

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Event 39 Women Pole Vault****GPAC Record: 4.15m G 4/30/2021 Josie Puelz, Concordia****NAIA Auto: 3.65m A****NAIA Prov.: 3.55m B**

	Name	Yr	School	Finals	
<b>Finals</b>					
1	Josie Puelz	SO	Concordia (Neb.)	3.85m	A 12-07.50
2	Erin Hulberg	FR	Northwestern (Iowa)	3.55m	B 11-07.75
3	Amira Cummings	SO	Concordia (Neb.)	J3.55m	B 11-07.75
4	Gracie Rippen	JR	Mount Marty	3.40m	11-01.75
5	Samantha Knapp	FR	Doane	3.25m	10-08.00
6	Hallee Mann	SO	Hastings	J3.25m	10-08.00
7	Sydney Reichert	SO	Concordia (Neb.)	J3.25m	10-08.00
7	Erin Boggs	FR	Concordia (Neb.)	J3.25m	10-08.00
9	Erin Mapson	JR	Concordia (Neb.)	3.10m	10-02.00
10	Abby Shay	SO	Concordia (Neb.)	2.95m	9-08.00
11	Saydie Clark	FR	Dordt	2.80m	9-02.25
11	Ellee VanBuskirk	FR	Concordia (Neb.)	2.80m	9-02.25
13	Grace Deines	FR	Doane	J2.80m	9-02.25
14	Victoria Mannel	FR	Doane	2.65m	8-08.25
14	Cassie Kessler	FR	Doane	2.65m	8-08.25
---	Colleen Rypkema	JR	Northwestern (Iowa)		NH

**Event 20 Men Hammer Throw****GPAC Record: 63.51m G 5/6/2016 Joshua Slechta, Concordia****NAIA Auto: 56.00m A****NAIA Prov.: 54.00m B**

	Name	Yr	School	Finals		H#
<b>Finals</b>						
1	Tyler Summers	SR	Hastings	60.42m	A 198-03	2
2	Chris Wren	SO	Concordia (Neb.)	58.01m	A 190-04	2
3	Matthew Campbell	SR	Doane	57.48m	A 188-07	2
4	Luke Partridge	FR	Doane	54.88m	B 180-01	2
5	Andy Amos	SR	Concordia (Neb.)	51.61m	169-04	2
6	Dagne' Buck	JR	Concordia (Neb.)	51.13m	167-09	2
7	Ben Moll	SO	Concordia (Neb.)	51.07m	167-07	2
8	William DeLay	JR	Midland	49.30m	161-09	2
9	Philip Quackenbush	JR	Hastings	48.21m	158-02	2
10	Trey Dickey	FR	Doane	47.75m	156-08	1
11	Brandon Rezac	JR	Doane	47.18m	154-09	1
12	Darien Semedo	SO	Concordia (Neb.)	45.74m	150-01	1
13	Patrick Hudson	JR	Hastings	45.68m	149-10	1
14	William Minnick	JR	Northwestern (Iowa)	45.04m	147-09	1
15	Christopher Zannotto	JR	Dakota Wesleyan	44.89m	147-03	2
16	Brady Klute	SO	Concordia (Neb.)	44.75m	146-10	2
17	Jaedon Lothrop	FR	Doane	44.29m	145-04	1
18	Austen Rozelle	FR	Concordia (Neb.)	43.80m	143-08	1
19	Luke Urbonavicius	SO	Doane	42.54m	139-07	1
20	Dawson Sedivec	SO	Jamestown	42.20m	138-05	1
21	Joe Callahan	SO	Northwestern (Iowa)	40.30m	132-03	1
22	Victor Ramos	FR	Jamestown	38.92m	127-08	1

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Name	Yr	School	Finals	H#
--- Dylan Kucera	JR	Midland	FOUL	2
--- Connor Asche	FR	Concordia (Neb.)	FOUL	1

**Event 36 Women Long Jump**

**GPAC Record:** 6.01m G 2012      **Briana Vander Woude, Dordt College**

**NAIA Auto:** 5.75m A

**NAIA Prov.:** 5.65m B

Name	Yr	School	Finals	Wind	H#
<b>Finals</b>					
1 Karsen Sears	JR	Hastings	6.05m G	19-10.25	+0.0 2
2 Lindsay Adams	FR	Doane	5.67m B	18-07.25	+0.0 2
3 Daisy Maessner	JR	Hastings	5.64m	18-06.00	+0.0 2
4 Katie Severt	SO	Concordia (Neb.)	5.45m	17-10.75	+0.0 2
5 Jordynn Toliver	SO	Jamestown	5.34m	17-06.25	+0.0 2
6 Lia Guigui	SR	Dakota Wesleyan	J5.34m	17-06.25	1.1 1
7 Lauren Tamayo	JR	Hastings	5.32m	17-05.50	-0.1 2
8 Olivia Diggins	FR	Doane	J5.32m	17-05.50	0.6 2
9 Nicole Harms	SO	Doane	5.28m	17-04.00	0.9 2
10 Cora Olson	JR	Concordia (Neb.)	5.21m	17-01.25	+0.0 2
11 Mikayla Balt	JR	Dordt	5.18m	17-00.00	+0.0 2
12 Ikeah Cuff	SO	Hastings	5.12m	16-09.75	+0.0 2
13 Abby Fontana	FR	Doane	5.01m	16-05.25	1.2 1
14 Katie Jacob	JR	Northwestern (Iowa)	4.98m	16-04.25	-0.6 2
15 Gabby Diamond	SR	Concordia (Neb.)	4.94m	16-02.50	1.1 1
16 Faith Measel	SO	Dordt	4.84m	15-10.50	+0.0 1
17 Adeline Bergstrom	FR	Dordt	4.59m	15-00.75	0.2 1
18 Caitlin Brown	FR	Dordt	4.56m	14-11.50	+0.0 1
19 Skylar Kreifels	SO	Concordia (Neb.)	J4.56m	14-11.50	+0.0 1
20 Kiana Payer	SO	Mount Marty	J4.56m	14-11.50	-1.0 1
21 Kaylynn Ridgely	SO	Northwestern (Iowa)	J4.56m	14-11.50	0.6 1
--- Avany Long	SO	Dakota Wesleyan	FOUL		1
--- Naja Whitehead	SO	Jamestown	FOUL		1

**Event 43 Women Javelin Throw**

**GPAC Record:** 48.07m G 5/2/2014      **Elizabeth King, Concordia**

**NAIA Auto:** 40.50m A

**NAIA Prov.:** 39.00m B

Name	Yr	School	Finals	H#
<b>Finals</b>				
1 Allison Skala	JR	Doane	43.24m A	141-10 2
2 Jordynn Toliver	SO	Jamestown	40.58m A	133-02 2
3 Rylee Olson	FR	Morningside	39.79m B	130-06 2
4 Madalynn Rhodes	FR	St. Mary (Neb.)	38.65m	126-10 2
5 Paige Erhardt	FR	Jamestown	37.10m	121-09 2
6 Kate Busek	FR	Jamestown	36.56m	119-11 2
7 Grace Damme	FR	Doane	35.73m	117-03 2
8 Lexus Mosbrucker	JR	Briar Cliff	35.09m	115-01 2
9 Holly Severance	FR	Morningside	32.71m	107-04 2
10 Sara Bonn	SO	Jamestown	31.95m	104-10 2
11 Mackenzie Ferrell	SR	Concordia (Neb.)	31.87m	104-07 2

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Finals ... (Event 43 Women Javelin Throw)**

	Name	Yr	School	Finals		H#
12	Grace Hendrickson	SO	Northwestern (Iowa)	30.33m	99-06	1
13	Abi Wohlge-muth	FR	Concordia (Neb.)	30.18m	99-00	1
14	Skylar Kreifels	SO	Concordia (Neb.)	29.77m	97-08	1
15	Madison Blackstone	SO	Doane	29.53m	96-10	1
16	Grace Reginald	JR	Northwestern (Iowa)	28.50m	93-06	1
17	Kaelin Armstrong	JR	Morningside	27.77m	91-01	1
18	Faith Measel	SO	Dordt	27.13m	89-00	1
19	Ashlyn Adam	FR	Doane	26.18m	85-11	1
20	Lynne Tormoehlen	FR	Dordt	24.72m	81-01	1
21	Kelsey Evenhouse	FR	Dordt	24.23m	79-06	1
22	Ella De Jong	JR	Dordt	21.14m	69-04	1
23	Jenna Gleason	FR	Dordt	20.30m	66-07	1

