliff	21.99	1.0	3
7 Taven McKee	JR Mount Marty	22.04	1.0	3
8 Kyler Vander Velde	FR Northwestern (Iowa)	22.12	0.9	2 22.114
9 Jadae Moore	FR Doane	22.12	0.9	2 22.118
10 Cody Post	JR Northwestern (Iowa)	22.29	1.0	3
11 Luke Davis	FR Doane	22.39	1.0	3
12 Malual Angok	FR Mount Marty	22.47	0.9	2 22.462
13 Jake Knott	FR Morningside	22.47	0.9	2 22.469
14 Tulsa Janish	JR Briar Cliff	22.48	2.7	1
15 Micah Brands	SR Dorcht	22.66	1.0	3
16 Nasim Green	JR Jamestown	22.80	2.7	1
17 Grant Palmer	FR Northwestern (Iowa)	22.86	0.9	2
18 Samuel Kludt	JR Jamestown	22.96	2.7	1
19 Ryan Schober	FR Dorcht	23.00	0.9	2
20 Jared Nicholas	FR Morningside	23.37	2.7	1
21 Jeremiah Payne	FR Doane	23.40	2.7	1
22 Jon Fosler	FR Concordia (Neb.)	23.55	2.7	1
23 Marcus Jnofinn	FR Mount Marty	26.01	2.9	4

Event 3 Men 400 Meter Dash

GPAC Record: G 47.17 5/11/2007 Chris Wolf, Nebraska Wes.
 NAIA Auto: A 48.26
 NAIA Prov.: B 48.45

Name	Year School	Finals	H#
1 Ben Jefferies	SO Briar Cliff	47.40A	3
2 Paul Paul	SR Mount Marty	47.64A	3
3 Payton Mauldin	SO Dorcht	48.00A	3
4 Xavier Ross	SO Concordia (Neb.)	48.04A	3
5 Nathan Simons	SO Mount Marty	48.79	3
6 Ryan Kotey	JR Briar Cliff	48.80	3

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 3 Men 400 Meter Dash**

7	Luke Wagner	SO Dordt	49.39	2
8	Jacob Jennings	SO Concordia (Neb.)	49.42	3
9	Malual Angok	FR Mount Marty	49.83	2
10	Mitchell Oostra	JR Northwestern (Iowa)	49.95	3
11	Jordan Tasler	SO Doane	50.50	2
12	Ashton Banker	FR Morningside	50.79	2
13	Alexander Walker	FR Jamestown	51.62	2
14	Wyatt Pryor	SO Northwestern (Iowa)	51.81	2
15	Tyson Spradling	FR Morningside	51.92	1
16	Osiel Ochoa	FR Briar Cliff	52.21	2
17	Ramon Harkins	FR Briar Cliff	52.49	1
18	Ashton Verdoorn	FR Morningside	52.54	2
19	Aaron Ochsner	SO Hastings	52.81	1
20	Tulsa Janish	JR Briar Cliff	52.83	1
21	Blake Olbrich	FR Midland	53.76	1
22	Jaden Anderson	JR Morningside	53.79	1
23	Grant Lammers	JR Concordia (Neb.)	53.92	1

Event 4 Men 800 Meter Run

GPAC Record: G 1:50.60 2011 Monte Larsen, Morningside
 NAIA Auto: A 1:52.50
 NAIA Prov.: B 1:53.80

Name	Year	School	Finals	H#
1	Cole Zevenbergen	SO Dordt	1:56.39	2
	56.220 (56.220)	1:56.381 (1:00.161)		
2	Payton Mauldin	SO Dordt	1:56.46	3
	58.239 (58.239)	1:56.453 (58.214)		
3	Trey Engen	JR Dordt	1:56.55	3
	58.979 (58.979)	1:56.550 (57.571)		
4	Trey Engelmann	FR Northwestern (Iowa)	1:56.88	2
	57.640 (57.640)	1:56.878 (59.238)		
5	Isaiah Lee	SR Northwestern (Iowa)	1:56.90	2
	56.740 (56.740)	1:56.897 (1:00.157)		
6	Jebadiah Merkle	SR Dordt	1:56.91	3
	57.597 (57.597)	1:56.907 (59.310)		
7	Kingdon Hawes	SO Doane	1:57.13	3
	58.486 (58.486)	1:57.125 (58.639)		
8	Henri Stoeckermann	FR Midland	1:57.16	3
	57.882 (57.882)	1:57.157 (59.275)		
9	Zach Ambrose	SR Morningside	1:57.81	2
	56.453 (56.453)	1:57.805 (1:01.352)		
10	Trace Ebert	SO Doane	1:59.09	2
	56.967 (56.967)	1:59.085 (1:02.118)		
11	Hunter Shanks	SO Dakota Wesleyan	1:59.30	1
	1:00.157 (1:00.157)	1:59.298 (59.141)		
12	Sam Plante	FR Concordia (Neb.)	1:59.85	2
	58.603 (58.603)	1:59.848 (1:01.245)		
13	Camden Beller	SR Morningside	2:00.01	3
	59.433 (59.433)	2:00.002 (1:00.569)		
14	Kadyn Cline	FR Morningside	2:00.16	1
	57.927 (57.927)	2:00.152 (1:02.225)		
15	Tyler Janssen	JR Morningside	2:00.75	1
	58.170 (58.170)	2:00.743 (1:02.573)		

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 4 Men 800 Meter Run**

16	Lance Van Zee	SR Dordt	2:01.18	2
	58.179 (58.179)	2:01.179 (1:03.000)		
17	Mason Schlunsen	JR Mount Marty	2:01.36	1
	57.471 (57.471)	2:01.351 (1:03.880)		
18	Daniel Ortiz	SO Doane	2:01.95	1
	57.651 (57.651)	2:01.948 (1:04.297)		
19	Aidan Wheelock	SO Doane	2:02.06	3
	58.295 (58.295)	2:02.058 (1:03.763)		
20	Micah Hoke	FR Jamestown	2:02.42	1
	58.463 (58.463)	2:02.411 (1:03.948)		
21	Peyton Brassler	SR Northwestern (Iowa)	2:03.07	2
	58.926 (58.926)	2:03.067 (1:04.141)		
22	Robert Amaro	JR Briar Cliff	2:03.99	3
	58.920 (58.920)	2:03.989 (1:05.069)		
23	Myles Wheatley	FR Doane	2:05.83	1
	57.848 (57.848)	2:05.822 (1:07.974)		
24	Ryan Evans	FR Doane	2:09.61	1
	59.469 (59.469)	2:09.605 (1:10.136)		

Event 5 Men 1500 Meter Run

GPAC Record: G 3:50.14 1982 Kregg Einspahr, Concordia Univ
 NAIA Auto: A 3:53.50
 NAIA Prov.: B 3:56.50

Name	Year	School	Finals	H#
1 Joe Anderson		JR Dordt	3:53.96B	2
	45.251 (45.251)	1:48.613 (1:03.362)	2:50.942 (1:02.329)	3:53.956 (1:03.014)
2 Camden Sesna		SO Concordia (Neb.)	3:55.11B	2
	45.383 (45.383)	1:48.150 (1:02.767)	2:51.577 (1:03.427)	3:55.105 (1:03.528)
3 Calvin Rohde		SO Concordia (Neb.)	3:56.84	2
	45.046 (45.046)	1:48.352 (1:03.306)	2:51.295 (1:02.943)	3:56.837 (1:05.542)
4 Ro Paschal		SR Morningside	3:58.35	2
	46.089 (46.089)	1:50.242 (1:04.153)	2:55.340 (1:05.098)	3:58.350 (1:03.010)
5 Jebadiah Merkle		SR Dordt	3:58.64	2
	46.419 (46.419)	1:50.590 (1:04.171)	2:55.689 (1:05.099)	3:58.636 (1:02.947)
6 Trey Engen		JR Dordt	3:59.60	2
	45.472 (45.472)	1:49.038 (1:03.566)	2:53.141 (1:04.103)	3:59.600 (1:06.459)
7 Ian Wiersma		SR Northwestern (Iowa)	4:05.29	2
	46.597 (46.597)	1:52.159 (1:05.562)	2:59.556 (1:07.397)	4:05.285 (1:05.729)
8 Riley Ruhaak		FR Dordt	4:08.24	2
	47.027 (47.027)	1:52.404 (1:05.377)	2:59.787 (1:07.383)	4:08.236 (1:08.449)
9 Robert Amaro		JR Briar Cliff	4:10.55	2
	45.488 (45.488)	1:49.847 (1:04.359)	2:58.547 (1:08.700)	4:10.549 (1:12.002)
10 Isaiah Lee		SR Northwestern (Iowa)	4:10.76	1
	49.753 (49.753)	1:57.053 (1:07.300)	3:06.228 (1:09.175)	4:10.755 (1:04.527)
11 Lance Van Zee		SR Dordt	4:10.83	2
	46.036 (46.036)	1:51.581 (1:05.545)	2:59.691 (1:08.110)	4:10.825 (1:11.134)
12 Justin Sorensen		SO Dakota Wesleyan	4:14.11	1
	49.493 (49.493)	1:56.965 (1:07.472)	3:09.460 (1:12.495)	4:14.107 (1:04.647)
13 Ryan Evans		FR Doane	4:14.83	2
	47.899 (47.899)	1:53.057 (1:05.158)	3:00.644 (1:07.587)	4:14.829 (1:14.185)
14 Micah Willweber		SO Concordia (Neb.)	4:16.64	1
	49.970 (49.970)	1:57.322 (1:07.352)	3:07.349 (1:10.027)	4:16.639 (1:09.290)

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 5 Men 1500 Meter Run**

15 Nathaniel Bervig	FR Dordt	4:20.59	1
50.116 (50.116)	1:57.588 (1:07.472)	3:07.576 (1:09.988)	4:20.590 (1:13.014)
16 Dawson Jacobsma	SR Northwestern (Iowa)	4:20.80	2
47.690 (47.690)	1:55.482 (1:07.792)	3:07.900 (1:12.418)	4:20.799 (1:12.899)
17 Zac McGeorge	FR Midland	4:23.39	1
50.354 (50.354)	1:57.808 (1:07.454)	3:10.225 (1:12.417)	4:23.382 (1:13.157)
18 Mason Welker	SO Morningside	4:23.76	1
51.167 (51.167)	2:01.876 (1:10.709)	3:13.130 (1:11.254)	4:23.757 (1:10.627)
19 Alec Garcia	FR Hastings	4:27.67	1
50.625 (50.625)	1:59.704 (1:09.079)	3:13.572 (1:13.868)	4:27.668 (1:14.096)
20 Kanyon Vermillion	FR Jamestown	4:31.35	1
50.254 (50.254)	1:58.403 (1:08.149)	3:13.304 (1:14.901)	4:31.349 (1:18.045)
21 Zach Johnson	SO Concordia (Neb.)	4:33.43	1
50.547 (50.547)	2:00.065 (1:09.518)	3:17.285 (1:17.220)	4:33.424 (1:16.139)
22 Andrew Nunez	FR Midland	4:35.40	1
52.466 (52.466)	2:06.218 (1:13.752)	3:24.234 (1:18.016)	4:35.399 (1:11.165)
23 Jeremiah Arndt	FR Doane	4:35.87	1
50.921 (50.921)	2:02.459 (1:11.538)	3:21.531 (1:19.072)	4:35.868 (1:14.337)
24 Christian Wiegert	FR Hastings	4:37.47	1
50.814 (50.814)	2:02.344 (1:11.530)	3:21.117 (1:18.773)	4:37.462 (1:16.345)

Event 6 Men 3000 Meter Steeplechase

GPAC Record: G 9:10.35 5/3/2014 Brock Taute, Neb Wesleyan

NAIA Auto: A 9:24.00

NAIA Prov.: B 9:32.00

Name	Year School	Finals
1 Eric Steiger	SR Dordt	9:19.63A
41.008 (41.008)	1:54.808 (1:13.800)	3:11.784 (1:16.977)
5:41.133 (1:12.690)	6:56.220 (1:15.088)	8:11.270 (1:15.050)
9:19.629 (1:08.359)		
2 Kalen Dockweiler	SO Doane	9:21.04A
40.717 (40.717)	1:54.547 (1:13.830)	3:11.505 (1:16.959)
5:42.082 (1:13.915)	6:56.275 (1:14.194)	8:10.544 (1:14.269)
9:21.032 (1:10.488)		
3 Nicolas Veldhorst	SR Dordt	9:26.21B
41.323 (41.323)	1:55.115 (1:13.793)	3:12.103 (1:16.988)
5:42.253 (1:13.540)	6:56.579 (1:14.327)	8:11.820 (1:15.242)
9:26.205 (1:14.385)		
4 Thaniel Schroeder	JR Dordt	9:34.86
41.764 (41.764)	1:55.868 (1:14.104)	3:12.752 (1:16.884)
5:45.280 (1:15.917)	7:01.208 (1:15.928)	8:19.147 (1:17.939)
9:34.853 (1:15.707)		
5 Peter Shippy	JR Dordt	9:39.73
41.378 (41.378)	1:55.917 (1:14.539)	3:12.385 (1:16.469)
5:47.902 (1:18.103)	7:07.868 (1:19.967)	8:27.475 (1:19.608)
9:39.727 (1:12.252)		
6 Joseph Kunert	JR Northwestern (Iowa)	9:59.26
41.583 (41.583)	1:56.320 (1:14.738)	3:12.979 (1:16.659)
5:52.683 (1:21.713)	7:16.253 (1:23.570)	8:40.597 (1:24.344)
9:59.257 (1:18.660)		
7 Nathan Pennekamp	FR Concordia (Neb.)	10:05.21
42.655 (42.655)	2:00.130 (1:17.475)	3:19.104 (1:18.974)
6:04.088 (1:22.540)	7:26.604 (1:22.517)	8:49.938 (1:23.334)
10:05.205 (1:15.268)		
8 Zach Elbers	SR Dordt	10:08.87
42.253 (42.253)	1:59.137 (1:16.884)	3:17.472 (1:18.335)
6:02.690 (1:23.892)	7:27.065 (1:24.375)	8:50.774 (1:23.709)
10:08.865 (1:18.092)		
9 Wyatt Baldauf	SO Dakota Wesleyan	10:13.28
41.884 (41.884)	1:58.100 (1:16.217)	3:17.193 (1:19.093)
6:07.417 (1:26.338)	7:32.669 (1:25.253)	8:55.765 (1:23.097)
10:13.280 (1:17.515)		

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 6 Men 3000 Meter Steeplechase**

10 Thomas Gorline	FR Concordia (Neb.)	10:43.56			
42.983 (42.983)	2:04.824 (1:21.842)	3:30.142 (1:25.318)	4:56.885 (1:26.744)		
6:23.604 (1:26.719)	7:52.339 (1:28.735)	9:19.083 (1:26.744)	10:43.555 (1:24.473)		
11 Cristobal Gonzalez	SO Mount Marty	10:48.83			
44.145 (44.145)	2:01.580 (1:17.435)	3:23.898 (1:22.318)	4:48.349 (1:24.452)		
6:18.465 (1:30.117)	7:50.040 (1:31.575)	9:22.223 (1:32.183)	10:48.824 (1:26.602)		
12 Gavin Skorupa	FR Doane	11:07.85			
41.297 (41.297)	1:58.417 (1:17.120)	3:18.450 (1:20.034)	4:44.603 (1:26.153)		
6:18.772 (1:34.169)	7:56.659 (1:37.888)	9:33.387 (1:36.728)	11:07.850 (1:34.464)		
13 Brayden Effle	JR Mount Marty	11:28.84			
44.208 (44.208)	2:05.138 (1:20.930)	3:30.579 (1:25.442)	5:04.120 (1:33.542)		
6:42.777 (1:38.657)	8:23.365 (1:40.589)	10:00.029 (1:36.664)	11:28.840 (1:28.812)		
14 Drew Hjelmstad	FR Jamestown	12:31.06			
44.539 (44.539)	2:07.362 (1:22.823)	3:43.202 (1:35.840)	5:24.873 (1:41.672)		
7:10.004 (1:45.132)	8:57.197 (1:47.193)	10:46.123 (1:48.927)	12:31.059 (1:44.937)		

Event 7 Men 5000 Meter Run

GPAC Record: G 14:53.43 2011 Dana Schmidt, Concordia Un
 NAIA Auto: A 14:40.00
 NAIA Prov.: B 14:50.00

Name	Year School	Finals			
1 Camden Sesna	SO Concordia (Neb.)	15:10.31			
38.766 (38.766)	1:50.181 (1:11.415)	3:01.617 (1:11.436)	4:14.169 (1:12.552)		
5:26.757 (1:12.588)	6:39.582 (1:12.825)	7:53.170 (1:13.588)	9:07.458 (1:14.288)		
10:22.674 (1:15.216)	11:38.757 (1:16.083)	12:51.254 (1:12.497)	14:01.558 (1:10.304)		
15:10.309 (1:08.751)					
2 Joe Anderson	JR Dordt	15:18.59			
37.540 (37.540)	1:49.600 (1:12.060)	3:01.145 (1:11.545)	4:13.631 (1:12.486)		
5:26.444 (1:12.813)	6:39.366 (1:12.922)	7:52.875 (1:13.509)	9:06.977 (1:14.102)		
10:22.565 (1:15.588)	11:38.890 (1:16.325)	12:53.312 (1:14.422)	14:08.525 (1:15.213)		
15:18.590 (1:10.065)					
3 Davis Tebben	SR Dordt	15:23.58			
37.219 (37.219)	1:49.328 (1:12.109)	3:00.868 (1:11.540)	4:13.318 (1:12.450)		
5:26.224 (1:12.906)	6:39.087 (1:12.863)	7:52.588 (1:13.501)	9:06.688 (1:14.100)		
10:22.277 (1:15.589)	11:39.531 (1:17.254)	12:57.725 (1:18.194)	14:13.774 (1:16.049)		
15:23.579 (1:09.805)					
4 Eric Steiger	SR Dordt	15:26.23			
36.938 (36.938)	1:49.074 (1:12.136)	3:00.592 (1:11.518)	4:13.104 (1:12.512)		
5:25.914 (1:12.810)	6:38.808 (1:12.894)	7:52.370 (1:13.562)	9:07.149 (1:14.779)		
10:24.316 (1:17.167)	11:42.149 (1:17.833)	12:59.012 (1:16.863)	14:13.955 (1:14.943)		
15:26.222 (1:12.267)					
5 Leviticus Cross	SR Northwestern (Iowa)	15:46.55			
39.121 (39.121)	1:54.735 (1:15.614)	3:10.594 (1:15.859)	4:24.308 (1:13.714)		
5:41.217 (1:16.909)	6:56.138 (1:14.921)	8:11.804 (1:15.666)	9:27.989 (1:16.185)		
10:43.421 (1:15.432)	11:59.203 (1:15.782)	13:17.228 (1:18.025)	14:33.967 (1:16.739)		
15:46.544 (1:12.577)					
6 Calvin Rohde	SO Concordia (Neb.)	15:48.96			
37.815 (37.815)	1:49.895 (1:12.080)	3:01.342 (1:11.447)	4:13.846 (1:12.504)		
5:28.105 (1:14.259)	6:44.818 (1:16.713)	8:02.084 (1:17.266)	9:21.450 (1:19.366)		
10:40.755 (1:19.305)	11:59.666 (1:18.911)	13:19.529 (1:19.863)	14:38.325 (1:18.796)		
15:48.958 (1:10.633)					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 7 Men 5000 Meter Run**

7	Ethan Summerhays	SO Dordt	15:54.62				
	38.452 (38.452)	1:51.838 (1:13.386)	3:06.096 (1:14.258)	4:20.761 (1:14.665)			
	5:36.698 (1:15.937)	6:53.456 (1:16.758)	8:11.223 (1:17.767)	9:29.042 (1:17.819)			
	10:48.040 (1:18.998)	12:07.141 (1:19.101)	13:26.444 (1:19.303)	14:43.799 (1:17.355)			
	15:54.617 (1:10.818)						
8	Bailey Vande Griend	SR Dordt	15:59.15				
	38.622 (38.622)	1:54.508 (1:15.886)	3:10.367 (1:15.859)	4:25.681 (1:15.314)			
	5:43.798 (1:18.117)	7:01.402 (1:17.604)	8:18.278 (1:16.876)	9:34.690 (1:16.412)			
	10:51.880 (1:17.190)	12:09.232 (1:17.352)	13:27.963 (1:18.731)	14:47.024 (1:19.061)			
	15:59.144 (1:12.120)						
9	Ian Wiersma	SR Northwestern (Iowa)	16:02.33				
	38.102 (38.102)	1:51.512 (1:13.410)	3:06.634 (1:15.122)	4:23.181 (1:16.547)			
	5:41.078 (1:17.897)	6:59.090 (1:18.012)	8:18.039 (1:18.949)	9:35.573 (1:17.534)			
	10:55.075 (1:19.502)	12:14.279 (1:19.204)	13:34.325 (1:20.046)	14:52.795 (1:18.470)			
	16:02.327 (1:09.532)						
10	Brooks De Waard	SR Dordt	16:06.80				
	39.313 (39.313)	1:54.934 (1:15.621)	3:10.855 (1:15.921)	4:24.577 (1:13.722)			
	5:41.402 (1:16.825)	6:56.417 (1:15.015)	8:12.077 (1:15.660)	9:29.696 (1:17.619)			
	10:49.136 (1:19.440)	12:09.820 (1:20.684)	13:31.526 (1:21.706)	14:51.683 (1:20.157)			
	16:06.795 (1:15.112)						
11	Brian Santiago	JR Mount Marty	16:21.99				
	38.937 (38.937)	1:52.059 (1:13.122)	3:06.363 (1:14.304)	4:21.076 (1:14.713)			
	5:37.136 (1:16.060)	6:55.086 (1:17.950)	8:15.088 (1:20.002)	9:36.178 (1:21.090)			
	10:58.158 (1:21.980)	12:20.274 (1:22.116)	13:43.595 (1:23.321)	15:06.033 (1:22.438)			
	16:21.983 (1:15.950)						
12	Caleb Sayler	FR Dakota Wesleyan	16:24.54				
	40.403 (40.403)	1:56.217 (1:15.814)	3:12.856 (1:16.639)	4:30.137 (1:17.281)			
	5:47.262 (1:17.125)	7:05.431 (1:18.169)	8:25.108 (1:19.677)	9:46.126 (1:21.018)			
	11:06.533 (1:20.407)	12:26.481 (1:19.948)	13:48.224 (1:21.743)	15:09.960 (1:21.736)			
	16:24.539 (1:14.579)						
13	Alex Nonhof	JR Northwestern (Iowa)	16:30.58				
	39.755 (39.755)	1:57.049 (1:17.294)	3:13.636 (1:16.587)	4:31.076 (1:17.440)			
	5:48.948 (1:17.872)	7:07.156 (1:18.208)	8:26.017 (1:18.861)	9:46.413 (1:20.396)			
	11:06.136 (1:19.723)	12:26.696 (1:20.560)	13:48.555 (1:21.859)	15:10.684 (1:22.129)			
	16:30.578 (1:19.894)						
14	Jon Mahoney	FR Midland	16:34.05				
	40.179 (40.179)	1:56.788 (1:16.609)	3:13.390 (1:16.602)	4:29.988 (1:16.598)			
	5:47.511 (1:17.523)	7:05.241 (1:17.730)	8:25.440 (1:20.199)	9:46.603 (1:21.163)			
	11:07.240 (1:20.637)	12:29.918 (1:22.678)	13:52.667 (1:22.749)	15:15.187 (1:22.520)			
	16:34.041 (1:18.854)						
15	Zach Hole	SR Hastings	16:39.91				
	40.385 (40.385)	1:57.375 (1:16.990)	3:13.901 (1:16.526)	4:31.221 (1:17.320)			
	5:49.216 (1:17.995)	7:07.427 (1:18.211)	8:26.605 (1:19.178)	9:47.137 (1:20.532)			
	11:08.367 (1:21.230)	12:30.576 (1:22.209)	13:53.710 (1:23.134)	15:17.407 (1:23.697)			
	16:39.905 (1:22.498)						
16	Joseph Kunert	JR Northwestern (Iowa)	17:24.68				
	39.433 (39.433)	1:57.747 (1:18.314)	3:18.631 (1:20.884)	4:39.674 (1:21.043)			
	6:01.677 (1:22.003)	7:23.979 (1:22.302)	8:47.853 (1:23.874)	10:11.824 (1:23.971)			
	11:37.198 (1:25.374)	13:05.062 (1:27.864)	14:32.330 (1:27.268)	15:59.601 (1:27.271)			
	17:24.673 (1:25.072)						
17	Cristobal Gonzalez	SO Mount Marty	17:39.16				
	42.470 (42.470)	2:02.392 (1:19.922)	3:22.579 (1:20.187)	4:41.651 (1:19.072)			
	6:01.486 (1:19.835)	7:23.265 (1:21.779)	8:47.678 (1:24.413)	10:13.106 (1:25.428)			
	11:40.875 (1:27.769)	13:10.107 (1:29.232)	14:41.517 (1:31.410)	16:12.743 (1:31.226)			
	17:39.154 (1:26.411)						

