

## Red Raider Open 2021 - 4/9/2021 to 4/10/2021

## De Valois Stadium at Northwestern College

## Results

## Women 100 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Beckmann, Alexandra	FR	Dordt	12.50q 4.2
2 Malsom, Brooke	FR	Valley City	12.55q 4.2
3 Flammang, Lindsey	SR	Morningside	12.58q 4.2
4 Wolf, Josie	JR	Dakota State	12.61q 2.6
5 Blum, Lizzy	FR	Northwestern	12.79q 2.6
6 Yoder, Julia	SR	Dordt	12.84q 4.2
7 Jackson, Christina	JR	Buena Vista	12.91q 4.2
8 Nikkel, Erika	FR	Dordt	13.01q 4.2
9 Orr, Meghan	SO	Jamestown	13.04 2.6
10 Jondle, Katara	SO	Buena Vista	13.17 4.2
11 Banks, Kaly	SO	Augustana (S)	13.22 4.5
12 Breaux, Kristin	JR	Jamestown	13.27 4.5
13 Bohl, Gracie	FR	Jamestown	13.31 4.5
14 Nielsen, Kaitlynn	FR	Buena Vista	13.35 4.2
15 Brich, Amanda	FR	Buena Vista	13.50 4.2
16 Haynes, Kacy	JR	Dordt	13.63 4.2
17 Rus, Taylor	JR	Dordt	13.64 2.6
18 Allen, Anna	SO	Jamestown	13.72 4.5
19 Feeley, Alyssa	FR	Northwestern	13.81 4.2
20 Yates, Shaylee	FR	Northwestern	13.88 2.6
21 Wolsky, Grace	FR	Northwestern	13.93 4.2
22 Pross, Pluma	FR	Briar Cliff	14.48 4.5
23 Tjeerdsma, Rebecca	SO	Dordt	14.99 2.6

## Women 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Flammang, Lindsey	SR	Morningside	12.53 2.4
2 Malsom, Brooke	FR	Valley City	12.55 2.4
3 Wolf, Josie	JR	Dakota State	12.57 2.4
4 Beckmann, Alexandra	FR	Dordt	12.60 2.4
5 Blum, Lizzy	FR	Northwestern	12.72 2.4
6 Jackson, Christina	JR	Buena Vista	12.81 2.4
7 Yoder, Julia	SR	Dordt	12.84 2.4
8 Nikkel, Erika	FR	Dordt	13.33 2.4

## Women 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Ridout, Betsy	JR	Morningside	25.80 3.6
2 Ostbye, Caitlin	FR	Northwestern	25.90 3.6
3 Beckmann, Alexandra	FR	Dordt	26.11 2.7
4 Malsom, Brooke	FR	Valley City	26.28 3.6
5 Blum, Lizzy	FR	Northwestern	26.46 2.7
6 Boykin, Jesikah	FR	Briar Cliff	26.48 2.7
7 Mudgett, Sydney	JR	Augustana (S)	26.55 3.6
8 Jondle, Katara	SO	Buena Vista	26.69 2.7
9 Rick, Annika	SR	Dordt	26.74 2.7
10 Yoder, Julia	SR	Dordt	27.11 3.6
11 Vandermeer, Ashley	SO	Dordt	27.19 2.3
12 Kooistra, Mika	JR	Dordt	27.23 3.6
13 Nielsen, Kaitlynn	FR	Buena Vista	27.25 2.3

14 Bohl, Gracie	FR	Jamestown	27.38 2.3
15 Jackson, Christina	JR	Buena Vista	27.39 2.7
16 Sundby, Sammi	FR	Augustana (S)	27.47 2.3
17 Menning, Courtney	FR	Dakota State	27.55 2.3
18 Brich, Amanda	FR	Buena Vista	27.89 3.6
19 Nikkel, Erika	FR	Dordt	27.97 3.6
20 Banks, Kaly	SO	Augustana (S)	28.19 2.7
21 Olsom, Hannah	FR	Buena Vista	28.20 3.6
22 Ludeman, Kendra	JR	Augustana (S)	28.28 2.7
23 Boyum, Molly	SO	Augustana (S)	28.28 2.3
24 Eilander, Kayla	FR	Morningside	28.61 4.4
25 Allen, Anna	SO	Jamestown	28.64 3.6
26 Marco, Jada	SR	Northwestern	28.89 3.6
27 Haynes, Kacy	JR	Dordt	28.99 2.3
28 Neece, Michelle	FR	Augustana (S)	29.04 2.5
29 Goodman, Breionna	FR	Briar Cliff	29.10 3.6
30 Wolsky, Grace	FR	Northwestern	29.50 4.4
31 Bonn, Sara	FR	Jamestown	29.51 2.5
32 Pross, Pluma	FR	Briar Cliff	29.91 4.4
33 Klein, Alayanna	FR	Jamestown	30.46 2.5
34 Tjeerdsma, Rebecca	SO	Dordt	30.47 2.5

## Women 400 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Kooistra, Mika	JR	Dordt	58.93
2 Ridout, Betsy	JR	Morningside	59.57
3 Mudgett, Sydney	JR	Augustana (S)	59.83
4 Rick, Annika	SR	Dordt	59.87
5 Yeager, Kezley	FR	Dakota State	1:01.18
6 Boykin, Jesikah	FR	Briar Cliff	1:01.29
7 Sterk, Savonne	FR	Northwestern	1:01.99
8 Sundby, Sammi	FR	Augustana (S)	1:02.04
9 Herman, Anna	FR	Dordt	1:02.25
10 Blankespoor, Madi	FR	Northwestern	1:03.10
11 Kemble, Devyn	JR	Northwestern	1:03.12
12 Telleen, Ashley	SO	Buena Vista	1:05.66
13 Allen, Anna	SO	Jamestown	1:09.10
14 Goodman, Breionna	FR	Briar Cliff	1:10.28
15 Braun, Tiffany	SR	Briar Cliff	1:11.78

## Women 800 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Van Der Brink, Morgan	JR	Northwestern	2:20.81
2 Forbes, Jady	SO	Buena Vista	2:21.10
3 Chicoine, Emily	FR	Morningside	2:24.67
4 Nagel, Cheylee	FR	Dakota State	2:28.49
5 Minderhoud, Whitney	FR	Dordt	2:29.79
6 Hodges, Latrice	JR	Buena Vista	2:31.39
7 Sanchez, Michelle	FR	Morningside	2:31.98
8 Van Zee, Kasey	FR	Augustana (S)	2:33.03
9 Zylstra, Johanna	FR	Dordt	2:35.54
10 Fredericksen, Alexa	FR	Dordt	2:37.62
11 Dirx, Jenna	JR	Morningside	2:38.24
12 Olson, Monica	FR	Morningside	2:39.86

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## Finals ... (Women 800 Meter Run)

Name	Yr	School	Finals
13 Wittenberg, Tirzah	FR	Northwestern	2:43.65
14 Koetsier, Kelly	JR	Dordt	2:44.96
15 Moreno, Aleida	SR	Briar Cliff	2:58.77
16 Weber, Lexi	FR	Briar Cliff	3:11.03
17 Guzman, Teresa	SO	Briar Cliff	3:13.97

## Women 1500 Meter Run

Name	Yr	School	Finals
1 Ten Haken, Bethany	SO	Dordt	5:01.90
2 Henderson, Avery	FR	Morningside	5:12.85
3 Blum, Samantha	SR	Northwestern	5:19.80
4 Veldhuisen, Alexa	JR	Dordt	5:24.62
5 Aughenbaugh, Mallory	JR	Dakota State	5:25.96
6 Wiese, Katlyn	FR	Northwestern	5:30.38
7 Shulstad, Megan	NA	UNAT	5:32.22
8 Schreiber, Allyson	FR	Jamestown	5:35.90
9 Wittern, Shanoah	JR	Dordt	5:45.42
10 Hurt, Madeline	SO	Dordt	5:54.29
11 Coady, Delanie	SO	Northwestern	5:59.49
12 Rowe, Sherryl	FR	Dordt	6:01.39
13 Moreno, Aleida	SR	Briar Cliff	6:06.17
14 Weber, Lexi	FR	Briar Cliff	6:42.83
15 Guzman, Teresa	SO	Briar Cliff	6:49.62
--- Whitcomb, Madison	JR	Dakota State	DNF

## Women 5000 Meter Run

Name	Yr	School	Finals
1 Wiese, Katlyn	FR	Northwestern	20:04.05
2 Van Zanten, Danielle	SR	Dordt	20:35.05
3 Kenny, Rachel	SO	Morningside	21:35.69
--- Rios, Juliette	SR	Dakota State	DNF

## Women 10000 Meter Run

Name	Yr	School	Finals
1 Chadwick, Lindi		UNAT	40:35.05
2 Andersen, Tara	SR	Dordt	41:19.89
3 Stiemsma, Sydney	JR	Dordt	41:38.87
4 Barnes, Jasmine	FR	Valley City	42:20.89
5 Kuperus, Elyse	JR	Dordt	42:49.11