**Event 14 Men Long Jump**

GPAC Record: 7.93m G 5/5/2012 Ronnie Taylor, Hastings

NAIA Auto: 7.25m A

NAIA Prov.: 7.15m B

	Name	Yr	School	Finals		Wind	H#
<b>Finals</b>							
1	James Gilbert	JR	Northwestern (Iowa)	7.03m	23-00.75	-1.7	2
2	Joel Rathe	SO	Concordia (Neb.)	6.93m	22-09.00	-0.2	2
3	Luke Davis	FR	Doane	6.92m	22-08.50	+0.0	2
4	Cole Schmidt	JR	Hastings	6.89m	22-07.25	+0.0	2
5	Clayton Berry	FR	Doane	6.87m	22-06.50	-0.1	2
6	Logan Hammond	SR	Doane	6.84m	22-05.25	0.1	1
7	John Krejci	SO	Doane	6.81m	22-04.25	-0.4	2
8	Blake Kastanek	JR	Doane	J6.81m	22-04.25	+0.0	2
9	Deontae Howard	FR	Mount Marty	6.65m	21-10.00	+0.0	2
10	Sam Boldt	FR	Doane	J6.65m	21-10.00	+0.0	1
11	Damond Anderson	SR	Briar Cliff	6.42m	21-00.75	0.5	1
12	Joshua Deines	JR	Dordt	6.36m	20-10.50	+0.0	1
13	Christopher Saylor	SO	Jamestown	6.30m	20-08.00	0.8	1
14	Emmett Black	SO	Doane	6.15m	20-02.25	+0.0	2
15	Nolan Mayer	FR	Doane	6.12m	20-01.00	1.8	2
16	Dexter Wiese	SO	Northwestern (Iowa)	6.04m	19-09.75	+0.0	1
17	Dominic Archer	FR	Briar Cliff	5.70m	18-08.50	+0.0	1
18	Justin Groen	JR	Dordt	5.38m	17-08.00	+0.0	1
---	Devin Bos	SO	Dordt	FOUL			2

**Event 42 Women Hammer Throw**

GPAC Record: 57.86m G 2015 Elizabeth King, Concordia University

NAIA Auto: 50.50m A

NAIA Prov.: 48.50m B

	Name	Yr	School	Finals		H#
<b>Finals</b>						
1	Sarah Ragland	SR	Concordia (Neb.)	52.05m	A 170-09	2
2	Macy Fuller	FR	Doane	50.38m	B 165-03	2
3	Morgan De Jong	SR	Concordia (Neb.)	50.12m	B 164-05	2
4	Jessa Eden	SO	Hastings	49.69m	B 163-00	2
5	Kiara Anderson	SO	Hastings	48.84m	B 160-03	2

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Finals ... (Event 42 Women Hammer Throw)**

Name	Yr	School	Finals		H#
6 Mackenzie Ferrell	SR	Concordia (Neb.)	47.18m	154-09	2
7 Alli Owings	SO	Concordia (Neb.)	47.17m	154-09	2
8 Katlyn Briggs	SO	Dakota Wesleyan	47.02m	154-03	2
9 Joey Stenson	JR	Doane	46.13m	151-04	2
10 Erin Painter	SO	Concordia (Neb.)	45.77m	150-02	2
11 Abigail Gerber	SO	Concordia (Neb.)	45.07m	147-10	2
12 Kamryn Pokorney	SO	Concordia (Neb.)	45.02m	147-08	2
13 Morgan Taft	SR	Dakota Wesleyan	44.49m	145-11	1
14 Asia Tyler	SO	Hastings	44.20m	145-00	1
15 Darby Deffenbaugh	SO	Dakota Wesleyan	44.09m	144-08	1
16 Cassandra Pine	SO	Hastings	43.24m	141-10	1
17 Lila Gronseth	SO	Dakota Wesleyan	42.30m	138-09	1
18 Natalie Iacovetto	SO	Midland	40.36m	132-05	1
19 Samantha Bull	FR	Doane	39.58m	129-10	1
20 Abi Wohlgenuth	FR	Concordia (Neb.)	38.03m	124-09	1
21 Sydney Weirich	JR	Midland	37.31m	122-05	1
22 Rylee Olson	FR	Morningside	36.40m	119-05	2
23 Gabrielle Goodrich	SO	Mount Marty	36.08m	118-04	1
24 Mady Kelsey	FR	Midland	34.49m	113-02	1

**Event 31 Women 100 Meter Hurdles**

GPAC Record: 14.08 G 2015

Karen Ettleman, Northwestern College

GPAC Record: 14.08 G 1987

Melody Robinson, Midland Lutheran College

NAIA Auto: 14.55 A

NAIA Prov.: 14.80 B

Name	Yr	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Nisa Thomas	SO	Hastings	A 14.40 Q	0.4	1
2 Lauren Tamayo	JR	Hastings	B 14.64 Q	1.4	3
3 Sarah Lewis	JR	Concordia (Neb.)	B 14.65 Q	1.2	2
4 Jordan Koepke	FR	Concordia (Neb.)	14.95 q	1.2	2
5 Ashinee George	SO	Mount Marty	15.03 q	0.4	1
6 Emma Zoet	FR	Northwestern (Iowa)	15.09 q	0.4	1
7 Lindsay Adams	FR	Doane	15.42 q	1.4	3
8 Kaylee Boyle	JR	Concordia (Neb.)	15.58 q	1.4	3
9 Rhys Maxey	SO	Hastings	15.68	1.2	2
10 Hope Morken	JR	Morningside	15.74	1.2	2
11 Adaya Plastow	FR	Dakota Wesleyan	16.08	0.4	1
12 Sara Bonn	SO	Jamestown	16.26	1.4	3
13 Avany Long	SO	Dakota Wesleyan	16.47	1.2	2
14 Emma Jenness	SO	Northwestern (Iowa)	16.73	1.4	3
15 Zailee Poulson	FR	Hastings	16.89	0.4	1
16 Jada Lloyd	SO	Doane	17.11	1.2	2
17 Nicole Harms	SO	Doane	17.55	1.4	3
18 Natalie Lausen	JR	Northwestern (Iowa)	17.67	0.4	1
19 Caitlin Brown	FR	Dordt	18.51	0.4	1
20 Sydney Van Essen	FR	Dordt	18.58	1.4	3

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Event 17 Men Pole Vault**

**GPAC Record:** 5.20m G 2002 T. J. Kloster, Concordia University  
**NAIA Auto:** 4.80m A  
**NAIA Prov.:** 4.70m B

Name		Yr	School	Finals	
<b>Finals</b>					
1	Zach Bennetts	JR	Concordia (Neb.)	4.70m B	15-05.00
2	Braedon Gumke	JR	Jamestown	J4.70m B	15-05.00
3	Zach Zohner	SO	Concordia (Neb.)	4.55m	14-11.00
4	Mike Pulliam	SO	Doane	J4.55m	14-11.00
5	Seth Wiebelhaus	SO	Mount Marty	4.40m	14-05.25
6	Cale Strong	JR	Dakota Wesleyan	4.10m	13-05.25
7	Drew Garrison	FR	Doane	3.95m	12-11.50
8	Brady Fergen	FR	Dordt	J3.95m	12-11.50
---	Chase Berry	SO	Concordia (Neb.)	NH	
---	Luke Bousema	SR	Dordt	NH	

**Event 21 Men Javelin Throw**

**GPAC Record:** 65.10m G 2005 Andrew Ortmeier, Northwestern College  
**NAIA Auto:** 57.00m A  
**NAIA Prov.:** 55.00m B