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 7 Men 5000 Meter Run**

18 Owen Dawson	FR Concordia (Neb.)	17:42.54			
40.204 (40.204)	2:01.231 (1:21.027)	3:24.523 (1:23.292)	4:48.709 (1:24.186)		
6:14.678 (1:25.969)	7:40.621 (1:25.943)	9:05.529 (1:24.908)	10:32.361 (1:26.832)		
12:00.589 (1:28.228)	13:28.386 (1:27.797)	16:22.527 (2:54.141)	17:42.533 (1:20.006)		
17:42.533 (0.000)					
19 Layne Lewis	FR Dakota Wesleyan	18:21.91			
39.939 (39.939)	2:00.296 (1:20.357)	3:21.440 (1:21.144)	4:43.662 (1:22.222)		
6:09.658 (1:25.996)	7:38.478 (1:28.820)	9:10.110 (1:31.632)	10:43.299 (1:33.189)		
12:15.732 (1:32.433)	13:51.551 (1:35.819)	15:26.295 (1:34.744)	16:58.398 (1:32.103)		
18:21.906 (1:23.508)					
20 Sean Bromley	SR Hastings	18:23.84			
41.546 (41.546)	2:06.120 (1:24.574)	3:32.536 (1:26.416)	5:00.418 (1:27.882)		
6:29.283 (1:28.865)	7:58.255 (1:28.972)	9:28.133 (1:29.878)	10:59.939 (1:31.806)		
12:31.881 (1:31.942)	14:04.081 (1:32.200)	15:35.626 (1:31.545)	17:07.916 (1:32.290)		
18:23.837 (1:15.921)					
21 Carson Means	FR Mount Marty	18:25.54			
40.698 (40.698)	2:01.567 (1:20.869)	3:21.774 (1:20.207)	4:44.321 (1:22.547)		
6:13.227 (1:28.906)	7:43.721 (1:30.494)	9:16.578 (1:32.857)	10:51.497 (1:34.919)		
12:26.184 (1:34.687)	14:01.583 (1:35.399)	15:36.913 (1:35.330)	17:08.899 (1:31.986)		
18:25.536 (1:16.637)					
22 Zach Potratz	SR Concordia (Neb.)	19:20.87			
41.368 (41.368)	2:06.908 (1:25.540)	3:34.158 (1:27.250)	5:04.885 (1:30.727)		
6:38.132 (1:33.247)	8:10.726 (1:32.594)	9:46.223 (1:35.497)	11:23.036 (1:36.813)		
13:01.381 (1:38.345)	14:39.621 (1:38.240)	16:17.681 (1:38.060)	17:54.508 (1:36.827)		
19:20.864 (1:26.356)					
-- Thaniel Schroeder	JR Dordt	DNF			
38.334 (38.334)	1:51.171 (1:12.837)	3:04.762 (1:13.591)	4:19.388 (1:14.626)		
5:35.886 (1:16.498)	6:53.676 (1:17.790)	8:11.520 (1:17.844)	9:29.403 (1:17.883)		
10:49.817 (1:20.414)					

Event 8 Men 10000 Meter Run

GPAC Record: G 30:55.24 1991 Garry Wasserman, Nebraska

NAIA Auto: A 31:15.00

NAIA Prov.: B 31:35.00

Name	Year School	Finals			
1 Ethan Summerhays	SO Dordt	32:06.93			
1:13.225 (1:13.225)	2:28.506 (1:15.281)	3:43.398 (1:14.892)	4:59.528 (1:16.130)		
6:16.221 (1:16.693)	7:32.168 (1:15.947)	8:48.347 (1:16.179)	10:04.746 (1:16.399)		
11:22.024 (1:17.278)	12:39.623 (1:17.599)	13:56.922 (1:17.299)	15:14.810 (1:17.888)		
16:32.109 (1:17.299)	17:50.034 (1:17.925)	19:07.490 (1:17.456)	20:25.137 (1:17.647)		
21:44.317 (1:19.180)	23:02.558 (1:18.241)	24:21.696 (1:19.138)	25:41.031 (1:19.335)		
27:00.014 (1:18.983)	28:18.737 (1:18.723)	29:37.434 (1:18.697)	30:54.865 (1:17.431)		
32:06.929 (1:12.064)					
2 Bailey Vande Griend	SR Dordt	32:24.11			
1:14.199 (1:14.199)	2:29.296 (1:15.097)	3:44.526 (1:15.230)	5:00.810 (1:16.284)		
6:17.919 (1:17.109)	7:35.484 (1:17.565)	8:53.388 (1:17.904)	10:10.878 (1:17.490)		
11:29.590 (1:18.712)	12:47.798 (1:18.208)	14:07.131 (1:19.333)	15:25.516 (1:18.385)		
16:43.835 (1:18.319)	18:02.541 (1:18.706)	19:20.054 (1:17.513)	20:38.204 (1:18.150)		
21:56.751 (1:18.547)	23:15.166 (1:18.415)	24:34.176 (1:19.010)	25:53.410 (1:19.234)		
27:12.561 (1:19.151)	28:32.071 (1:19.510)	29:51.278 (1:19.207)	31:09.230 (1:17.952)		
32:24.110 (1:14.880)					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 8 Men 10000 Meter Run**

3	Brian Santiago	JR Mount Marty	32:38.90				
	1:13.778 (1:13.778)	2:29.002 (1:15.224)	3:43.965 (1:14.963)	5:00.093 (1:16.128)			
	6:16.835 (1:16.742)	7:32.452 (1:15.617)	8:48.619 (1:16.167)	10:05.004 (1:16.385)			
	11:22.299 (1:17.295)	12:41.004 (1:18.705)	14:00.889 (1:19.885)	15:20.349 (1:19.460)			
	16:40.873 (1:20.524)	18:00.984 (1:20.111)	19:21.037 (1:20.053)	20:41.459 (1:20.422)			
	22:02.703 (1:21.244)	23:22.271 (1:19.568)	24:42.904 (1:20.633)	26:04.268 (1:21.364)			
	27:25.819 (1:21.551)	28:45.940 (1:20.121)	30:06.295 (1:20.355)	31:25.910 (1:19.615)			
	32:38.897 (1:12.987)						
4	Aidan Vorster	FR Dor dt	32:59.25				
	1:13.517 (1:13.517)	2:28.825 (1:15.308)	3:43.699 (1:14.874)	4:59.867 (1:16.168)			
	6:16.545 (1:16.678)	7:32.769 (1:16.224)	8:48.918 (1:16.149)	10:05.322 (1:16.404)			
	11:22.575 (1:17.253)	12:40.055 (1:17.480)	13:57.512 (1:17.457)	15:15.785 (1:18.273)			
	16:35.133 (1:19.348)	17:55.929 (1:20.796)	19:17.270 (1:21.341)	20:38.630 (1:21.360)			
	21:59.395 (1:20.765)	23:22.343 (1:22.948)	24:45.518 (1:23.175)	26:10.491 (1:24.973)			
	27:34.703 (1:24.212)	28:56.026 (1:21.323)	30:19.768 (1:23.742)	31:44.142 (1:24.374)			
	32:59.250 (1:15.108)						
5	Leviticus Cross	SR Northwestern (Iowa)	33:11.07				
	1:14.563 (1:14.563)	2:31.693 (1:17.130)	3:51.411 (1:19.718)	5:08.803 (1:17.392)			
	6:28.162 (1:19.359)	7:46.208 (1:18.046)	9:05.022 (1:18.814)	10:23.217 (1:18.195)			
	11:42.082 (1:18.865)	13:01.106 (1:19.024)	14:19.992 (1:18.886)	15:39.633 (1:19.641)			
	16:58.976 (1:19.343)	18:19.577 (1:20.601)	19:39.680 (1:20.103)	21:01.526 (1:21.846)			
	22:23.298 (1:21.772)	23:45.023 (1:21.725)	25:08.340 (1:23.317)	26:31.405 (1:23.065)			
	27:53.187 (1:21.782)	29:14.560 (1:21.373)	30:35.866 (1:21.306)	31:55.838 (1:19.972)			
	33:11.069 (1:15.231)						
6	Jakob Tadlock	FR Doane	33:30.27				
	1:20.145 (1:20.145)	2:41.106 (1:20.961)	4:00.475 (1:19.369)	5:20.213 (1:19.738)			
	6:39.116 (1:18.903)	7:58.233 (1:19.117)	9:17.225 (1:18.992)	10:38.909 (1:21.684)			
	11:58.147 (1:19.238)	13:18.214 (1:20.067)	14:37.422 (1:19.208)	15:57.565 (1:20.143)			
	17:17.636 (1:20.071)	18:37.873 (1:20.237)	19:58.795 (1:20.922)	21:19.891 (1:21.096)			
	22:40.209 (1:20.318)	24:01.773 (1:21.564)	25:22.974 (1:21.201)	26:44.930 (1:21.956)			
	28:07.771 (1:22.841)	29:30.591 (1:22.820)	30:53.493 (1:22.902)	32:16.848 (1:23.355)			
	33:30.270 (1:13.422)						
7	Zach Hole	SR Hastings	33:31.17				
	1:19.262 (1:19.262)	2:38.935 (1:19.673)	3:59.811 (1:20.876)	5:19.866 (1:20.055)			
	6:38.850 (1:18.984)	7:57.857 (1:19.007)	9:17.084 (1:19.227)	10:38.177 (1:21.093)			
	11:55.955 (1:17.778)	13:13.870 (1:17.915)	14:32.660 (1:18.790)	15:52.510 (1:19.850)			
	17:13.702 (1:21.192)	18:34.865 (1:21.163)	19:56.332 (1:21.467)	21:19.080 (1:22.748)			
	22:40.080 (1:21.000)	24:02.323 (1:22.243)	25:23.506 (1:21.183)	26:45.192 (1:21.686)			
	28:08.173 (1:22.981)	29:31.970 (1:23.797)	30:53.643 (1:21.673)	32:16.605 (1:22.962)			
	33:31.169 (1:14.564)						
8	Sisey Tirop	FR Doane	33:32.12				
	1:18.284 (1:18.284)	2:38.343 (1:20.059)	3:59.847 (1:21.504)	5:19.530 (1:19.683)			
	6:37.907 (1:18.377)	7:55.790 (1:17.883)	9:13.166 (1:17.376)	10:30.915 (1:17.749)			
	11:49.464 (1:18.549)	13:08.178 (1:18.714)	14:27.848 (1:19.670)	15:48.442 (1:20.594)			
	17:10.459 (1:22.017)	18:33.128 (1:22.669)	19:55.996 (1:22.868)	21:18.850 (1:22.854)			
	22:40.404 (1:21.554)	24:02.068 (1:21.664)	25:23.227 (1:21.159)	26:44.590 (1:21.363)			
	28:08.092 (1:23.502)	29:32.225 (1:24.133)	30:56.088 (1:23.863)	32:18.717 (1:22.629)			
	33:32.114 (1:13.397)						

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 8 Men 10000 Meter Run**

9 Daniel Reimer	SR Doane	33:40.21			
1:19.964 (1:19.964)	2:39.052 (1:19.088)	3:59.314 (1:20.262)	5:19.901 (1:20.587)		
6:38.887 (1:18.986)	7:58.352 (1:19.465)	9:16.587 (1:18.235)	10:38.678 (1:22.091)		
12:00.115 (1:21.437)	13:22.412 (1:22.297)	14:43.589 (1:21.177)	16:05.185 (1:21.596)		
17:27.413 (1:22.228)	18:48.857 (1:21.444)	20:11.295 (1:22.438)	21:33.039 (1:21.744)		
22:54.179 (1:21.140)	24:17.280 (1:23.101)	25:39.445 (1:22.165)	27:03.262 (1:23.817)		
28:24.841 (1:21.579)	29:46.602 (1:21.761)	31:09.310 (1:22.708)	32:30.809 (1:21.499)		
33:40.210 (1:09.401)					
10 Jon Mahoney	FR Midland	33:47.00			
1:20.462 (1:20.462)	2:41.438 (1:20.976)	4:00.346 (1:18.908)	5:20.482 (1:20.136)		
6:39.466 (1:18.984)	7:59.817 (1:20.351)	9:19.686 (1:19.869)	10:40.487 (1:20.801)		
11:59.660 (1:19.173)	13:20.476 (1:20.816)	14:39.997 (1:19.521)	16:00.374 (1:20.377)		
17:22.155 (1:21.781)	18:43.892 (1:21.737)	20:06.093 (1:22.201)	21:29.860 (1:23.767)		
22:53.856 (1:23.996)	24:17.892 (1:24.036)	25:38.934 (1:21.042)	27:03.530 (1:24.596)		
28:24.563 (1:21.033)	29:46.971 (1:22.408)	31:09.012 (1:22.041)	32:30.497 (1:21.485)		
33:46.998 (1:16.501)					
11 Alex France	JR Midland	33:59.82			
1:25.532 (1:25.532)	2:47.776 (1:22.244)	4:10.463 (1:22.687)	5:32.012 (1:21.549)		
6:54.035 (1:22.023)	8:15.119 (1:21.084)	9:36.335 (1:21.216)	10:57.521 (1:21.186)		
12:17.034 (1:19.513)	13:36.661 (1:19.627)	14:57.325 (1:20.664)	16:19.197 (1:21.872)		
17:43.281 (1:24.084)	19:06.123 (1:22.842)	20:28.011 (1:21.888)	21:49.997 (1:21.986)		
23:11.702 (1:21.705)	24:34.147 (1:22.445)	25:57.533 (1:23.386)	27:21.630 (1:24.097)		
28:43.742 (1:22.112)	30:03.733 (1:19.991)	31:24.241 (1:20.508)	32:44.425 (1:20.184)		
33:59.819 (1:15.394)					
12 Dawson Jacobsma	SR Northwestern (Iowa)	34:36.21			
1:14.973 (1:14.973)	2:32.013 (1:17.040)	3:51.122 (1:19.109)	5:09.642 (1:18.520)		
6:30.270 (1:20.628)	7:50.431 (1:20.161)	9:11.699 (1:21.268)	10:32.983 (1:21.284)		
11:54.974 (1:21.991)	13:16.422 (1:21.448)	14:38.781 (1:22.359)	16:01.180 (1:22.399)		
17:25.068 (1:23.888)	18:48.594 (1:23.526)	20:12.565 (1:23.971)	21:37.415 (1:24.850)		
23:02.978 (1:25.563)	24:27.950 (1:24.972)	25:54.150 (1:26.200)	27:20.526 (1:26.376)		
28:46.708 (1:26.182)	30:14.216 (1:27.508)	31:42.083 (1:27.867)	33:10.163 (1:28.080)		
34:36.206 (1:26.043)					
13 Jack Ellis	FR Concordia (Neb.)	34:38.60			
1:21.173 (1:21.173)	2:43.098 (1:21.925)	4:04.357 (1:21.259)	5:27.100 (1:22.743)		
6:51.198 (1:24.098)	8:15.887 (1:24.689)	9:40.259 (1:24.372)	11:04.870 (1:24.611)		
12:29.756 (1:24.886)	13:54.626 (1:24.870)	15:19.906 (1:25.280)	16:43.718 (1:23.812)		
18:07.606 (1:23.888)	19:32.974 (1:25.368)	20:58.101 (1:25.127)	22:22.910 (1:24.809)		
23:47.868 (1:24.958)	25:12.479 (1:24.611)	26:34.120 (1:21.641)	27:54.958 (1:20.838)		
29:18.948 (1:23.990)	30:42.111 (1:23.163)	32:03.185 (1:21.074)	33:22.831 (1:19.646)		
34:38.592 (1:15.761)					
14 Kendall Van Zanten	SR Dordt	34:51.57			
1:19.698 (1:19.698)	2:42.754 (1:23.056)	4:03.908 (1:21.154)	5:25.636 (1:21.728)		
6:48.107 (1:22.471)	8:10.283 (1:22.176)	9:32.174 (1:21.891)	10:54.534 (1:22.360)		
12:16.248 (1:21.714)	13:38.004 (1:21.756)	15:01.007 (1:23.003)	16:24.069 (1:23.062)		
17:48.333 (1:24.264)	19:12.595 (1:24.262)	20:36.150 (1:23.555)	22:00.353 (1:24.203)		
23:25.032 (1:24.679)	24:49.876 (1:24.844)	26:16.382 (1:26.506)	27:42.715 (1:26.333)		
29:09.799 (1:27.084)	30:37.026 (1:27.227)	32:05.360 (1:28.334)	33:31.412 (1:26.052)		
34:51.561 (1:20.149)					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 8 Men 10000 Meter Run**

15 Duncan Blankenship	FR Doane				35:09.31			
1:17.907 (1:17.907)	2:38.777 (1:20.870)	4:00.085 (1:21.308)	5:20.180 (1:20.095)	6:39.183 (1:19.003)	7:58.674 (1:19.491)	9:17.490 (1:18.816)	10:39.238 (1:21.748)	
11:59.537 (1:20.299)	13:22.937 (1:23.400)	14:46.968 (1:24.031)	16:11.692 (1:24.724)	17:37.005 (1:25.313)	19:02.633 (1:25.628)	20:29.118 (1:26.485)	21:54.473 (1:25.355)	
23:23.649 (1:29.176)	24:51.257 (1:27.608)	26:18.718 (1:27.461)	27:49.861 (1:31.143)	29:19.776 (1:29.915)	30:47.320 (1:27.544)	32:15.190 (1:27.870)	33:45.476 (1:30.286)	
35:09.305 (1:23.829)								
16 Thomas Oliver	FR Doane				35:23.17			
1:19.824 (1:19.824)	2:41.377 (1:21.553)	3:59.554 (1:18.177)	5:19.635 (1:20.081)	6:38.644 (1:19.009)	7:57.745 (1:19.101)	9:16.921 (1:19.176)	10:38.429 (1:21.508)	
11:59.830 (1:21.401)	13:22.172 (1:22.342)	14:45.705 (1:23.533)	16:11.988 (1:26.283)	17:37.725 (1:25.737)	19:04.843 (1:27.118)	20:32.717 (1:27.874)	22:00.526 (1:27.809)	
23:31.009 (1:30.483)	25:04.418 (1:33.409)	26:38.632 (1:34.214)	28:10.388 (1:31.756)	29:42.103 (1:31.715)	31:14.220 (1:32.117)	32:47.718 (1:33.498)	34:13.177 (1:25.459)	
35:23.169 (1:09.992)								
17 Michael Vander Plaats	SO Dordt				35:23.45			
1:20.976 (1:20.976)	2:43.397 (1:22.421)	4:03.773 (1:20.376)	5:25.966 (1:22.193)	6:48.588 (1:22.622)	8:10.732 (1:22.144)	9:33.100 (1:22.368)	10:56.321 (1:23.221)	
12:20.842 (1:24.521)	13:45.633 (1:24.791)	15:11.663 (1:26.030)	16:35.773 (1:24.110)	18:01.826 (1:26.053)	19:28.189 (1:26.363)	20:56.097 (1:27.908)	22:23.314 (1:27.217)	
23:48.699 (1:25.385)	25:17.099 (1:28.400)	26:45.153 (1:28.054)	28:14.160 (1:29.007)	29:43.368 (1:29.208)	31:10.136 (1:26.768)	32:37.571 (1:27.435)	34:04.124 (1:26.553)	
35:23.450 (1:19.326)								
18 Charlie Hayden	FR Concordia (Neb.)				35:31.71			
1:20.484 (1:20.484)	2:41.823 (1:21.339)	4:00.797 (1:18.974)	5:20.922 (1:20.125)	6:40.997 (1:20.075)	8:01.305 (1:20.308)	9:24.748 (1:23.443)	10:49.577 (1:24.829)	
12:14.527 (1:24.950)	13:38.550 (1:24.023)	15:04.408 (1:25.858)	16:33.135 (1:28.727)	18:02.449 (1:29.314)	19:30.645 (1:28.196)	20:58.847 (1:28.202)	22:25.361 (1:26.514)	
23:56.086 (1:30.725)	25:28.275 (1:32.189)	26:57.364 (1:29.089)	28:25.756 (1:28.392)	29:52.552 (1:26.796)	31:18.903 (1:26.351)	32:46.181 (1:27.278)	34:11.869 (1:25.688)	
35:31.707 (1:19.838)								
19 Ricky Herman	JR Concordia (Neb.)				36:07.33			
1:16.633 (1:16.633)	2:37.764 (1:21.131)	4:00.151 (1:22.387)	5:20.750 (1:20.599)	6:40.726 (1:19.976)	8:02.839 (1:22.113)	9:29.417 (1:26.578)	10:54.877 (1:25.460)	
12:21.395 (1:26.518)	13:48.133 (1:26.738)	15:16.722 (1:28.589)	16:44.203 (1:27.481)	18:12.887 (1:28.684)	19:41.056 (1:28.169)	21:09.930 (1:28.874)	22:39.495 (1:29.565)	
24:09.416 (1:29.921)	25:39.833 (1:30.417)	27:09.350 (1:29.517)	28:40.625 (1:31.275)	30:11.659 (1:31.034)	31:43.042 (1:31.383)	33:13.722 (1:30.680)	34:44.163 (1:30.441)	
36:07.330 (1:23.167)								
20 Carson Means	FR Mount Marty				36:46.43			
1:24.339 (1:24.339)	2:49.355 (1:25.016)	4:13.867 (1:24.512)	5:39.791 (1:25.924)	7:06.006 (1:26.215)	8:31.941 (1:25.935)	9:58.178 (1:26.237)	11:24.770 (1:26.592)	
12:53.255 (1:28.485)	14:21.838 (1:28.583)	15:50.687 (1:28.849)	17:19.850 (1:29.163)	18:49.614 (1:29.764)	20:19.006 (1:29.392)	21:48.161 (1:29.155)	23:17.704 (1:29.543)	
24:47.884 (1:30.180)	26:19.113 (1:31.229)	27:49.931 (1:30.818)	29:20.386 (1:30.455)	30:50.738 (1:30.352)	32:22.264 (1:31.526)	33:52.520 (1:30.256)	35:22.546 (1:30.026)	
36:46.427 (1:23.881)								

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

Doane University

Results

....Event 8 Men 10000 Meter Run

21 Wyatt Lehr	JR Concordia (Neb.)	37:14.22				
1:25.112 (1:25.112)	2:51.553 (1:26.441)	4:17.891 (1:26.338)	5:43.231 (1:25.340)			
7:11.315 (1:28.084)	8:38.743 (1:27.428)	10:07.514 (1:28.771)	11:36.643 (1:29.129)			
13:06.244 (1:29.601)	14:36.890 (1:30.646)	16:08.712 (1:31.822)	17:40.834 (1:32.122)			
19:13.630 (1:32.796)	20:45.982 (1:32.352)	22:18.719 (1:32.737)	23:51.750 (1:33.031)			
25:25.108 (1:33.358)	26:58.054 (1:32.946)	28:25.529 (1:27.475)	29:52.489 (1:26.960)			
31:18.873 (1:26.384)	32:48.775 (1:29.902)	34:19.950 (1:31.175)	35:52.536 (1:32.586)			
37:14.220 (1:21.684)						
22 Evan Schmidt	FR Concordia (Neb.)	37:24.39				
1:25.729 (1:25.729)	2:52.296 (1:26.567)	4:18.955 (1:26.659)	5:47.439 (1:28.484)			
7:18.598 (1:31.159)	8:50.675 (1:32.077)	10:25.197 (1:34.522)	11:57.851 (1:32.654)			
13:29.892 (1:32.041)	15:02.280 (1:32.388)	16:34.841 (1:32.561)	18:09.502 (1:34.661)			
19:42.032 (1:32.530)	21:11.924 (1:29.892)	22:41.126 (1:29.202)	24:12.376 (1:31.250)			
25:42.731 (1:30.355)	27:12.359 (1:29.628)	28:42.479 (1:30.120)	30:13.341 (1:30.862)			
31:45.006 (1:31.665)	33:14.455 (1:29.449)	34:44.893 (1:30.438)	36:13.707 (1:28.814)			
37:24.386 (1:10.679)						
23 Logan Walgate	FR Concordia (Neb.)	37:30.61				
1:26.180 (1:26.180)	2:52.718 (1:26.538)	4:19.379 (1:26.661)	5:47.731 (1:28.352)			
7:19.008 (1:31.277)	8:51.048 (1:32.040)	10:24.601 (1:33.553)	11:57.315 (1:32.714)			
13:29.432 (1:32.117)	15:02.175 (1:32.743)	16:35.216 (1:33.041)	18:09.851 (1:34.635)			
19:41.410 (1:31.559)	21:10.586 (1:29.176)	22:40.747 (1:30.161)	24:11.984 (1:31.237)			
25:42.290 (1:30.306)	27:11.903 (1:29.613)	28:41.696 (1:29.793)	30:12.216 (1:30.520)			
31:43.258 (1:31.042)	33:11.339 (1:28.081)	34:39.403 (1:28.064)	36:07.751 (1:28.348)			
37:30.604 (1:22.853)						
24 Hayden Lee	SR Northwestern (Iowa)	38:06.90				
1:24.763 (1:24.763)	2:51.098 (1:26.335)	4:17.454 (1:26.356)	5:44.644 (1:27.190)			
7:12.798 (1:28.154)	8:42.680 (1:29.882)	10:12.795 (1:30.115)	11:43.244 (1:30.449)			
13:14.230 (1:30.986)	14:45.897 (1:31.667)	16:18.048 (1:32.151)	17:51.339 (1:33.291)			
19:23.878 (1:32.539)	20:56.499 (1:32.621)	22:29.708 (1:33.209)	24:03.001 (1:33.293)			
25:37.091 (1:34.090)	27:11.948 (1:34.857)	28:46.901 (1:34.953)	30:22.701 (1:35.800)			
31:57.917 (1:35.216)	33:31.951 (1:34.034)	35:05.084 (1:33.133)	36:37.437 (1:32.353)			
38:06.893 (1:29.456)						

Event 9 Men 110 Meter Hurdles

GPAC Record: G 14.04 1996 Adam Decker, Nebraska Wesleyan Univ.
 NAIA Auto: A 14.60
 NAIA Prov.: B 14.80

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Zach Turner	FR Doane	A 14.48Q	0.5	1
2 Seth Wiebelhaus	SO Mount Marty	A 14.53Q	0.9	2
3 John Krejci	SO Doane	14.92q	0.9	2
4 Austin Freiberg	SO Morningside	14.98q	0.5	1
5 Logan Hammond	SR Doane	15.02q	0.9	2
6 Clayton Berry	FR Doane	15.21q	0.9	2
7 Jake Long	SR Doane	15.23q	0.5	1
8 Paxon Fleming	FR Briar Cliff	15.31q	0.5	1
9 Joshua Van Hulzen	JR Dorcht	15.42	0.9	2
10 Kyle Baumert	JR Dorcht	15.43	0.5	1
11 Benn Yol	FR Northwestern (Iowa)	15.79	0.5	1 15.785
12 Ty Cooley	FR Midland	15.79	0.5	1 15.788
13 Cooper Christians	SO Morningside	15.91	0.9	2
14 Justin Groen	JR Dorcht	15.92	0.9	2