## Women 100 Meter Hurdles

Name	Yr	School	Prelims
1 Dikmen, Selin	JR	Augustana (S)	14.83q 4.2
2 Sump, Jessica	FR	Buena Vista	15.66q 4.2
3 Morken, Hope	SO	Morningside	15.93q 4.2
4 Langseth, Anna	FR	Augustana (S)	16.20q 4.1
5 Marco, Jada	SR	Northwestern	16.45q 4.1
6 Bonn, Sara	FR	Jamestown	17.16q 4.1
7 De Jong, Ella	FR	Dordt	17.29q 4.2
8 Jenness, Emma	FR	Northwestern	17.35q 4.2

9 Groff, Bryn	SR	Morningside	18.47	4.1
10 Neece, Michelle	FR	Augustana (S)	18.82	4.1

## Women 100 Meter Hurdles

Name	Yr	School	Finals
1 Dikmen, Selin	JR	Augustana (S)	14.52 3.0
2 Sump, Jessica	FR	Buena Vista	15.24 3.0
3 Morken, Hope	SO	Morningside	15.87 3.0
4 Langseth, Anna	FR	Augustana (S)	16.21 3.0
5 Marco, Jada	SR	Northwestern	17.00 3.0
6 De Jong, Ella	FR	Dordt	17.07 3.0
7 Bonn, Sara	FR	Jamestown	17.24 3.0
8 Jenness, Emma	FR	Northwestern	17.96 3.0

## Women 400 Meter Hurdles

Name	Yr	School	Finals
1 Stuit, Anmarie	JR	Dordt	1:04.87
2 Dikmen, Selin	JR	Augustana (S)	1:05.76
3 Clarke, Abigail	SO	Northwestern	1:06.28
4 Guyett, Tabitha	JR	Buena Vista	1:07.63
5 Yeakel, Callie	SO	Morningside	1:07.74
6 Bosch, Sarah	SO	Morningside	1:08.55
7 Boyum, Molly	SO	Augustana (S)	1:09.45
8 Langseth, Anna	FR	Augustana (S)	1:09.90
9 Morken, Hope	SO	Morningside	1:12.14
10 Roberts, Morgan	JR	Morningside	1:13.44
11 De Jong, Ella	FR	Dordt	1:13.80
12 Brinkman, Angela	SR	Northwestern	1:14.15
13 Braun, Tiffany	SR	Briar Cliff	1:21.44

## Women 3000 Meter Steeplechase

Name	Yr	School	Finals
1 Roderick, Qiana	SO	Buena Vista	12:02.36
--- Weitkum, Allyssa	SR	Valley City	DNF

## Women 4x100 Meter Relay

Team	Relay	Finals
1 Northwestern (Iowa)	A	49.97
1) Blum, Lizzy FR	2) Birks, Allison SR	
3) Marco, Jada SR	4) Ostbye, Caitlin FR	
2 Dordt	A	50.31
1) Nikkel, Erika FR	2) Stuit, Anmarie JR	
3) Yoder, Julia SR	4) Beckmann, Alexandra FR	
3 Buena Vista	A	51.66
1) Nielsen, Kaitlynn FR	2) Hays, Jade JR	
3) Sump, Jessica FR	4) Jackson, Christina JR	
4 Jamestown	A	51.73
1) Breaux, Kristin JR	2) Orr, Meghan SO	
3) Bohl, Gracie FR	4) Stier, Anni FR	
5 Dakota State	A	51.93
1) Yeager, Kezley FR	2) Giles, Jessica SO	
3) Giles, Jennifer SO	4) Wolf, Josie JR	

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## Finals ... (Women 4x100 Meter Relay)

Team	Relay	Finals
6 Dordt	B	52.17
1) Gross, Kate SR	2) Haynes, Kacy JR	
3) Vandermeer, Ashley SO	4) Bandstra, Mary Kate SO	

## Women 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Dordt	A	3:58.62
1) Stuit, Anmarie JR	2) Herman, Anna FR	
3) Rick, Annika SR	4) Kooistra, Mika JR	
2 Jamestown	A	4:05.25
1) Toliver, Jordynn FR	2) Breaux, Kristin JR	
3) Stier, Anni FR	4) Orr, Meghan SO	
3 Northwestern (Iowa)	A	4:06.45
1) Clarke, Abigail SO	2) Van Der Brink, Morgan JR	
3) Blankespoor, Madi FR	4) Sterk, Savonne FR	
4 Dakota State	A	4:07.07
1) Giles, Jennifer SO	2) Giles, Jessica SO	
3) Nagel, Cheylee FR	4) Yeager, Kezley FR	
5 Buena Vista	A	4:07.27
1) Klump, Wren JR	2) Hays, Jade JR	
3) Forbes, Jadyn SO	4) Guyett, Tabitha JR	
6 Morningside	A	4:14.14
1) Yeakel, Callie SO	2) Bosch, Sarah SO	
3) Chicoine, Emily FR	4) Dirx, Jenna JR	
7 Dordt	B	4:14.88
1) Brandsma, Cassie SO	2) Gross, Kate SR	
3) Bandstra, Mary Kate SO	4) Kooistra, Grace FR	
8 Northwestern (Iowa)	B	4:22.73
1) Kemble, Devyn JR	2) Jenness, Emma FR	
3) Ostbye, Caitlin FR	4) Brinkman, Angela SR	
9 Morningside	B	4:32.42
1) Henderson, Avery FR	2) Sanchez, Michelle FR	
3) Roberts, Morgan JR	4) Olson, Monica FR	

## Women 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Dakota State	A	9:55.09
1) Menning, Courtney FR	2) Aughenbaugh, Mallory JR	
3) Whitcomb, Madison JR	4) Giles, Jennifer SO	
2 Dordt	A	9:59.76
1) Kooistra, Mika JR	2) Rick, Annika SR	
3) Gross, Kate SR	4) Minderhoud, Whitney FR	
3 Morningside	A	10:05.02
1) Bosch, Sarah SO	2) Chicoine, Emily FR	
3) Dirx, Jenna JR	4) Henderson, Avery FR	
4 Dakota Wesleyan	A	10:58.81
1) Kilber, Tessa FR	2) Bohl, Macey SR	
3) Vermeulen, Annika FR	4) Field, Baylee FR	

## Women High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Ludeman, Kendra	JR	Augustana (S)	1.59m
2 Ridgely, Kaylynn	FR	Northwestern	1.54m
3 De Jong, Cori	JR	Dordt	J1.54m
4 Brandsma, Cassie	SO	Dordt	J1.54m
5 Matucha, Lahna	FR	Dakota State	1.49m
6 Miedema, Aubrey	FR	Dakota State	J1.49m
7 Cole, skylar	FR	Buena Vista	1.44m
8 Decker, Paige	FR	Dordt	J1.44m

## Women Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Minderhoud, Janessa	SR	Dordt	2.30m
--- Rypkema, Colleen	JR	Northwestern	NH

## Women Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Vandermeer, Ashley	SO	Dordt	5.30m 3.4
2 Malsom, Brooke	FR	Valley City	5.23m 3.6
3 Guyett, Tabitha	JR	Buena Vista	5.04m 4.3
4 Jacob, Katie	SO	Northwestern	5.01m 4.9
5 Bohl, Gracie	FR	Jamestown	4.72m 2.7
6 Pahl, Clara	FR	Northwestern	4.38m 4.6
7 Rus, Taylor	JR	Dordt	4.19m 2.6
8 Klein, Alayanna	FR	Jamestown	3.60m 3.8
--- Ridgely, Kaylynn	FR	Northwestern	FOUL

## Women Triple Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Banks, Kaly	SO	Augustana (S)	11.48m 4.7
2 Sundby, Sammi	FR	Augustana (S)	10.64m NWI
3 Dragt, Jaelyn	FR	Dordt	10.38m 3.3
4 Decker, Paige	FR	Dordt	10.31m NWI
5 Madden, Allison	FR	Morningside	10.08m NWI
6 Jacob, Katie	SO	Northwestern	9.34m NWI
--- Vandermeer, Ashley	SO	Dordt	FOUL

## Women Shot Put

Name	Yr	School	Finals
<b>Finals</b>			
1 Hubbard, Traia	JR	Dakota State	13.80m
2 Bindert, Rebecca	SR	Northwestern	12.96m
3 Simpson, Rebecca	SO	Buena Vista	12.46m
4 Gordon, Hannah	FR	Valley City	12.24m
5 Trimpe, Madison	SO	Buena Vista	12.17m
6 Wagner, Hope	FR	Briar Cliff	11.87m
7 Rodakowski, Audrey	FR	Jamestown	11.76m
8 Friedrichsen, Anna	FR	Buena Vista	11.68m
9 Kraft, Emily	FR	Northwestern	11.42m
10 Turner, Peyton	JR	Buena Vista	11.21m
11 Payne, Tyra	SO	Dakota State	11.20m