Name		Yr	School	Finals		H#
<b>Finals</b>						
1	Mason Krause	SO	Doane	56.91m B	186-08	2
2	Brock Johnson	SO	Doane	52.06m	170-10	2
3	Ben Thelander	SO	Northwestern (Iowa)	51.41m	168-08	2
4	Riccardo Stagnaro	FR	Midland	50.55m	165-10	2
5	Parker Lange	FR	Doane	48.56m	159-04	2
6	Josh Taylor	SO	Concordia (Neb.)	48.03m	157-07	2
7	Logan Adam	FR	Concordia (Neb.)	47.66m	156-04	2
8	Nikolas Herman	SR	Jamestown	47.06m	154-05	2
9	Ely Fundermann	SO	Morningside	46.67m	153-01	2
10	Tyler Janssen	JR	Morningside	44.04m	144-06	2
11	Adam Baker	SO	Doane	43.95m	144-02	1
12	Evan Morara	FR	Hastings	43.87m	143-11	1
13	Bryce Paulsen	JR	Northwestern (Iowa)	42.07m	138-00	1
14	Kendall Van Zanten	SR	Dordt	41.82m	137-02	2
15	Zack Gentry	JR	Concordia (Neb.)	41.73m	136-11	2
16	Connor Hartzler	FR	Hastings	41.35m	135-08	1
17	Marc Freiberg	SO	Concordia (Neb.)	40.29m	132-02	1
18	Hunter Drake	JR	Doane	39.60m	129-11	1
19	Tyson Rinkol	FR	Morningside	39.48m	129-06	1
20	Tom Moss	FR	Morningside	37.26m	122-03	1
21	Jonah Martinez	FR	Midland	37.15m	121-10	1
22	Aaron Eckmann	JR	Northwestern (Iowa)	35.94m	117-11	1
23	Victor West	FR	Morningside	35.57m	116-08	1
24	Josiah Merkle	SO	Dordt	27.30m	89-07	1

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Event 9 Men 110 Meter Hurdles**

**GPAC Record:** 14.04 G 1996 Adam Decker, Nebraska Wesleyan Univ.  
**NAIA Auto:** 14.60 A  
**NAIA Prov.:** 14.80 B

Name	Yr	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Zach Turner	FR	Doane	A 14.48 Q	0.5	1
2 Seth Wiebelhaus	SO	Mount Marty	A 14.53 Q	0.9	2
3 John Krejci	SO	Doane	14.92 q	0.9	2
4 Austin Freiberg	SO	Morningside	14.98 q	0.5	1
5 Logan Hammond	SR	Doane	15.02 q	0.9	2
6 Clayton Berry	FR	Doane	15.21 q	0.9	2
7 Jake Long	SR	Doane	15.23 q	0.5	1
8 Paxon Fleming	FR	Briar Cliff	15.31 q	0.5	1
9 Joshua Van Hulzen	JR	Dordt	15.42	0.9	2
10 Kyle Baumert	JR	Dordt	15.43	0.5	1
11 Benn Yol	FR	Northwestern (Iowa)	15.79	0.5	1
12 Ty Cooley	FR	Midland	15.79	0.5	1
13 Cooper Christians	SO	Morningside	15.91	0.9	2
14 Justin Groen	JR	Dordt	15.92	0.9	2
15 Zander Widener	FR	Mount Marty	16.44	0.9	2
16 Luke Albright	FR	Dordt	19.86	0.5	1

**Event 23 Women 100 Meter Dash**

**GPAC Record:** 11.71 G 1988 Carol Bailey, Concordia University  
**NAIA Auto:** 11.92 A  
**NAIA Prov.:** 12.12 B

Name	Yr	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Daisy Maessner	JR	Hastings	12.14 Q	0.6	1
2 Elianna Clark	SR	Mount Marty	12.31 Q	-0.1	2
3 Julyah Wilson	JR	Hastings	12.36 Q	0.2	3
4 Emma Bakker	SR	Dordt	12.35 q	-0.1	2
5 Brittney Aitken	FR	Concordia (Neb.)	12.40 q	-0.1	2
6 Betsy Ridout	SR	Morningside	12.40 q	0.2	3
7 Karsen Sears	JR	Hastings	12.51 q	0.2	3
8 Cora Olson	JR	Concordia (Neb.)	12.51 q	0.6	1
9 Nisa Thomas	SO	Hastings	12.71	0.6	1
10 Alexandra Beckmann	SO	Dordt	12.74	0.6	1
11 Aniya Teppo	SO	Mount Marty	12.78	0.6	1
12 Lia Guigui	SR	Dakota Wesleyan	12.90	0.2	3
13 Emily Loseke	FR	Concordia (Neb.)	12.91	-0.1	2
14 Rhys Maxey	SO	Hastings	13.00	0.2	3
15 Lizzy Blum	SO	Northwestern (Iowa)	13.01	0.2	3
16 Caitlyn Cotton	JR	Doane	13.05	-0.1	2
17 Amira Cummings	SO	Concordia (Neb.)	13.08	0.6	1
18 Kristina Brossart	FR	Jamestown	13.16	-0.1	2
19 Natalie Lausen	JR	Northwestern (Iowa)	13.21	0.2	3
20 Ariel Waller	FR	Mount Marty	13.23	-0.1	2
21 Abby Petersen	SR	Northwestern (Iowa)	13.27	0.6	1
22 Taylor Davies	FR	Northwestern (Iowa)	13.28	0.6	1

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Name	Yr	School	Prelims	Wind	H#
23 Abby Fontana	FR	Doane	13.30	-0.1	2
24 Erica Nikkel	SO	Dordt	13.48	0.2	3

**Event 1 Men 100 Meter Dash**

**GPAC Record:** 10.34 G 2001 Jamey Sperle, Dakota Wesleyan Univ.  
**NAIA Auto:** 10.55 A  
**NAIA Prov.:** 10.65 B

Name	Yr	School	Prelims	Wind	H#
<b>Preliminaries</b>					
1 Marcus Jnofinn	FR	Mount Marty	10.73 Q	0.1	3
2 Cade Kleckner	SO	Concordia (Neb.)	10.82 Q	1.7	1
3 Adrien Patigny	FR	Midland	10.91 Q	-0.8	2
4 Jake Knott	FR	Morningside	10.87 q	1.7	1
5 Luke Davis	FR	Doane	10.91 q	1.7	1
6 Jadae Moore	FR	Doane	10.91 q	-0.8	2
7 Joel Rathe	SO	Concordia (Neb.)	10.94 q	1.7	1
8 Jacob Jennings	SO	Concordia (Neb.)	10.97 q	1.7	1
9 Cody Post	JR	Northwestern (Iowa)	11.02	0.1	3
10 Christopher Vincent	FR	Doane	11.07	-0.8	2
11 Dominic Archer	FR	Briar Cliff	11.10	-0.8	2
12 Kyler Vander Velde	FR	Northwestern (Iowa)	11.18	-0.8	2
13 Andrew Mahoney	FR	Doane	11.19	0.1	3
14 Taven McKee	JR	Mount Marty	11.21	0.1	3
15 Braden Jahn	JR	Northwestern (Iowa)	11.27	0.1	3
16 Ryan Schober	FR	Dordt	11.33	1.7	1
17 Nasim Green	JR	Jamestown	11.34	1.7	1
18 Grant Palmer	FR	Northwestern (Iowa)	11.34	0.1	3
19 Jeremiah Payne	FR	Doane	11.34	0.1	3
20 Micah Brands	SR	Dordt	11.35	0.1	3
21 Jacob Davies	SO	Northwestern (Iowa)	11.37	-0.8	2
22 Jon Fosler	FR	Concordia (Neb.)	11.38	1.7	1
23 Davon Brees	FR	Morningside	11.48	-0.8	2
24 Samuel Kludt	JR	Jamestown	11.51	-0.8	2

**Event 35 Women 4x800 Meter Relay**

**GPAC Record:** 9:04.58 G 2015 Dordt College, Dordt  
**K Byl, K Lewis, L Koerner, J VanZee**

**NAIA Auto:** 9:24.00 A  
**NAIA Prov.:** 9:29.00 B

Team	Relay	Finals
<b>Finals</b>		
1 Dordt		9:12.20 A
1) Emilee Heynen FR	2) Mika Kooistra SR	3) Bethany Ten Haken SO
4) Anmarie Stuit SR		
2:17.351 (2:17.351)	4:34.805 (2:17.454)	6:52.357 (2:17.552)
		9:12.199 (2:19.842)
2 Morningside		9:17.81 A
1) Tenna Beel JR	2) Emalee Fundermann SR	3) Jo McKibben SR
4) Emily Chicoine SO		
2:19.784 (2:19.784)	4:37.731 (2:17.947)	6:56.733 (2:19.002)
		9:17.802 (2:21.069)
3 Northwestern (Iowa)		9:32.05
1) Tirzah Wittenberg SO	2) Savonne Sterk SO	3) Abby Ervin FR
4) Abigail Clarke JR		
2:18.482 (2:18.482)	4:45.322 (2:26.840)	7:14.403 (2:29.081)
		9:32.044 (2:17.641)

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Finals ... (Event 35 Women 4x800 Meter Relay)**