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 9 Men 110 Meter Hurdles**

15 Zander Widener	FR Mount Marty	16.44	0.9	2
16 Luke Albright	FR Dordt	19.86	0.5	1

Event 9 Men 110 Meter Hurdles

GPAC Record: G 14.04 1996 Adam Decker, Nebraska Wesleyan Uni
 NAIA Auto: A 14.60
 NAIA Prov.: B 14.80

Name	Year School	Finals	Wind
Finals			
1 Zach Turner	FR Doane	14.42A	1.2
2 Seth Wiebelhaus	SO Mount Marty	14.81	1.2
3 Austin Freiberg	SO Morningside	14.99	1.2
4 John Krejci	SO Doane	15.07	1.2
5 Jake Long	SR Doane	15.13	1.2
6 Logan Hammond	SR Doane	15.21	1.2
7 Clayton Berry	FR Doane	15.31	1.2
8 Paxon Fleming	FR Briar Cliff	15.32	1.2
Preliminaries			
9 Joshua Van Hulzen	JR Dordt		
10 Kyle Baumert	JR Dordt		
11 Benn Yol	FR Northwestern (Iowa)		
12 Ty Cooley	FR Midland		
13 Cooper Christians	SO Morningside		
14 Justin Groen	JR Dordt		
15 Zander Widener	FR Mount Marty		
16 Luke Albright	FR Dordt		

Event 10 Men 400 Meter Hurdles

GPAC Record: G 52.01 2006 Jeff Luebbe, Doane College
 NAIA Auto: A 53.75
 NAIA Prov.: B 54.65

Name	Year School	Finals	H#
Finals			
1 Zach Turner	FR Doane	51.92G	3
2 Jesse Van Hemert	FR Mount Marty	51.98G	3
3 Logan Hammond	SR Doane	52.78A	3
4 Brian Clausen	SO Hastings	54.05B	3
5 Peyton Miller	SR Dordt	54.72	3
6 Paxon Fleming	FR Briar Cliff	54.86	2
7 Jake Long	SR Doane	54.88	3
8 John Krejci	SO Doane	55.22	2
9 Connor Hartzler	FR Hastings	55.91	2
10 Shandon Reitzell	FR Midland	56.62	3
11 Austin Freiberg	SO Morningside	57.08	2
12 Braeden Knutson	SO Jamestown	58.16	2
13 Carter Brouwer	FR Northwestern (Iowa)	58.61	1
14 Dayton Brunsting	FR Dordt	59.13	2
15 Isaac Hegdahl	FR Mount Marty	59.15	1
16 Kameron Farmer	SO Concordia (Neb.)	59.33	1
17 Bryce Paulsen	JR Northwestern (Iowa)	59.40	3
18 Teagan Meyer	FR Concordia (Neb.)	1:00.11	1

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 10 Men 400 Meter Hurdles**

19 Marc Freiberg	SO Concordia (Neb.)	1:01.05	1
20 Shane Smith	JR Hastings	1:01.71	1
21 Jayden Gonzalez	SO Hastings	1:04.04	1
22 Gunner Vargas	FR Northwestern (Iowa)	1:04.28	1
23 Zander Widener	FR Mount Marty	1:08.49	2

Event 11 Men 4x100 Meter Relay

GPAC Record: G 40.58 2011 Doane, Doane College
B. McCaleb, T. Hodges, C. Busby, B. Lawrence

NAIA Auto: A 41.53

NAIA Prov.: B 41.90

School	Finals	H#
1 Mount Marty	41.17A	2
1) Deontae Howard FR	2) Donovan Breckenridge FR	
3) Taven McKee JR	4) Marcus Jnofinn FR	
2 Doane	41.35A	2
1) Jadae Moore FR	2) Christopher Vincent FR	
3) Andrew Mahoney FR	4) Luke Davis FR	
3 Briar Cliff	41.48A	2
1) Dominic Archer FR	2) Ben Jefferies SO	
3) Tulsa Janish JR	4) Ryan Kotey JR	
4 Northwestern (Iowa)	41.65B	2
1) Kyler Vander Velde FR	2) Cody Post JR	
3) Braden Jahn JR	4) Jacob Davies SO	
5 Concordia (Neb.)	41.74B	2
1) Cade Kleckner SO	2) Joel Rathe SO	
3) Jacob Jennings SO	4) Xavier Ross SO	
6 Dordt	42.46	2
1) Micah Brands SR	2) Luke Wagner SO	
3) Ryan Schober FR	4) Peyton Miller SR	
7 Jamestown	43.05	2
1) Christopher Sayler SO	2) Nasim Green JR	
3) Samuel Kludt JR	4) Braeden Knutson SO	
8 Midland	43.13	2
1) Shandon Reitzell FR	2) Adrien Patigny FR	
3) Blake Olbrich FR	4) Ty Cooley FR	
-- Morningside	DQ	1 Z1 - Rule 15 Sec9i
1) Jared Nicholas FR	2) Davon Brees FR	
3) Ashton Banker FR	4) Jake Knott FR	

Event 12 Men 4x400 Meter Relay

GPAC Record: G 3:12.62 5/11/2007 Hastings College, Hastings
T Redinger, B Gamble, L Beethe, B Diamond

NAIA Auto: A 3:16.00

NAIA Prov.: B 3:17.70

School	Finals	H#
1 Mount Marty	3:13.85A	2
1) Nathan Simons SO	2) Taven McKee JR	
3) Jesse Van Hemert FR	4) Paul Paul SR	
1:37.764 (1:37.764)	2:26.123 (48.359)	3:13.841 (47.718)

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 12 Men 4x400 Meter Relay**

2 Dordt				3:14.79A	2
1) Micah Brands SR		2) Luke Wagner SO			
3) Cole Zevenbergen SO		4) Payton Mauldin SO			
1:39.098 (1:39.098)	2:27.488 (48.390)		3:14.781 (47.293)		
3 Concordia (Neb.)				3:15.45A	1
1) Jacob Jennings SO		2) Cade Kleckner SO			
3) Colton Meyer SO		4) Xavier Ross SO			
1:38.774 (1:38.774)	2:28.044 (49.270)		3:15.443 (47.399)		
4 Doane				3:16.97B	2
1) Logan Hammond SR		2) Kingdon Hawes SO			
3) Jordan Tasler SO		4) Zach Turner FR			
1:38.624 (1:38.624)	2:28.508 (49.884)		3:16.970 (48.462)		
5 Morningside				3:24.91	2
1) Ashton Banker FR		2) Camden Beller SR			
3) Zach Ambrose SR		4) Kady Cline FR			
1:42.513 (1:42.513)	2:33.619 (51.106)		3:24.909 (51.290)		
6 Midland				3:25.40	2
1) Adrien Patigny FR		2) Henri Stoeckermann FR			
3) Blake Olbrich FR		4) Ross McMahon SO			
1:41.109 (1:41.109)	2:33.014 (51.905)		3:25.395 (52.381)		
7 Hastings				3:27.22	2
1) Connor Hartzler FR		2) Brian Clausen SO			
3) Jayden Gonzalez SO		4) Aaron Ochsner SO			
1:41.020 (1:41.020)	2:35.243 (54.223)		3:27.211 (51.968)		
8 Briar Cliff				3:27.70	2
1) Paxon Fleming FR		2) Tulsa Janish JR			
3) Osiel Ochoa FR		4) Dominic Archer FR			
1:42.531 (1:42.531)	2:36.013 (53.482)		3:27.697 (51.684)		
9 Jamestown				3:28.04	1
1) Kadin Neppel FR		2) Braeden Knutson SO			
3) Alexander Walker FR		4) Lorenzo Maldonado JR			
1:44.110 (1:44.110)	2:36.092 (51.982)		3:28.035 (51.943)		
10 Dakota Wesleyan				3:39.47	1
1) Nate Rupperecht JR		2) Hunter Shanks SO			
3) Justin Sorensen SO		4) Cobey Carr SO			
1:47.253 (1:47.253)	2:41.875 (54.622)		3:39.470 (57.595)		
-- Northwestern (Iowa)				DNF	2
1) Jacob Davies SO		2) Mitchell Oostra JR			
3) Trey Engelmann FR		4) Wyatt Pryor SO			

Event 13 Men 4x800 Meter Relay

GPAC Record: G 7:37.92 2019 Dordt, Dordt University
C Herman, J Merkle, L Van Eps, M Van Eps

NAIA Auto: A 7:44.00

NAIA Prov.: B 7:48.00

School

Finals

1 Dordt				7:39.39A	
1) Dayton Brunsting FR		2) Cole Zevenbergen SO			
3) Trey Engen JR		4) Payton Mauldin SO			
1:56.140 (1:56.140)	3:51.900 (1:55.760)		5:46.321 (1:54.421)	7:39.384 (1:53.063)	
2 Doane				7:43.53A	
1) Kalen Dockweiler SO		2) Trace Ebert SO			

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 13 Men 4x800 Meter Relay**

3) Aidan Wheelock SO	4) Kingdon Hawes SO				
1:54.579 (1:54.579)	3:52.481 (1:57.902)	5:48.914 (1:56.433)	7:43.528 (1:54.614)		
3 Morningside			7:52.37		
1) Camden Beller SR	2) Tyson Spradling FR				
3) Zach Ambrose SR	4) Ro Paschal SR				
1:57.055 (1:57.055)	3:58.483 (2:01.428)	5:55.062 (1:56.579)	7:52.364 (1:57.302)		
4 Northwestern (Iowa)			7:57.53		
1) Wyatt Pryor SO	2) Trey Engelmann FR				
3) Isaiah Lee SR	4) Peyton Brassler SR				
2:01.501 (2:01.501)	3:59.050 (1:57.549)	5:58.554 (1:59.504)	7:57.530 (1:58.976)		
5 Mount Marty			8:11.05		
1) Liam Vidas FR	2) Caden Ideker SO				
3) Alfonso Erickson JR	4) Mason Schlunsen JR				
1:59.240 (1:59.240)	4:01.711 (2:02.471)	6:06.412 (2:04.701)	8:11.043 (2:04.631)		
6 Dakota Wesleyan			8:14.56		
1) Hunter Shanks SO	2) Justin Sorensen SO				
3) Caleb Saylor FR	4) Wyatt Baldauf SO				
2:02.847 (2:02.847)	4:03.705 (2:00.858)	6:10.911 (2:07.206)	8:14.559 (2:03.648)		
7 Concordia (Neb.)			8:18.50		
1) Sam Plante FR	2) Micah Willweber SO				
3) Cameron Gray SR	4) Grant Lammers JR				
2:00.468 (2:00.468)	4:02.451 (2:01.983)	6:12.806 (2:10.355)	8:18.498 (2:05.692)		
8 Jamestown			8:23.00		
1) Micah Hoke FR	2) Alexander Walker FR				
3) David Martin SO	4) Kanyon Vermillion FR				
2:04.090 (2:04.090)	4:09.069 (2:04.979)	6:18.499 (2:09.430)	8:22.994 (2:04.495)		
9 Midland			8:38.14		
1) Zac McGeorge FR	2) Blake Olbrich FR				
3) Andrew Nunez FR	4) Jon Mahoney FR				
2:08.346 (2:08.346)	4:12.757 (2:04.411)	6:24.247 (2:11.490)	8:38.134 (2:13.887)		

Event 14 Men Long Jump

GPAC Record: G 7.93m 5/5/2012 Ronnie Taylor, Hastings

NAIA Auto: A 7.25m

NAIA Prov.: B 7.15m

Name	Year	School	Finals	Wind	H#
1 James Gilbert	JR	Northwestern (Iowa)	7.03m	-1.7	23-00.75 2
FOUL	FOUL	6.79m(+0.0) FOUL	7.03m(-1.7)	6.91m(-1.1)	
2 Joel Rathe	SO	Concordia (Neb.)	6.93m	-0.2	22-09.00 2
6.68m(+0.0)	6.70m(-1.1)	6.82m(+0.0) 6.65m(-0.1)	6.93m(-0.2)	6.86m(-0.0)	
3 Luke Davis	FR	Doane	6.92m	+0.0	22-08.50 2
6.67m(+0.0)	6.92m(+0.0)	FOUL FOUL FOUL	6.72m(-0.0)		
4 Cole Schmidt	JR	Hastings	6.89m	+0.0	22-07.25 2
6.52m(+0.0)	6.80m(+0.0)	6.22m(-0.2) 6.89m(+0.0)	6.82m(-1.2)	5.48m(-1.0)	
5 Clayton Berry	FR	Doane	6.87m	-0.1	22-06.50 2
6.48m(-0.6)	FOUL	6.77m(+0.0) 6.60m(+0.0)	6.77m(-0.4)	6.87m(-0.1)	
6 Logan Hammond	SR	Doane	6.84m	0.1	22-05.25 1
6.78m(0.2)	6.56m(+0.0)	6.61m(1.5) 6.84m(0.1)	6.76m(+0.0)	6.28m(-1.7)	
7 John Krejci	SO	Doane	6.81m	-0.4	22-04.25 2
FOUL	6.75m(+0.0)	FOUL 6.81m(-0.4)	6.80m(+0.0)	6.71m(-1.2)	
8 Blake Kastanek	JR	Doane	J6.81m	+0.0	22-04.25 2
FOUL	6.68m(+0.0)	6.81m(+0.0) 6.69m(+0.0)	6.55m(-0.7)	6.70m(-0.7)	
9 Deontae Howard	FR	Mount Marty	6.65m	+0.0	21-10.00 2
6.65m(+0.0)	FOUL	6.27m(+0.0) 6.33m(+0.0)	FOUL	6.65m(-1.0)	

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 14 Men Long Jump**

10	Sam Boldt	FR Doane	J6.65m	+0.0	21-10.00	1
	FOUL	6.65m(+0.0) 6.58m(+0.0) FOUL	FOUL	FOUL	6.42m(-0.4)	
11	Damond Anderson	SR Briar Cliff	6.42m	0.5	21-00.75	1
	FOUL	6.22m(+0.0) 6.42m(0.5)				
12	Joshua Deines	JR Dordt	6.36m	+0.0	20-10.50	1
	6.07m(+0.0)	6.28m(+0.0) 6.36m(+0.0)				
13	Christopher Saylor	SO Jamestown	6.30m	0.8	20-08.00	1
	6.19m(0.5)	6.19m(-0.6) 6.30m(0.8)				
14	Emmett Black	SO Doane	6.15m	+0.0	20-02.25	2
	5.67m(0.1)	5.84m(+0.0) 6.15m(+0.0)				
15	Nolan Mayer	FR Doane	6.12m	1.8	20-01.00	2
	6.12m(1.8)	6.03m(+0.0) 5.97m(+0.0)				
16	Dexter Wiese	SO Northwestern (Iowa)	6.04m	+0.0	19-09.75	1
	5.39m(+0.0)	6.04m(+0.0) 5.98m(+0.0)				
17	Dominic Archer	FR Briar Cliff	5.70m	+0.0	18-08.50	1
	5.70m(+0.0)	PASS PASS				
18	Justin Groen	JR Dordt	5.38m	+0.0	17-08.00	1
	4.08m(+0.0)	4.58m(0.4) 5.38m(+0.0)				
--	Devin Bos	SO Dordt	FOUL			2
	FOUL	FOUL FOUL				

Event 15 Men Triple Jump

GPAC Record: G 15.38m 5/1/2021 Juba McClay, Hastings

NAIA Auto: A 14.55m

NAIA Prov.: B 14.35m

Name	Year	School	Finals	Wind	H#
1 Lorenzo Jones	SO	Northwestern (Iowa)	14.99mA	-1.3	49-02.25 2
		14.36m(1.3) 14.56m(0.6) 14.88m(-1.0) 14.99m(-1.3)	14.83m(-0.1)	FOUL	
2 Juba McClay	JR	Hastings	14.79mA	0.4	48-06.25 2
		14.72m(0.3) 14.27m(0.3) FOUL 14.74m(0.2) FOUL	14.79m(0.4)		
3 Gavin Larson	FR	Midland	14.29m	0.2	46-10.75 2
		14.01m(-0.4) PASS FOUL 14.26m(+0.0) FOUL	14.29m(0.2)		
4 Vince Lauenroth	SO	Doane	14.23m	0.8	46-08.25 2
		13.96m(-0.9) 14.03m(-1.3) 13.75m(-1.3) FOUL(0.4) 13.78m(-0.5) 14.23m(0.8)			
5 James Gilbert	JR	Northwestern (Iowa)	14.10m	+0.0	46-03.25 2
		13.92m(+0.0) 14.10m(+0.0) 12.96m(0.1) PASS PASS PASS			
6 Blake Kastanek	JR	Doane	13.65m	-0.8	44-09.50 2
		13.33m(0.8) 13.56m(-1.2) 13.62m(+0.0) 13.01m(-2.2) 13.47m(0.4) 13.65m(-0.8)			
7 Cale Strong	JR	Dakota Wesleyan	J13.65m	NWI	44-09.50 1
		13.33m(1.6) 13.43m(-1.8) FOUL(-0.1) 12.01m(0.6) 13.65m(0.2) 13.50m(0.9)			
8 Damond Anderson	SR	Briar Cliff	13.58m	NWI	44-06.75 1
		13.09m(-0.9) 12.94m(-1.1) 13.58m(-0.5) 13.08m(+0.0) 13.05m(-0.6) 13.05m(-1.1)			
9 Sam Boldt	FR	Doane	13.50m	NWI	44-03.50 1
		FOUL FOUL 13.50m(-0.8) FOUL FOUL	FOUL		
10 Nikko Helderop	FR	Northwestern (Iowa)	13.33m	NWI	43-09.00 1
		FOUL 12.81m(+0.0) 13.33m(+0.0)			
11 Trevor Malone	FR	Doane	13.31m	+0.0	43-08.00 2
		13.31m(+0.0) FOUL FOUL			
12 Trystan Brandt	SR	Doane	13.20m	+0.0	43-03.75 2
		12.98m(0.5) 13.20m(+0.0) FOUL			
13 John Himmelberg	SO	Doane	13.16m	NWI	43-02.25 1
		12.92m(1.4) 13.16m(-1.0) FOUL			

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 15 Men Triple Jump**

14	Cordale Moxey	FR Doane	12.53m	NWI	41-01.50	1
	12.50m(-1.2)	12.53m(-0.5)	FOUL(-2.2)			
15	Christopher Sayler	SO Jamestown	12.05m	NWI	39-06.50	1
	12.05m(-0.5)	FOUL	PASS			
16	Josiah Rudloff	SO Jamestown	11.80m	NWI	38-08.75	1
	FOUL	FOUL	11.80m(0.3)			

Event 16 Men High Jump

GPAC Record: G 2.20m 1973 Kurt Nielsen, Nebraksa Wesleyan
 NAIA Auto: A 2.08m
 NAIA Prov.: B 2.05m

Name	Year	School	Finals
1 Shandon Reitzell	FR	Midland	2.11mA 6-11.00
1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11 2.14			
--- --- --- --- O O XO O XXX			
2 Ross McMahon	SO	Midland	2.08mA 6-09.75
1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11			
--- --- --- O XO XO O XXX			
3 Ty Cooley	FR	Midland	J2.08mA 6-09.75
1.80 1.85 1.90 1.95 2.00 2.05 2.08 2.11			
--- --- O O O O XO XXX			
4 Grant Brouwer	SR	Dordt	2.05mB 6-08.75
1.80 1.85 1.90 1.95 2.00 2.05 2.08			
--- --- --- O O XO XXX			
5 Wyatt Loga	SO	Concordia (Neb.)	J2.05mB 6-08.75
1.80 1.85 1.90 1.95 2.00 2.05 2.08			
--- O O O XXO XXO XXX			
6 Brady Creech	FR	Hastings	2.00m 6-06.75
1.80 1.85 1.90 1.95 2.00 2.05			
--- --- O O XO XXX			
7 Carter Reckling	FR	Doane	J2.00m 6-06.75
1.80 1.85 1.90 1.95 2.00 2.05			
--- --- --- O XXO XXX			
8 Aaron Shepard	JR	Northwestern (Iowa)	J2.00m 6-06.75
1.80 1.85 1.90 1.95 2.00 2.05			
O O O XXO XXO XXX			
9 Jacob Glines	SO	Concordia (Neb.)	1.95m 6-04.75
1.80 1.85 1.90 1.95 2.00			
--- XXO O XO XXX			
10 Tyson Spradling	FR	Morningside	1.90m 6-02.75
1.80 1.85 1.90 1.95			
O O O XXX			
10 Dylan Starr	FR	Doane	1.90m 6-02.75
1.80 1.85 1.90 1.95			
--- --- O XXX			
12 Cooper Christians	SO	Morningside	J1.90m 6-02.75
1.80 1.85 1.90 1.95			
O XO O XXX			
13 Jayson Frank	SO	Concordia (Neb.)	J1.90m 6-02.75
1.80 1.85 1.90 1.95			
O O XO XXX			

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 16 Men High Jump**

14	Blake Kastanek	JR Doane	J1.90m	6-02.75
	1.80 1.85 1.90 1.95			
	XXO XO XXO XXX			
15	Kadin Neppel	FR Jamestown	1.85m	6-00.75
	1.80 1.85 1.90			
	XO XXO XXX			
15	Logan Bietz	FR Doane	1.85m	6-00.75
	1.80 1.85 1.90			
	XO XXO XXX			
17	Sean Murray	SO Doane	1.80m	5-10.75
	1.80 1.85			
	O XXX			
--	David Arcos	FR Doane	NH	
	1.80 1.85 1.90 1.95			
	--- --- --- XXX			
--	Damond Anderson	SR Briar Cliff	NH	
	1.80			
	XXX			
--	Josiah Rudloff	SO Jamestown	NH	
	1.80			
	XXX			

Event 17 Men Pole Vault

GPAC Record: G 5.20m 2002 T. J. Kloster, Concordia University

NAIA Auto: A 4.80m

NAIA Prov.: B 4.70m

Name	Year School	Finals
1 Zach Bennetts	JR Concordia (Neb.)	4.70mB 15-05.00
	4.40 4.55 4.70 4.80	
	O O XXO XXX	
2 Braedon Gumke	JR Jamestown	J4.70mB 15-05.00
	4.10 4.25 4.40 4.55 4.70 4.80	
	XO O XO XXO XXO XXX	
3 Zach Zohner	SO Concordia (Neb.)	4.55m 14-11.00
	4.40 4.55 4.70	
	XO O XXX	
4 Mike Pulliam	SO Doane	J4.55m 14-11.00
	4.10 4.25 4.40 4.55 4.70	
	XO O XO O XXX	
5 Seth Wiebelhaus	SO Mount Marty	4.40m 14-05.25
	3.80 4.10 4.25 4.40 4.55	
	O O XXO XO XXX	
6 Cale Strong	JR Dakota Wesleyan	4.10m 13-05.25
	3.65 3.80 3.95 4.10 4.25	
	O O O XO XXX	
7 Drew Garrison	FR Doane	3.95m 12-11.50
	3.80 3.95 4.10	
	XO O XXX	
8 Brady Fergen	FR Dordt	J3.95m 12-11.50
	3.65 3.80 3.95 4.10	
	O XXO O XXX	

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 17 Men Pole Vault**

-- Chase Berry	SO Concordia (Neb.)	NH
4.55		
XXX		
-- Luke Bousema	SR Dordt	NH
4.10		
XXX		

Event 18 Men Shot Put

GPAC Record: G 18.04m 2010 Scott Fritz, Hastings College
 NAIA Auto: A 15.85m
 NAIA Prov.: B 15.35m

Name	Year	School	Finals	H#
1 Dylan Kucera	JR	Midland	18.63mG 61-01.50	2
18.09m 18.35m 18.56m 18.24m 17.79m 18.63m				
2 Matthew Campbell	SR	Doane	16.10mA 52-10.00	2
15.65m 16.10m ND 15.94m ND 15.98m				
3 Caden Milmine	SR	Dakota Wesleyan	16.07mA 52-08.75	2
15.39m 16.01m 16.00m 15.85m ND 16.07m				
4 Alex Herman	FR	Midland	15.40mB 50-06.25	2
15.40m ND ND 15.19m ND 15.40m				
5 Luke Rettedal	FR	Mount Marty	15.19m 49-10.00	2
14.28m 14.79m 15.19m 14.75m 14.70m ND				
6 Andy Amos	SR	Concordia (Neb.)	15.01m 49-03.00	2
14.78m ND 15.01m ND 14.83m ND				
7 Darien Semedo	SO	Concordia (Neb.)	14.83m 48-08.00	2
14.31m 14.24m 14.49m ND ND 14.83m				
8 Byrnden Kinnaman	SR	Briar Cliff	14.24m 46-08.75	2
14.24m 13.52m ND 13.96m 14.23m 13.69m				
9 Josh Lewis	FR	Midland	14.15m 46-05.25	2
14.15m ND ND ND ND ND				
10 Chris Wren	SO	Concordia (Neb.)	13.92m 45-08.00	1
12.94m 13.63m 13.92m				
11 Sebastian Bear	SO	Jamestown	13.90m 45-07.25	1
12.96m 12.41m 13.90m				
12 Tyler Dean	FR	Jamestown	13.51m 44-04.00	1
13.30m 13.08m 13.51m				
13 Connor Asche	FR	Concordia (Neb.)	13.28m 43-07.00	1
13.16m 13.28m ND				
14 Zachary Stieb	SO	Doane	13.18m 43-03.00	1
12.43m ND 13.18m				
15 Trey Dickey	FR	Doane	13.16m 43-02.25	2
13.16m ND ND				
16 Lakey Martin	SO	Briar Cliff	13.15m 43-01.75	1
12.83m 13.13m 13.15m				
17 Christopher Zanotto	JR	Dakota Wesleyan	13.13m 43-01.00	1
12.85m ND 13.13m				
18 William Minnick	JR	Northwestern (Iowa)	12.84m 42-01.50	1
12.83m 12.84m 12.75m				
19 Tyler Walford	FR	Concordia (Neb.)	12.77m 41-10.75	1
12.77m ND ND				
20 Nate Osness	FR	Midland	12.54m 41-01.75	1
ND ND 12.54m				