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Name	Yr	School	Finals
12 Brock, Anna	FR	Jamestown	11.08m
13 Van Berkum, Caroline	JR	Northwestern	11.00m
14 Waldren, Alexis	SO	Jamestown	10.90m
15 Plucker, Britni	SO	Dakota State	10.37m
16 Bobbe, Angel	FR	Jamestown	10.11m
17 Tietjen, Megan	FR	Jamestown	9.97m
18 Jansen, Julie	SR	Northwestern	9.96m
19 Stellingwerf, Jenn	SR	Dordt	9.74m
20 Kuker, Calgary	FR	Buena Vista	9.34m
21 Becher, Janae	FR	Augustana (S)	9.11m
--- Hunter, Brianna	SR	Briar Cliff	FOUL

## Women Discus Throw

Name	Yr	School	Finals
1 Hubbard, Traia	JR	Dakota State	47.85m
2 Bindert, Rebecca	SR	Northwestern	40.75m
3 Payne, Tyra	SO	Dakota State	39.94m
4 Trimpe, Madison	SO	Buena Vista	39.85m
5 Waldren, Alexis	SO	Jamestown	37.57m
6 Turner, Peyton	JR	Buena Vista	37.42m
7 Brock, Anna	FR	Jamestown	37.30m
8 Friedrichsen, Anna	FR	Buena Vista	36.61m
9 Wagner, Hope	FR	Briar Cliff	35.80m
10 Becher, Janae	FR	Augustana (S)	35.38m
11 Jansen, Julie	SR	Northwestern	34.48m
12 Van Berkum, Caroline	JR	Northwestern	34.00m
13 Plucker, Britni	SO	Dakota State	33.49m
14 Bauer, Kadie	SR	Northwestern	32.73m
15 Stellingwerf, Jenn	SR	Dordt	32.25m
16 Ezana, Melat	SO	Jamestown	31.55m
17 Brennan, Anna	FR	Buena Vista	31.28m
18 Bobbe, Angel	FR	Jamestown	27.65m
19 Gordon, Hannah	FR	Valley City	23.57m
20 Reginald, Grace	SO	Northwestern	22.28m

## Women Hammer Throw

Name	Yr	School	Finals
1 Simpson, Rebecca	SO	Buena Vista	49.76m
2 Hubbard, Traia	JR	Dakota State	42.91m
3 Friedrichsen, Anna	FR	Buena Vista	42.19m
4 Stellingwerf, Jenn	SR	Dordt	40.57m
5 Payne, Tyra	SO	Dakota State	40.00m
6 Plucker, Britni	SO	Dakota State	39.95m
7 Turner, Peyton	JR	Buena Vista	39.74m
8 Gordon, Hannah	FR	Valley City	39.45m
9 Pattison, Skyler	FR	Dakota State	36.40m
10 Struve, Summer	SR	Morningside	36.26m
11 Brennan, Anna	FR	Buena Vista	33.87m
12 Trimpe, Madison	SO	Buena Vista	33.84m
13 Tietjen, Megan	FR	Jamestown	33.42m
14 Mullings, Tayla	FR	Valley City	32.31m
15 Becher, Janae	FR	Augustana (S)	30.74m

16 Kraft, Emily	FR	Northwestern	30.50m
17 Bauer, Kadie	SR	Northwestern	30.43m
18 Brock, Anna	FR	Jamestown	30.22m
19 Kuker, Calgary	FR	Buena Vista	28.91m
20 Bobbe, Angel	FR	Jamestown	25.55m

## Women Javelin Throw

Name	Yr	School	Finals
1 Simpson, Rebecca	SO	Buena Vista	39.70m
2 Halverson, Peyton	JR	Valley City	36.79m
3 Rick, Annika	SR	Dordt	34.69m
4 Schmeichel, Taylor	SO	Jamestown	33.29m
5 Toliver, Jordynn	FR	Jamestown	32.96m
6 Gordon, Hannah	FR	Valley City	32.69m
7 Gross, Kate	SR	Dordt	31.10m
8 Groff, Bryn	SR	Morningside	31.09m
9 Keller, Adele	SR	Jamestown	30.63m
10 Brennan, Anna	FR	Buena Vista	28.94m
11 Vane, Lauren	SR	Dordt	26.59m
12 De Jong, Ella	FR	Dordt	25.94m
13 Zeller, Sloane	FR	Dordt	24.36m
14 Wolsky, Grace	FR	Northwestern	23.95m
15 Armstrong, Kaelin	JR	Morningside	23.76m
16 Pattison, Skyler	FR	Dakota State	23.14m
17 Reginald, Grace	SO	Northwestern	21.59m
18 Ostbye, Caitlin	FR	Northwestern	20.45m
19 Tietjen, Megan	FR	Jamestown	16.61m
--- Mosbrucker, Lexus	FR	Briar Cliff	FOUL
--- Gulleason, Makelle	FR	Jamestown	FOUL

## Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
1 Marteau, Noa	FR	Augustana (S)	26.98 713
2 Birks, Allison	SR	Northwestern	27.07 706
3 Grubbs, Mackenzie	SR	Dickinson St	27.31 686
4 Toliver, Jordynn	FR	Jamestown	27.33 685
5 Rogers, Skila	JR	Waldorf	27.36 682
6 Wrzesinski, Wrenzi	SO	Dickinson St	27.57 665
7 Whitehead, Naja	FR	Jamestown	27.60 663
8 Brennan, Faith	FR	Dickinson St	27.64 659
9 DeBeer, Shaylee	FR	Dakota State	27.80 647
10 Klump, Wren	JR	Buena Vista	27.93 636
11 Craig, Lindsey	SO	Northwestern	28.21 614
12 Sargent, Taylor	FR	Valley City	28.40 600
13 Lausen, Natalie	SO	Northwestern	28.44 597
14 Green, Camara	JR	Waldorf	28.77 571
15 Solano, Hayleigh	JR	Waldorf	28.82 568
16 Baranko, Katya	FR	Dickinson St	28.99 555
17 Measel, Faith	FR	Dordt	29.88 491
18 Altman, Morgan	JR	Northwestern	30.80 428
19 Smith, Tyler	FR	Valley City	32.14 343
20 Bennett, Kate	UNAT		32.64 314
--- Schaefer, Elizabeth	FR	Augustana (S)	DNF 3.1

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## Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals	
<b>Finals</b>				
1	Marteau, Noa	FR Augustana (S)	2:26.02	744
2	Klump, Wren	JR Buena Vista	2:32.92	657
3	Toliver, Jordynn	FR Jamestown	2:33.93	644
4	DeBeer, Shaylee	FR Dakota State	2:34.10	642
5	Birks, Allison	SR Northwestern	2:34.68	635
6	Craig, Lindsey	SO Northwestern	2:37.58	601
7	Wrzesinski, Wrenzi	SO Dickinson St	2:46.44	501
8	Measel, Faith	FR Dordt	2:48.72	477
9	Brennan, Faith	FR Dickinson St	2:56.24	401
10	Grubbs, Mackenzie	SR Dickinson St	2:59.55	369
11	Baranko, Katya	FR Dickinson St	2:59.82	367
12	Bennett, Kate	UNAT	3:01.53	351
13	Rogers, Skila	JR Waldorf	3:04.95	321
14	Lausen, Natalie	SO Northwestern	3:05.20	318
15	Altman, Morgan	JR Northwestern	3:05.43	316
16	Solano, Hayleigh	JR Waldorf	3:06.54	307
17	Green, Camara	JR Waldorf	3:12.71	256
18	Sargent, Taylor	FR Valley City	3:14.35	243
19	Smith, Tyler	FR Valley City	3:19.64	204
---	Schaefer, Elizabeth	FR Augustana (S)	DNF	
---	Whitehead, Naja	FR Jamestown	DNF	

## Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals	
<b>Finals</b>				
1	Schaefer, Elizabeth	FR Augustana (S)	14.65	888
2	Marteau, Noa	FR Augustana (S)	15.59	765
3	Wrzesinski, Wrenzi	SO Dickinson St	15.75	745
4	Grubbs, Mackenzie	SR Dickinson St	15.76	744
5	Birks, Allison	SR Northwestern	15.96	719
6	Brennan, Faith	FR Dickinson St	16.12	700
7	Rogers, Skila	JR Waldorf	16.47	658
8	Toliver, Jordynn	FR Jamestown	16.49	655
9	Craig, Lindsey	SO Northwestern	16.53	651
10	Sargent, Taylor	FR Valley City	16.57	646
11	Klump, Wren	JR Buena Vista	16.86	612
12	Solano, Hayleigh	JR Waldorf	17.25	569
13	Green, Camara	JR Waldorf	17.42	550
14	Lausen, Natalie	SO Northwestern	17.81	508
15	Baranko, Katya	FR Dickinson St	18.05	483
16	Bennett, Kate	UNAT	18.15	473
17	Altman, Morgan	JR Northwestern	18.48	440
18	DeBeer, Shaylee	FR Dakota State	18.49	439
19	Smith, Tyler	FR Valley City	19.66	331
20	Whitehead, Naja	FR Jamestown	19.69	328
21	Measel, Faith	FR Dordt	22.09	152

## Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals	
<b>Finals</b>				
1	Craig, Lindsey	SO Northwestern	1.63m	771
2	Schaefer, Elizabeth	FR Augustana (S)	1.54m	666

2	Toliver, Jordynn	FR Jamestown	1.54m	666
4	Sargent, Taylor	FR Valley City	1.51m	632
5	Brennan, Faith	FR Dickinson St	1.48m	599
6	Wrzesinski, Wrenzi	SO Dickinson St	1.45m	566
6	Bennett, Kate	UNAT	1.45m	566
6	Baranko, Katya	FR Dickinson St	1.45m	566
9	Measel, Faith	FR Dordt	1.42m	534
9	Birks, Allison	SR Northwestern	1.42m	534
9	Marteau, Noa	FR Augustana (S)	1.42m	534
12	Grubbs, Mackenzie	SR Dickinson St	1.36m	470
13	Solano, Hayleigh	JR Waldorf	1.33m	439
13	Lausen, Natalie	SO Northwestern	1.33m	439
13	Smith, Tyler	FR Valley City	1.33m	439
16	Klump, Wren	JR Buena Vista	1.30m	409
17	Green, Camara	JR Waldorf	1.27m	379
17	Altman, Morgan	JR Northwestern	1.27m	379
---	Whitehead, Naja	FR Jamestown	NH	
---	Rogers, Skila	JR Waldorf	NH	
---	DeBeer, Shaylee	FR Dakota State	NH	

## Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals	
<b>Finals</b>				
1	Brennan, Faith	FR Dickinson St	5.41m	674
2	Birks, Allison	SR Northwestern	5.25m	628
3	Marteau, Noa	FR Augustana (S)	5.21m	617
4	Grubbs, Mackenzie	SR Dickinson St	4.81m	508
5	Green, Camara	JR Waldorf	4.74m	490
6	Whitehead, Naja	FR Jamestown	4.73m	487
7	Wrzesinski, Wrenzi	SO Dickinson St	4.66m	469
8	Sargent, Taylor	FR Valley City	4.59m	451
9	Toliver, Jordynn	FR Jamestown	4.58m	448
10	Measel, Faith	FR Dordt	4.57m	446
11	Rogers, Skila	JR Waldorf	4.55m	441
12	Lausen, Natalie	SO Northwestern	4.46m	418
13	Craig, Lindsey	SO Northwestern	4.43m	411
14	DeBeer, Shaylee	FR Dakota State	4.28m	374
15	Klump, Wren	JR Buena Vista	4.20m	355
16	Bennett, Kate	UNAT	4.18m	350
17	Altman, Morgan	JR Northwestern	4.14m	340
17	Baranko, Katya	FR Dickinson St	4.14m	340
19	Smith, Tyler	FR Valley City	3.82m	267
---	Schaefer, Elizabeth	FR Augustana (S)	FOUL	
---	Solano, Hayleigh	JR Waldorf	FOUL	

## Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals	
<b>Finals</b>				
1	Rogers, Skila	JR Waldorf	10.92m	590
2	Wrzesinski, Wrenzi	SO Dickinson St	9.72m	511
3	Birks, Allison	SR Northwestern	9.46m	494
4	Bennett, Kate	UNAT	9.43m	492
5	Sargent, Taylor	FR Valley City	9.22m	479
6	Grubbs, Mackenzie	SR Dickinson St	9.13m	473
7	Green, Camara	JR Waldorf	9.10m	471
8	Toliver, Jordynn	FR Jamestown	9.03m	466

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## Finals ... (Heptathlon: #3 Women Shot Put Heptathlon)

Name	Yr	School	Finals
9 Whitehead, Naja	FR	Jamestown	8.99m 464
10 Smith, Tyler	FR	Valley City	8.95m 461
11 Craig, Lindsey	SO	Northwestern	8.92m 459
12 Brennan, Faith	FR	Dickinson St	8.79m 451
13 Lausen, Natalie	SO	Northwestern	8.75m 448
14 DeBeer, Shaylee	FR	Dakota State	8.62m 440
15 Baranko, Katya	FR	Dickinson St	7.84m 389
16 Marteau, Noa	FR	Augustana (S)	7.68m 379
17 Klump, Wren	JR	Buena Vista	7.59m 373
18 Altman, Morgan	JR	Northwestern	7.28m 353
19 Solano, Hayleigh	JR	Waldorf	6.97m 333
20 Measel, Faith	FR	Dordt	6.86m 326
--- Schaefer, Elizabeth	FR	Augustana (S)	FOUL

## Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
1 Toliver, Jordynn	FR	Jamestown	31.63m 508
2 Birks, Allison	SR	Northwestern	27.86m 436
3 Wrzesinski, Wrenzi	SO	Dickinson St	27.49m 429
4 DeBeer, Shaylee	FR	Dakota State	26.33m 407
5 Green, Camara	JR	Waldorf	24.02m 364
6 Brennan, Faith	FR	Dickinson St	23.95m 363
7 Solano, Hayleigh	JR	Waldorf	22.54m 336
8 Lausen, Natalie	SO	Northwestern	22.48m 335
9 Craig, Lindsey	SO	Northwestern	21.98m 326
9 Measel, Faith	FR	Dordt	21.98m 326
11 Smith, Tyler	FR	Valley City	21.78m 322
12 Whitehead, Naja	FR	Jamestown	21.64m 319
13 Klump, Wren	JR	Buena Vista	20.23m 293
14 Grubbs, Mackenzie	SR	Dickinson St	19.97m 288
15 Baranko, Katya	FR	Dickinson St	19.17m 273
16 Rogers, Skila	JR	Waldorf	18.74m 266
17 Sargent, Taylor	FR	Valley City	18.60m 263
18 Altman, Morgan	JR	Northwestern	16.08m 216
19 Bennett, Kate		UNAT	15.61m 208
20 Marteau, Noa	FR	Augustana (S)	15.37m 203
--- Schaefer, Elizabeth	FR	Augustana (S)	FOUL

## Women Heptathlon

Name	Yr	School	Finals
1 Birks, Allison	SR	Northwestern	4152
2 Toliver, Jordynn	FR	Jamestown	4072
3 Marteau, Noa	FR	Augustana (S)	3955
4 Wrzesinski, Wrenzi	SO	Dickinson St	3886
5 Brennan, Faith	FR	Dickinson St	3847
6 Craig, Lindsey	SO	Northwestern	3833
7 Grubbs, Mackenzie	SR	Dickinson St	3538
8 Klump, Wren	JR	Buena Vista	3335
9 Sargent, Taylor	FR	Valley City	3314
10 Green, Camara	JR	Waldorf	3081
11 Lausen, Natalie	SO	Northwestern	3063
12 Baranko, Katya	FR	Dickinson St	2973

13 Rogers, Skila	JR	Waldorf	2958
14 DeBeer, Shaylee	FR	Dakota State	2949
15 Bennett, Kate		UNAT	2754
16 Measel, Faith	FR	Dordt	2752
17 Solano, Hayleigh	JR	Waldorf	2552
18 Altman, Morgan	JR	Northwestern	2472
19 Smith, Tyler	FR	Valley City	2367
20 Whitehead, Naja	FR	Jamestown	2261
21 Schaefer, Elizabeth	FR	Augustana (S)	1554

## Men 100 Meter Dash

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Johnson, SenQuavius	JR	Dakota State	10.80q 3.1
2 George, Wilton	FR	Briar Cliff	10.93q 2.6
3 Wipf, Jared	FR	Dakota State	10.94q 2.2
4 Post, Cody	SO	Northwestern	10.98q 3.1
5 Davis, Melik	FR	Augustana (S)	10.99q 2.6
6 Kotey, Ryan	FR	Briar Cliff	11.06q 3.1
7 Jahn, Braden	SO	Northwestern	11.07q 4.1
8 Clayton, Connor	FR	Augustana (S)	11.12q 2.2
9 Strand, Daniel	JR	Northwestern	11.20 2.6
10 Janish, Tulsa	SO	Briar Cliff	11.23 4.1
11 Crawford, Riley	SR	Augustana (S)	11.27 2.6
12 Kabongo, Nathan	SR	Dordt	11.29 2.2
13 Sylvester, Jackson	SO	Buena Vista	11.36 2.2
14 St. Romain, Christian	FR	Buena Vista	11.39 4.1
15 cook, jalen	FR	Briar Cliff	11.39 3.1
16 Hunt, Spencer	SO	Buena Vista	11.43 4.1
17 Bunn, Wyatt	FR	Northwestern	11.52 2.2
18 Pfaffle, Preston	FR	Northwestern	11.70 3.1
19 Pick, Spencer	FR	Briar Cliff	11.72 2.2
20 Hassing, Jordan	FR	Augustana (S)	11.76 4.1
21 Hulstein, Trevin	FR	Dordt	11.78 4.1
22 Grevengoed, Justin	SR	Northwestern	11.79 4.1
23 Kludt, Samuel	SO	Jamestown	11.83 2.6
24 Woods, Jovon	JR	Briar Cliff	12.20 3.1
25 Quillon, Elliot	FR	Jamestown	12.54 2.6
26 Moreno, Francisco	FR	Briar Cliff	12.83 3.1