Team	Relay			Finals
4 Hastings				9:45.47
1) Jilee Golus FR	2) Veronica Pinkerton SO	3) Jayden Eby JR	4) Madison Gerken SO	
2:28.523 (2:28.523)	4:50.118 (2:21.595)	7:24.850 (2:34.732)	9:45.470 (2:20.620)	
5 Doane				9:57.29
1) Rachel Walters SO	2) Aly Plock FR	3) Rylee Rice FR	4) Annika Pingel JR	
2:23.592 (2:23.592)	5:03.269 (2:39.677)	7:34.456 (2:31.187)	9:57.283 (2:22.827)	
6 Concordia (Neb.)				10:04.02
1) Rhaya Kaschinske FR	2) Grace Oberg FR	3) Faith Williamson FR	4) Aubrey Rathke FR	
2:25.079 (2:25.079)	4:56.290 (2:31.211)	7:23.026 (2:26.736)	10:04.018 (2:40.992)	
7 Mount Marty				10:45.17
1) Jordyn Fischer FR	2) Kiah Trainor SO	3) Emily Johnson FR	4) Bree Eisenhauer SO	
2:36.196 (2:36.196)	5:10.076 (2:33.880)	7:59.167 (2:49.091)	10:45.170 (2:46.003)	
8 Jamestown				11:19.09
1) Allyson Schreiber SO	2) Paige Erbstoesser FR	3) Kate Busek FR	4) Jennifer Tallackson FR	
2:44.437 (2:44.437)	5:29.100 (2:44.663)	8:23.218 (2:54.118)	11:19.083 (2:55.865)	

**Event 13 Men 4x800 Meter Relay****GPAC Record: 7:37.92 G 2019****Dordt, Dordt University****C Herman, J Merkle, L Van Eps, M Van Eps****NAIA Auto: 7:44.00 A****NAIA Prov.: 7:48.00 B**

Team	Relay			Finals
<b>Finals</b>				
1 Dordt				7:39.39 A
1) Dayton Brunsting FR	2) Cole Zevenbergen SO	3) Trey Engen JR	4) Payton Mauldin SO	
1:56.140 (1:56.140)	3:51.900 (1:55.760)	5:46.321 (1:54.421)	7:39.384 (1:53.063)	
2 Doane				7:43.53 A
1) Kalen Dockweiler SO	2) Trace Ebert SO	3) Aidan Wheelock SO	4) Kingdon Hawes SO	
1:54.579 (1:54.579)	3:52.481 (1:57.902)	5:48.914 (1:56.433)	7:43.528 (1:54.614)	
3 Morningside				7:52.37
1) Camden Beller SR	2) Tyson Spradling FR	3) Zach Ambrose SR	4) Ro Paschal SR	
1:57.055 (1:57.055)	3:58.483 (2:01.428)	5:55.062 (1:56.579)	7:52.364 (1:57.302)	
4 Northwestern (Iowa)				7:57.53
1) Wyatt Pryor SO	2) Trey Engelmann FR	3) Isaiah Lee SR	4) Peyton Brassler SR	
2:01.501 (2:01.501)	3:59.050 (1:57.549)	5:58.554 (1:59.504)	7:57.530 (1:58.976)	
5 Mount Marty				8:11.05
1) Liam Vidas FR	2) Caden Ideker SO	3) Alfonso Erickson JR	4) Mason Schlunsen JR	
1:59.240 (1:59.240)	4:01.711 (2:02.471)	6:06.412 (2:04.701)	8:11.043 (2:04.631)	
6 Dakota Wesleyan				8:14.56
1) Hunter Shanks SO	2) Justin Sorensen SO	3) Caleb Sayler FR	4) Wyatt Baldauf SO	
2:02.847 (2:02.847)	4:03.705 (2:00.858)	6:10.911 (2:07.206)	8:14.559 (2:03.648)	
7 Concordia (Neb.)				8:18.50
1) Sam Plante FR	2) Micah Willweber SO	3) Cameron Gray SR	4) Grant Lammers JR	
2:00.468 (2:00.468)	4:02.451 (2:01.983)	6:12.806 (2:10.355)	8:18.498 (2:05.692)	
8 Jamestown				8:23.00
1) Micah Hoke FR	2) Alexander Walker FR	3) David Martin SO	4) Kanyon Vermillion FR	
2:04.090 (2:04.090)	4:09.069 (2:04.979)	6:18.499 (2:09.430)	8:22.994 (2:04.495)	
9 Midland				8:38.14
1) Zac McGeorge FR	2) Blake Olbrich FR	3) Andrew Nunez FR	4) Jon Mahoney FR	
2:08.346 (2:08.346)	4:12.757 (2:04.411)	6:24.247 (2:11.490)	8:38.134 (2:13.887)	



## GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

## Doane University

## Results - GPAC Outdoor Championships Friday Events

## Event 30 Women 10000 Meter Run

GPAC Record: 37:11.93 G 5/2/2014 Lauren Shomaker, Hastings

NAIA Auto: 37:30.00 A

NAIA Prov.: 38:13.00 B

Name	Yr	School	Finals	
<b>1</b>	Allie Binder	JR Doane	37:59.41 B	
	1:29.058 (1:29.058)	3:02.972 (1:33.914)	4:31.258 (1:28.286)	6:03.216 (1:31.958)
	7:33.871 (1:30.655)	9:04.584 (1:30.713)	10:35.690 (1:31.106)	12:07.227 (1:31.537)
	13:38.063 (1:30.836)	15:09.825 (1:31.762)	16:40.723 (1:30.898)	18:12.245 (1:31.522)
	19:44.320 (1:32.075)	21:17.734 (1:33.414)	22:49.689 (1:31.955)	24:22.154 (1:32.465)
	25:52.858 (1:30.704)	27:26.109 (1:33.251)	28:59.062 (1:32.953)	30:29.769 (1:30.707)
	32:01.570 (1:31.801)	33:34.144 (1:32.574)	35:05.886 (1:31.742)	36:36.673 (1:30.787)
	37:59.407 (1:22.734)			
<b>2</b>	Eden Winslow	SR Dordt	38:51.48	
	1:28.710 (1:28.710)	3:02.620 (1:33.910)	4:31.702 (1:29.082)	6:03.604 (1:31.902)
	7:34.193 (1:30.589)	9:04.955 (1:30.762)	10:36.335 (1:31.380)	12:08.055 (1:31.720)
	13:40.606 (1:32.551)	15:12.767 (1:32.161)	16:45.806 (1:33.039)	18:20.469 (1:34.663)
	19:54.993 (1:34.524)	21:28.606 (1:33.613)	23:02.397 (1:33.791)	24:36.454 (1:34.057)
	26:11.513 (1:35.059)	27:47.508 (1:35.995)	29:22.767 (1:35.259)	30:58.553 (1:35.786)
	32:35.185 (1:36.632)	34:11.583 (1:36.398)	35:47.284 (1:35.701)	37:21.911 (1:34.627)
	38:51.477 (1:29.566)			
<b>3</b>	Katlyn Wiese	SO Northwestern (Iowa)	39:32.29	
	1:28.812 (1:28.812)	3:02.668 (1:33.856)	4:31.617 (1:28.949)	6:03.467 (1:31.850)
	7:34.131 (1:30.664)	9:04.867 (1:30.736)	10:36.190 (1:31.323)	12:07.758 (1:31.568)
	13:40.447 (1:32.689)	15:14.319 (1:33.872)	16:49.697 (1:35.378)	18:26.255 (1:36.558)
	20:02.624 (1:36.369)	21:39.105 (1:36.481)	23:16.848 (1:37.743)	24:55.076 (1:38.228)
	26:34.176 (1:39.100)	28:13.617 (1:39.441)	29:52.332 (1:38.715)	31:30.817 (1:38.485)
	33:09.578 (1:38.761)	34:47.934 (1:38.356)	36:26.328 (1:38.394)	38:04.839 (1:38.511)
	39:32.288 (1:27.449)			
<b>4</b>	Lucy Borkowski	SO Dordt	39:37.67	
	1:28.870 (1:28.870)	3:02.762 (1:33.892)	4:32.468 (1:29.706)	6:04.436 (1:31.968)
	7:38.048 (1:33.612)	9:11.358 (1:33.310)	10:44.948 (1:33.590)	12:19.756 (1:34.808)
	13:55.043 (1:35.287)	15:30.452 (1:35.409)	17:06.370 (1:35.918)	18:41.843 (1:35.473)
	20:18.553 (1:36.710)	21:54.644 (1:36.091)	23:30.966 (1:36.322)	25:07.894 (1:36.928)
	26:44.980 (1:37.086)	28:22.229 (1:37.249)	29:59.342 (1:37.113)	31:37.559 (1:38.217)
	33:16.070 (1:38.511)	34:55.595 (1:39.525)	36:34.056 (1:38.461)	38:09.512 (1:35.456)
	39:37.661 (1:28.149)			
<b>5</b>	Kristine Honomichl	JR Morningside	39:43.21	
	1:29.127 (1:29.127)	3:03.058 (1:33.931)	4:31.376 (1:28.318)	6:03.264 (1:31.888)
	7:33.980 (1:30.716)	9:04.633 (1:30.653)	10:35.947 (1:31.314)	12:07.344 (1:31.397)
	13:38.182 (1:30.838)	15:09.963 (1:31.781)	16:40.998 (1:31.035)	18:12.624 (1:31.626)
	19:46.091 (1:33.467)	21:20.944 (1:34.853)	22:58.627 (1:37.683)	24:36.160 (1:37.533)
	26:15.043 (1:38.883)	27:57.078 (1:42.035)	29:39.748 (1:42.670)	31:23.888 (1:44.140)
	33:06.026 (1:42.138)	34:48.777 (1:42.751)	36:30.041 (1:41.264)	38:10.987 (1:40.946)
	39:43.207 (1:32.220)			
<b>6</b>	Shania Santos	FR Hastings	40:07.42	
	1:40.349 (1:40.349)	3:22.780 (1:42.431)	5:01.546 (1:38.766)	6:40.043 (1:38.497)
	8:18.277 (1:38.234)	9:55.103 (1:36.826)	11:32.241 (1:37.138)	13:08.443 (1:36.202)
	14:44.898 (1:36.455)	16:20.231 (1:35.333)	17:56.522 (1:36.291)	19:32.328 (1:35.806)
	21:08.346 (1:36.018)	22:43.612 (1:35.266)	24:19.446 (1:35.834)	25:54.476 (1:35.030)
	27:29.289 (1:34.813)	29:06.301 (1:37.012)	30:42.854 (1:36.553)	32:18.522 (1:35.668)
	33:55.060 (1:36.538)	35:30.901 (1:35.841)	37:05.574 (1:34.673)	38:38.971 (1:33.397)
	40:07.419 (1:28.448)			