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 18 Men Shot Put**

21	Evan Morara	FR Hastings	12.48m	40-11.50	1
	ND ND 12.48m				
--	Justin Villars	SR Hastings	ND		2
	ND ND ND				
--	William DeLay	JR Midland	ND		2
	ND ND ND				

Event 19 Men Discus Throw

GPAC Record: G 57.85m 2013 Zach Lindsley, Doane
 NAIA Auto: A 49.20m
 NAIA Prov.: B 47.60m

Name	Year	School	Finals	H#
1 Dylan Kucera	JR	Midland	51.99mA	170-07 2
48.28m 50.76m 48.58m		FOUL 51.99m FOUL		
2 Justin Villars	SR	Hastings	50.47mA	165-07 2
44.63m 50.47m 48.68m		46.80m FOUL FOUL		
3 Matthew Campbell	SR	Doane	49.78mA	163-04 2
43.86m 49.78m FOUL		48.08m 48.43m 46.83m		
4 Jordan Morales	SO	Jamestown	48.41mB	158-10 2
48.01m 48.07m FOUL		48.41m 46.63m 42.97m		
5 Austen Rozelle	FR	Concordia (Neb.)	47.07m	154-05 2
FOUL 45.66m 47.07m		FOUL 45.54m 44.44m		
6 Trey Dickey	FR	Doane	46.79m	153-06 1
43.62m 43.62m 44.12m		46.79m 44.77m FOUL		
7 Ben Moll	SO	Concordia (Neb.)	45.42m	149-00 2
37.62m 44.82m 42.79m		45.42m FOUL 44.26m		
8 Chris Wren	SO	Concordia (Neb.)	44.40m	145-08 1
FOUL 39.94m 44.40m		FOUL FOUL 43.93m		
9 Joe Callahan	SO	Northwestern (Iowa)	43.83m	143-09 2
39.61m 43.83m 42.17m		FOUL 42.29m 42.66m		
10 Andy Amos	SR	Concordia (Neb.)	43.12m	141-06 2
43.12m 40.12m FOUL				
11 Brandon Rezac	JR	Doane	43.02m	141-02 1
FOUL 43.02m FOUL				
12 Luke Partridge	FR	Doane	42.76m	140-03 2
FOUL 42.76m FOUL				
13 Josh Lewis	FR	Midland	41.76m	137-00 2
41.76m FOUL FOUL				
14 Patrick Hudson	JR	Hastings	41.73m	136-11 2
40.60m FOUL 41.73m				
15 Tyler Dean	FR	Jamestown	40.77m	133-09 1
40.77m FOUL FOUL				
16 Tyler Walford	FR	Concordia (Neb.)	40.58m	133-02 1
39.53m 40.58m FOUL				
17 Evan Morara	FR	Hastings	40.56m	133-01 1
40.42m 40.56m 38.29m				
18 Brady Klute	SO	Concordia (Neb.)	39.96m	131-01 1
39.96m 39.42m FOUL				
19 Byrnden Kinnaman	SR	Briar Cliff	39.87m	130-10 1
39.87m FOUL FOUL				
20 Dawson Sedivec	SO	Jamestown	38.88m	127-07 1
38.88m FOUL FOUL				

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 19 Men Discus Throw**

21	Jaedon Lothrop	FR Doane	38.01m	124-08	1
	38.01m FOUL 37.49m				
22	Shane Schnurr	FR Jamestown	37.55m	123-02	1
	37.55m 37.10m FOUL				
23	Zachary Stieb	SO Doane	37.52m	123-01	1
	FOUL FOUL 37.52m				
--	Alex Herman	FR Midland	FOUL		2
	FOUL FOUL FOUL				

Event 20 Men Hammer Throw

GPAC Record: G 63.51m 5/6/2016 Joshua Slechta, Concordia

NAIA Auto: A 56.00m

NAIA Prov.: B 54.00m

Name	Year	School	Finals	H#
1 Tyler Summers	SR	Hastings	60.42mA	198-03 2
	57.00m 59.76m 59.48m	60.42m 58.53m 59.71m		
2 Chris Wren	SO	Concordia (Neb.)	58.01mA	190-04 2
	56.79m 55.57m 57.99m	58.01m 57.84m FOUL		
3 Matthew Campbell	SR	Doane	57.48mA	188-07 2
	FOUL 56.33m FOUL	56.52m 57.48m 56.39m		
4 Luke Partridge	FR	Doane	54.88mB	180-01 2
	54.88m FOUL 54.26m	FOUL FOUL 54.02m		
5 Andy Amos	SR	Concordia (Neb.)	51.61m	169-04 2
	50.83m 49.95m 46.96m	FOUL 51.61m 50.68m		
6 Dagne' Buck	JR	Concordia (Neb.)	51.13m	167-09 2
	51.13m 48.97m 50.45m	FOUL FOUL FOUL		
7 Ben Moll	SO	Concordia (Neb.)	51.07m	167-07 2
	47.94m 49.30m FOUL	47.75m 51.07m 51.05m		
8 William DeLay	JR	Midland	49.30m	161-09 2
	47.94m 49.30m FOUL	FOUL FOUL FOUL		
9 Philip Quackenbush	JR	Hastings	48.21m	158-02 2
	FOUL 47.42m 47.27m	FOUL 48.21m 47.86m		
10 Trey Dickey	FR	Doane	47.75m	156-08 1
	46.78m 47.23m 47.42m	FOUL 47.47m 47.75m		
11 Brandon Rezac	JR	Doane	47.18m	154-09 1
	45.82m 47.18m 45.81m			
12 Darien Semedo	SO	Concordia (Neb.)	45.74m	150-01 1
	FOUL 42.56m 45.74m			
13 Patrick Hudson	JR	Hastings	45.68m	149-10 1
	45.68m 44.72m 45.52m			
14 William Minnick	JR	Northwestern (Iowa)	45.04m	147-09 1
	45.04m FOUL 43.41m			
15 Christopher Zanotto	JR	Dakota Wesleyan	44.89m	147-03 2
	43.49m FOUL 44.89m			
16 Brady Klute	SO	Concordia (Neb.)	44.75m	146-10 2
	FOUL 44.75m 43.70m			
17 Jaedon Lothrop	FR	Doane	44.29m	145-04 1
	44.11m 41.66m 44.29m			
18 Austen Rozelle	FR	Concordia (Neb.)	43.80m	143-08 1
	FOUL 43.80m FOUL			
19 Luke Urbonavicius	SO	Doane	42.54m	139-07 1
	FOUL 42.54m 41.93m			

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 20 Men Hammer Throw**

20 Dawson Sedivec	SO Jamestown	42.20m	138-05	1
40.79m 42.20m 39.54m				
21 Joe Callahan	SO Northwestern (Iowa)	40.30m	132-03	1
39.18m 40.30m 40.22m				
22 Victor Ramos	FR Jamestown	38.92m	127-08	1
FOUL FOUL 38.92m				
-- Dylan Kucera	JR Midland	FOUL		2
FOUL FOUL FOUL				
-- Connor Asche	FR Concordia (Neb.)	FOUL		1
FOUL FOUL FOUL				

Event 21 Men Javelin Throw

GPAC Record: G 65.10m 2005		Andrew Ortmeier, Northwestern College			
NAIA Auto: A 57.00m					
NAIA Prov.: B 55.00m					
Name	Year School	Finals	H#		
1 Mason Krause	SO Doane	56.91mB	186-08	2	
56.02m 56.47m 56.03m 55.33m FOUL 56.91m					
2 Brock Johnson	SO Doane	52.06m	170-10	2	
49.41m 47.08m 50.70m FOUL 51.69m 52.06m					
3 Ben Thelander	SO Northwestern (Iowa)	51.41m	168-08	2	
44.81m FOUL 51.41m FOUL 50.25m 48.20m					
4 Riccardo Stagnaro	FR Midland	50.55m	165-10	2	
47.53m FOUL 49.26m 48.23m 50.55m FOUL					
5 Parker Lange	FR Doane	48.56m	159-04	2	
FOUL 47.09m 48.56m FOUL FOUL FOUL					
6 Josh Taylor	SO Concordia (Neb.)	48.03m	157-07	2	
42.94m FOUL 48.03m 45.03m FOUL FOUL					
7 Logan Adam	FR Concordia (Neb.)	47.66m	156-04	2	
45.24m FOUL 47.66m 47.62m FOUL 46.15m					
8 Nikolas Herman	SR Jamestown	47.06m	154-05	2	
47.06m 46.78m FOUL 46.07m 46.37m 46.68m					
9 Ely Fundermann	SO Morningside	46.67m	153-01	2	
44.82m FOUL FOUL 46.67m FOUL FOUL					
10 Tyler Janssen	JR Morningside	44.04m	144-06	2	
42.67m 43.37m 44.04m					
11 Adam Baker	SO Doane	43.95m	144-02	1	
43.06m FOUL 43.95m					
12 Evan Morara	FR Hastings	43.87m	143-11	1	
40.29m FOUL 43.87m					
13 Bryce Paulsen	JR Northwestern (Iowa)	42.07m	138-00	1	
42.07m FOUL 40.20m					
14 Kendall Van Zanten	SR Dordt	41.82m	137-02	2	
34.10m 41.82m FOUL					
15 Zack Gentry	JR Concordia (Neb.)	41.73m	136-11	2	
41.73m 38.30m FOUL					
16 Connor Hartzler	FR Hastings	41.35m	135-08	1	
37.16m 41.35m FOUL					
17 Marc Freiberg	SO Concordia (Neb.)	40.29m	132-02	1	
FOUL 40.00m 40.29m					
18 Hunter Drake	JR Doane	39.60m	129-11	1	
FOUL 39.60m 37.96m					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 21 Men Javelin Throw**

19	Tyson Rinkol	FR Morningside	39.48m	129-06	1
	39.48m 36.93m 39.28m				
20	Tom Moss	FR Morningside	37.26m	122-03	1
	32.95m 37.20m 37.26m				
21	Jonah Martinez	FR Midland	37.15m	121-10	1
	37.15m 35.16m 32.20m				
22	Aaron Eckmann	JR Northwestern (Iowa)	35.94m	117-11	1
	34.54m 35.94m 30.68m				
23	Victor West	FR Morningside	35.57m	116-08	1
	FOUL 35.57m 33.50m				
24	Josiah Merkle	SO Dordt	27.30m	89-07	1
	27.30m 24.66m 25.42m				

Event 22 Men Decathlon

GPAC Record: G 6721 2015 Kale Wolken, Doane College
 NAIA Prov.: B 5600

Name	Year School	Finals	H#
1 Seth Wiebelhaus	SO Mount Marty	6525B	
2 David Arcos	FR Doane	6151B	
3 Bryce Paulsen	JR Northwestern (Iowa)	6088B	
4 Mason Schleis	SO Mount Marty	6076B	
5 Ben Thelander	SO Northwestern (Iowa)	5822B	
6 Mason Zimmerman	FR Doane	5705B	
7 Nate Rupprecht	JR Dakota Wesleyan	5599	
8 Adam Baker	SO Doane	5118	
9 Bryson Tripp	SO Jamestown	5108	
10 Devin Jepson	FR Doane	4705	
11 Connor Smith	FR Jamestown	4602	

Event 22 Decathlon: #1 Men 100 Meter Dash Decathlon

GPAC Record: G 10.94 2015 Kale Wolken, Doane College

Name	Year School	Finals	Wind	H#	Points
1 Mason Schleis	SO Mount Marty	11.39	0.2	2	776
2 Seth Wiebelhaus	SO Mount Marty	11.40	0.2	2	774
3 Bryce Paulsen	JR Northwestern (Iowa)	11.57	0.2	2	738
4 David Arcos	FR Doane	11.64	0.2	2	723
5 Ben Thelander	SO Northwestern (Iowa)	11.72	0.4	1	707
6 Nate Rupprecht	JR Dakota Wesleyan	11.73	0.2	2	705
7 Mason Zimmerman	FR Doane	11.81	0.2	2	689
8 Bryson Tripp	SO Jamestown	12.03	0.4	1	645
9 Zach Fye	FR Doane	12.05	0.4	1	641
10 Connor Smith	FR Jamestown	12.18	0.4	1	616
11 Devin Jepson	FR Doane	12.24	0.4	1	605
12 Adam Baker	SO Doane	12.35	0.4	1	584

Event 22 Decathlon: #2 Men Long Jump Decathlon

GPAC Record: G 7.12m 2013 Kale Wolken, Doane College

Name	Year School	Finals	Wind	Points
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GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 22 Decathlon: #2 Men Long Jump Decathlon**

1	Mason Schleis	SO Mount Marty	6.49m	NWI	21-03.50	695
	FOUL	6.49m(+0.0)	6.31m(+0.0)			
2	David Arcos	FR Doane	6.42m	NWI	21-00.75	679
	6.27m(2.7)	FOUL(0.7)	6.42m(+0.0)			
3	Seth Wiebelhaus	SO Mount Marty	6.34m	NWI	20-09.75	661
	6.34m(0.9)	6.17m(+0.0)	6.26m(-0.1)			
4	Mason Zimmerman	FR Doane	6.26m	NWI	20-06.50	644
	6.26m(0.3)	6.10m(1.1)	6.07m(1.1)			
5	Bryce Paulsen	JR Northwestern (Iowa)	6.25m	NWI	20-06.25	641
	5.73m(1.2)	5.67m(2.7)	6.25m(0.6)			
6	Ben Thelander	SO Northwestern (Iowa)	6.20m	NWI	20-04.25	630
	6.20m(1.5)	6.10m(1.8)	6.15m(0.5)			
7	Zach Fye	FR Doane	6.18m	NWI	20-03.50	626
	6.18m(2.2)	6.03m(1.6)	5.28m(0.7)			
8	Devin Jepson	FR Doane	5.91m	NWI	19-04.75	567
	5.83m(2.4)	5.76m(2.5)	5.91m(2.9)			
9	Adam Baker	SO Doane	5.75m	NWI	18-10.50	533
	5.75m(0.9)	5.72m(1.0)	5.75m(0.8)			
10	Connor Smith	FR Jamestown	5.69m	NWI	18-08.00	521
	5.55m(+0.0)	5.69m(1.5)	5.44m(2.0)			
11	Nate Rupprecht	JR Dakota Wesleyan	5.60m	NWI	18-04.50	502
	5.45m(0.2)	5.55m(2.5)	5.60m(1.3)			
12	Bryson Tripp	SO Jamestown	5.48m	NWI	17-11.75	477
	5.47m(+0.0)	5.44m(-0.1)	5.48m(-0.2)			

Event 22 Decathlon: #3 Men Shot Put Decathlon

GPAC Record: G 12.96m 2015 Kale Wolken, Doane College						
Name	Year	School	Finals		Points	
1	Seth Wiebelhaus	SO Mount Marty	12.21m	40-00.75	619	
	12.21m	FOUL	FOUL			
2	Bryce Paulsen	JR Northwestern (Iowa)	12.17m	39-11.25	617	
	12.17m	12.10m	11.83m			
3	Nate Rupprecht	JR Dakota Wesleyan	11.58m	38-00.00	581	
	11.58m	FOUL	11.32m			
4	Zach Fye	FR Doane	11.05m	36-03.00	549	
	11.05m	FOUL	FOUL			
5	Mason Zimmerman	FR Doane	10.97m	36-00.00	544	
	FOUL	10.42m	10.97m			
6	David Arcos	FR Doane	10.96m	35-11.50	543	
	10.52m	10.81m	10.96m			
7	Ben Thelander	SO Northwestern (Iowa)	10.36m	34-00.00	507	
	10.36m	9.64m	10.13m			
8	Bryson Tripp	SO Jamestown	9.49m	31-01.75	455	
	9.49m	9.11m	9.29m			
9	Devin Jepson	FR Doane	9.29m	30-05.75	443	
	9.29m	FOUL	9.20m			
10	Mason Schleis	SO Mount Marty	9.19m	30-02.00	437	
	8.85m	FOUL	9.19m			
11	Connor Smith	FR Jamestown	9.16m	30-00.75	435	
	9.16m	9.00m	8.14m			
12	Adam Baker	SO Doane	8.15m	26-09.00	375	
	8.15m	7.14m	7.63m			

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 22 Decathlon: #4 Men High Jump Decathlon**

GPAC Record: G 2.01m 2019 Levi Sudbeck, Doane University																															
Name	Year	School	Finals										H#	Points																	
1 Ben Thelander	SO	Northwestern (Iowa)	1.94m	6-04.25	1	749	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	---	---	---	O	O	O	O	O	XXO	O	XXX			
2 David Arcos	FR	Doane	1.91m	6-03.25	1	723	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	---	---	---	---	---	---	---	XO	---	O	---	XXX		
2 Mason Schleis	SO	Mount Marty	1.91m	6-03.25	1	723	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	1.91	1.94	1.97	---	---	---	O	---	O	O	XXO	O	XXX				
4 Nate Rupprecht	JR	Dakota Wesleyan	1.85m	6-00.75	2	670	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	---	---	---	O	O	O	O	O	XO	XO	XO	XXX
4 Mason Zimmerman	FR	Doane	1.85m	6-00.75	1	670	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88						O	---	O	O	XO	XXO	XXO	XXX				
6 Seth Wiebelhaus	SO	Mount Marty	1.82m	5-11.50	1	644	1.67	1.70	1.73	1.76	1.79	1.82	1.85						O	---	O	O	XO	O	XXX						
7 Devin Jepson	FR	Doane	1.79m	5-10.50	1	619	1.67	1.70	1.73	1.76	1.79	1.82							O	---	O	O	XXO	XXX							
8 Adam Baker	SO	Doane	1.76m	5-09.25	2	593	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	---	---	O	---	O	O	O	XXO	XXX			
8 Bryce Paulsen	JR	Northwestern (Iowa)	1.76m	5-09.25	2	593	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73	1.76	1.79	1.82	1.85	1.88	O	O	O	O	XO	XXO	O	O	XXO	XXX		
10 Zach Fye	FR	Doane	1.70m	5-07.00	2	544	1.52	1.55	1.58	1.61	1.64	1.67	1.70	1.73						---	---	O	---	O	O	XO	XXX				
11 Connor Smith	FR	Jamestown	1.64m	5-04.50	2	496	1.52	1.55	1.58	1.61	1.64	1.67								O	O	XO	XO	O	XXX						
11 Bryson Tripp	SO	Jamestown	1.64m	5-04.50	2	496	1.52	1.55	1.58	1.61	1.64	1.67								XO	XO	O	XXO	XXO	XXX						

Event 22 Decathlon: #5 Men 400 Meter Dash Decathlon

GPAC Record: G 50.26 4/30/2021 Mason Schleis, Mount Marty												
Name	Year	School	Finals	H#	Points							
1 Seth Wiebelhaus	SO	Mount Marty	50.61	2	787							
2 Bryce Paulsen	JR	Northwestern (Iowa)	50.85	2	776							
3 Mason Schleis	SO	Mount Marty	51.49	2	747							
4 Nate Rupprecht	JR	Dakota Wesleyan	52.25	2	714							
5 Ben Thelander	SO	Northwestern (Iowa)	52.56	2	700							
6 Adam Baker	SO	Doane	52.98	2	682							
7 David Arcos	FR	Doane	54.86	1	604							
8 Zach Fye	FR	Doane	55.01	1	598							
9 Bryson Tripp	SO	Jamestown	55.36	1	584							
10 Mason Zimmerman	FR	Doane	55.85	1	565							

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 22 Decathlon: #5 Men 400 Meter Dash Decathlon**

11 Connor Smith	FR Jamestown	56.13	1	554
12 Devin Jepson	FR Doane	57.23	1	512

Event 22 Decathlon: #6 Men 110 Meter Hurdles Decathlon

GPAC Record: G 14.86 5/1/2021 Levi Sudbeck, Doane University						
Name	Year	School	Finals	Wind	H#	Points
1 Seth Wiebelhaus	SO	Mount Marty	14.98	1.5	3	852
2 David Arcos	FR	Doane	15.58	1.5	3	781
3 Ben Thelander	SO	Northwestern (Iowa)	16.16	1.5	3	715
4 Mason Schleis	SO	Mount Marty	16.31	1.3	1	698
5 Bryce Paulsen	JR	Northwestern (Iowa)	16.33	1.5	3	696
6 Mason Zimmerman	FR	Doane	16.77	-0.5	2	648
7 Bryson Tripp	SO	Jamestown	16.79	-0.5	2	646
8 Nate Rupprecht	JR	Dakota Wesleyan	17.99	-0.5	2	525
9 Adam Baker	SO	Doane	18.54	1.3	1	474
10 Zach Fye	FR	Doane	18.70	1.3	1	459
11 Devin Jepson	FR	Doane	19.75	-0.5	2	369
12 Connor Smith	FR	Jamestown	19.96	1.3	1	352

Event 22 Decathlon: #7 Men Discus Throw Decathlon

GPAC Record: G 40.46m 5/5/2017 Matthew Bolt, Dordt						
Name	Year	School	Finals			Points
1 David Arcos	FR	Doane	33.16m	108-09		527
33.16m FOUL 30.33m						
2 Zach Fye	FR	Doane	32.88m	107-10		521
32.88m 32.43m FOUL						
3 Seth Wiebelhaus	SO	Mount Marty	32.25m	105-10		509
32.25m 30.08m 30.20m						
4 Mason Zimmerman	FR	Doane	30.86m	101-03		481
30.86m FOUL 29.29m						
5 Nate Rupprecht	JR	Dakota Wesleyan	30.27m	99-04		470
30.27m FOUL 30.19m						
6 Bryce Paulsen	JR	Northwestern (Iowa)	29.90m	98-01		462
25.09m 26.99m 29.90m						
7 Connor Smith	FR	Jamestown	26.20m	85-11		390
26.20m FOUL 22.89m						
8 Mason Schleis	SO	Mount Marty	24.88m	81-07		365
17.28m 18.85m 24.88m						
9 Bryson Tripp	SO	Jamestown	24.85m	81-06		364
22.25m 24.85m FOUL						
10 Devin Jepson	FR	Doane	22.69m	74-05		323
20.03m 22.69m 20.31m						
11 Adam Baker	SO	Doane	21.95m	72-00		309
FOUL 20.63m 21.95m						
12 Ben Thelander	SO	Northwestern (Iowa)	19.24m	63-01		258
17.38m 19.24m 17.28m						

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 22 Decathlon: #8 Men Pole Vault Decathlon**

GPAC Record: G 4.70m 5/1/2021 Levi Sudbeck, Doane University

GPAC Record: G 4.70m 2015 Brandon Ramos, Concordia University

Name	Year	School	Finals	Points
1 Seth Wiebelhaus	SO	Mount Marty	4.30m 14-01.25	702
2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20 4.30 4.40			---	---
			---	---
2 Mason Schleis	SO	Mount Marty	3.90m 12-09.50	590
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00			---	---
			---	---
3 David Arcos	FR	Doane	3.80m 12-05.50	562
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			---	---
			---	---
4 Mason Zimmerman	FR	Doane	3.70m 12-01.50	535
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80			---	---
			---	---
5 Ben Thelander	SO	Northwestern (Iowa)	3.60m 11-09.75	509
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70			---	---
			---	---
5 Bryson Tripp	SO	Jamestown	3.60m 11-09.75	509
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70			---	---
			---	---
5 Nate Rupprecht	JR	Dakota Wesleyan	3.60m 11-09.75	509
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70			---	---
			---	---
8 Bryce Paulsen	JR	Northwestern (Iowa)	3.30m 10-10.00	431
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			---	---
			---	---
8 Connor Smith	FR	Jamestown	3.30m 10-10.00	431
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			---	---
			---	---
10 Devin Jepson	FR	Doane	3.10m 10-02.00	381
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20			---	---
			---	---
11 Adam Baker	SO	Doane	3.00m 9-10.00	357
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10			---	---
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Event 22 Decathlon: #9 Men Javelin Throw Decathlon

GPAC Record: G 57.33m 2015 Kale Wolken, Doane College

Name	Year	School	Finals	Points
1 Ben Thelander	SO	Northwestern (Iowa)	48.35m 158-07	564
48.35m FOUL 45.87m				
2 Adam Baker	SO	Doane	45.64m 149-09	524
FOUL 45.64m 40.50m				
3 Bryce Paulsen	JR	Northwestern (Iowa)	44.67m 146-07	510
44.67m FOUL FOUL				
4 Seth Wiebelhaus	SO	Mount Marty	43.83m 143-09	498
43.83m 41.41m 41.11m				
5 Mason Zimmerman	FR	Doane	42.73m 140-02	482
41.39m FOUL 42.73m				
6 Mason Schleis	SO	Mount Marty	42.42m 139-02	477
42.42m FOUL 40.85m				

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 22 Decathlon: #9 Men Javelin Throw Decathlon**

7	Nate Rupprecht	JR Dakota Wesleyan	40.75m	133-08	453
	40.75m 38.09m FOUL				
8	David Arcos	FR Doane	40.38m	132-06	448
	39.45m 38.17m 40.38m				
9	Bryson Tripp	SO Jamestown	38.97m	127-10	427
	38.97m 35.07m FOUL				
10	Devin Jepson	FR Doane	38.94m	127-09	427
	FOUL 38.94m FOUL				
11	Connor Smith	FR Jamestown	32.67m	107-02	337
	29.94m 31.79m 32.67m				