## Men 100 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Johnson, SenQuavius	JR	Dakota State	10.68 4.4
2 George, Wilton	FR	Briar Cliff	10.81 4.4
3 Wipf, Jared	FR	Dakota State	10.82 4.4
4 Kotey, Ryan	FR	Briar Cliff	10.82 4.4
5 Jahn, Braden	SO	Northwestern	10.95 4.4
6 Post, Cody	SO	Northwestern	10.98 4.4
7 Davis, Melik	FR	Augustana (S)	11.05 4.4
8 Clayton, Connor	FR	Augustana (S)	11.19 4.4

## Men 200 Meter Dash

Name	Yr	School	Finals
<b>Finals</b>			
1 Jefferies, Ben	SO	Briar Cliff	21.28 3.5

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## Finals ... (Men 200 Meter Dash)

Name	Yr	School	Finals
2 Kotey, Ryan	FR	Briar Cliff	21.87 3.5
3 Furlong, Brenner	SO	Dakota State	22.00 3.5
4 Wipf, Jared	FR	Dakota State	22.04 3.4
5 Jahn, Braden	SO	Northwestern	22.12 3.4
6 Davis, Melik	FR	Augustana (S	22.18 3.5
7 Post, Cody	SO	Northwestern	22.27 3.4
8 Davies, Jacob	FR	Northwestern	22.30 3.4
9 Greenhoff, Riley	SO	Dakota State	22.35 3.5
10 Strand, Daniel	JR	Northwestern	22.78 4.2
11 Janish, Tulsa	SO	Briar Cliff	22.93 4.2
12 Pryor, Wyatt	FR	Northwestern	22.93 3.4
13 Clayton, Connor	FR	Augustana (S	23.10 3.4
14 cook, jalen	FR	Briar Cliff	23.12 4.7
15 Crawford, Riley	SR	Augustana (S	23.14 4.2
16 Damewood, Chandler	SO	Morningside	23.16 4.7
17 Sylvester, Jackson	SO	Buena Vista	23.17 4.2
18 Strand, Jordan		UNAT	23.32 4.2
19 Corkill, Jackson	FR	Dordt	23.39 4.2
20 Hulstein, Trevin	FR	Dordt	23.66 4.7
21 Cork, Chandler	JR	Jamestown	23.94 3.7
22 Kludt, Samuel	SO	Jamestown	23.97 5.0
23 Roberts, Caleb	FR	Dakota State	23.99 3.7
24 Ausdemore, Lane	JR	Morningside	24.06 3.5
25 Hassing, Jordan	FR	Augustana (S	24.12 5.0
26 Pick, Spencer	FR	Briar Cliff	24.39 3.7
27 Grevengoed, Justin	SR	Northwestern	24.54 3.7
28 Pfaffle, Preston	FR	Northwestern	24.58 4.7
29 adekoluejo, david	JR	Briar Cliff	24.71 5.0
30 Van Hulzen, Joshua	SO	Dordt	24.80 3.7
31 Huff, Aaron	FR	Jamestown	24.85 3.5
32 Quillon, Elliot	FR	Jamestown	25.32 3.5
33 Runck, Wyatt	FR	Jamestown	25.64 5.0
34 La Marque, Dylan	SO	Dordt	26.09 3.5
35 Moreno, Francisco	FR	Briar Cliff	26.65 3.5
36 Bunn, Wyatt	FR	Northwestern	29.39 4.7
--- McAlpin, Wyatt	SR	Morningside	DNF 4.7

## Men 400 Meter Dash

Name	Yr	School	Finals
1 Zevenbergen, Cole	FR	Dordt	49.73
2 Fuchs, Cody	FR	Valley City	49.80
3 Oostra, Mitchell	SO	Northwestern	50.25
4 Wagner, Luke	FR	Dordt	50.41
5 Brands, Micah	JR	Dordt	50.55
6 Reindl, Trey	FR	Dakota State	50.84
7 Corkill, Jackson	FR	Dordt	51.02
8 Pederson, Dennis	SO	Northwestern	51.05
9 Agre, Bryant	FR	Northwestern	51.65
10 Schumacher, Josh	SO	Augustana (S	51.94
11 Larson, Joseph	FR	Dakota State	51.98
12 Eisma, Jonathan	FR	Dordt	52.21
13 Sylvester, Jackson	SO	Buena Vista	52.58
14 Isaac, Kwasi		UNAT	53.01

15 Ausdemore, Lane	JR	Morningside	53.29
16 Greigg, Steven	FR	Dakota State	53.39
17 McAlpin, Wyatt	SR	Morningside	53.39
18 Anderson, Jaden	SO	Morningside	54.02
19 Cork, Chandler	JR	Jamestown	54.68
20 Jundt, Cody	FR	Valley City	55.78
21 Quillon, Elliot	FR	Jamestown	56.07
22 Sosa, Brian	SO	Briar Cliff	56.75
23 adekoluejo, david	JR	Briar Cliff	57.02
24 Huff, Aaron	FR	Jamestown	57.56
25 La Marque, Dylan	SO	Dordt	58.78

## Men 800 Meter Run

Name	Yr	School	Finals
1 Mauldin, Payton	FR	Dordt	1:53.62
2 Wensink, Sam		UNAT	1:54.31
3 Beller, Camden	JR	Morningside	1:57.53
4 Lindstrom, Dylan	JR	Morningside	1:58.06
5 Pater, Avery	FR	Northwestern	1:58.30
6 Ambrose, Zach	SR	Morningside	1:59.93
7 Miller, Kyle	FR	Buena Vista	2:00.36
8 Van Hauen, Drew	FR	Northwestern	2:03.03
9 Janssen, Tyler	FR	Morningside	2:04.27
10 Mang, Noah	SO	Jamestown	2:05.55
11 Schoonhoven, Joey	SO	Dordt	2:06.46
12 Baird, Anthony	JR	Buena Vista	2:06.95
13 Amaro, Robert	SO	Briar Cliff	2:08.24
14 Mayberry, Robert	FR	Dakota State	2:08.68
15 Hornung, Andrew	SR	Jamestown	2:09.44
16 Brasser, Peyton	JR	Northwestern	2:11.29
17 Cornelius, Corbin	FR	Jamestown	2:11.52
18 Femling, Brady	FR	Valley City	2:19.75
19 Vreugdenhil, John	FR	Dordt	2:22.27
20 Juelfs, Jacob	JR	Jamestown	2:51.10

## Men 1500 Meter Run

Name	Yr	School	Finals
1 Van Eps, Matthew	SR	Dordt	3:57.42
2 Engen, Trey	SO	Dordt	4:04.35
3 Lee, Isaiah	JR	Northwestern	4:05.20
4 Merkle, Jebadiah	JR	Dordt	4:06.21
5 Van Zee, Lance	JR	Dordt	4:07.51
6 Shippy, Peter	SO	Dordt	4:13.72
7 Mang, Noah	SO	Jamestown	4:14.29
8 De Waard, Brooks	JR	Dordt	4:16.99
9 Benzing, Caleb		UNAT	4:18.24
10 Hanson, Garrett	SO	Morningside	4:19.79
11 Kunert, Joseph	SO	Northwestern	4:23.47
12 Roggenbuck, Caleb	FR	Morningside	4:24.19
13 Flaws, Jon	SO	Buena Vista	4:25.34
14 Nonhof, Alex	SO	Northwestern	4:25.38
15 Amaro, Robert	SO	Briar Cliff	4:26.91
16 Schmidt, Ben	JR	Dordt	4:27.76
17 Brouwer, Jacob	SO	Dordt	4:31.13

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## Finals ... (Men 1500 Meter Run)

Name	Yr	School	Finals
18 Lamb, Jacob	FR	Northwestern	4:31.79
19 Carney, Tyler	JR	Morningside	4:31.98
20 Green, Daniel	SO	Dakota State	4:34.48
21 Lee, Hayden	JR	Northwestern	4:34.87
22 Vander Plaats, Michael	FR	Dordt	4:35.54
23 Johnson, Loyal	SO	Dordt	4:36.04
24 Ambrose, Justin	FR	Morningside	4:37.57
25 Sorensen, Andrew	FR	Dakota State	4:37.87
26 Rathbun, Gabe	FR	Northwestern	4:38.01
27 Ellens, Chris	SR	Dordt	4:39.72
28 Welker, Mason	FR	Morningside	4:42.60
29 Femling, Brady	FR	Valley City	4:44.31
30 Arens, Tanner	FR	Morningside	4:45.07
31 Dundas, Jacob	FR	Dakota State	5:14.38
32 Juelfs, Jacob	JR	Jamestown	5:43.61