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Finals ... (Event 30 Women 10000 Meter Run)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>	
<b>7 Greichaly Ellens</b>	<b>JR</b>	<b>Dordt</b>	<b>40:11.99</b>	
1:29.466 (1:29.466)	3:03.283 (1:33.817)	4:34.064 (1:30.781)	6:09.232 (1:35.168)	
7:43.494 (1:34.262)	9:17.820 (1:34.326)	10:52.223 (1:34.403)	12:27.657 (1:35.434)	
14:03.993 (1:36.336)	15:41.597 (1:37.604)	17:17.668 (1:36.071)	18:55.034 (1:37.366)	
20:32.778 (1:37.744)	22:09.804 (1:37.026)	23:48.665 (1:38.861)	25:26.270 (1:37.605)	
27:05.221 (1:38.951)	28:43.174 (1:37.953)	30:23.000 (1:39.826)	32:02.954 (1:39.954)	
33:41.785 (1:38.831)	35:20.478 (1:38.693)	36:59.459 (1:38.981)	38:38.089 (1:38.630)	
40:11.988 (1:33.899)				
<b>8 Sydney Stiemsma</b>	<b>SR</b>	<b>Dordt</b>	<b>40:40.32</b>	
1:31.769 (1:31.769)	3:09.638 (1:37.869)	4:45.560 (1:35.922)	6:22.868 (1:37.308)	
7:59.855 (1:36.987)	9:36.110 (1:36.255)	11:12.298 (1:36.188)	12:49.414 (1:37.116)	
14:27.040 (1:37.626)	16:05.131 (1:38.091)	17:43.196 (1:38.065)	19:20.879 (1:37.683)	
20:58.795 (1:37.916)	22:37.445 (1:38.650)	24:15.018 (1:37.573)	25:53.979 (1:38.961)	
27:30.025 (1:36.046)	29:07.094 (1:37.069)	30:45.780 (1:38.686)	32:24.067 (1:38.287)	
34:04.350 (1:40.283)	35:44.043 (1:39.693)	37:23.133 (1:39.090)	39:04.079 (1:40.946)	
40:40.313 (1:36.234)				
<b>9 Elizabeth Baade</b>	<b>SO</b>	<b>Hastings</b>	<b>43:33.70</b>	
1:42.025 (1:42.025)	3:24.806 (1:42.781)	5:08.590 (1:43.784)	6:53.061 (1:44.471)	
8:35.996 (1:42.935)	10:20.277 (1:44.281)	12:02.925 (1:42.648)	13:46.589 (1:43.664)	
15:29.552 (1:42.963)	17:13.191 (1:43.639)	18:56.783 (1:43.592)	20:39.870 (1:43.087)	
22:23.420 (1:43.550)	24:07.254 (1:43.834)	25:50.811 (1:43.557)	27:34.945 (1:44.134)	
29:20.822 (1:45.877)	31:07.150 (1:46.328)	32:53.286 (1:46.136)	34:40.896 (1:47.610)	
36:30.185 (1:49.289)	38:20.911 (1:50.726)	40:09.238 (1:48.327)	41:55.678 (1:46.440)	
43:33.695 (1:38.017)				
<b>10 Abi DeLoach</b>	<b>SR</b>	<b>Concordia (Neb.)</b>	<b>44:48.34</b>	
1:40.573 (1:40.573)	3:23.079 (1:42.506)	5:01.637 (1:38.558)	6:40.102 (1:38.465)	
8:18.421 (1:38.319)	9:55.224 (1:36.803)	11:33.466 (1:38.242)	13:15.716 (1:42.250)	
14:59.451 (1:43.735)	16:46.817 (1:47.366)	18:34.928 (1:48.111)	20:22.905 (1:47.977)	
22:11.965 (1:49.060)	24:04.027 (1:52.062)	25:51.074 (1:47.047)	27:34.582 (1:43.508)	
29:22.548 (1:47.966)	31:18.510 (1:55.962)	33:14.246 (1:55.736)	35:07.840 (1:53.594)	
37:02.487 (1:54.647)	38:58.083 (1:55.596)	40:54.970 (1:56.887)	42:51.492 (1:56.522)	
44:48.340 (1:56.848)				
<b>11 Courtney Wright</b>	<b>FR</b>	<b>Concordia (Neb.)</b>	<b>45:45.62</b>	
1:40.432 (1:40.432)	3:22.970 (1:42.538)	5:03.889 (1:40.919)	6:47.592 (1:43.703)	
8:30.987 (1:43.395)	10:18.504 (1:47.517)	12:04.149 (1:45.645)	13:46.752 (1:42.603)	
15:34.864 (1:48.112)	17:25.689 (1:50.825)	19:10.891 (1:45.202)	21:01.832 (1:50.941)	
22:54.921 (1:53.089)	24:50.247 (1:55.326)	26:48.741 (1:58.494)	28:43.380 (1:54.639)	
30:35.990 (1:52.610)	32:27.279 (1:51.289)	34:18.293 (1:51.014)	36:16.225 (1:57.932)	
38:16.701 (2:00.476)	40:16.037 (1:59.336)	42:16.464 (2:00.427)	44:12.307 (1:55.843)	
45:45.613 (1:33.306)				
<b>12 Carley Davis</b>	<b>SO</b>	<b>Hastings</b>	<b>45:51.17</b>	
1:45.235 (1:45.235)	3:31.074 (1:45.839)	5:17.777 (1:46.703)	7:05.233 (1:47.456)	
8:51.881 (1:46.648)	10:37.920 (1:46.039)	12:24.935 (1:47.015)	14:12.375 (1:47.440)	
16:00.786 (1:48.411)	17:52.481 (1:51.695)	19:44.884 (1:52.403)	21:36.877 (1:51.993)	
23:29.657 (1:52.780)	25:21.380 (1:51.723)	27:12.859 (1:51.479)	29:04.090 (1:51.231)	
30:59.589 (1:55.499)	32:52.475 (1:52.886)	34:47.786 (1:55.311)	36:41.298 (1:53.512)	
38:33.590 (1:52.292)	40:27.008 (1:53.418)	42:21.281 (1:54.273)	44:09.674 (1:48.393)	
45:51.169 (1:41.495)				