Event 22 Decathlon: #10 Men 1500 Meter Run Decathlon

GPAC Record: G 4:30.23 2012 Grant Aden, Morningside						
Name	Year	School	Finals	Points		
1 Adam Baker	SO	Doane	4:38.87	687		
	51.070 (51.070)	2:06.760 (1:15.690)	3:25.781 (1:19.021)	4:38.864 (1:13.084)		
2 Bryce Paulsen	JR	Northwestern (Iowa)	4:49.06	624		
	52.362 (52.362)	2:09.939 (1:17.578)	3:34.200 (1:24.261)	4:49.054 (1:14.854)		
3 Mason Schleis	SO	Mount Marty	4:58.63	568		
	53.945 (53.945)	2:17.865 (1:23.920)	3:44.596 (1:26.731)	4:58.625 (1:14.029)		
4 David Arcos	FR	Doane	4:59.82	561		
	52.752 (52.752)	2:13.720 (1:20.968)	3:40.575 (1:26.856)	4:59.814 (1:19.239)		
5 Bryson Tripp	SO	Jamestown	5:09.79	505		
	55.522 (55.522)	2:18.862 (1:23.341)	3:48.851 (1:29.989)	5:09.790 (1:20.940)		
6 Ben Thelander	SO	Northwestern (Iowa)	5:13.76	483		
	59.152 (59.152)	2:23.714 (1:24.562)	3:50.487 (1:26.774)	5:13.758 (1:23.271)		
7 Seth Wiebelhaus	SO	Mount Marty	5:14.58	479		
	53.416 (53.416)	2:17.491 (1:24.075)	3:50.073 (1:32.582)	5:14.575 (1:24.502)		
8 Nate Rupprecht	JR	Dakota Wesleyan	5:16.28	470		
	55.177 (55.177)	2:21.050 (1:25.874)	3:52.979 (1:31.930)	5:16.275 (1:23.297)		
9 Connor Smith	FR	Jamestown	5:16.30	470		
	1:00.559 (1:00.559)	2:25.220 (1:24.662)	3:54.808 (1:29.589)	5:16.292 (1:21.484)		
10 Devin Jepson	FR	Doane	5:18.26	459		
	1:00.278 (1:00.278)	2:25.526 (1:25.249)	3:55.212 (1:29.686)	5:18.254 (1:23.043)		
11 Mason Zimmerman	FR	Doane	5:20.50	447		
	1:00.005 (1:00.005)	2:25.117 (1:25.112)	3:54.472 (1:29.355)	5:20.498 (1:26.026)		

Event 23 Women 100 Meter Dash

GPAC Record: G 11.71 1988 Carol Bailey, Concordia University
 NAIA Auto: A 11.92
 NAIA Prov.: B 12.12

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Daisy Maessner	JR	Hastings	12.14Q	0.6	1
2 Elianna Clark	SR	Mount Marty	12.31Q	-0.1	2
3 Julyah Wilson	JR	Hastings	12.36Q	0.2	3
4 Emma Bakker	SR	Dordt	12.35q	-0.1	2
5 Brittney Aitken	FR	Concordia (Neb.)	12.40q	-0.1	2 12.398
6 Betsy Ridout	SR	Morningside	12.40q	0.2	3 12.399
7 Karsen Sears	JR	Hastings	12.51q	0.2	3 12.502
8 Cora Olson	JR	Concordia (Neb.)	12.51q	0.6	1 12.506

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 23 Women 100 Meter Dash**

9	Nisa Thomas	SO Hastings	12.71	0.6	1
10	Alexandra Beckmann	SO Dordt	12.74	0.6	1
11	Aniya Teppo	SO Mount Marty	12.78	0.6	1
12	Lia Guigui	SR Dakota Wesleyan	12.90	0.2	3
13	Emily Loseke	FR Concordia (Neb.)	12.91	-0.1	2
14	Rhys Maxey	SO Hastings	13.00	0.2	3
15	Lizzy Blum	SO Northwestern (Iowa)	13.01	0.2	3
16	Caitlyn Cotton	JR Doane	13.05	-0.1	2
17	Amira Cummings	SO Concordia (Neb.)	13.08	0.6	1
18	Kristina Brossart	FR Jamestown	13.16	-0.1	2
19	Natalie Lausen	JR Northwestern (Iowa)	13.21	0.2	3
20	Ariel Waller	FR Mount Marty	13.23	-0.1	2
21	Abby Petersen	SR Northwestern (Iowa)	13.27	0.6	1
22	Taylor Davies	FR Northwestern (Iowa)	13.28	0.6	1
23	Abby Fontana	FR Doane	13.30	-0.1	2
24	Erica Nikkel	SO Dordt	13.48	0.2	3

Event 23 Women 100 Meter Dash

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GPAC Record: G 11.71 1988 Carol Bailey, Concordia University
 NAIA Auto: A 11.92
 NAIA Prov.: B 12.12

Name	Year	School	Finals	Wind
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Finals

1	Daisy Maessner	JR Hastings	12.10B	-0.1
2	Julyah Wilson	JR Hastings	12.28	-0.1
3	Betsy Ridout	SR Morningside	12.34	-0.1
4	Elianna Clark	SR Mount Marty	12.36	-0.1
5	Brittney Aitken	FR Concordia (Neb.)	12.40	-0.1
6	Cora Olson	JR Concordia (Neb.)	12.54	-0.1
7	Karsen Sears	JR Hastings	12.58	-0.1
8	Emma Bakker	SR Dordt	12.65	-0.1

Preliminaries

9	Nisa Thomas	SO Hastings
10	Alexandra Beckmann	SO Dordt
11	Aniya Teppo	SO Mount Marty
12	Lia Guigui	SR Dakota Wesleyan
13	Emily Loseke	FR Concordia (Neb.)
14	Rhys Maxey	SO Hastings
15	Lizzy Blum	SO Northwestern (Iowa)
16	Caitlyn Cotton	JR Doane
17	Amira Cummings	SO Concordia (Neb.)
18	Kristina Brossart	FR Jamestown
19	Natalie Lausen	JR Northwestern (Iowa)
20	Ariel Waller	FR Mount Marty
21	Abby Petersen	SR Northwestern (Iowa)
22	Taylor Davies	FR Northwestern (Iowa)
23	Abby Fontana	FR Doane
24	Erica Nikkel	SO Dordt

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 24 Women 200 Meter Dash**

GPAC Record: G 23.85 2015 Neeia Cooperwood, Morningside

NAIA Auto: A 24.70

NAIA Prov.: B 24.93

Name	Year	School	Finals	Wind	H#
Finals					
1 Emma Bakker	SR	Dordt	25.16	1.2	4
2 Elianna Clark	SR	Mount Marty	25.70	1.2	4 25.692
3 Brittney Aitken	FR	Concordia (Neb.)	25.70	2.7	3 25.694
4 Betsy Ridout	SR	Morningside	25.73	1.2	4
5 Alexandra Beckmann	SO	Dordt	25.75	2.7	3
6 Cora Olson	JR	Concordia (Neb.)	25.81	1.2	4
7 Julyah Wilson	JR	Hastings	25.83	1.2	4
8 Taber Schmidt	FR	Concordia (Neb.)	26.38	2.7	3 26.377
9 Emily Loseke	FR	Concordia (Neb.)	26.38	1.2	4 26.379
10 Aniya Teppo	SO	Mount Marty	26.79	1.1	2
11 Bailee Worlow	FR	Hastings	26.89	2.7	3
12 Kylie Burgess	FR	Jamestown	27.13	2.7	3
13 Emily Wingert	FR	Dordt	27.19	2.7	3
14 Anna Herman	SO	Dordt	27.22	1.1	2
15 Kellie Rhodes	SO	Concordia (Neb.)	27.59	1.1	2
16 Jacee Zoubek	FR	Doane	28.19	1.1	2
17 Kelsey Evenhouse	FR	Dordt	28.21	1.1	2
18 Alexandra Lund	SR	Dordt	28.28	2.9	1
19 Tayah Struble	FR	Dordt	29.25	1.1	2
20 Ella Veldkamp	FR	Dordt	29.30	2.9	1

Event 25 Women 400 Meter Dash

GPAC Record: G 53.89 1990 Carol Bailey, Concordia Universi

NAIA Auto: A 56.90

NAIA Prov.: B 57.36

Name	Year	School	Finals	H#
1 Emma Bakker	SR	Dordt	56.45A	3
2 Rachel Battershell	JR	Concordia (Neb.)	57.61	3
3 Jenna Esch	FR	Concordia (Neb.)	58.33	3
4 Trinity Tuls	FR	Concordia (Neb.)	58.94	3
5 Calli Davis	SO	Mount Marty	59.13	3
6 Emily Chicoine	SO	Morningside	59.22	2
7 Jacee Pfeifer	JR	Concordia (Neb.)	59.37	3
8 Savonne Sterk	SO	Northwestern (Iowa)	1:00.16	2
9 Kailey Weichel	JR	Concordia (Neb.)	1:00.51	2
10 Anni Stier	SO	Jamestown	1:00.82	3
11 Brittney Reister	FR	Jamestown	1:01.00	2
12 Chantaya Griffin	SO	St. Mary (Neb.)	1:01.60	3
13 Anna Herman	SO	Dordt	1:01.69	2
14 Diana Kollars	FR	Hastings	1:03.57	2
15 McKenna Mohr	FR	Mount Marty	1:03.91	2
16 Lainey Werts	SO	Concordia (Neb.)	1:04.96	2
17 Tayah Struble	FR	Dordt	1:05.74	1
18 Jenna Dirx	SR	Morningside	1:07.07	1
19 Lauren Ada	SO	Concordia (Neb.)	1:07.58	1

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 26 Women 800 Meter Run**

GPAC Record: G 2:11.81 5/11/2007 Ellie Windle, Doane College

NAIA Auto: A 2:14.40

NAIA Prov.: B 2:16.00

Name	Year School	Finals	H#
1 Keri Bauer	JR Concordia (Neb.)	2:14.01A	3
1:07.297 (1:07.297)	2:14.001 (1:06.704)		
2 Emilee Heynen	FR Dordt	2:15.48B	3
1:07.215 (1:07.215)	2:15.471 (1:08.256)		
3 Mika Kooistra	SR Dordt	2:16.08	3
1:07.051 (1:07.051)	2:16.075 (1:09.024)		
4 Emalee Fundermann	SR Morningside	2:16.75	3
1:07.074 (1:07.074)	2:16.750 (1:09.676)		
5 Annika Pingel	JR Doane	2:17.10	3
1:07.330 (1:07.330)	2:17.093 (1:09.763)		
6 Veronica Pinkerton	SO Hastings	2:18.08	3
1:06.976 (1:06.976)	2:18.080 (1:11.104)		
7 Rylee Haecker	SO Concordia (Neb.)	2:19.51	3
1:08.014 (1:08.014)	2:19.505 (1:11.491)		
8 Madison Gerken	SO Hastings	2:23.24	2
1:09.380 (1:09.380)	2:23.231 (1:13.851)		
9 Rachel Walters	SO Doane	2:25.63	2
1:09.080 (1:09.080)	2:25.627 (1:16.547)		
10 Tirzah Wittenberg	SO Northwestern (Iowa)	2:25.67	3
1:08.627 (1:08.627)	2:25.661 (1:17.034)		
11 Michelle Sanchez	SO Morningside	2:27.48	2
1:11.198 (1:11.198)	2:27.473 (1:16.275)		
12 Alexa Fredericksen	SO Dordt	2:28.19	2
1:10.864 (1:10.864)	2:28.187 (1:17.323)		
13 Abby Ervin	FR Northwestern (Iowa)	2:29.40	2
1:11.920 (1:11.920)	2:29.400 (1:17.480)		
14 Rachel Barkema	SR Morningside	2:30.01	2
1:08.817 (1:08.817)	2:30.007 (1:21.190)		
15 Autumn Simons	FR St. Mary (Neb.)	2:30.64	1
1:09.844 (1:09.844)	2:30.639 (1:20.795)		
16 Grace Lange	FR Morningside	2:31.20	1
1:12.219 (1:12.219)	2:31.200 (1:18.981)		
17 Monica Olson	SO Morningside	2:31.60	1
1:11.661 (1:11.661)	2:31.595 (1:19.934)		
18 Sarah Perez	FR Morningside	2:31.87	2
1:11.448 (1:11.448)	2:31.865 (1:20.417)		
19 Grace Oberg	FR Concordia (Neb.)	2:33.08	2
1:12.036 (1:12.036)	2:33.080 (1:21.044)		
20 Jayden Eby	JR Hastings	2:35.41	1
1:12.039 (1:12.039)	2:35.403 (1:23.364)		
21 Jaiden Tweton	FR Concordia (Neb.)	2:35.83	1
1:15.106 (1:15.106)	2:35.826 (1:20.720)		
22 Emily Johnson	FR Mount Marty	2:36.16	1
1:13.703 (1:13.703)	2:36.151 (1:22.448)		
23 Cecilia Velarde	FR Hastings	2:40.26	1
1:14.958 (1:14.958)	2:40.255 (1:25.297)		
24 Alyssa Burk	SO St. Mary (Neb.)	2:40.81	1
1:15.657 (1:15.657)	2:40.807 (1:25.150)		

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 27 Women 1500 Meter Run**

GPAC Record: G 4:36.47 5/5/2018 Michelle Mumm, Morningside

NAIA Auto: A 4:37.50

NAIA Prov.: B 4:43.50

Name	Year	School	Finals	H#
1 Rylee Haecker	SO	Concordia (Neb.)	4:41.50B	2
54.013 (54.013)	2:09.697 (1:15.684)	3:28.043 (1:18.346)	4:41.494 (1:13.451)	
2 Kylahn Heritage	SO	Concordia (Neb.)	4:47.35	2
54.232 (54.232)	2:09.968 (1:15.736)	3:28.320 (1:18.352)	4:47.350 (1:19.030)	
3 Jo McKibben	SR	Morningside	4:50.20	2
54.693 (54.693)	2:11.966 (1:17.273)	3:34.503 (1:22.537)	4:50.198 (1:15.695)	
4 Tirzah Wittenberg	SO	Northwestern (Iowa)	4:52.46	2
54.588 (54.588)	2:11.790 (1:17.202)	3:34.276 (1:22.486)	4:52.458 (1:18.182)	
5 Tenna Beel	JR	Morningside	4:56.30	2
55.081 (55.081)	2:13.294 (1:18.213)	3:37.078 (1:23.784)	4:56.296 (1:19.218)	
6 Bethany Ten Haken	SO	Dordt	5:03.30	2
55.047 (55.047)	2:15.880 (1:20.833)	3:42.250 (1:26.370)	5:03.297 (1:21.047)	
7 Rhaya Kaschinske	FR	Concordia (Neb.)	5:08.63	2
57.826 (57.826)	2:20.456 (1:22.630)	3:46.541 (1:26.085)	5:08.626 (1:22.085)	
8 Alexa Veldhuisen	SR	Dordt	5:10.84	2
57.663 (57.663)	2:21.507 (1:23.844)	3:52.172 (1:30.665)	5:10.837 (1:18.665)	
9 Taylor Sporrer	FR	Morningside	5:12.80	2
56.704 (56.704)	2:20.114 (1:23.410)	3:49.166 (1:29.052)	5:12.791 (1:23.625)	
10 Jilee Golus	FR	Hastings	5:13.66	2
57.066 (57.066)	2:19.833 (1:22.767)	3:48.795 (1:28.962)	5:13.652 (1:24.857)	
11 Faith Williamson	FR	Concordia (Neb.)	5:15.96	2
59.529 (59.529)	2:25.660 (1:26.131)	3:54.106 (1:28.446)	5:15.951 (1:21.845)	
12 Emma Peck	SO	St. Mary (Neb.)	5:21.75	2
1:03.728 (1:03.728)	2:28.938 (1:25.210)	3:56.105 (1:27.167)	5:21.749 (1:25.644)	
13 Zoe Hoekstra	SR	Dordt	5:26.72	1
1:02.691 (1:02.691)	2:30.361 (1:27.670)	4:02.240 (1:31.879)	5:26.718 (1:24.478)	
14 Cecilia Velarde	FR	Hastings	5:29.34	1
1:02.026 (1:02.026)	2:30.036 (1:28.010)	4:02.745 (1:32.709)	5:29.334 (1:26.589)	
15 Cynthia Chaparro Belloc	FR	Hastings	5:29.79	1
1:03.485 (1:03.485)	2:30.514 (1:27.029)	4:01.313 (1:30.799)	5:29.781 (1:28.468)	
16 Aubrey Rathke	FR	Concordia (Neb.)	5:31.74	1
1:03.084 (1:03.084)	2:29.648 (1:26.564)	3:59.400 (1:29.752)	5:31.736 (1:32.336)	
17 Annika Vermeulen	SO	Dakota Wesleyan	5:35.16	1
1:02.830 (1:02.830)	2:28.994 (1:26.164)	4:01.864 (1:32.870)	5:35.155 (1:33.291)	
18 Mickey Curl	FR	Concordia (Neb.)	5:50.48	1
1:07.387 (1:07.387)	2:45.601 (1:38.214)	4:24.639 (1:39.038)	5:50.475 (1:25.836)	
19 Bree Eisenhauer	SO	Mount Marty	5:54.02	1
1:05.336 (1:05.336)	2:39.010 (1:33.674)	4:21.727 (1:42.717)	5:54.015 (1:32.288)	
20 Peyton Gissler	SO	Concordia (Neb.)	5:54.72	1
1:08.190 (1:08.190)	2:47.288 (1:39.098)	4:27.065 (1:39.777)	5:54.712 (1:27.647)	
21 Rachel Kenny	JR	Morningside	6:00.53	1
1:05.290 (1:05.290)	2:41.512 (1:36.222)	4:20.974 (1:39.462)	6:00.522 (1:39.548)	
22 Madeline Hurt	JR	Dordt	6:02.57	1
1:03.275 (1:03.275)	2:35.176 (1:31.901)	4:20.160 (1:44.984)	6:02.569 (1:42.409)	

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 28 Women 3000 Meter Steeplechase**

GPAC Record: G 10:47.28 5/7/2016 Marissa DeWispelare, Doane

NAIA Auto: A 11:18.00

NAIA Prov.: B 11:30.00

Name	Year	School	Finals	H#
1 Madison Gerken	SO	Hastings	11:50.22	2
46.881 (46.881)	2:17.362 (1:30.482)	3:51.425 (1:34.063)	5:27.062 (1:35.638)	
7:03.665 (1:36.603)	8:41.827 (1:38.163)	10:19.361 (1:37.534)	11:50.215 (1:30.854)	
2 Elyse Kuperus	SR	Dordt	12:02.44	2
50.160 (50.160)	2:19.861 (1:29.702)	3:54.062 (1:34.202)	5:30.486 (1:36.424)	
7:08.670 (1:38.184)	8:49.677 (1:41.008)	10:30.349 (1:40.672)	12:02.440 (1:32.092)	
3 Margaret Myskowski	SO	Dordt	12:04.04	2
49.996 (49.996)	2:18.814 (1:28.818)	3:51.831 (1:33.018)	5:27.234 (1:35.403)	
7:05.914 (1:38.680)	8:46.805 (1:40.892)	10:28.234 (1:41.429)	12:04.039 (1:35.805)	
4 Emma Haley	FR	Northwestern (Iowa)	12:14.73	2
51.487 (51.487)	2:27.340 (1:35.853)	4:04.825 (1:37.485)	5:45.162 (1:40.338)	
7:22.800 (1:37.638)	9:00.112 (1:37.313)	10:41.775 (1:41.663)	12:14.722 (1:32.948)	
5 Myia Johnson	SO	Midland	12:21.88	2
50.770 (50.770)	2:26.406 (1:35.637)	4:02.985 (1:36.579)	5:40.330 (1:37.345)	
7:19.546 (1:39.217)	9:00.539 (1:40.993)	10:42.412 (1:41.874)	12:21.872 (1:39.460)	
6 Kaia Richmond	FR	Concordia (Neb.)	12:32.51	2
50.657 (50.657)	2:26.680 (1:36.023)	4:03.575 (1:36.895)	5:43.860 (1:40.285)	
7:27.700 (1:43.840)	9:14.061 (1:46.362)	10:58.470 (1:44.409)	12:32.501 (1:34.032)	
7 Landry Hinkson	SO	Hastings	12:38.77	2
51.732 (51.732)	2:28.169 (1:36.437)	4:06.572 (1:38.404)	5:47.387 (1:40.815)	
7:30.841 (1:43.454)	9:16.989 (1:46.148)	11:02.475 (1:45.487)	12:38.766 (1:36.292)	
8 Grace Reiman	SO	Concordia (Neb.)	12:44.97	2
48.242 (48.242)	2:18.661 (1:30.419)	3:54.737 (1:36.077)	5:34.254 (1:39.517)	
7:18.552 (1:44.299)	9:08.309 (1:49.757)	11:02.516 (1:54.208)	12:44.964 (1:42.448)	
9 Grace Pennekamp	SO	Concordia (Neb.)	12:51.90	2
52.809 (52.809)	2:29.892 (1:37.084)	4:08.532 (1:38.640)	5:49.730 (1:41.198)	
7:33.176 (1:43.447)	9:19.701 (1:46.525)	11:07.509 (1:47.808)	12:51.895 (1:44.387)	
10 Katelyn Nix	FR	Concordia (Neb.)	12:59.98	2
52.777 (52.777)	2:29.882 (1:37.105)	4:08.687 (1:38.805)	5:49.784 (1:41.097)	
7:33.681 (1:43.898)	9:21.827 (1:48.147)	11:12.849 (1:51.022)	12:59.971 (1:47.123)	
11 Paige Erbstoesser	FR	Jamestown	13:02.54	1
53.282 (53.282)	2:28.185 (1:34.903)	4:06.030 (1:37.845)	5:48.111 (1:42.082)	
7:35.682 (1:47.572)	9:27.168 (1:51.487)	11:17.692 (1:50.524)	13:02.533 (1:44.842)	
12 Jocelyn Farhar	FR	St. Mary (Neb.)	13:13.24	2
53.921 (53.921)	2:30.749 (1:36.828)	4:10.527 (1:39.779)	5:52.964 (1:42.437)	
7:40.625 (1:47.662)	9:32.804 (1:52.179)	11:26.672 (1:53.869)	13:13.234 (1:46.562)	
13 Allyson Schreiber	SO	Jamestown	13:17.63	2
53.441 (53.441)	2:30.876 (1:37.435)	4:12.772 (1:41.897)	6:03.614 (1:50.842)	
7:52.672 (1:49.059)	9:44.637 (1:51.965)	11:35.615 (1:50.978)	13:17.630 (1:42.015)	
14 Mary Pennekamp	SO	Concordia (Neb.)	13:32.77	1
53.617 (53.617)	2:31.201 (1:37.584)	4:16.678 (1:45.478)	6:06.195 (1:49.517)	
7:58.910 (1:52.715)	9:51.782 (1:52.873)	11:46.185 (1:54.403)	13:32.768 (1:46.584)	
15 Lauren Dawson	SO	Concordia (Neb.)	13:36.81	1
53.833 (53.833)	2:32.235 (1:38.402)	4:18.496 (1:46.262)	6:08.990 (1:50.494)	
8:01.476 (1:52.487)	9:54.596 (1:53.120)	11:48.536 (1:53.940)	13:36.803 (1:48.268)	
16 Autumn Simons	FR	St. Mary (Neb.)	13:41.88	1
53.420 (53.420)	2:35.672 (1:42.253)	4:24.580 (1:48.908)	6:13.862 (1:49.283)	
8:05.167 (1:51.305)	9:59.151 (1:53.984)	11:55.285 (1:56.134)	13:41.873 (1:46.589)	

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 28 Women 3000 Meter Steeplechase**

17 Hannah Mundt	SO Concordia (Neb.)	14:27.30	1
55.055 (55.055)	2:42.215 (1:47.160)	4:35.438 (1:53.224)	6:33.628 (1:58.190)
8:33.723 (2:00.095)	10:32.022 (1:58.299)	12:31.367 (1:59.345)	14:27.291 (1:55.924)
18 Leah Schmidt	SO St. Mary (Neb.)	14:49.79	1
56.927 (56.927)	2:45.923 (1:48.997)	4:42.895 (1:56.972)	6:43.167 (2:00.273)
8:45.647 (2:02.480)	10:51.141 (2:05.494)	12:53.937 (2:02.797)	14:49.785 (1:55.848)
19 Brooke Wigdahl	SO St. Mary (Neb.)	15:23.65	1
1:00.900 (1:00.900)	2:55.357 (1:54.458)	4:55.346 (1:59.989)	6:58.060 (2:02.714)
9:03.933 (2:05.874)	11:13.272 (2:09.339)	13:24.026 (2:10.754)	15:23.650 (1:59.624)
20 Malia Rolf	SO Concordia (Neb.)	16:11.63	1
1:01.567 (1:01.567)	2:58.327 (1:56.760)	5:02.996 (2:04.669)	7:11.873 (2:08.878)
9:26.341 (2:14.468)	11:44.590 (2:18.249)	14:03.782 (2:19.193)	16:11.621 (2:07.839)

Event 29 Women 5000 Meter Run

GPAC Record: G 17:07.64 2011 Charity Miles, Northwester
 NAIA Auto: A 17:36.30
 NAIA Prov.: B 17:50.00