## Men 5000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Kunert, Joseph	SO	Northwestern	15:45.52
2 Tystahl, Greg	JR	Buena Vista	15:50.30
3 Elkin, Colter	FR	Dakota State	16:34.08
4 Kaltschnee, Cameron	SR	Buena Vista	16:37.06
5 Grames, Tyler	JR	Buena Vista	16:40.91
6 Hilger, Dylan	FR	Dakota State	16:50.28
7 Lee, Hayden	JR	Northwestern	17:16.84
8 Brouwer, Dalton	FR	Dakota State	17:19.54
9 Koros, Silas	FR	Dordt	18:04.99
10 Nolan, Kenny	SO	Briar Cliff	18:18.21

## Men 10000 Meter Run

Name	Yr	School	Finals
<b>Finals</b>			
1 Cruse, Max	SR	Dakota State	33:17.65
2 Summerhays, Ethan	FR	Dordt	33:58.47
3 Nelson, Bryce	FR	Valley City	36:48.63
--- Benzing, Caleb		UNAT	DNF

## Men 110 Meter Hurdles

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Jenkins, Kevin	JR	Dakota State	15.08q 1.5
2 Baumert, Kyle	SO	Dordt	15.72q 2.4
3 George, Wilton	FR	Briar Cliff	15.73q 5.3
4 Van Hulzen, Joshua	SO	Dordt	15.73q 2.4
5 Freiberg, Austin	FR	Morningside	15.75q 1.5
6 Groen, Justin	SO	Dordt	15.76q 1.5
7 Kummer, Clay	FR	Valley City	15.96q 5.3
8 Flint, Riley	SO	Buena Vista	15.97q 2.4
9 Christians, Cooper	SO	Morningside	16.09 2.4
10 Horstman, Matthew	SO	Northwestern	16.30 2.4
11 Paulsen, Bryce	SO	Northwestern	16.43 2.4
12 Ojulu, Obang	SO	Dakota State	16.62 5.3
13 Tripp, Bryson	FR	Jamestown	16.69 5.3

14 Runck, Wyatt	FR	Jamestown	16.96 1.5
15 Brandsma, Gideon	SR	Dordt	17.02 1.5
16 Thelander, Ben	FR	Northwestern	17.63 5.3
17 McGaughey, Ian	SR	Dordt	17.76 2.4
18 Thingvold, Hayden	FR	Valley City	17.82 1.5
19 Roberts, Caleb	FR	Dakota State	18.01 5.3

## Men 110 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Jenkins, Kevin	JR	Dakota State	14.93 3.2
2 George, Wilton	FR	Briar Cliff	15.31 3.2
3 Van Hulzen, Joshua	SO	Dordt	15.53 3.2
4 Flint, Riley	SO	Buena Vista	15.80 3.2
5 Freiberg, Austin	FR	Morningside	15.81 3.2
6 Groen, Justin	SO	Dordt	16.03 3.2
7 Kummer, Clay	FR	Valley City	16.18 3.2
--- Baumert, Kyle	SO	Dordt	DNF 3.2

## Men 400 Meter Hurdles

Name	Yr	School	Finals
<b>Finals</b>			
1 Paulsen, Bryce	SO	Northwestern	56.39
2 Miller, Peyton	JR	Dordt	56.41
3 Flint, Riley	SO	Buena Vista	57.59
4 Kummer, Clay	FR	Valley City	58.27
5 Horstman, Matthew	SO	Northwestern	58.59
6 Ojulu, Obang	SO	Dakota State	59.64
7 McGaughey, Ian	SR	Dordt	1:00.35
8 Aberson, Benjamin	SR	Northwestern	1:02.33
9 Tripp, Bryson	FR	Jamestown	1:05.50
10 Sosa, Brian	SO	Briar Cliff	1:07.31
--- Jones, Jerome	JR	Briar Cliff	DNF

## Men 3000 Meter Steeplechase

Name	Yr	School	Finals
<b>Finals</b>			
1 Vander Griend, Bailey	JR	Dordt	10:41.16
2 Janzen, Derek	JR	Northwestern	11:14.32
3 Elbers, Zach	JR	Dordt	11:19.20
--- Bernhagen, David		UNAT	DNF

## Men 4x100 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Dakota State	A	41.93
1) Wipf, Jared FR	2) Greenhoff, Riley SO	
3) Furlong, Brenner SO	4) Johnson, SenQuavius JR	
2 Northwestern (Iowa)	A	42.04
1) Strand, Daniel JR	2) Post, Cody SO	
3) Jahn, Braden SO	4) Gilbert, James SO	
3 Briar Cliff	A	42.85
1) George, Wilton FR	2) Lefler, AJ SR	
3) Janish, Tulsa SO	4) Kotey, Ryan FR	



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## Finals ... (Men 4x100 Meter Relay)

Team	Relay	Finals
4 Dordt	A	43.06
1) Kabongo, Nathan SR	2) Brands, Micah JR	
3) Baumert, Kyle SO	4) Wagner, Luke FR	
5 Augustana (S.D.)	A	43.07
1) Crawford, Riley SR	2) Davis, Melik FR	
3) Clayton, Connor FR	4) Abdi, Muse FR	
6 Buena Vista	A	43.26
1) St. Romain, Christian FR	2) Sylvester, Jackson SO	
3) Micke, Jadon SO	4) Hunt, Spencer SO	
7 Dakota State	B	43.48
1) Larson, Joseph FR	2) Reindl, Trey FR	
3) Jenkins, Kevin JR	4) Snook, Joshua SO	
8 Jamestown	A	44.29
1) Sayler, Christopher FR	2) Knutson, Braeden FR	
3) Karege, Obed SO	4) Green, Nasim FR	

## Men 4x400 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Dordt	A	3:17.36
1) Brands, Micah JR	2) Mauldin, Payton FR	
3) Zevenbergen, Cole FR	4) Van Eps, Matthew SR	
2 Briar Cliff	A	3:18.71
1) cook, jalen FR	2) Kotey, Ryan FR	
3) Lefler, AJ SR	4) Jefferies, Ben SO	
3 Northwestern (Iowa)	A	3:21.20
1) Davies, Jacob FR	2) Oostr, Mitchell SO	
3) Agre, Bryant FR	4) Pryor, Wyatt FR	
4 Dakota State	A	3:23.09
1) Reindl, Trey FR	2) Greenhoff, Riley SO	
3) Snook, Joshua SO	4) Furlong, Brenner SO	
5 Dordt	B	3:27.90
1) Wagner, Luke FR	2) Eisma, Jonathan FR	
3) Hulstein, Trevin FR	4) Miller, Peyton JR	
6 Morningside	A	3:31.02
1) Beller, Camden JR	2) Ambrose, Zach SR	
3) Lindstrom, Dylan JR	4) Janssen, Tyler FR	
7 Jamestown	A	3:32.95
1) Knutson, Braeden FR	2) Karege, Obed SO	
3) Hornung, Andrew SR	4) Mang, Noah SO	
8 Buena Vista	A	3:36.15
1) Miller, Kyle FR	2) Flaws, Jon SO	
3) Baird, Anthony JR	4) Micke, Jadon SO	
9 Dakota State	B	3:36.45
1) Greigg, Steven FR	2) Roberts, Caleb FR	
3) Mayberry, Robert FR	4) Larson, Joseph FR	
10 Morningside	B	3:40.27
1) Anderson, Jaden SO	2) Hanson, Garrett SO	
3) Roggenbuck, Caleb FR	4) Arens, Tanner FR	
11 Northwestern (Iowa)	B	3:42.83
1) Pederson, Dennis SO	2) Van Meeteren, Steven JR	
3) Enright, Brice JR	4) Arnett, Caleb FR	

## Men 4x800 Meter Relay

Team	Relay	Finals
<b>Finals</b>		
1 Dordt	A	7:38.57
1) Merkle, Jebadiah JR	2) Zevenbergen, Cole FR	
3) Mauldin, Payton FR	4) Van Eps, Matthew SR	
2 Morningside	A	7:53.33
1) Beller, Camden JR	2) Ambrose, Zach SR	
3) Lindstrom, Dylan JR	4) Janssen, Tyler FR	
3 Northwestern (Iowa)	A	8:06.02
1) Lee, Isaiah JR	2) Van Hauen, Drew FR	
3) Munoz, Isaac JR	4) Pater, Avery FR	
4 Dakota Wesleyan	A	8:14.24
1) Baldauf, Wyatt FR	2) Rihanek, Devin JR	
3) Shanks, Hunter FR	4) Sorensen, Justin FR	
5 Dordt	B	8:33.78
1) Engen, Trey SO	2) Shippy, Peter SO	
3) Ghiorso, Anthony SR	4) Miller, Peyton JR	
6 Jamestown	A	8:33.81
1) Mang, Noah SO	2) Cork, Chandler JR	
3) Karege, Obed SO	4) Cornelius, Corbin FR	
7 Northwestern (Iowa)	B	8:50.63
1) Pryor, Wyatt FR	2) Van Meeteren, Steven JR	
3) Enright, Brice JR	4) Arnett, Caleb FR	
8 Northwestern (Iowa)	C	9:08.33
1) Aberson, Benjamin SR	2) Harrison, Sam FR	
3) Lamb, Jacob FR	4) Rathbun, Gabe FR	