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events**

13	Jillian Rants	FR Hastings	48:59.05	
	1:47.644 (1:47.644)	3:41.024 (1:53.380)	5:36.703 (1:55.679)	7:33.007 (1:56.304)
	9:28.627 (1:55.620)	11:24.386 (1:55.759)	13:21.182 (1:56.796)	15:18.022 (1:56.840)
	17:16.962 (1:58.940)	19:16.967 (2:00.005)	21:14.538 (1:57.571)	23:11.722 (1:57.184)
	25:08.805 (1:57.083)	27:10.019 (2:01.214)	29:08.628 (1:58.609)	31:08.633 (2:00.005)
	33:08.104 (1:59.471)	35:08.112 (2:00.008)	37:09.122 (2:01.010)	39:10.689 (2:01.567)
	41:11.323 (2:00.634)	43:10.136 (1:58.813)	45:09.117 (1:58.981)	47:07.609 (1:58.492)
	48:59.042 (1:51.433)			

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Event 8 Men 10000 Meter Run****GPAC Record: 30:55.24 G 1991 Garry Wasserman, Nebraska Wesleyan Univ.****NAIA Auto: 31:15.00 A****NAIA Prov.: 31:35.00 B**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Ethan Summerhays	SO	Dordt	32:06.93
	1:13.225 (1:13.225)	2:28.506 (1:15.281)	3:43.398 (1:14.892)	4:59.528 (1:16.130)
	6:16.221 (1:16.693)	7:32.168 (1:15.947)	8:48.347 (1:16.179)	10:04.746 (1:16.399)
	11:22.024 (1:17.278)	12:39.623 (1:17.599)	13:56.922 (1:17.299)	15:14.810 (1:17.888)
	16:32.109 (1:17.299)	17:50.034 (1:17.925)	19:07.490 (1:17.456)	20:25.137 (1:17.647)
	21:44.317 (1:19.180)	23:02.558 (1:18.241)	24:21.696 (1:19.138)	25:41.031 (1:19.335)
	27:00.014 (1:18.983)	28:18.737 (1:18.723)	29:37.434 (1:18.697)	30:54.865 (1:17.431)
	32:06.929 (1:12.064)			
2	Bailey Vande Griend	SR	Dordt	32:24.11
	1:14.199 (1:14.199)	2:29.296 (1:15.097)	3:44.526 (1:15.230)	5:00.810 (1:16.284)
	6:17.919 (1:17.109)	7:35.484 (1:17.565)	8:53.388 (1:17.904)	10:10.878 (1:17.490)
	11:29.590 (1:18.712)	12:47.798 (1:18.208)	14:07.131 (1:19.333)	15:25.516 (1:18.385)
	16:43.835 (1:18.319)	18:02.541 (1:18.706)	19:20.054 (1:17.513)	20:38.204 (1:18.150)
	21:56.751 (1:18.547)	23:15.166 (1:18.415)	24:34.176 (1:19.010)	25:53.410 (1:19.234)
	27:12.561 (1:19.151)	28:32.071 (1:19.510)	29:51.278 (1:19.207)	31:09.230 (1:17.952)
	32:24.110 (1:14.880)			
3	Brian Santiago	JR	Mount Marty	32:38.90
	1:13.778 (1:13.778)	2:29.002 (1:15.224)	3:43.965 (1:14.963)	5:00.093 (1:16.128)
	6:16.835 (1:16.742)	7:32.452 (1:15.617)	8:48.619 (1:16.167)	10:05.004 (1:16.385)
	11:22.299 (1:17.295)	12:41.004 (1:18.705)	14:00.889 (1:19.885)	15:20.349 (1:19.460)
	16:40.873 (1:20.524)	18:00.984 (1:20.111)	19:21.037 (1:20.053)	20:41.459 (1:20.422)
	22:02.703 (1:21.244)	23:22.271 (1:19.568)	24:42.904 (1:20.633)	26:04.268 (1:21.364)
	27:25.819 (1:21.551)	28:45.940 (1:20.121)	30:06.295 (1:20.355)	31:25.910 (1:19.615)
	32:38.897 (1:12.987)			
4	Aidan Vorster	FR	Dordt	32:59.25
	1:13.517 (1:13.517)	2:28.825 (1:15.308)	3:43.699 (1:14.874)	4:59.867 (1:16.168)
	6:16.545 (1:16.678)	7:32.769 (1:16.224)	8:48.918 (1:16.149)	10:05.322 (1:16.404)
	11:22.575 (1:17.253)	12:40.055 (1:17.480)	13:57.512 (1:17.457)	15:15.785 (1:18.273)
	16:35.133 (1:19.348)	17:55.929 (1:20.796)	19:17.270 (1:21.341)	20:38.630 (1:21.360)
	21:59.395 (1:20.765)	23:22.343 (1:22.948)	24:45.518 (1:23.175)	26:10.491 (1:24.973)
	27:34.703 (1:24.212)	28:56.026 (1:21.323)	30:19.768 (1:23.742)	31:44.142 (1:24.374)
	32:59.250 (1:15.108)			
5	Leviticus Cross	SR	Northwestern (Iowa)	33:11.07
	1:14.563 (1:14.563)	2:31.693 (1:17.130)	3:51.411 (1:19.718)	5:08.803 (1:17.392)
	6:28.162 (1:19.359)	7:46.208 (1:18.046)	9:05.022 (1:18.814)	10:23.217 (1:18.195)
	11:42.082 (1:18.865)	13:01.106 (1:19.024)	14:19.992 (1:18.886)	15:39.633 (1:19.641)
	16:58.976 (1:19.343)	18:19.577 (1:20.601)	19:39.680 (1:20.103)	21:01.526 (1:21.846)
	22:23.298 (1:21.772)	23:45.023 (1:21.725)	25:08.340 (1:23.317)	26:31.405 (1:23.065)
	27:53.187 (1:21.782)	29:14.560 (1:21.373)	30:35.866 (1:21.306)	31:55.838 (1:19.972)
	33:11.069 (1:15.231)			
6	Jakob Tadlock	FR	Doane	33:30.27
	1:20.145 (1:20.145)	2:41.106 (1:20.961)	4:00.475 (1:19.369)	5:20.213 (1:19.738)
	6:39.116 (1:18.903)	7:58.233 (1:19.117)	9:17.225 (1:18.992)	10:38.909 (1:21.684)
	11:58.147 (1:19.238)	13:18.214 (1:20.067)	14:37.422 (1:19.208)	15:57.565 (1:20.143)
	17:17.636 (1:20.071)	18:37.873 (1:20.237)	19:58.795 (1:20.922)	21:19.891 (1:21.096)
	22:40.209 (1:20.318)	24:01.773 (1:21.564)	25:22.974 (1:21.201)	26:44.930 (1:21.956)
	28:07.771 (1:22.841)	29:30.591 (1:22.820)	30:53.493 (1:22.902)	32:16.848 (1:23.355)
	33:30.270 (1:13.422)			