Name	Year School	Finals
1 Kristine Honomichl	JR Morningside	18:40.88
44.600 (44.600)	2:18.935 (1:34.335)	3:51.200 (1:32.265) 5:19.685 (1:28.485)
6:49.537 (1:29.852)	8:19.220 (1:29.683)	9:49.185 (1:29.965) 11:18.367 (1:29.182)
12:48.334 (1:29.967)	14:19.405 (1:31.071)	15:50.177 (1:30.772) 17:19.581 (1:29.404)
18:40.877 (1:21.296)		
2 Allie Binder	JR Doane	18:56.84
44.021 (44.021)	2:18.371 (1:34.350)	3:50.681 (1:32.310) 5:19.016 (1:28.335)
6:49.171 (1:30.155)	8:19.192 (1:30.021)	9:49.138 (1:29.946) 11:18.486 (1:29.348)
12:50.272 (1:31.786)	14:24.178 (1:33.906)	15:58.978 (1:34.800) 17:32.618 (1:33.640)
18:56.838 (1:24.220)		
3 Kylahn Heritage	SO Concordia (Neb.)	19:03.91
44.381 (44.381)	2:18.904 (1:34.523)	3:51.243 (1:32.339) 5:19.949 (1:28.706)
6:49.805 (1:29.856)	8:19.573 (1:29.768)	9:52.916 (1:33.343) 11:28.224 (1:35.308)
13:01.928 (1:33.704)	14:37.443 (1:35.515)	16:12.683 (1:35.240) 17:43.516 (1:30.833)
19:03.908 (1:20.392)		
4 Katlyn Wiese	SO Northwestern (Iowa)	19:12.92
44.079 (44.079)	2:18.441 (1:34.362)	3:50.753 (1:32.312) 5:19.296 (1:28.543)
6:49.610 (1:30.314)	8:19.841 (1:30.231)	9:52.271 (1:32.430) 11:25.941 (1:33.670)
13:00.006 (1:34.065)	14:35.542 (1:35.536)	16:11.481 (1:35.939) 17:44.882 (1:33.401)
19:12.915 (1:28.033)		
5 Anika Homan	SO Dordt	19:17.16
44.247 (44.247)	2:18.638 (1:34.391)	3:50.990 (1:32.352) 5:19.413 (1:28.423)
6:49.415 (1:30.002)	8:20.120 (1:30.705)	9:52.530 (1:32.410) 11:26.224 (1:33.694)
13:00.272 (1:34.048)	14:35.636 (1:35.364)	16:11.210 (1:35.574) 17:45.150 (1:33.940)
19:17.154 (1:32.004)		
6 Eden Winslow	SR Dordt	19:27.34
44.279 (44.279)	2:18.675 (1:34.396)	3:50.932 (1:32.257) 5:19.658 (1:28.726)
6:50.094 (1:30.436)	8:20.420 (1:30.326)	9:52.833 (1:32.413) 11:26.879 (1:34.046)
13:01.917 (1:35.038)	14:39.833 (1:37.916)	16:21.541 (1:41.708) 17:59.050 (1:37.509)
19:27.340 (1:28.290)		
7 Margaret Myskowski	SO Dordt	19:47.49
45.607 (45.607)	2:20.204 (1:34.597)	3:52.029 (1:31.825) 5:24.297 (1:32.268)
6:58.416 (1:34.119)	8:34.900 (1:36.484)	10:12.354 (1:37.454) 11:50.620 (1:38.266)
13:28.220 (1:37.600)	15:04.510 (1:36.290)	16:43.320 (1:38.810) 18:19.965 (1:36.645)
19:47.483 (1:27.518)		

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 29 Women 5000 Meter Run**

8 Myia Johnson	SO Midland	19:50.90			
45.333 (45.333)	2:19.285 (1:33.952)	3:51.491 (1:32.206)	5:20.331 (1:28.840)		
6:51.072 (1:30.741)	8:27.136 (1:36.064)	10:06.058 (1:38.922)	11:44.909 (1:38.851)		
13:25.415 (1:40.506)	15:05.232 (1:39.817)	16:46.074 (1:40.842)	18:24.192 (1:38.118)		
19:50.900 (1:26.708)					
9 Chloe Inhelder	SO St. Mary (Neb.)	19:52.91			
45.677 (45.677)	2:19.871 (1:34.194)	3:51.996 (1:32.125)	5:24.030 (1:32.034)		
6:56.985 (1:32.955)	8:33.130 (1:36.145)	10:10.108 (1:36.978)	11:47.828 (1:37.720)		
13:25.092 (1:37.264)	15:04.217 (1:39.125)	16:45.283 (1:41.066)	18:23.882 (1:38.599)		
19:52.901 (1:29.019)					
10 Emma Haley	FR Northwestern (Iowa)	20:18.36			
47.327 (47.327)	2:22.428 (1:35.101)	3:54.088 (1:31.660)	5:29.071 (1:34.983)		
7:03.208 (1:34.137)	8:39.177 (1:35.969)	10:19.492 (1:40.315)	12:04.011 (1:44.519)		
13:45.430 (1:41.419)	15:31.065 (1:45.635)	17:17.351 (1:46.286)	18:56.135 (1:38.784)		
20:18.359 (1:22.224)					
11 Mary Kate LeLoux	SR Dordt	20:23.86			
45.901 (45.901)	2:20.485 (1:34.584)	3:52.364 (1:31.879)	5:26.262 (1:33.898)		
7:02.717 (1:36.455)	8:41.446 (1:38.729)	10:21.687 (1:40.241)	12:03.419 (1:41.732)		
13:45.095 (1:41.676)	15:27.823 (1:42.728)	17:09.577 (1:41.754)	18:50.999 (1:41.422)		
20:23.860 (1:32.861)					
12 Hailey Louw	SR Northwestern (Iowa)	20:32.13			
46.864 (46.864)	2:22.118 (1:35.254)	3:57.367 (1:35.249)	5:34.087 (1:36.720)		
7:10.987 (1:36.900)	8:49.005 (1:38.018)	10:27.854 (1:38.849)	12:07.543 (1:39.689)		
13:46.453 (1:38.910)	15:27.788 (1:41.335)	17:09.015 (1:41.227)	18:50.590 (1:41.575)		
20:32.125 (1:41.535)					
13 Abi DeLoach	SR Concordia (Neb.)	21:00.43			
47.581 (47.581)	2:22.733 (1:35.152)	3:56.227 (1:33.494)	5:33.101 (1:36.874)		
7:09.533 (1:36.432)	8:47.131 (1:37.598)	10:28.192 (1:41.061)	12:11.792 (1:43.600)		
13:57.590 (1:45.798)	15:42.240 (1:44.650)	17:30.587 (1:48.347)	19:17.577 (1:46.990)		
21:00.423 (1:42.846)					
14 Paige Erbstoesser	FR Jamestown	21:35.40			
45.413 (45.413)	2:20.112 (1:34.699)	3:57.330 (1:37.218)	5:41.094 (1:43.764)		
7:23.426 (1:42.332)	9:06.988 (1:43.562)	10:50.958 (1:43.970)	12:35.631 (1:44.673)		
14:24.416 (1:48.785)	16:12.174 (1:47.758)	18:02.103 (1:49.929)	19:53.429 (1:51.326)		
21:35.393 (1:41.964)					
15 Shanoah De Waard	JR Dordt	21:41.85			
46.608 (46.608)	2:22.592 (1:35.984)	4:01.017 (1:38.425)	5:41.339 (1:40.322)		
7:23.086 (1:41.747)	9:06.883 (1:43.797)	10:51.452 (1:44.569)	12:39.086 (1:47.634)		
14:26.995 (1:47.909)	16:17.289 (1:50.294)	18:07.055 (1:49.766)	19:55.187 (1:48.132)		
21:41.850 (1:46.663)					
16 Julia Fehr	FR Northwestern (Iowa)	22:13.14			
48.197 (48.197)	2:25.464 (1:37.267)	4:08.301 (1:42.837)	5:51.144 (1:42.843)		
7:35.836 (1:44.692)	9:22.991 (1:47.155)	11:11.154 (1:48.163)	12:59.178 (1:48.024)		
14:50.427 (1:51.249)	16:42.843 (1:52.416)	18:35.181 (1:52.338)	20:26.464 (1:51.283)		
22:13.140 (1:46.676)					
17 Samantha Anema	FR Dordt	22:42.81			
48.909 (48.909)	2:27.160 (1:38.251)	4:11.421 (1:44.261)	5:57.648 (1:46.227)		
7:47.846 (1:50.198)	9:38.531 (1:50.685)	11:30.451 (1:51.920)	13:22.835 (1:52.384)		
15:14.758 (1:51.923)	17:10.725 (1:55.967)	19:05.431 (1:54.706)	20:59.971 (1:54.540)		
22:42.804 (1:42.833)					
18 Baylee Evarts	FR Hastings	22:52.13			
48.586 (48.586)	2:26.696 (1:38.110)	4:11.266 (1:44.570)	6:02.326 (1:51.060)		
7:57.720 (1:55.394)	9:51.246 (1:53.526)	11:44.055 (1:52.809)	13:38.122 (1:54.067)		
15:31.557 (1:53.435)	17:25.365 (1:53.808)	19:17.172 (1:51.807)	21:07.363 (1:50.191)		
22:52.123 (1:44.760)					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 29 Women 5000 Meter Run**

19 Maddy Sladky	JR Doane	23:01.73			
47.833 (47.833)	2:25.791 (1:37.958)	4:08.994 (1:43.203)	5:53.907 (1:44.913)		
7:43.080 (1:49.173)	9:33.917 (1:50.837)	11:27.177 (1:53.260)	13:22.213 (1:55.036)		
15:17.912 (1:55.699)	17:15.053 (1:57.141)	19:12.872 (1:57.819)	21:09.571 (1:56.699)		
23:01.724 (1:52.153)					
20 Linnea Clark	SR Dordt	23:46.18			
49.960 (49.960)	2:32.729 (1:42.769)	4:20.364 (1:47.635)	6:10.765 (1:50.401)		
8:04.028 (1:53.263)	9:56.917 (1:52.889)	11:51.293 (1:54.376)	13:50.575 (1:59.282)		
15:52.701 (2:02.126)	17:53.317 (2:00.616)	19:54.642 (2:01.325)	21:57.285 (2:02.643)		
23:46.172 (1:48.887)					
21 Abigail Meier	SO Concordia (Neb.)	24:13.66			
50.360 (50.360)	2:33.481 (1:43.121)	4:21.932 (1:48.451)	6:15.248 (1:53.316)		
8:12.146 (1:56.898)	10:10.724 (1:58.578)	12:10.349 (1:59.625)	14:10.793 (2:00.444)		
16:12.718 (2:01.925)	18:14.856 (2:02.138)	20:15.882 (2:01.026)	22:18.183 (2:02.301)		
24:13.660 (1:55.477)					

Event 30 Women 10000 Meter Run

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GPAC Record: G 37:11.93 5/2/2014 Lauren Shomaker, Hastings
 NAIA Auto: A 37:30.00
 NAIA Prov.: B 38:13.00

Name	Year School	Finals			
1 Allie Binder	JR Doane	37:59.41B			
1:29.058 (1:29.058)	3:02.972 (1:33.914)	4:31.258 (1:28.286)	6:03.216 (1:31.958)		
7:33.871 (1:30.655)	9:04.584 (1:30.713)	10:35.690 (1:31.106)	12:07.227 (1:31.537)		
13:38.063 (1:30.836)	15:09.825 (1:31.762)	16:40.723 (1:30.898)	18:12.245 (1:31.522)		
19:44.320 (1:32.075)	21:17.734 (1:33.414)	22:49.689 (1:31.955)	24:22.154 (1:32.465)		
25:52.858 (1:30.704)	27:26.109 (1:33.251)	28:59.062 (1:32.953)	30:29.769 (1:30.707)		
32:01.570 (1:31.801)	33:34.144 (1:32.574)	35:05.886 (1:31.742)	36:36.673 (1:30.787)		
37:59.407 (1:22.734)					
2 Eden Winslow	SR Dordt	38:51.48			
1:28.710 (1:28.710)	3:02.620 (1:33.910)	4:31.702 (1:29.082)	6:03.604 (1:31.902)		
7:34.193 (1:30.589)	9:04.955 (1:30.762)	10:36.335 (1:31.380)	12:08.055 (1:31.720)		
13:40.606 (1:32.551)	15:12.767 (1:32.161)	16:45.806 (1:33.039)	18:20.469 (1:34.663)		
19:54.993 (1:34.524)	21:28.606 (1:33.613)	23:02.397 (1:33.791)	24:36.454 (1:34.057)		
26:11.513 (1:35.059)	27:47.508 (1:35.995)	29:22.767 (1:35.259)	30:58.553 (1:35.786)		
32:35.185 (1:36.632)	34:11.583 (1:36.398)	35:47.284 (1:35.701)	37:21.911 (1:34.627)		
38:51.477 (1:29.566)					
3 Katlyn Wiese	SO Northwestern (Iowa)	39:32.29			
1:28.812 (1:28.812)	3:02.668 (1:33.856)	4:31.617 (1:28.949)	6:03.467 (1:31.850)		
7:34.131 (1:30.664)	9:04.867 (1:30.736)	10:36.190 (1:31.323)	12:07.758 (1:31.568)		
13:40.447 (1:32.689)	15:14.319 (1:33.872)	16:49.697 (1:35.378)	18:26.255 (1:36.558)		
20:02.624 (1:36.369)	21:39.105 (1:36.481)	23:16.848 (1:37.743)	24:55.076 (1:38.228)		
26:34.176 (1:39.100)	28:13.617 (1:39.441)	29:52.332 (1:38.715)	31:30.817 (1:38.485)		
33:09.578 (1:38.761)	34:47.934 (1:38.356)	36:26.328 (1:38.394)	38:04.839 (1:38.511)		
39:32.288 (1:27.449)					
4 Lucy Borkowski	SO Dordt	39:37.67			
1:28.870 (1:28.870)	3:02.762 (1:33.892)	4:32.468 (1:29.706)	6:04.436 (1:31.968)		
7:38.048 (1:33.612)	9:11.358 (1:33.310)	10:44.948 (1:33.590)	12:19.756 (1:34.808)		
13:55.043 (1:35.287)	15:30.452 (1:35.409)	17:06.370 (1:35.918)	18:41.843 (1:35.473)		
20:18.553 (1:36.710)	21:54.644 (1:36.091)	23:30.966 (1:36.322)	25:07.894 (1:36.928)		
26:44.980 (1:37.086)	28:22.229 (1:37.249)	29:59.342 (1:37.113)	31:37.559 (1:38.217)		
33:16.070 (1:38.511)	34:55.595 (1:39.525)	36:34.056 (1:38.461)	38:09.512 (1:35.456)		
39:37.661 (1:28.149)					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 30 Women 10000 Meter Run**

5	Kristine Honomichl	JR Morningside	39:43.21				
	1:29.127 (1:29.127)	3:03.058 (1:33.931)	4:31.376 (1:28.318)	6:03.264 (1:31.888)			
	7:33.980 (1:30.716)	9:04.633 (1:30.653)	10:35.947 (1:31.314)	12:07.344 (1:31.397)			
	13:38.182 (1:30.838)	15:09.963 (1:31.781)	16:40.998 (1:31.035)	18:12.624 (1:31.626)			
	19:46.091 (1:33.467)	21:20.944 (1:34.853)	22:58.627 (1:37.683)	24:36.160 (1:37.533)			
	26:15.043 (1:38.883)	27:57.078 (1:42.035)	29:39.748 (1:42.670)	31:23.888 (1:44.140)			
	33:06.026 (1:42.138)	34:48.777 (1:42.751)	36:30.041 (1:41.264)	38:10.987 (1:40.946)			
	39:43.207 (1:32.220)						
6	Shania Santos	FR Hastings	40:07.42				
	1:40.349 (1:40.349)	3:22.780 (1:42.431)	5:01.546 (1:38.766)	6:40.043 (1:38.497)			
	8:18.277 (1:38.234)	9:55.103 (1:36.826)	11:32.241 (1:37.138)	13:08.443 (1:36.202)			
	14:44.898 (1:36.455)	16:20.231 (1:35.333)	17:56.522 (1:36.291)	19:32.328 (1:35.806)			
	21:08.346 (1:36.018)	22:43.612 (1:35.266)	24:19.446 (1:35.834)	25:54.476 (1:35.030)			
	27:29.289 (1:34.813)	29:06.301 (1:37.012)	30:42.854 (1:36.553)	32:18.522 (1:35.668)			
	33:55.060 (1:36.538)	35:30.901 (1:35.841)	37:05.574 (1:34.673)	38:38.971 (1:33.397)			
	40:07.419 (1:28.448)						
7	Greichaly Ellens	JR Dordt	40:11.99				
	1:29.466 (1:29.466)	3:03.283 (1:33.817)	4:34.064 (1:30.781)	6:09.232 (1:35.168)			
	7:43.494 (1:34.262)	9:17.820 (1:34.326)	10:52.223 (1:34.403)	12:27.657 (1:35.434)			
	14:03.993 (1:36.336)	15:41.597 (1:37.604)	17:17.668 (1:36.071)	18:55.034 (1:37.366)			
	20:32.778 (1:37.744)	22:09.804 (1:37.026)	23:48.665 (1:38.861)	25:26.270 (1:37.605)			
	27:05.221 (1:38.951)	28:43.174 (1:37.953)	30:23.000 (1:39.826)	32:02.954 (1:39.954)			
	33:41.785 (1:38.831)	35:20.478 (1:38.693)	36:59.459 (1:38.981)	38:38.089 (1:38.630)			
	40:11.988 (1:33.899)						
8	Sydney Stiemsma	SR Dordt	40:40.32				
	1:31.769 (1:31.769)	3:09.638 (1:37.869)	4:45.560 (1:35.922)	6:22.868 (1:37.308)			
	7:59.855 (1:36.987)	9:36.110 (1:36.255)	11:12.298 (1:36.188)	12:49.414 (1:37.116)			
	14:27.040 (1:37.626)	16:05.131 (1:38.091)	17:43.196 (1:38.065)	19:20.879 (1:37.683)			
	20:58.795 (1:37.916)	22:37.445 (1:38.650)	24:15.018 (1:37.573)	25:53.979 (1:38.961)			
	27:30.025 (1:36.046)	29:07.094 (1:37.069)	30:45.780 (1:38.686)	32:24.067 (1:38.287)			
	34:04.350 (1:40.283)	35:44.043 (1:39.693)	37:23.133 (1:39.090)	39:04.079 (1:40.946)			
	40:40.313 (1:36.234)						
9	Elizabeth Baade	SO Hastings	43:33.70				
	1:42.025 (1:42.025)	3:24.806 (1:42.781)	5:08.590 (1:43.784)	6:53.061 (1:44.471)			
	8:35.996 (1:42.935)	10:20.277 (1:44.281)	12:02.925 (1:42.648)	13:46.589 (1:43.664)			
	15:29.552 (1:42.963)	17:13.191 (1:43.639)	18:56.783 (1:43.592)	20:39.870 (1:43.087)			
	22:23.420 (1:43.550)	24:07.254 (1:43.834)	25:50.811 (1:43.557)	27:34.945 (1:44.134)			
	29:20.822 (1:45.877)	31:07.150 (1:46.328)	32:53.286 (1:46.136)	34:40.896 (1:47.610)			
	36:30.185 (1:49.289)	38:20.911 (1:50.726)	40:09.238 (1:48.327)	41:55.678 (1:46.440)			
	43:33.695 (1:38.017)						
10	Abi DeLoach	SR Concordia (Neb.)	44:48.34				
	1:40.573 (1:40.573)	3:23.079 (1:42.506)	5:01.637 (1:38.558)	6:40.102 (1:38.465)			
	8:18.421 (1:38.319)	9:55.224 (1:36.803)	11:33.466 (1:38.242)	13:15.716 (1:42.250)			
	14:59.451 (1:43.735)	16:46.817 (1:47.366)	18:34.928 (1:48.111)	20:22.905 (1:47.977)			
	22:11.965 (1:49.060)	24:04.027 (1:52.062)	25:51.074 (1:47.047)	27:34.582 (1:43.508)			
	29:22.548 (1:47.966)	31:18.510 (1:55.962)	33:14.246 (1:55.736)	35:07.840 (1:53.594)			
	37:02.487 (1:54.647)	38:58.083 (1:55.596)	40:54.970 (1:56.887)	42:51.492 (1:56.522)			
	44:48.340 (1:56.848)						

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 30 Women 10000 Meter Run**

11 Courtney Wright	FR Concordia (Neb.)	45:45.62
1:40.432 (1:40.432)	3:22.970 (1:42.538)	5:03.889 (1:40.919)
6:47.592 (1:43.703)	8:30.987 (1:43.395)	10:18.504 (1:47.517)
12:04.149 (1:45.645)	13:46.752 (1:42.603)	15:34.864 (1:48.112)
17:25.689 (1:50.825)	19:10.891 (1:45.202)	21:01.832 (1:50.941)
22:54.921 (1:53.089)	24:50.247 (1:55.326)	26:48.741 (1:58.494)
28:43.380 (1:54.639)	30:35.990 (1:52.610)	32:27.279 (1:51.289)
34:18.293 (1:51.014)	36:16.225 (1:57.932)	38:16.701 (2:00.476)
40:16.037 (1:59.336)	42:16.464 (2:00.427)	44:12.307 (1:55.843)
45:45.613 (1:33.306)		
12 Carley Davis	SO Hastings	45:51.17
1:45.235 (1:45.235)	3:31.074 (1:45.839)	5:17.777 (1:46.703)
7:05.233 (1:47.456)	8:51.881 (1:46.648)	10:37.920 (1:46.039)
12:24.935 (1:47.015)	14:12.375 (1:47.440)	16:00.786 (1:48.411)
17:52.481 (1:51.695)	19:44.884 (1:52.403)	21:36.877 (1:51.993)
23:29.657 (1:52.780)	25:21.380 (1:51.723)	27:12.859 (1:51.479)
29:04.090 (1:51.231)	30:59.589 (1:55.499)	32:52.475 (1:52.886)
34:47.786 (1:55.311)	36:41.298 (1:53.512)	38:33.590 (1:52.292)
40:27.008 (1:53.418)	42:21.281 (1:54.273)	44:09.674 (1:48.393)
45:51.169 (1:41.495)		
13 Jillian Rants	FR Hastings	48:59.05
1:47.644 (1:47.644)	3:41.024 (1:53.380)	5:36.703 (1:55.679)
7:33.007 (1:56.304)	9:28.627 (1:55.620)	11:24.386 (1:55.759)
13:21.182 (1:56.796)	15:18.022 (1:56.840)	17:16.962 (1:58.940)
19:16.967 (2:00.005)	21:14.538 (1:57.571)	23:11.722 (1:57.184)
25:08.805 (1:57.083)	27:10.019 (2:01.214)	29:08.628 (1:58.609)
31:08.633 (2:00.005)	33:08.104 (1:59.471)	35:08.112 (2:00.008)
37:09.122 (2:01.010)	39:10.689 (2:01.567)	41:11.323 (2:00.634)
43:10.136 (1:58.813)	45:09.117 (1:58.981)	47:07.609 (1:58.492)
48:59.042 (1:51.433)		

Event 31 Women 100 Meter Hurdles

GPAC Record: G 14.08	2015	Karen Ettleman, Northwestern College
GPAC Record: G 14.08	1987	Melody Robinson, Midland Lutheran Col
NAIA Auto: A 14.55		
NAIA Prov.: B 14.80		

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Nisa Thomas	SO Hastings	A 14.40Q	0.4	1
2 Lauren Tamayo	JR Hastings	B 14.64Q	1.4	3
3 Sarah Lewis	JR Concordia (Neb.)	B 14.65Q	1.2	2
4 Jordan Koepke	FR Concordia (Neb.)	14.95q	1.2	2
5 Ashinee George	SO Mount Marty	15.03q	0.4	1
6 Emma Zoet	FR Northwestern (Iowa)	15.09q	0.4	1
7 Lindsay Adams	FR Doane	15.42q	1.4	3
8 Kaylee Boyle	JR Concordia (Neb.)	15.58q	1.4	3
9 Rhys Maxey	SO Hastings	15.68	1.2	2
10 Hope Morken	JR Morningside	15.74	1.2	2
11 Adaya Plastow	FR Dakota Wesleyan	16.08	0.4	1
12 Sara Bonn	SO Jamestown	16.26	1.4	3
13 Avany Long	SO Dakota Wesleyan	16.47	1.2	2
14 Emma Jenness	SO Northwestern (Iowa)	16.73	1.4	3
15 Zaillee Poulson	FR Hastings	16.89	0.4	1
16 Jada Lloyd	SO Doane	17.11	1.2	2
17 Nicole Harms	SO Doane	17.55	1.4	3
18 Natalie Lausen	JR Northwestern (Iowa)	17.67	0.4	1
19 Caitlin Brown	FR Dordt	18.51	0.4	1
20 Sydney Van Essen	FR Dordt	18.58	1.4	3

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 31 Women 100 Meter Hurdles**

GPAC Record: G 14.08 2015 Karen Ettleman, Northwestern Colle
 GPAC Record: G 14.08 1987 Melody Robinson, Midland Lutheran
 NAIA Auto: A 14.55
 NAIA Prov.: B 14.80

Name	Year	School	Finals	Wind
Finals				
1 Nisa Thomas	SO	Hastings	14.14A	1.6
2 Lauren Tamayo	JR	Hastings	14.38A	1.6
3 Sarah Lewis	JR	Concordia (Neb.)	14.52A	1.6
4 Jordan Koepke	FR	Concordia (Neb.)	14.54A	1.6
5 Ashinee George	SO	Mount Marty	15.16	1.6 15.154
6 Emma Zoet	FR	Northwestern (Iowa)	15.16	1.6 15.156
7 Lindsay Adams	FR	Doane	15.23	1.6
8 Kaylee Boyle	JR	Concordia (Neb.)	15.72	1.6
Preliminaries				
9 Rhys Maxey	SO	Hastings		
10 Hope Morken	JR	Morningside		
11 Adaya Plastow	FR	Dakota Wesleyan		
12 Sara Bonn	SO	Jamestown		
13 Avany Long	SO	Dakota Wesleyan		
14 Emma Jenness	SO	Northwestern (Iowa)		
15 Zailee Poulson	FR	Hastings		
16 Jada Lloyd	SO	Doane		
17 Nicole Harms	SO	Doane		
18 Natalie Lausen	JR	Northwestern (Iowa)		
19 Caitlin Brown	FR	Dordt		
20 Sydney Van Essen	FR	Dordt		

Event 32 Women 400 Meter Hurdles

GPAC Record: G 1:00.23 2001 Shannon Mihaltan, Hastings Col
 NAIA Auto: A 1:03.30
 NAIA Prov.: B 1:04.70