## Men High Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Brouwer, Grant	SO	Dordt	1.95m
2 Shepard, Aaron	SO	Northwestern	1.90m
3 Morin-Baxter, Isaiah	FR	Augustana (S)	1.85m
3 Damewood, Chandler	SO	Morningside	1.85m
5 Thelander, Ben	FR	Northwestern	1.80m
6 Christians, Cooper	SO	Morningside	J1.80m
7 Groves, Harland	FR	Northwestern	J1.80m
--- Otto, Alex	JR	Valley City	NH

## Men Pole Vault

Name	Yr	School	Finals
<b>Finals</b>			
1 Bates, Garrett	JR	Buena Vista	4.40m
2 Bousema, Luke	JR	Dordt	4.25m
3 Gumke, Braedon	SO	Jamestown	4.10m
4 Fisher, Joe	SO	Buena Vista	3.80m
5 Thingvold, Hayden	FR	Valley City	3.20m
--- Goetz, Thomas	FR	Dakota State	NH

## Men Long Jump

Name	Yr	School	Finals
<b>Finals</b>			
1 Gilbert, James	SO	Northwestern	7.28m 1.5
2 Jones, Lorenzo	FR	Northwestern	6.64m 4.9

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## Finals ... (Men Long Jump)

Name	Yr	School	Finals
3 Groen, Justin	SO	Dordt	6.56m 2.6
4 Davies, Jacob	FR	Northwestern	6.55m 3.0
5 Hassing, Jordan	FR	Augustana (S	6.40m NWI
6 Saylor, Christopher	FR	Jamestown	6.23m NWI
7 Abdi, Muse	FR	Augustana (S	6.19m 3.0
8 Groves, Harland	FR	Northwestern	6.03m 1.9
9 Ingalls, Nathan	FR	Dakota State	5.77m NWI
10 Rudloff, Josiah	FR	Jamestown	5.65m NWI
11 Gumke, Braedon	SO	Jamestown	5.64m NWI
12 Wyant, Gabriel	FR	Briar Cliff	5.59m 2.8
13 Tripp, Bryson	FR	Jamestown	5.36m NWI
14 Folkers, Colton	JR	Northwestern	5.24m NWI
--- Blok, Jordan	SO	Northwestern	FOUL
--- Wiese, Dexter	FR	Northwestern	FOUL

## Men Triple Jump

Name	Yr	School	Finals
1 Gilbert, James	SO	Northwestern	14.20m NWI
2 Jones, Lorenzo	FR	Northwestern	13.98m NWI
3 Clayton, Connor	FR	Augustana (S	13.75m NWI
4 Hazen, Zac	SR	Morningside	13.49m NWI
5 Saylor, Christopher	FR	Jamestown	12.34m NWI
6 Ingalls, Nathan	FR	Dakota State	12.28m NWI
7 Rudloff, Josiah	FR	Jamestown	11.35m NWI

## Men Shot Put

Name	Yr	School	Finals
1 Co, Zachary	JR	Valley City	16.73m
2 Moulton, Tyler	SR	Dakota State	14.98m
3 Tordsen, Conner	SO	Dakota State	13.82m
4 Mendiola, Colby	JR	Valley City	13.82m
5 Harrell, Payton	JR	Dakota State	13.79m
6 Kinnaman, Byrnden	JR	Briar Cliff	13.72m
7 Jellison, Lane	SR	Buena Vista	13.50m
8 Martin, Lakey	FR	Briar Cliff	13.36m
9 Minnick, William	SO	Northwestern	12.82m
10 Santos, Berkley	SR	Valley City	12.55m
11 Sedivec, Dawson	FR	Jamestown	12.38m
12 Maida, Alexander	FR	Jamestown	12.19m
13 Morales, Jorden	FR	Jamestown	11.94m
14 Dykstra, Hans	SO	Dordt	11.79m
15 McClain, James	SO	Dakota State	11.62m
16 Garner, Alan	SO	Northwestern	11.48m
17 DePriest, Cannon	FR	Jamestown	11.17m
18 Potter, Delwin	SR	Jamestown	10.83m
19 Stevens, slater	FR	Briar Cliff	10.68m
20 Zastera, Jackson	FR	Dakota State	10.35m
21 Davis, Garrick	FR	Northwestern	9.49m
22 VonStanke, Lee	FR	Jamestown	8.75m
23 Leland, Dane	FR	Jamestown	8.36m
24 Carter, Austin	SO	Jamestown	8.19m
25 Merkle, Josiah	FR	Dordt	7.31m

--- Sad, Taylon SR Valley City FOUL

## Men Discus Throw

Name	Yr	School	Finals
1 Moulton, Tyler	SR	Dakota State	48.77m
2 Tordsen, Conner	SO	Dakota State	48.75m
3 Jellison, Lane	SR	Buena Vista	47.60m
4 Co, Zachary	JR	Valley City	47.20m
5 Morales, Jorden	FR	Jamestown	47.00m
6 Joachim, Jacob	SO	Dakota State	40.70m
7 Kinnaman, Byrnden	JR	Briar Cliff	40.45m
8 McClain, James	SO	Dakota State	39.32m
9 Sedivec, Dawson	FR	Jamestown	39.15m
10 Martin, Lakey	FR	Briar Cliff	38.15m
11 Stevens, slater	FR	Briar Cliff	38.06m
12 Dykstra, Hans	SO	Dordt	37.69m
13 Callahan, Joe	FR	Northwestern	37.42m
14 Mendiola, Colby	JR	Valley City	37.28m
15 Harrell, Payton	JR	Dakota State	35.62m
16 Gregory, Harrison	SO	Jamestown	35.52m
17 Cannon, Kyle	FR	Dakota State	34.53m
18 Santos, Berkley	SR	Valley City	33.77m
19 Zastera, Jackson	FR	Dakota State	33.43m
20 McCreary, Evan	SR	Dakota State	33.20m
21 Rohne, Isaac	SO	Dordt	32.82m
22 Wagner, Luke	FR	Dordt	32.26m
23 Sad, Taylon	SR	Valley City	31.15m
24 Davis, Garrick	FR	Northwestern	28.52m
25 Merkle, Josiah	FR	Dordt	25.23m
26 Esau, Alex	FR	Morningside	24.95m
27 VonStanke, Lee	FR	Jamestown	20.58m
28 Sikel, Jonathan	FR	Augustana (S	14.87m
--- Eckmann, Aaron	SO	Northwestern	FOUL

## Men Hammer Throw

Name	Yr	School	Finals
1 Co, Zachary	JR	Valley City	50.59m
2 Tordsen, Conner	SO	Dakota State	49.77m
3 Jellison, Lane	SR	Buena Vista	47.66m
4 Joachim, Jacob	SO	Dakota State	47.57m
5 Potter, Delwin	SR	Jamestown	46.11m
6 Moulton, Tyler	SR	Dakota State	45.78m
7 McCreary, Evan	SR	Dakota State	43.96m
8 Cannon, Kyle	FR	Dakota State	40.61m
9 Rohne, Isaac	SO	Dordt	39.01m
10 Sad, Taylon	SR	Valley City	38.56m
11 Minnick, William	SO	Northwestern	37.17m
12 Mendiola, Colby	JR	Valley City	37.16m
13 DePriest, Cannon	FR	Jamestown	37.03m
14 Roose, Brett	SO	Dordt	36.72m
15 Zastera, Jackson	FR	Dakota State	36.03m
16 Dykstra, Hans	SO	Dordt	35.76m
17 Morales, Jorden	FR	Jamestown	34.40m
18 Callahan, Joe	FR	Northwestern	34.05m

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## Finals ... (Men Hammer Throw)

Name	Yr	School	Finals
19 Merkle, Josiah	FR	Dordt	31.32m
20 Leland, Dane	FR	Jamestown	25.91m
21 Henn, Isaac	FR	Morningside	24.86m
22 Carter, Austin	SO	Jamestown	21.22m
--- Santos, Berkley	SR	Valley City	FOUL