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Finals ... (Event 8 Men 10000 Meter Run)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>	
<b>7 Zach Hole</b>	<b>SR</b>	<b>Hastings</b>	<b>33:31.17</b>	
1:19.262 (1:19.262)	2:38.935 (1:19.673)	3:59.811 (1:20.876)	5:19.866 (1:20.055)	
6:38.850 (1:18.984)	7:57.857 (1:19.007)	9:17.084 (1:19.227)	10:38.177 (1:21.093)	
11:55.955 (1:17.778)	13:13.870 (1:17.915)	14:32.660 (1:18.790)	15:52.510 (1:19.850)	
17:13.702 (1:21.192)	18:34.865 (1:21.163)	19:56.332 (1:21.467)	21:19.080 (1:22.748)	
22:40.080 (1:21.000)	24:02.323 (1:22.243)	25:23.506 (1:21.183)	26:45.192 (1:21.686)	
28:08.173 (1:22.981)	29:31.970 (1:23.797)	30:53.643 (1:21.673)	32:16.605 (1:22.962)	
33:31.169 (1:14.564)				
<b>8 Sisey Tirop</b>	<b>FR</b>	<b>Doane</b>	<b>33:32.12</b>	
1:18.284 (1:18.284)	2:38.343 (1:20.059)	3:59.847 (1:21.504)	5:19.530 (1:19.683)	
6:37.907 (1:18.377)	7:55.790 (1:17.883)	9:13.166 (1:17.376)	10:30.915 (1:17.749)	
11:49.464 (1:18.549)	13:08.178 (1:18.714)	14:27.848 (1:19.670)	15:48.442 (1:20.594)	
17:10.459 (1:22.017)	18:33.128 (1:22.669)	19:55.996 (1:22.868)	21:18.850 (1:22.854)	
22:40.404 (1:21.554)	24:02.068 (1:21.664)	25:23.227 (1:21.159)	26:44.590 (1:21.363)	
28:08.092 (1:23.502)	29:32.225 (1:24.133)	30:56.088 (1:23.863)	32:18.717 (1:22.629)	
33:32.114 (1:13.397)				
<b>9 Daniel Reimer</b>	<b>SR</b>	<b>Doane</b>	<b>33:40.21</b>	
1:19.964 (1:19.964)	2:39.052 (1:19.088)	3:59.314 (1:20.262)	5:19.901 (1:20.587)	
6:38.887 (1:18.986)	7:58.352 (1:19.465)	9:16.587 (1:18.235)	10:38.678 (1:22.091)	
12:00.115 (1:21.437)	13:22.412 (1:22.297)	14:43.589 (1:21.177)	16:05.185 (1:21.596)	
17:27.413 (1:22.228)	18:48.857 (1:21.444)	20:11.295 (1:22.438)	21:33.039 (1:21.744)	
22:54.179 (1:21.140)	24:17.280 (1:23.101)	25:39.445 (1:22.165)	27:03.262 (1:23.817)	
28:24.841 (1:21.579)	29:46.602 (1:21.761)	31:09.310 (1:22.708)	32:30.809 (1:21.499)	
33:40.210 (1:09.401)				
<b>10 Jon Mahoney</b>	<b>FR</b>	<b>Midland</b>	<b>33:47.00</b>	
1:20.462 (1:20.462)	2:41.438 (1:20.976)	4:00.346 (1:18.908)	5:20.482 (1:20.136)	
6:39.466 (1:18.984)	7:59.817 (1:20.351)	9:19.686 (1:19.869)	10:40.487 (1:20.801)	
11:59.660 (1:19.173)	13:20.476 (1:20.816)	14:39.997 (1:19.521)	16:00.374 (1:20.377)	
17:22.155 (1:21.781)	18:43.892 (1:21.737)	20:06.093 (1:22.201)	21:29.860 (1:23.767)	
22:53.856 (1:23.996)	24:17.892 (1:24.036)	25:38.934 (1:21.042)	27:03.530 (1:24.596)	
28:24.563 (1:21.033)	29:46.971 (1:22.408)	31:09.012 (1:22.041)	32:30.497 (1:21.485)	
33:46.998 (1:16.501)				
<b>11 Alex France</b>	<b>JR</b>	<b>Midland</b>	<b>33:59.82</b>	
1:25.532 (1:25.532)	2:47.776 (1:22.244)	4:10.463 (1:22.687)	5:32.012 (1:21.549)	
6:54.035 (1:22.023)	8:15.119 (1:21.084)	9:36.335 (1:21.216)	10:57.521 (1:21.186)	
12:17.034 (1:19.513)	13:36.661 (1:19.627)	14:57.325 (1:20.664)	16:19.197 (1:21.872)	
17:43.281 (1:24.084)	19:06.123 (1:22.842)	20:28.011 (1:21.888)	21:49.997 (1:21.986)	
23:11.702 (1:21.705)	24:34.147 (1:22.445)	25:57.533 (1:23.386)	27:21.630 (1:24.097)	
28:43.742 (1:22.112)	30:03.733 (1:19.991)	31:24.241 (1:20.508)	32:44.425 (1:20.184)	
33:59.819 (1:15.394)				
<b>12 Dawson Jacobsma</b>	<b>SR</b>	<b>Northwestern (Iowa)</b>	<b>34:36.21</b>	
1:14.973 (1:14.973)	2:32.013 (1:17.040)	3:51.122 (1:19.109)	5:09.642 (1:18.520)	
6:30.270 (1:20.628)	7:50.431 (1:20.161)	9:11.699 (1:21.268)	10:32.983 (1:21.284)	
11:54.974 (1:21.991)	13:16.422 (1:21.448)	14:38.781 (1:22.359)	16:01.180 (1:22.399)	
17:25.068 (1:23.888)	18:48.594 (1:23.526)	20:12.565 (1:23.971)	21:37.415 (1:24.850)	
23:02.978 (1:25.563)	24:27.950 (1:24.972)	25:54.150 (1:26.200)	27:20.526 (1:26.376)	
28:46.708 (1:26.182)	30:14.216 (1:27.508)	31:42.083 (1:27.867)	33:10.163 (1:28.080)	
34:36.206 (1:26.043)				

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events**

13	Jack Ellis	FR	Concordia (Neb.)	34:38.60
	1:21.173 (1:21.173)	2:43.098 (1:21.925)	4:04.357 (1:21.259)	5:27.100 (1:22.743)
	6:51.198 (1:24.098)	8:15.887 (1:24.689)	9:40.259 (1:24.372)	11:04.870 (1:24.611)
	12:29.756 (1:24.886)	13:54.626 (1:24.870)	15:19.906 (1:25.280)	16:43.718 (1:23.812)
	18:07.606 (1:23.888)	19:32.974 (1:25.368)	20:58.101 (1:25.127)	22:22.910 (1:24.809)
	23:47.868 (1:24.958)	25:12.479 (1:24.611)	26:34.120 (1:21.641)	27:54.958 (1:20.838)
	29:18.948 (1:23.990)	30:42.111 (1:23.163)	32:03.185 (1:21.074)	33:22.831 (1:19.646)
	34:38.592 (1:15.761)			

## GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022

## Doane University

## Results - GPAC Outdoor Championships Friday Events

## Finals ... (Event 8 Men 10000 Meter Run)

Name	Yr	School	Finals
14 Kendall Van Zanten	SR	Dordt	34:51.57
1:19.698 (1:19.698)	2:42.754 (1:23.056)	4:03.908 (1:21.154)	5:25.636 (1:21.728)
6:48.107 (1:22.471)	8:10.283 (1:22.176)	9:32.174 (1:21.891)	10:54.534 (1:22.360)
12:16.248 (1:21.714)	13:38.004 (1:21.756)	15:01.007 (1:23.003)	16:24.069 (1:23.062)
17:48.333 (1:24.264)	19:12.595 (1:24.262)	20:36.150 (1:23.555)	22:00.353 (1:24.203)
23:25.032 (1:24.679)	24:49.876 (1:24.844)	26:16.382 (1:26.506)	27:42.715 (1:26.333)
29:09.799 (1:27.084)	30:37.026 (1:27.227)	32:05.360 (1:28.334)	33:31.412 (1:26.052)
34:51.561 (1:20.149)			
15 Duncan Blankenship	FR	Doane	35:09.31
1:17.907 (1:17.907)	2:38.777 (1:20.870)	4:00.085 (1:21.308)	5:20.180 (1:20.095)
6:39.183 (1:19.003)	7:58.674 (1:19.491)	9:17.490 (1:18.816)	10:39.238 (1:21.748)
11:59.537 (1:20.299)	13:22.937 (1:23.400)	14:46.968 (1:24.031)	16:11.692 (1:24.724)
17:37.005 (1:25.313)	19:02.633 (1:25.628)	20:29.118 (1:26.485)	21:54.473 (1:25.355)
23:23.649 (1:29.176)	24:51.257 (1:27.608)	26:18.718 (1:27.461)	27:49.861 (1:31.143)
29:19.776 (1:29.915)	30:47.320 (1:27.544)	32:15.190 (1:27.870)	33:45.476 (1:30.286)
35:09.305 (1:23.829)			
16 Thomas Oliver	FR	Doane	35:23.17
1:19.824 (1:19.824)	2:41.377 (1:21.553)	3:59.554 (1:18.177)	5:19.635 (1:20.081)
6:38.644 (1:19.009)	7:57.745 (1:19.101)	9:16.921 (1:19.176)	10:38.429 (1:21.508)
11:59.830 (1:21.401)	13:22.172 (1:22.342)	14:45.705 (1:23.533)	16:11.988 (1:26.283)
17:37.725 (1:25.737)	19:04.843 (1:27.118)	20:32.717 (1:27.874)	22:00.526 (1:27.809)
23:31.009 (1:30.483)	25:04.418 (1:33.409)	26:38.632 (1:34.214)	28:10.388 (1:31.756)
29:42.103 (1:31.715)	31:14.220 (1:32.117)	32:47.718 (1:33.498)	34:13.177 (1:25.459)
35:23.169 (1:09.992)			
17 Michael Vander Plaats	SO	Dordt	35:23.45
1:20.976 (1:20.976)	2:43.397 (1:22.421)	4:03.773 (1:20.376)	5:25.966 (1:22.193)
6:48.588 (1:22.622)	8:10.732 (1:22.144)	9:33.100 (1:22.368)	10:56.321 (1:23.221)
12:20.842 (1:24.521)	13:45.633 (1:24.791)	15:11.663 (1:26.030)	16:35.773 (1:24.110)
18:01.826 (1:26.053)	19:28.189 (1:26.363)	20:56.097 (1:27.908)	22:23.314 (1:27.217)
23:48.699 (1:25.385)	25:17.099 (1:28.400)	26:45.153 (1:28.054)	28:14.160 (1:29.007)
29:43.368 (1:29.208)	31:10.136 (1:26.768)	32:37.571 (1:27.435)	34:04.124 (1:26.553)
35:23.450 (1:19.326)			
18 Charlie Hayden	FR	Concordia (Neb.)	35:31.71
1:20.484 (1:20.484)	2:41.823 (1:21.339)	4:00.797 (1:18.974)	5:20.922 (1:20.125)
6:40.997 (1:20.075)	8:01.305 (1:20.308)	9:24.748 (1:23.443)	10:49.577 (1:24.829)
12:14.527 (1:24.950)	13:38.550 (1:24.023)	15:04.408 (1:25.858)	16:33.135 (1:28.727)
18:02.449 (1:29.314)	19:30.645 (1:28.196)	20:58.847 (1:28.202)	22:25.361 (1:26.514)
23:56.086 (1:30.725)	25:28.275 (1:32.189)	26:57.364 (1:29.089)	28:25.756 (1:28.392)
29:52.552 (1:26.796)	31:18.903 (1:26.351)	32:46.181 (1:27.278)	34:11.869 (1:25.688)
35:31.707 (1:19.838)			
19 Ricky Herman	JR	Concordia (Neb.)	36:07.33
1:16.633 (1:16.633)	2:37.764 (1:21.131)	4:00.151 (1:22.387)	5:20.750 (1:20.599)
6:40.726 (1:19.976)	8:02.839 (1:22.113)	9:29.417 (1:26.578)	10:54.877 (1:25.460)
12:21.395 (1:26.518)	13:48.133 (1:26.738)	15:16.722 (1:28.589)	16:44.203 (1:27.481)
18:12.887 (1:28.684)	19:41.056 (1:28.169)	21:09.930 (1:28.874)	22:39.495 (1:29.565)
24:09.416 (1:29.921)	25:39.833 (1:30.417)	27:09.350 (1:29.517)	28:40.625 (1:31.275)
30:11.659 (1:31.034)	31:43.042 (1:31.383)	33:13.722 (1:30.680)	34:44.163 (1:30.441)
36:07.330 (1:23.167)			