Name	Year	School	Finals	H#
Finals				
1 Jordan Koepke	FR	Concordia (Neb.)	59.90G	3
2 Nisa Thomas	SO	Hastings	1:01.54A	3
3 Sarah Lewis	JR	Concordia (Neb.)	1:01.91A	3
4 Abigail Clarke	JR	Northwestern (Iowa)	1:03.03A	3
5 Callie Yeakel	JR	Morningside	1:04.22B	3
6 Anmarie Stuit	SR	Dordt	1:04.60B	3
7 Emma Zoet	FR	Northwestern (Iowa)	1:04.65B	3
8 Rhys Maxey	SO	Hastings	1:05.52	2
9 Rylee Rice	FR	Doane	1:06.99	2
10 Adaya Plastow	FR	Dakota Wesleyan	1:07.65	2
11 Emma Jenness	SO	Northwestern (Iowa)	1:07.86	2
12 Hope Morken	JR	Morningside	1:08.64	2
13 Morgan Roberts	SR	Morningside	1:09.26	1
14 Sarah Bosch	JR	Morningside	1:09.66	2
15 Aly Plock	FR	Doane	1:10.35	1
16 Anni Stier	SO	Jamestown	1:10.75	3
17 Jordyn Hilyard	JR	Concordia (Neb.)	1:11.00	1
18 Grace Reimer	SO	Concordia (Neb.)	1:11.12	1

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 32 Women 400 Meter Hurdles**

19 Jordynnn Toliver	SO Jamestown	1:12.59	2
20 Brittney Reister	FR Jamestown	1:13.07	2
21 Ella De Jong	JR Dordt	1:14.03	1

Event 33 Women 4x100 Meter Relay

GPAC Record: G 46.86 2019 Hastings, Hastings College
S Cunningham, J Wilson, D Maessner, M Moran

NAIA Auto: A 47.99

NAIA Prov.: B 48.32

School	Finals
--------	--------

1 Hastings		47.13A
1) Julyah Wilson JR	2) Lauren Tamayo JR	
3) Karsen Sears JR	4) Daisy Maessner JR	
2 Mount Marty		48.56
1) Ariel Waller FR	2) Calli Davis SO	
3) Tianna Bumbace-Kuehl SO	4) Elianna Clark SR	
3 Dordt		48.69
1) Erica Nikkel SO	2) Emma Bakker SR	
3) Mikayla Balt JR	4) Alexandra Beckmann SO	
4 Northwestern (Iowa)		49.48
1) Natalie Lausen JR	2) Taylor Davies FR	
3) Caitlin Ostbye SO	4) Lizzy Blum SO	
5 Doane		50.17
1) Lindsay Adams FR	2) Caitlyn Cotton JR	
3) Abby Fontana FR	4) Nicole Harms SO	
6 Jamestown		50.42
1) Kristina Brossart FR	2) Jordynnn Toliver SO	
3) Kylie Burgess FR	4) Anni Stier SO	
7 Dakota Wesleyan		51.62
1) Avany Long SO	2) Adaya Plastow FR	
3) Taylor Pourier FR	4) Lia Guigui SR	
-- Concordia (Neb.)		DNF
1) Rachel Battershell JR	2) Brittney Aitken FR	
3) Sarah Lewis JR	4) Cora Olson JR	

Event 34 Women 4x400 Meter Relay

GPAC Record: G 3:47.08 5/7/2016 Nebraska Wesleyan, Nebraska We
E Jones, A Hunke, K Jones, K Krick

NAIA Auto: A 3:55.00

NAIA Prov.: B 3:57.00

School	Finals	H#
--------	--------	----

1 Dordt		3:48.30A	2
1) Anmarie Stuit SR	2) Emilee Heynen FR		
3) Mika Kooistra SR	4) Emma Bakker SR		
1:55.082 (1:55.082)	2:52.336 (57.254)	3:48.299 (55.963)	
2 Concordia (Neb.)		3:48.93A	2
1) Sarah Lewis JR	2) Jordan Koepke FR		
3) Jenna Esch FR	4) Keri Bauer JR		
1:53.794 (1:53.794)	2:51.654 (57.860)	3:48.925 (57.271)	
3 Northwestern (Iowa)		3:58.41	2

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 34 Women 4x400 Meter Relay**

1) Abigail Clarke JR	2) Savonne Sterk SO
3) Emma Zoet FR	4) Caitlin Ostbye SO
1:58.438 (1:58.438)	2:58.224 (59.786) 3:58.410 (1:00.186)
4 Morningside	3:59.04 2
1) Betsy Ridout SR	2) Callie Yeakel JR
3) Emalee Fundermann SR	4) Emily Chicoine SO
1:58.940 (1:58.940)	2:59.775 (1:00.835) 3:59.031 (59.256)
5 Mount Marty	4:03.77 2
1) Calli Davis SO	2) Elianna Clark SR
3) Tianna Bumbace-Kuehl SO	4) Ashinee George SO
2:00.995 (2:00.995)	3:02.575 (1:01.580) 4:03.761 (1:01.186)
6 Hastings	4:09.28 2
1) Veronica Pinkerton SO	2) Rhys Maxey SO
3) Diana Kollars FR	4) Madison Gerken SO
2:03.576 (2:03.576)	3:06.721 (1:03.145) 4:09.275 (1:02.554)
7 Doane	4:13.36 2
1) Annika Pingel JR	2) Caitlyn Cotton JR
3) Jacee Zoubek FR	4) Rylee Rice FR
2:04.271 (2:04.271)	3:11.325 (1:07.054) 4:13.360 (1:02.035)
8 Jamestown	4:16.32 2
1) Brittney Reister FR	2) Kylie Burgess FR
3) Anni Stier SO	4) Jordynn Toliver SO
2:11.250 (2:11.250)	3:13.293 (1:02.043) 4:16.320 (1:03.027)
9 Dakota Wesleyan	4:23.42 1
1) Adaya Plastow FR	2) Avany Long SO
3) Ashtyn Evans SO	4) Taylor Pourier FR
2:10.890 (2:10.890)	3:19.658 (1:08.768) 4:23.420 (1:03.762)

Event 35 Women 4x800 Meter Relay

GPAC Record: G 9:04.58 2015 Dordt College, Dordt
K Byl, K Lewis, L Koerner, J VanZee

NAIA Auto: A 9:24.00

NAIA Prov.: B 9:29.00

School

Finals

1 Dordt	9:12.20A
1) Emilee Heynen FR	2) Mika Kooistra SR
3) Bethany Ten Haken SO	4) Anmarie Stuit SR
2:17.351 (2:17.351)	4:34.805 (2:17.454) 6:52.357 (2:17.552) 9:12.199 (2:19.842)
2 Morningside	9:17.81A
1) Tenna Beel JR	2) Emalee Fundermann SR
3) Jo McKibben SR	4) Emily Chicoine SO
2:19.784 (2:19.784)	4:37.731 (2:17.947) 6:56.733 (2:19.002) 9:17.802 (2:21.069)
3 Northwestern (Iowa)	9:32.05
1) Tirzah Wittenberg SO	2) Savonne Sterk SO
3) Abby Ervin FR	4) Abigail Clarke JR
2:18.482 (2:18.482)	4:45.322 (2:26.840) 7:14.403 (2:29.081) 9:32.044 (2:17.641)
4 Hastings	9:45.47
1) Jilee Golus FR	2) Veronica Pinkerton SO
3) Jayden Eby JR	4) Madison Gerken SO
2:28.523 (2:28.523)	4:50.118 (2:21.595) 7:24.850 (2:34.732) 9:45.470 (2:20.620)
5 Doane	9:57.29
1) Rachel Walters SO	2) Aly Plock FR
3) Rylee Rice FR	4) Annika Pingel JR
2:23.592 (2:23.592)	5:03.269 (2:39.677) 7:34.456 (2:31.187) 9:57.283 (2:22.827)

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 35 Women 4x800 Meter Relay**

6	Concordia (Neb.)								10:04.02
	1) Rhaya Kaschinske FR			2) Grace Oberg FR					
	3) Faith Williamson FR			4) Aubrey Rathke FR					
	2:25.079 (2:25.079)	4:56.290 (2:31.211)	7:23.026 (2:26.736)	10:04.018 (2:40.992)					
7	Mount Marty								10:45.17
	1) Jordyn Fischer FR			2) Kiah Trainor SO					
	3) Emily Johnson FR			4) Bree Eisenhower SO					
	2:36.196 (2:36.196)	5:10.076 (2:33.880)	7:59.167 (2:49.091)	10:45.170 (2:46.003)					
8	Jamestown								11:19.09
	1) Allyson Schreiber SO			2) Paige Erbstoesser FR					
	3) Kate Busek FR			4) Jennifer Tallackson FR					
	2:44.437 (2:44.437)	5:29.100 (2:44.663)	8:23.218 (2:54.118)	11:19.083 (2:55.865)					

Event 36 Women Long Jump

GPAC Record: G 6.01m 2012 Briana Vander Woude, Dordt College
 NAIA Auto: A 5.75m
 NAIA Prov.: B 5.65m

Name	Year	School	Finals	Wind	H#
1 Karsen Sears		JR Hastings	6.05mG +0.0	19-10.25	2
5.94m(+0.0) 5.65m(+0.0) 5.85m(+0.0) FOUL			5.79m(0.8) 6.05m(+0.0)		
2 Lindsay Adams		FR Doane	5.67mB +0.0	18-07.25	2
5.67m(+0.0) 5.46m(+0.0) PASS PASS PASS			PASS		
3 Daisy Maessner		JR Hastings	5.64m +0.0	18-06.00	2
5.64m(+0.0) 5.61m(0.2) 5.64m(+0.0) 5.39m(+0.0) 5.51m(+0.0) FOUL					
4 Katie Severt		SO Concordia (Neb.)	5.45m +0.0	17-10.75	2
5.27m(+0.0) 5.18m(1.1) 5.23m(+0.0) FOUL(0.2) 5.45m(+0.0) FOUL					
5 Jordynn Toliver		SO Jamestown	5.34m +0.0	17-06.25	2
5.34m(+0.0) FOUL 5.26m(+0.0) PASS PASS PASS					
6 Lia Guigui		SR Dakota Wesleyan	J5.34m 1.1	17-06.25	1
5.25m(+0.0) 5.34m(1.1) 5.16m(+0.0) 5.01m(+0.0) FOUL(0.3) 4.93m(+0.0)					
7 Lauren Tamayo		JR Hastings	5.32m -0.1	17-05.50	2
5.32m(-0.1) 5.29m(0.4) 5.23m(+0.0) FOUL 5.32m(1.4) PASS					
8 Olivia Diggins		FR Doane	J5.32m 0.6	17-05.50	2
5.32m(0.6) 5.24m(0.6) 4.99m(+0.0) 5.12m(+0.0) 5.24m(1.3) 5.17m(+0.0)					
9 Nicole Harms		SO Doane	5.28m 0.9	17-04.00	2
5.28m(0.9) 5.20m(-0.3) 5.10m(+0.0) FOUL 5.27m(0.4) 5.16m(+0.0)					
10 Cora Olson		JR Concordia (Neb.)	5.21m +0.0	17-01.25	2
5.20m(+0.0) 5.21m(+0.0) 5.21m(+0.0)					
11 Mikayla Balt		JR Dordt	5.18m +0.0	17-00.00	2
5.18m(+0.0) 5.08m(0.1) 5.12m(+0.0)					
12 Ikeah Cuff		SO Hastings	5.12m +0.0	16-09.75	2
FOUL 4.97m(+0.0) 5.12m(+0.0)					
13 Abby Fontana		FR Doane	5.01m 1.2	16-05.25	1
4.84m(-1.4) 4.78m(+0.0) 5.01m(1.2)					
14 Katie Jacob		JR Northwestern (Iowa)	4.98m -0.6	16-04.25	2
FOUL 4.98m(-0.6) FOUL					
15 Gabby Diamond		SR Concordia (Neb.)	4.94m 1.1	16-02.50	1
4.74m(0.3) 4.91m(+0.0) 4.94m(1.1)					
16 Faith Measel		SO Dordt	4.84m +0.0	15-10.50	1
4.60m(-1.3) 4.84m(+0.0) FOUL(0.3)					
17 Adeline Bergstrom		FR Dordt	4.59m 0.2	15-00.75	1
4.51m(1.1) 4.39m(+0.0) 4.59m(0.2)					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

Doane University

Results

....Event 36 Women Long Jump

18	Caitlin Brown	FR	Dordt	4.56m	+0.0	14-11.50	1
	4.55m(0.9)	4.56m(+0.0)	4.50m(0.9)				
19	Skylar Kreifels	SO	Concordia (Neb.)	J4.56m	+0.0	14-11.50	1
	4.56m(+0.0)	4.38m(-0.4)	4.51m(0.5)				
20	Kiana Payer	SO	Mount Marty	J4.56m	-1.0	14-11.50	1
	4.45m(0.9)	4.56m(-1.0)	4.45m(-1.0)				
21	Kaylynn Ridgely	SO	Northwestern (Iowa)	J4.56m	0.6	14-11.50	1
	4.56m(0.6)	FOUL(1.2)	FOUL(+0.0)				
--	Avany Long	SO	Dakota Wesleyan	FOUL			1
	FOUL(0.5)	FOUL(0.5)	FOUL(0.2)				
--	Naja Whitehead	SO	Jamestown	FOUL			1
	FOUL	FOUL	FOUL				

Event 37 Women Triple Jump

GPAC Record: G 12.58m 2004 Rochelle Schmidt, Doane College
 NAIA Auto: A 11.75m
 NAIA Prov.: B 11.50m

Name	Year	School	Finals	Wind	H#
1	Daisy Maessner	JR Hastings	11.41m	-0.9	37-05.25 2
	11.21m(0.9)	11.41m(-0.9)	10.83m(-1.7)	11.38m(-1.3)	11.27m(+0.0) FOUL
2	Cora Olson	JR Concordia (Neb.)	11.09m	2.1	36-04.75 2
	10.92m(+0.0)	FOUL	11.05m(-0.6)	11.09m(2.1)	PASS PASS
3	Olivia Diggins	FR Doane	10.91m	-2.5	35-09.50 2
	10.69m(6.0)	10.91m(-2.5)	FOUL(+0.0)	10.49m(-1.6)	10.43m(1.7) FOUL(-0.3)
4	Katie Severt	SO Concordia (Neb.)	10.84m	1.3	35-06.75 2
	10.62m(-1.3)	10.66m(-1.4)	10.58m(-1.1)	10.55m(-0.5)	10.50m(-2.0) 10.84m(1.3)
5	Isabel Sayler	SO Briar Cliff	10.81m	-0.4	35-05.75 2
	10.32m(-0.1)	10.37m(-0.9)	10.81m(-0.4)	10.42m(0.4)	10.43m(0.2) 10.76m(-0.6)
6	Gabby Diamond	SR Concordia (Neb.)	10.72m	0.1	35-02.00 2
	10.48m(-0.2)	FOUL	10.49m(-1.0)	9.61m(0.4)	10.72m(0.1) 10.37m(+0.0)
7	Ikeah Cuff	SO Hastings	10.68m	+0.0	35-00.50 2
	10.01m(-1.2)	10.68m(+0.0)	10.25m(-2.4)	10.47m(-0.9)	FOUL(1.5) 10.47m(2.9)
8	Ashley Vandermeer	JR Dordt	10.56m	-1.5	34-07.75 1
	FOUL	10.40m(-0.1)	FOUL	10.24m(-1.9)	FOUL 10.56m(-1.5)
9	Elena Batenhorst	FR Concordia (Neb.)	10.52m	+0.0	34-06.25 2
	FOUL	10.52m(+0.0)	10.20m(-1.8)	10.26m(-0.4)	10.18m(-0.5) FOUL
10	Averie Lambrecht	SO Concordia (Neb.)	10.32m	-1.6	33-10.25 2
	FOUL	10.20m(-1.0)	10.32m(-1.6)		
11	Lexa Burtzlaff	FR Mount Marty	10.26m	-0.2	33-08.00 2
	10.16m(-0.6)	FOUL	10.26m(-0.2)		
12	Haley Miller	JR Doane	10.23m	-1.3	33-06.75 2
	10.23m(-1.3)	9.92m(0.1)	FOUL(1.6)		
13	Kiana Payer	SO Mount Marty	10.21m	-2.1	33-06.00 1
	10.09m(-1.8)	10.21m(-2.1)	9.84m(-1.2)		
14	Mikayla Balt	JR Dordt	10.19m	0.2	33-05.25 2
	10.19m(0.2)	FOUL	9.85m(-1.1)		
15	Jordan Joyner	FR Doane	10.16m	-1.3	33-04.00 1
	9.81m(-0.1)	10.16m(-1.3)	10.11m(-0.6)		
16	Naja Whitehead	SO Jamestown	10.07m	-0.9	33-00.50 1
	9.78m(-0.5)	10.07m(-0.9)	FOUL		
17	Paige Decker	SO Dordt	10.01m	2.4	32-10.25 1
	10.01m(2.4)	FOUL	9.83m(-0.3)		

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18	Ashtyn Evans	SO Dakota Wesleyan	9.97m	0.1	32-08.50	1
	FOUL	9.97m(0.1) 9.85m(-0.2)				
19	Jaelyn Dragt	SO Dordt	9.88m	-0.9	32-05.00	1
	FOUL FOUL	9.88m(-0.9)				
20	Greta Corneliusen	FR Concordia (Neb.)	9.80m	+0.0	32-02.00	1
	9.66m(-0.9) 9.80m(+0.0)	FOUL				
21	Adeline Bergstrom	FR Dordt	9.73m	1.4	31-11.25	1
	9.73m(1.4) 9.71m(1.4) 9.69m(-1.1)					
22	Abby Rehtus	FR Doane	9.63m	-1.6	31-07.25	1
	9.63m(-1.6) 9.32m(-1.6)	FOUL				
23	Jessica Niles	SO Mount Marty	9.62m	-1.2	31-06.75	1
	FOUL FOUL	9.62m(-1.2)				

Event 38 Women High Jump

GPAC Record: G 1.78m 1992 Kim Oden / Katie Jasa, NWU / Doane Coll
 NAIA Auto: A 1.67m
 NAIA Prov.: B 1.64m

Name	Year	School	Finals
1 Lauren Tamayo	JR	Hastings	1.67mA 5-05.75
1.44 1.49 1.54 1.59 1.64 1.67			
--- --- O O O		XXO	
2 Lindsey Craig	JR	Northwestern (Iowa)	1.64mB 5-04.50
1.44 1.49 1.54 1.59 1.64 1.67			
O O O O O		XXX	
2 Lia Guigui	SR	Dakota Wesleyan	1.64mB 5-04.50
1.44 1.49 1.54 1.59 1.64 1.67			
--- --- --- O O		XXX	
4 Cori De Jong	SR	Dordt	J1.64mB 5-04.50
1.44 1.49 1.54 1.59 1.64 1.67			
--- --- O O XO		XXX	
5 Jacie Vander Waal	FR	Northwestern (Iowa)	J1.64mB 5-04.50
1.44 1.49 1.54 1.59 1.64 1.67			
--- XO O O XXO		XXX	
6 Amy Richert	SO	Concordia (Neb.)	J1.64mB 5-04.50
1.44 1.49 1.54 1.59 1.64 1.67			
--- O O XXO XXO		XXX	
7 Sarah Theiler	FR	Doane	1.59m 5-02.50
1.44 1.49 1.54 1.59 1.64			
--- O XO O XXX			
8 Hannah Newton	FR	Concordia (Neb.)	J1.59m 5-02.50
1.44 1.49 1.54 1.59 1.64			
--- XXO O XXO XXX			
9 Emily Wingert	FR	Dordt	1.54m 5-00.50
1.44 1.49 1.54 1.59			
--- --- O XXX			
9 Lexie Kampman	FR	Dordt	1.54m 5-00.50
1.44 1.49 1.54 1.59			
--- --- O XXX			
9 Jordynn Toliver	SO	Jamestown	1.54m 5-00.50
1.44 1.49 1.54 1.59			
--- O O XXX			

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

Doane University

Results

....Event 38 Women High Jump

9	Jessica Niles	SO Mount Marty	1.54m	5-00.50
	1.44 1.49 1.54 1.59			
	0 0 0 XXX			
13	Zailee Poulson	FR Hastings	J1.54m	5-00.50
	1.44 1.49 1.54 1.59			
	--- 0 XO XXX			
14	Madison Blackstone	SO Doane	J1.54m	5-00.50
	1.44 1.49 1.54 1.59			
	0 XO XO XXX			
15	Grace Reimer	SO Concordia (Neb.)	J1.54m	5-00.50
	1.44 1.49 1.54 1.59			
	0 0 XXO XXX			
16	Chloe Miller	FR St. Mary (Neb.)	1.49m	4-10.50
	1.44 1.49 1.54			
	0 0 XXX			
16	Natasha Freiberg	FR Morningside	1.49m	4-10.50
	1.44 1.49 1.54			
	0 0 XXX			
18	Skylar Kreifels	SO Concordia (Neb.)	J1.49m	4-10.50
	1.44 1.49 1.54			
	XO 0 XXX			
19	Abby Ferris	SO Dakota Wesleyan	J1.49m	4-10.50
	1.44 1.49 1.54			
	XXO 0 XXX			
20	Isabel Henson	SO Doane	J1.49m	4-10.50
	1.44 1.49 1.54			
	0 XXO XXX			
21	Heather Maier	JR Mount Marty	1.44m	4-08.75
	1.44 1.49			
	0 XXX			
--	Kaylee Martinsen	SO Doane	NH	
	1.44			
	XXX			
--	Cammie Harrison	FR Doane	NH	
	1.44			
	XXX			
--	Paige Decker	SO Dordt	NH	
	1.44 1.49 1.54			
	--- --- XXX			

Event 39 Women Pole Vault

GPAC Record: G 4.15m 4/30/2021 Josie Puelz, Concordia

NAIA Auto: A 3.65m

NAIA Prov.: B 3.55m

Name	Year	School	Finals
1 Josie Puelz	SO	Concordia (Neb.)	3.85mA 12-07.50
	2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.65 3.75 3.85 4.00		
	--- --- --- --- --- --- --- 0 --- XO XXX		
2 Erin Hulberg	FR	Northwestern (Iowa)	3.55mB 11-07.75
	2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.65		
	--- --- 0 0 0 0 XO XXX		

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

Doane University

Results

....Event 39 Women Pole Vault

3	Amira Cummings	SO Concordia (Neb.)	J3.55mB	11-07.75
	2.65 2.80 2.95 3.10 3.25 3.40 3.55 3.65			
	--- --- --- XO O O XO XXX			
4	Gracie Rippen	JR Mount Marty	3.40m	11-01.75
	2.65 2.80 2.95 3.10 3.25 3.40 3.55			
	--- --- O O XXO XXX			
5	Samantha Knapp	FR Doane	3.25m	10-08.00
	2.65 2.80 2.95 3.10 3.25 3.40			
	--- --- O O O XXX			
6	Hallee Mann	SO Hastings	J3.25m	10-08.00
	2.65 2.80 2.95 3.10 3.25 3.40			
	O O O XO O XXX			
7	Sydney Reichert	SO Concordia (Neb.)	J3.25m	10-08.00
	2.65 2.80 2.95 3.10 3.25 3.40			
	--- --- P O XO XXX			
7	Erin Boggs	FR Concordia (Neb.)	J3.25m	10-08.00
	2.65 2.80 2.95 3.10 3.25 3.40			
	--- --- --- O XO XXX			
9	Erin Mapson	JR Concordia (Neb.)	3.10m	10-02.00
	2.65 2.80 2.95 3.10 3.25			
	--- --- --- O XXX			
10	Abby Shay	SO Concordia (Neb.)	2.95m	9-08.00
	2.65 2.80 2.95 3.10			
	--- O XO XXX			
11	Saydie Clark	FR Dordt	2.80m	9-02.25
	2.65 2.80 2.95			
	--- O XXX			
11	Ellee VanBuskirk	FR Concordia (Neb.)	2.80m	9-02.25
	2.65 2.80 2.95			
	O O XXX			
13	Grace Deines	FR Doane	J2.80m	9-02.25
	2.65 2.80 2.95			
	XO O XXX			
14	Victoria Mannel	FR Doane	2.65m	8-08.25
	2.65 2.80			
	O XXX			
14	Cassie Kessler	FR Doane	2.65m	8-08.25
	2.65 2.80			
	O XXX			
--	Colleen Rypkema	JR Northwestern (Iowa)	NH	
	2.65			
	XXX			

Event 40 Women Shot Put

GPAC Record: G 15.40m 2019 Samantha Liermann, Concordia
 NAIA Auto: A 13.55m
 NAIA Prov.: B 13.00m

Name	Year	School	Finals	H#
1 Allison Skala		JR Doane	14.66mA	48-01.25 2
	13.25m	13.56m	14.66m	14.02m 14.36m 14.17m
2 Kiara Anderson		SO Hastings	14.22mA	46-08.00 2
	12.15m	14.22m	FOUL	13.27m 13.49m FOUL