## Men Javelin Throw

Name	Yr	School	Finals
1 Stellingwerf, Jeff		UNAT	55.62m
2 Odegard, Kyle	JR	Valley City	52.43m
3 Behler, Carter	SR	Northwestern	50.11m
4 Stevens, slater	FR	Briar Cliff	45.34m
5 Otto, Alex	JR	Valley City	44.92m
6 Jellison, Lane	SR	Buena Vista	44.39m
7 Moulton, Tyler	SR	Dakota State	44.32m
8 Herman, Nikolas	JR	Jamestown	43.83m
9 Huizenga, Tim	SR	Dordt	40.57m
10 Foster, Cole	FR	Jamestown	40.51m
11 Janssen, Tyler	FR	Morningside	40.07m
12 Ambrose, Zach	SR	Morningside	34.54m
13 Dykstra, Hans	SO	Dordt	33.79m
14 DePriest, Cannon	FR	Jamestown	33.47m
15 McCreary, Evan	SR	Dakota State	31.16m
16 Kremer, Bryce	FR	Morningside	28.66m
17 Tripp, Bryson	FR	Jamestown	27.38m
18 Hanson, Garrett	SO	Morningside	26.60m
19 Esau, Alex	FR	Morningside	24.79m
20 Merkle, Josiah	FR	Dordt	20.31m
--- Eckmann, Aaron	SO	Northwestern	FOUL

## Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
1 Wrzesinski, Cleet	JR	Dickinson St	11.20 817
2 Kollberg, Mathias	FR	Augustana (S)	11.25 806
3 Woelber, Tyl	SO	Augustana (S)	11.27 801
4 Pedersen, Cade	SO	Northwestern	11.66 719
5 Jessen, Jacob	SO	Dickinson St	11.68 715
6 De Jong, Joshua	SR	Dordt	11.75 701
7 Brouwer, Grant	SO	Dordt	11.97 657
8 Schaefer, AJ	SO	Northwestern	12.26 601
9 Kreidt, Jevon	SO	Dickinson St	12.60 538
10 Powers, Max	JR	Buena Vista	13.05 459

## Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
1 Wrzesinski, Cleet	JR	Dickinson St	51.05 767
2 Woelber, Tyl	SO	Augustana (S)	52.23 715
3 Jessen, Jacob	SO	Dickinson St	52.55 701
4 Brouwer, Grant	SO	Dordt	52.81 690
5 Pedersen, Cade	SO	Northwestern	53.99 640
6 Kollberg, Mathias	FR	Augustana (S)	54.62 614

7 De Jong, Joshua	SR	Dordt	55.25 589
8 Schaefer, AJ	SO	Northwestern	59.34 436
9 Powers, Max	JR	Buena Vista	1:00.00 413
10 Kreidt, Jevon	SO	Dickinson St	1:00.57 394

## Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Yr	School	Finals
1 Brouwer, Grant	SO	Dordt	4:42.85 662
2 Jessen, Jacob	SO	Dickinson St	4:50.22 617
3 Kollberg, Mathias	FR	Augustana (S)	4:59.77 561
4 Wrzesinski, Cleet	JR	Dickinson St	5:05.88 526
5 Pedersen, Cade	SO	Northwestern	5:08.02 514
6 Powers, Max	JR	Buena Vista	5:20.29 449
7 De Jong, Joshua	SR	Dordt	5:37.07 365
8 Schaefer, AJ	SO	Northwestern	5:38.78 357
9 Kreidt, Jevon	SO	Dickinson St	5:39.64 353
--- Woelber, Tyl	SO	Augustana (S)	DNF

## Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals
1 Wrzesinski, Cleet	JR	Dickinson St	15.12 835
2 Woelber, Tyl	SO	Augustana (S)	15.80 755
3 De Jong, Joshua	SR	Dordt	16.43 685
4 Kollberg, Mathias	FR	Augustana (S)	17.40 583
5 Brouwer, Grant	SO	Dordt	17.45 578
6 Schaefer, AJ	SO	Northwestern	18.11 514
7 Jessen, Jacob	SO	Dickinson St	18.38 488
8 Powers, Max	JR	Buena Vista	20.84 286
9 Pedersen, Cade	SO	Northwestern	21.19 261
10 Kreidt, Jevon	SO	Dickinson St	23.93 106

## Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
1 Woelber, Tyl	SO	Augustana (S)	2.07m 868
2 Brouwer, Grant	SO	Dordt	1.98m 785
3 Wrzesinski, Cleet	JR	Dickinson St	1.92m 731
4 Kollberg, Mathias	FR	Augustana (S)	1.80m 627
5 De Jong, Joshua	SR	Dordt	1.77m 602
5 Kreidt, Jevon	SO	Dickinson St	1.77m 602
7 Pedersen, Cade	SO	Northwestern	1.68m 528
8 Schaefer, AJ	SO	Northwestern	1.65m 504
9 Jessen, Jacob	SO	Dickinson St	1.62m 480
10 Powers, Max	JR	Buena Vista	1.41m 324

## Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
1 De Jong, Joshua	SR	Dordt	4.05m 631
2 Wrzesinski, Cleet	JR	Dickinson St	3.75m 549
2 Woelber, Tyl	SO	Augustana (S)	3.75m 549
4 Kollberg, Mathias	FR	Augustana (S)	3.35m 444
5 Brouwer, Grant	SO	Dordt	2.95m 345
6 Schaefer, AJ	SO	Northwestern	2.85m 321

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## Finals ... (Decathlon: #8 Men Pole Vault Decathlon)

Name	Yr	School	Finals
7 Jessen, Jacob	SO	Dickinson St	2.65m 275
8 Kreidt, Jevon	SO	Dickinson St	2.55m 253
9 Powers, Max	JR	Buena Vista	2.35m 210
10 Pedersen, Cade	SO	Northwestern	2.15m 169

## Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Woelber, Tyl	SO	Augustana (S)	7.09m 835
2 Wrzesinski, Cleet	JR	Dickinson St	7.08m 833
3 Kollberg, Mathias	FR	Augustana (S)	6.90m 790
4 De Jong, Joshua	SR	Dordt	6.24m 639
5 Brouwer, Grant	SO	Dordt	6.09m 606
6 Schaefer, AJ	SO	Northwestern	6.04m 595
7 Pedersen, Cade	SO	Northwestern	5.89m 563
8 Jessen, Jacob	SO	Dickinson St	5.77m 537
9 Kreidt, Jevon	SO	Dickinson St	5.65m 512
10 Powers, Max	JR	Buena Vista	4.30m 255

## Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Woelber, Tyl	SO	Augustana (S)	12.10m 612
2 Wrzesinski, Cleet	JR	Dickinson St	11.25m 561
3 Schaefer, AJ	SO	Northwestern	9.86m 477
4 De Jong, Joshua	SR	Dordt	9.78m 472
5 Brouwer, Grant	SO	Dordt	9.44m 452
6 Kollberg, Mathias	FR	Augustana (S)	9.32m 445
7 Kreidt, Jevon	SO	Dickinson St	9.17m 436
8 Powers, Max	JR	Buena Vista	8.98m 425
9 Pedersen, Cade	SO	Northwestern	8.65m 405
10 Jessen, Jacob	SO	Dickinson St	8.45m 393

## Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Woelber, Tyl	SO	Augustana (S)	36.93m 602
2 Wrzesinski, Cleet	JR	Dickinson St	30.15m 467
3 Kollberg, Mathias	FR	Augustana (S)	29.42m 453
4 De Jong, Joshua	SR	Dordt	29.16m 448
5 Kreidt, Jevon	SO	Dickinson St	24.31m 354
6 Pedersen, Cade	SO	Northwestern	23.86m 345
7 Jessen, Jacob	SO	Dickinson St	23.44m 337
8 Powers, Max	JR	Buena Vista	23.28m 334
9 Schaefer, AJ	SO	Northwestern	22.53m 320
10 Brouwer, Grant	SO	Dordt	17.09m 218

## Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Woelber, Tyl	SO	Augustana (S)	51.54m 611
2 Jessen, Jacob	SO	Dickinson St	37.36m 404
3 Wrzesinski, Cleet	JR	Dickinson St	36.51m 392
4 Kollberg, Mathias	FR	Augustana (S)	35.46m 377

5 Pedersen, Cade	SO	Northwestern	31.49m 320
6 Kreidt, Jevon	SO	Dickinson St	29.72m 295
7 Schaefer, AJ	SO	Northwestern	29.25m 289
8 De Jong, Joshua	SR	Dordt	28.66m 280
9 Powers, Max	JR	Buena Vista	26.64m 252
10 Brouwer, Grant	SO	Dordt	25.45m 236

## Men Decathlon

Name	Yr	School	Finals
<b>Finals</b>			
1 Wrzesinski, Cleet	JR	Dickinson St	6478
2 Woelber, Tyl	SO	Augustana (S)	6348
3 Kollberg, Mathias	FR	Augustana (S)	5700
4 De Jong, Joshua	SR	Dordt	5412
5 Brouwer, Grant	SO	Dordt	5229
6 Jessen, Jacob	SO	Dickinson St	4947
7 Pedersen, Cade	SO	Northwestern	4464
8 Schaefer, AJ	SO	Northwestern	4414
9 Kreidt, Jevon	SO	Dickinson St	3843
10 Powers, Max	JR	Buena Vista	3407