**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events**

20	Carson Means	FR	Mount Marty	36:46.43
	1:24.339 (1:24.339)	2:49.355 (1:25.016)	4:13.867 (1:24.512)	5:39.791 (1:25.924)
	7:06.006 (1:26.215)	8:31.941 (1:25.935)	9:58.178 (1:26.237)	11:24.770 (1:26.592)
	12:53.255 (1:28.485)	14:21.838 (1:28.583)	15:50.687 (1:28.849)	17:19.850 (1:29.163)
	18:49.614 (1:29.764)	20:19.006 (1:29.392)	21:48.161 (1:29.155)	23:17.704 (1:29.543)
	24:47.884 (1:30.180)	26:19.113 (1:31.229)	27:49.931 (1:30.818)	29:20.386 (1:30.455)
	30:50.738 (1:30.352)	32:22.264 (1:31.526)	33:52.520 (1:30.256)	35:22.546 (1:30.026)
	36:46.427 (1:23.881)			



**GPAC Outdoor Track and Field Championships - 5/6/2022 to 5/7/2022****Doane University****Results - GPAC Outdoor Championships Friday Events****Finals ... (Event 8 Men 10000 Meter Run)**

Name	Yr	School	Finals
21 Wyatt Lehr	JR	Concordia (Neb.)	37:14.22
1:25.112 (1:25.112)	2:51.553 (1:26.441)	4:17.891 (1:26.338)	5:43.231 (1:25.340)
7:11.315 (1:28.084)	8:38.743 (1:27.428)	10:07.514 (1:28.771)	11:36.643 (1:29.129)
13:06.244 (1:29.601)	14:36.890 (1:30.646)	16:08.712 (1:31.822)	17:40.834 (1:32.122)
19:13.630 (1:32.796)	20:45.982 (1:32.352)	22:18.719 (1:32.737)	23:51.750 (1:33.031)
25:25.108 (1:33.358)	26:58.054 (1:32.946)	28:25.529 (1:27.475)	29:52.489 (1:26.960)
31:18.873 (1:26.384)	32:48.775 (1:29.902)	34:19.950 (1:31.175)	35:52.536 (1:32.586)
37:14.220 (1:21.684)			
22 Evan Schmidt	FR	Concordia (Neb.)	37:24.39
1:25.729 (1:25.729)	2:52.296 (1:26.567)	4:18.955 (1:26.659)	5:47.439 (1:28.484)
7:18.598 (1:31.159)	8:50.675 (1:32.077)	10:25.197 (1:34.522)	11:57.851 (1:32.654)
13:29.892 (1:32.041)	15:02.280 (1:32.388)	16:34.841 (1:32.561)	18:09.502 (1:34.661)
19:42.032 (1:32.530)	21:11.924 (1:29.892)	22:41.126 (1:29.202)	24:12.376 (1:31.250)
25:42.731 (1:30.355)	27:12.359 (1:29.628)	28:42.479 (1:30.120)	30:13.341 (1:30.862)
31:45.006 (1:31.665)	33:14.455 (1:29.449)	34:44.893 (1:30.438)	36:13.707 (1:28.814)
37:24.386 (1:10.679)			
23 Logan Walgate	FR	Concordia (Neb.)	37:30.61
1:26.180 (1:26.180)	2:52.718 (1:26.538)	4:19.379 (1:26.661)	5:47.731 (1:28.352)
7:19.008 (1:31.277)	8:51.048 (1:32.040)	10:24.601 (1:33.553)	11:57.315 (1:32.714)
13:29.432 (1:32.117)	15:02.175 (1:32.743)	16:35.216 (1:33.041)	18:09.851 (1:34.635)
19:41.410 (1:31.559)	21:10.586 (1:29.176)	22:40.747 (1:30.161)	24:11.984 (1:31.237)
25:42.290 (1:30.306)	27:11.903 (1:29.613)	28:41.696 (1:29.793)	30:12.216 (1:30.520)
31:43.258 (1:31.042)	33:11.339 (1:28.081)	34:39.403 (1:28.064)	36:07.751 (1:28.348)
37:30.604 (1:22.853)			
24 Hayden Lee	SR	Northwestern (Iowa)	38:06.90
1:24.763 (1:24.763)	2:51.098 (1:26.335)	4:17.454 (1:26.356)	5:44.644 (1:27.190)
7:12.798 (1:28.154)	8:42.680 (1:29.882)	10:12.795 (1:30.115)	11:43.244 (1:30.449)
13:14.230 (1:30.986)	14:45.897 (1:31.667)	16:18.048 (1:32.151)	17:51.339 (1:33.291)
19:23.878 (1:32.539)	20:56.499 (1:32.621)	22:29.708 (1:33.209)	24:03.001 (1:33.293)
25:37.091 (1:34.090)	27:11.948 (1:34.857)	28:46.901 (1:34.953)	30:22.701 (1:35.800)
31:57.917 (1:35.216)	33:31.951 (1:34.034)	35:05.084 (1:33.133)	36:37.437 (1:32.353)
38:06.893 (1:29.456)			

**Women - Team Rankings - 6 Events Scored**

1) Concordia (Neb.)	48	2) Doane	47
3) Hastings	38	4) Dordt	26
5) Jamestown	20	5) Northwestern (Iowa)	20
7) Morningside	18	8) Mount Marty	7
9) St. Mary (Neb.)	5	10) Dakota Wesleyan	4
11) Briar Cliff	1		

**Men - Team Rankings - 6 Events Scored**

1) Doane	68	2) Concordia (Neb.)	48
3) Dordt	34	4) Northwestern (Iowa)	25
5) Hastings	17	6) Mount Marty	14
7) Jamestown	10	8) Morningside	6
8) Midland	6	8) Dakota Wesleyan	6