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

Doane University

Results

....Event 40 Women Shot Put

3	Lila Gronseth		SO Dakota Wesleyan	13.68mA	44-10.75	2
	12.26m	12.71m	FOUL 12.38m 13.68m FOUL			
4	Asia Tyler		SO Hastings	13.64mA	44-09.00	2
	12.72m	13.64m	13.37m 13.04m FOUL 13.51m			
5	Claire Caspersen		FR St. Mary (Neb.)	13.46mB	44-02.00	2
	13.10m	13.03m	FOUL FOUL 13.46m FOUL			
6	Jordyn Anderson		JR Concordia (Neb.)	13.02mB	42-08.75	2
	12.40m	12.79m	FOUL FOUL FOUL 13.02m			
7	Kamryn Pokorney		SO Concordia (Neb.)	12.75m	41-10.00	2
	11.71m	11.73m	12.75m 12.64m 12.74m FOUL			
8	Abigail Gerber		SO Concordia (Neb.)	12.74m	41-09.75	2
	12.08m	12.74m	FOUL FOUL FOUL FOUL			
9	Alli Owings		SO Concordia (Neb.)	12.39m	40-07.75	2
	12.21m	11.94m	12.31m 12.39m FOUL 12.33m			
10	Hope Wagner		SO Briar Cliff	12.14m	39-10.00	2
	12.14m	11.85m	FOUL			
11	Katie VanLaningham		JR Doane	12.12m	39-09.25	2
	12.12m	FOUL FOUL				
12	Helen Flynn		FR Mount Marty	11.97m	39-03.25	1
	11.05m	11.97m	FOUL			
13	Morgan De Jong		SR Concordia (Neb.)	11.82m	38-09.50	1
	11.67m	11.82m	11.71m			
14	Abi Wohlgemuth		FR Concordia (Neb.)	11.76m	38-07.00	1
	11.51m	11.76m	FOUL			
15	Faith Riggle		SO Concordia (Neb.)	11.65m	38-02.75	1
	11.52m	11.65m	FOUL			
16	Alexis Mach		FR Doane	11.40m	37-05.00	1
	11.18m	FOUL 11.40m				
17	Emily Kraft		SO Northwestern (Iowa)	11.39m	37-04.50	1
	11.22m	11.23m	11.39m			
18	Anna Brock		SO Jamestown	11.19m	36-08.50	1
	FOUL 11.19m	11.12m				
19	Natalie Iacovetto		SO Midland	10.81m	35-05.75	1
	10.81m	FOUL FOUL				
20	Caroline Van Berkum		SR Northwestern (Iowa)	10.80m	35-05.25	1
	10.38m	10.50m	10.80m			
21	Mady Kelsey		FR Midland	10.78m	35-04.50	1
	FOUL 10.78m	10.16m				
22	Abby Magnuson		SO Dakota Wesleyan	10.70m	35-01.25	2
	10.70m	FOUL FOUL				
--	Cassandra Pine		SO Hastings	FOUL		1
	FOUL FOUL FOUL					
--	Lucy Thiel		FR Midland	FOUL		1
	FOUL FOUL FOUL					
--	Erin Painter		SO Concordia (Neb.)	FOUL		2
	FOUL FOUL FOUL					

Event 41 Women Discus Throw

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 GPAC Record: G 51.24m 5/2/2009 Laura Wortmann, Mount Marty
 NAIA Auto: A 44.00m
 NAIA Prov.: B 42.40m

Name	Year	School	Finals	H#
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GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 41 Women Discus Throw**

1	Kiara Anderson	SO Hastings	47.12mA	154-07	2
	FOUL 44.59m 41.09m FOUL 41.86m 47.12m				
2	Erin Painter	SO Concordia (Neb.)	42.24m	138-07	2
	39.87m 40.85m FOUL 41.03m 42.24m 39.74m				
3	Sara Huss	SO Concordia (Neb.)	J42.24m	138-07	2
	23.91m 42.24m FOUL FOUL FOUL FOUL				
4	Allison Skala	JR Doane	42.16m	138-04	2
	33.22m 36.73m 39.14m 36.09m 37.64m 42.16m				
5	Lila Gronseth	SO Dakota Wesleyan	41.05m	134-08	2
	41.05m 38.41m FOUL 37.39m FOUL FOUL				
6	Olivia Buschow	SO Concordia (Neb.)	39.85m	130-09	2
	39.85m FOUL FOUL FOUL 37.75m FOUL				
7	Alli Owings	SO Concordia (Neb.)	39.55m	129-09	2
	FOUL 39.55m FOUL FOUL 38.27m 38.57m				
8	Caroline Van Berkum	SR Northwestern (Iowa)	39.21m	128-08	2
	38.79m 37.29m 35.67m 39.21m FOUL FOUL				
9	Jessa Eden	SO Hastings	39.17m	128-06	2
	FOUL 39.17m FOUL 39.08m FOUL FOUL				
10	Morgan De Jong	SR Concordia (Neb.)	38.74m	127-01	2
	FOUL FOUL 38.74m				
11	Darby Deffenbaugh	SO Dakota Wesleyan	38.52m	126-04	1
	38.41m 38.52m FOUL				
12	Katie VanLaningham	JR Doane	38.46m	126-02	2
	FOUL 37.18m 38.46m				
13	Hope Wagner	SO Briar Cliff	38.41m	126-00	1
	34.66m 30.67m 38.41m				
14	Katlyn Briggs	SO Dakota Wesleyan	37.95m	124-06	2
	34.15m FOUL 37.95m				
15	Anna Brock	SO Jamestown	36.82m	120-10	1
	36.82m 34.28m FOUL				
16	Claire Caspersen	FR St. Mary (Neb.)	36.60m	120-01	1
	36.60m FOUL FOUL				
17	Sydney Weirich	JR Midland	36.27m	119-00	1
	35.51m 36.27m FOUL				
18	Abby Magnuson	SO Dakota Wesleyan	34.33m	112-07	1
	FOUL 34.33m FOUL				
19	Jenna Gleason	FR Dordt	34.23m	112-04	1
	34.23m 31.39m 31.97m				
20	Leighton Mlady	JR Mount Marty	33.76m	110-09	1
	33.24m FOUL 33.76m				
21	Jaydin Schake	SO Hastings	33.67m	110-05	1
	33.67m 31.79m FOUL				
22	Abigail Gerber	SO Concordia (Neb.)	32.75m	107-05	1
	32.39m 32.75m 32.72m				
23	Samantha Bull	FR Doane	32.60m	106-11	1
	30.73m 32.60m 31.61m				
--	Sarah Ragland	SR Concordia (Neb.)	FOUL		1
	FOUL FOUL FOUL				

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 42 Women Hammer Throw**

GPAC Record: G 57.86m 2015 Elizabeth King, Concordia University
 NAIA Auto: A 50.50m
 NAIA Prov.: B 48.50m

Name	Year	School	Finals	H#
1 Sarah Ragland	SR	Concordia (Neb.)	52.05mA	170-09 2
FOUL 48.26m 49.28m 50.75m 50.26m 52.05m				
2 Macy Fuller	FR	Doane	50.38mB	165-03 2
FOUL 49.67m 50.38m 46.79m 48.90m 49.73m				
3 Morgan De Jong	SR	Concordia (Neb.)	50.12mB	164-05 2
48.71m 50.12m 47.20m FOUL 47.37m 47.51m				
4 Jessa Eden	SO	Hastings	49.69mB	163-00 2
FOUL 49.69m 46.82m FOUL FOUL 46.83m				
5 Kiara Anderson	SO	Hastings	48.84mB	160-03 2
46.52m 48.84m 47.37m FOUL FOUL FOUL				
6 Mackenzie Ferrell	SR	Concordia (Neb.)	47.18m	154-09 2
46.25m 46.46m 44.26m 44.43m 47.18m 43.59m				
7 Alli Owings	SO	Concordia (Neb.)	47.17m	154-09 2
46.60m 47.17m 46.28m 44.09m 44.03m 46.87m				
8 Katlyn Briggs	SO	Dakota Wesleyan	47.02m	154-03 2
46.85m 44.30m 43.17m 47.02m FOUL FOUL				
9 Joey Stenson	JR	Doane	46.13m	151-04 2
45.12m 45.57m 46.13m 44.35m 44.47m FOUL				
10 Erin Painter	SO	Concordia (Neb.)	45.77m	150-02 2
43.15m 45.77m 45.56m				
11 Abigail Gerber	SO	Concordia (Neb.)	45.07m	147-10 2
FOUL FOUL 45.07m				
12 Kamryn Pokorney	SO	Concordia (Neb.)	45.02m	147-08 2
42.86m 45.02m FOUL				
13 Morgan Taft	SR	Dakota Wesleyan	44.49m	145-11 1
42.62m 38.42m 44.49m				
14 Asia Tyler	SO	Hastings	44.20m	145-00 1
42.16m 42.08m 44.20m				
15 Darby Deffenbaugh	SO	Dakota Wesleyan	44.09m	144-08 1
FOUL 44.09m FOUL				
16 Cassandra Pine	SO	Hastings	43.24m	141-10 1
42.71m FOUL 43.24m				
17 Lila Gronseth	SO	Dakota Wesleyan	42.30m	138-09 1
42.30m 39.63m 41.64m				
18 Natalie Iacovetto	SO	Midland	40.36m	132-05 1
40.36m FOUL FOUL				
19 Samantha Bull	FR	Doane	39.58m	129-10 1
38.53m 39.58m FOUL				
20 Abi Wohlgemuth	FR	Concordia (Neb.)	38.03m	124-09 1
38.03m FOUL FOUL				
21 Sydney Weirich	JR	Midland	37.31m	122-05 1
FOUL FOUL 37.31m				
22 Rylee Olson	FR	Morningside	36.40m	119-05 2
36.40m FOUL FOUL				
23 Gabrielle Goodrich	SO	Mount Marty	36.08m	118-04 1
35.64m 36.08m FOUL				
24 Mady Kelsey	FR	Midland	34.49m	113-02 1
33.21m 32.74m 34.49m				

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 43 Women Javelin Throw**

GPAC Record: G 48.07m 5/2/2014 Elizabeth King, Concordia

NAIA Auto: A 40.50m

NAIA Prov.: B 39.00m

Name	Year	School	Finals	H#
1 Allison Skala	JR	Doane	43.24mA	141-10 2
39.41m 39.22m 38.75m 41.58m 43.24m FOUL				
2 Jordynn Toliver	SO	Jamestown	40.58mA	133-02 2
FOUL 40.58m 40.54m 29.76m 38.92m 38.28m				
3 Rylee Olson	FR	Morningside	39.79mB	130-06 2
39.79m FOUL FOUL 32.02m 33.56m 36.54m				
4 Madalynn Rhodes	FR	St. Mary (Neb.)	38.65m	126-10 2
36.62m 38.33m 38.65m 38.36m FOUL 37.50m				
5 Paige Erhardt	FR	Jamestown	37.10m	121-09 2
28.91m 29.71m 36.99m 30.12m 37.10m 34.97m				
6 Kate Busek	FR	Jamestown	36.56m	119-11 2
35.24m 36.56m 33.83m 34.74m 36.48m 34.40m				
7 Grace Damme	FR	Doane	35.73m	117-03 2
35.20m 32.45m 34.44m 35.73m 34.82m 33.35m				
8 Lexus Mosbrucker	JR	Briar Cliff	35.09m	115-01 2
30.91m 35.09m FOUL FOUL FOUL 32.88m				
9 Holly Severance	FR	Morningside	32.71m	107-04 2
31.00m FOUL 32.71m 31.76m FOUL 32.46m				
10 Sara Bonn	SO	Jamestown	31.95m	104-10 2
25.77m 29.86m 31.95m				
11 Mackenzie Ferrell	SR	Concordia (Neb.)	31.87m	104-07 2
31.55m 31.87m FOUL				
12 Grace Hendrickson	SO	Northwestern (Iowa)	30.33m	99-06 1
30.33m 28.38m FOUL				
13 Abi Wohlgemuth	FR	Concordia (Neb.)	30.18m	99-00 1
25.09m 29.71m 30.18m				
14 Skylar Kreifels	SO	Concordia (Neb.)	29.77m	97-08 1
FOUL 23.16m 29.77m				
15 Madison Blackstone	SO	Doane	29.53m	96-10 1
27.60m 27.14m 29.53m				
16 Grace Reginald	JR	Northwestern (Iowa)	28.50m	93-06 1
28.50m 27.15m 24.11m				
17 Kaelin Armstrong	JR	Morningside	27.77m	91-01 1
27.77m 24.68m 24.96m				
18 Faith Measel	SO	Dordt	27.13m	89-00 1
27.13m 23.57m 26.77m				
19 Ashlyn Adam	FR	Doane	26.18m	85-11 1
26.18m 25.95m FOUL				
20 Lynne Tormoehlen	FR	Dordt	24.72m	81-01 1
24.21m 24.72m FOUL				
21 Kelsey Evenhouse	FR	Dordt	24.23m	79-06 1
24.23m 22.83m 22.24m				
22 Ella De Jong	JR	Dordt	21.14m	69-04 1
20.97m FOUL 21.14m				
23 Jenna Gleason	FR	Dordt	20.30m	66-07 1
20.00m 19.81m 20.30m				

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 44 Women Heptathlon**

GPAC Record: G 5017 2019 Kamberlyn Lamar, Dakota Wesleyan
 NAIA Prov.: B 3900

Name	Year School	Finals	H#
1 Lauren Tamayo	JR Hastings	4865B	
2 Lindsay Adams	FR Doane	4734B	
3 Jordynn Toliver	SO Jamestown	4463B	
4 Nicole Harms	SO Doane	4389B	
5 Amy Richert	SO Concordia (Neb.)	4291B	
6 Kaylee Boyle	JR Concordia (Neb.)	3816	
7 Sara Bonn	SO Jamestown	3629	
8 Zailee Poulson	FR Hastings	3572	
9 Maddison Doren	FR Mount Marty	3557	
10 Elena Batenhorst	FR Concordia (Neb.)	3535	
11 Grace Hendrickson	SO Northwestern (Iowa)	3306	
12 Isabelle Salters	FR Concordia (Neb.)	3075	

Event 44 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

GPAC Record: G 14.26 4/30/2021 Lauren Tamayo, Hastings

Name	Year School	Finals	Wind	H#	Points
1 Lauren Tamayo	JR Hastings	14.58	0.9	3	898
2 Lindsay Adams	FR Doane	15.29	0.9	3	804
3 Nicole Harms	SO Doane	15.47	0.9	3	781
4 Amy Richert	SO Concordia (Neb.)	15.94	0.1	2	722
5 Jordynn Toliver	SO Jamestown	16.10	0.1	2	702
6 Kaylee Boyle	JR Concordia (Neb.)	16.44	0.9	3	661
7 Sara Bonn	SO Jamestown	16.66	-0.3	1	635
8 Zailee Poulson	FR Hastings	16.82	0.1	2	617
9 Grace Hendrickson	SO Northwestern (Iowa)	17.59	-0.3	1	532
10 Isabelle Salters	FR Concordia (Neb.)	18.03	-0.3	1	485
11 Elena Batenhorst	FR Concordia (Neb.)	18.60	0.1	2	428
12 Maddison Doren	FR Mount Marty	18.88	-0.3	1	402

Event 44 Heptathlon: #2 Women High Jump Heptathlon

GPAC Record: G 1.68m 5/6/2016 Breanna Fye, Doane

Name	Year School	Finals	H#	Points
1 Lauren Tamayo	JR Hastings	1.61m	5-03.25	1 747
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61 1.64				
--- --- --- --- --- O O XO XXX				
2 Amy Richert	SO Concordia (Neb.)	1.58m	5-02.25	1 712
1.40 1.43 1.46 1.49 1.52 1.55 1.58 1.61				
--- --- --- XO XO XO XXO XXX				
3 Zailee Poulson	FR Hastings	1.55m	5-01.00	1 678
1.40 1.43 1.46 1.49 1.52 1.55 1.58				
--- --- --- O XO O XXX				
3 Jordynn Toliver	SO Jamestown	1.55m	5-01.00	1 678
1.40 1.43 1.46 1.49 1.52 1.55 1.58				
XO O O XO O XO XXX				
5 Nicole Harms	SO Doane	1.52m	4-11.75	1 644
1.40 1.43 1.46 1.49 1.52 1.55				
O O O XO XO XXX				

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

Doane University

Results

....Event 44 Heptathlon: #2 Women High Jump Heptathlon

6	Kaylee Boyle	JR Concordia (Neb.)	1.46m	4-09.50	2	577
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49					
	---		0	XO	0	XXO XO XXX
6	Lindsay Adams	FR Doane	1.46m	4-09.50	1	577
	1.40 1.43 1.46 1.49					
	0 0 0 XXX					
6	Elena Batenhorst	FR Concordia (Neb.)	1.46m	4-09.50	1	577
	1.40 1.43 1.46 1.49					
	0 XO 0 XXX					
9	Sara Bonn	SO Jamestown	1.43m	4-08.25	2	544
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46					
	---		0	0	0	0 O XXX
9	Maddison Doren	FR Mount Marty	1.43m	4-08.25	2	544
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46					
	---		0	0	XO	0 O XXO XXX
11	Grace Hendrickson	SO Northwestern (Iowa)	1.31m	4-03.50	2	419
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34					
	0 0 0 XO XO XO XO 0 XXO XXX					
--	Isabelle Salters	FR Concordia (Neb.)		NH		2
	1.07 1.10 1.13 1.16 1.19 1.22 1.25 1.28					
	---					XXX

Event 44 Heptathlon: #3 Women Shot Put Heptathlon

=====						
GPAC Record: G 12.77m 2019 Allison Skala, Doane						
	Name	Year School	Finals			Points
=====						
1	Lindsay Adams	FR Doane	11.88m	38-11.75		653
	10.79m 11.58m 11.88m					
2	Jordynn Toliver	SO Jamestown	11.08m	36-04.25		600
	11.02m 10.52m 11.08m					
3	Elena Batenhorst	FR Concordia (Neb.)	9.65m	31-08.00		507
	9.65m 9.33m 9.08m					
4	Amy Richert	SO Concordia (Neb.)	9.47m	31-01.00		495
	9.39m 9.44m 9.47m					
5	Lauren Tamayo	JR Hastings	9.10m	29-10.25		471
	7.63m 8.89m 9.10m					
6	Kaylee Boyle	JR Concordia (Neb.)	8.94m	29-04.00		460
	8.26m 8.94m 8.27m					
7	Maddison Doren	FR Mount Marty	8.93m	29-03.75		460
	FOUL 8.93m 8.42m					
8	Nicole Harms	SO Doane	8.84m	29-00.00		454
	8.84m 8.61m FOUL					
9	Isabelle Salters	FR Concordia (Neb.)	8.72m	28-07.50		446
	8.55m 7.90m 8.72m					
10	Sara Bonn	SO Jamestown	8.69m	28-06.25		444
	8.69m 8.33m FOUL					
11	Grace Hendrickson	SO Northwestern (Iowa)	8.46m	27-09.25		429
	7.83m 8.43m 8.46m					
12	Zailee Poulson	FR Hastings	7.71m	25-03.50		381
	7.71m 6.77m 7.46m					

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****Event 44 Heptathlon: #4 Women 200 Meter Dash Heptathlon**

GPAC Record: G 25.31 2015 Kylie Gokie, Doane College						
Name	Year	School	Finals	Wind	H#	Points
1	Lauren Tamayo	JR Hastings	25.53	0.5	2	839
2	Lindsay Adams	FR Doane	26.33	0.5	2	769
3	Nicole Harms	SO Doane	26.36	0.5	2	766
4	Amy Richert	SO Concordia (Neb.)	26.91	0.5	2	719
5	Jordynn Toliver	SO Jamestown	27.13	0.5	2	701
6	Isabelle Salters	FR Concordia (Neb.)	27.19	0.5	1	696
7	Kaylee Boyle	JR Concordia (Neb.)	27.62	0.5	1	661
8	Maddison Doren	FR Mount Marty	27.91	0.5	1	638
9	Zailee Poulson	FR Hastings	28.08	0.5	2	625
10	Elena Batenhorst	FR Concordia (Neb.)	28.41	0.5	1	599
11	Grace Hendrickson	SO Northwestern (Iowa)	28.82	0.5	1	568
12	Sara Bonn	SO Jamestown	29.04	0.5	1	551

Event 44 Heptathlon: #5 Women Long Jump Heptathlon

GPAC Record: G 5.65m 5/1/2021 Lauren Tamayo, Hastings						
Name	Year	School	Finals	Wind		Points
1	Lindsay Adams	FR Doane	5.67mG	-1.2	18-07.25	750
	5.49m(-0.6)	5.49m(1.6)	5.67m(-1.2)			
2	Lauren Tamayo	JR Hastings	5.56m	-1.5	18-03.00	717
	5.29m(0.1)	5.56m(-1.5)	5.50m(-2.5)			
3	Amy Richert	SO Concordia (Neb.)	5.23m	-1.9	17-02.00	623
	5.10m(-2.3)	FOUL	5.23m(-1.9)			
3	Nicole Harms	SO Doane	5.23m	-1.7	17-02.00	623
	5.03m(-2.5)	5.23m(-1.7)	FOUL			
5	Maddison Doren	FR Mount Marty	4.92m	+0.0	16-01.75	538
	4.92m(+0.0)	4.69m(-2.5)	4.25m(-1.5)			
6	Elena Batenhorst	FR Concordia (Neb.)	4.90m	+0.0	16-01.00	532
	4.90m(+0.0)	4.82m(-0.6)	4.76m(-0.2)			
7	Isabelle Salters	FR Concordia (Neb.)	4.67m	-1.5	15-04.00	472
	4.34m(-0.5)	4.67m(-1.5)	4.62m(0.3)			
8	Jordynn Toliver	SO Jamestown	4.65m	+0.0	15-03.25	466
	FOUL	FOUL	4.65m(+0.0)			
9	Sara Bonn	SO Jamestown	4.62m	-2.3	15-02.00	459
	4.49m(-1.5)	4.62m(-2.3)	4.59m(+0.0)			
10	Zailee Poulson	FR Hastings	4.54m	+0.0	14-10.75	438
	4.50m(-2.1)	4.54m(+0.0)	4.43m(-0.7)			
11	Kaylee Boyle	JR Concordia (Neb.)	4.34m	-1.1	14-03.00	388
	4.34m(-1.1)	4.20m(+0.0)	4.26m(+0.0)			
12	Grace Hendrickson	SO Northwestern (Iowa)	4.09m	-0.8	13-05.00	329
	4.09m(-0.8)	FOUL	3.98m(-1.4)			

Event 44 Heptathlon: #6 Women Javelin Throw Heptathlon

GPAC Record: G 40.34m 5/2/2014 Erin DeVries, Doane						
Name	Year	School	Finals			Points
1	Jordynn Toliver	SO Jamestown	40.65mG		133-04	680
	FOUL	40.65m	FOUL			
2	Kaylee Boyle	JR Concordia (Neb.)	33.42m		109-08	542
	28.44m	33.42m	33.31m			

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 44 Heptathlon: #6 Women Javelin Throw Heptathlon**

3	Grace Hendrickson	SO Northwestern (Iowa)	32.85m	107-09	531
	32.85m 32.24m 30.16m				
4	Sara Bonn	SO Jamestown	32.34m	106-01	521
	32.14m 32.34m FOUL				
5	Lindsay Adams	FR Doane	31.19m	102-04	499
	31.19m FOUL 31.09m				
6	Lauren Tamayo	JR Hastings	30.72m	100-09	490
	29.80m 30.72m 28.31m				
7	Amy Richert	SO Concordia (Neb.)	29.45m	96-07	466
	28.42m 26.50m 29.45m				
8	Nicole Harms	SO Doane	29.06m	95-04	459
	29.06m 28.06m 27.17m				
9	Isabelle Salters	FR Concordia (Neb.)	28.29m	92-10	444
	28.29m FOUL FOUL				
10	Zailee Poulson	FR Hastings	25.50m	83-08	392
	25.50m FOUL 24.23m				
11	Maddison Doren	FR Mount Marty	22.81m	74-10	341
	20.76m 20.85m 22.81m				
12	Elena Batenhorst	FR Concordia (Neb.)	20.33m	66-08	295
	20.33m 19.57m 18.14m				

Event 44 Heptathlon: #7 Women 800 Meter Run Heptathlon

GPAC Record: G 2:23.08 5/4/2018 Kennedy Mogul, Concordia					
Name	Year	School	Finals	Points	
1	Lauren Tamayo	JR Hastings	2:29.21	703	
	1:13.958 (1:13.958)	2:29.201 (1:15.243)			
2	Lindsay Adams	FR Doane	2:30.90	682	
	1:13.290 (1:13.290)	2:30.891 (1:17.601)			
3	Nicole Harms	SO Doane	2:32.51	662	
	1:13.672 (1:13.672)	2:32.509 (1:18.837)			
4	Jordynn Toliver	SO Jamestown	2:34.65	636	
	1:14.503 (1:14.503)	2:34.641 (1:20.138)			
5	Maddison Doren	FR Mount Marty	2:34.83	634	
	1:14.364 (1:14.364)	2:34.822 (1:20.458)			
6	Elena Batenhorst	FR Concordia (Neb.)	2:37.88	597	
	1:15.111 (1:15.111)	2:37.878 (1:22.767)			
7	Amy Richert	SO Concordia (Neb.)	2:41.65	554	
	1:15.407 (1:15.407)	2:41.649 (1:26.242)			
8	Isabelle Salters	FR Concordia (Neb.)	2:43.63	532	
	1:16.271 (1:16.271)	2:43.621 (1:27.350)			
9	Kaylee Boyle	JR Concordia (Neb.)	2:44.09	527	
	1:16.051 (1:16.051)	2:44.086 (1:28.035)			
10	Grace Hendrickson	SO Northwestern (Iowa)	2:46.75	498	
	1:18.705 (1:18.705)	2:46.742 (1:28.037)			
11	Sara Bonn	SO Jamestown	2:48.86	475	
	1:17.531 (1:17.531)	2:48.854 (1:31.323)			
12	Zailee Poulson	FR Hastings	2:52.22	441	
	1:15.576 (1:15.576)	2:52.219 (1:36.643)			

Women - Team Rankings - 22 Events Scored

1) Concordia (Neb.)	216	2) Hastings	172
3) Dordt	117	4) Doane	103

GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022**Doane University****Results****....Event 44 Heptathlon: #7 Women 800 Meter Run Heptathlon**

5) Northwestern (Iowa)	69	6) Morningside	66
7) Mount Marty	40	8) Jamestown	32
9) Dakota Wesleyan	23	10) St. Mary (Neb.)	9
11) Briar Cliff	5	11) Midland	5

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Men - Team Rankings - 22 Events Scored

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1) Doane	182	2) Dordt	155
3) Concordia (Neb.)	129	4) Mount Marty	104
5) Midland	76	6) Northwestern (Iowa)	74
7) Hastings	43	8) Briar Cliff	39
9) Morningside	23	10) Jamestown	17
11) Dakota Wesleyan	16		